

RE: FTC Evaluation of OTC sale of Homeopathic products...
Submitted by Elena Upton, PhD

I was first introduced to homeopathy in 1987. At that time information was scarce, as was labeling on remedy packages. Since that time we have had the advent of the internet and packaging requirement changes. Now each individual tube or combination remedy is specifically labeled with symptom uses and are easy to understand. Also, the internet offers thousands of pages of information on published Homeopathic research from around the world, articles by Homeopathic doctors and clinics from around the world and materia medica and repertory resources.

The following are a few of the websites that offer excellent reference articles:

www.1800homeopathy.com

www.homeopathic.com

www.abchomeopathy.com

www.nationalcenterforhomeopathy.com

As a result of the massive amount of Homeopathic information available today it is simple and easy to learn the basics of use for this efficient and inexpensive form of natural medicine. Also, I am always confident that if I have chosen a remedy that does not exactly suit the issue at hand there is no chance of side effects or reactions as with pharmaceutical drugs. This makes it especially easy to use with children or the elderly.

We are energetic beings from the division of the first embryonic cells to the first heart beat through to the coordinated workings of the entire body. An organic structure can only be properly healed by organic substances, not inorganic chemicals. In other words, Homeopathy addresses the energetic aspect of the dense bodies we reside in. For this reason Homeopathy continues to grow exponentially world-wide. The greater evidence of damage by pharmaceuticals from antibiotics to addictive pain meds the more attracted I am to Homeopathy for myself and my family.

It is unfortunate that Homeopathic manufacturers don't have the deep pockets of drug manufacturers to advertise more extensively, especially on television. As it stands today advertising is limited, although what is available is thorough and easy to understand. (Plus we do not have to deal with lists of dangerous side effects)

After nearly 30 years of use I can't imagine life without Homeopathy. Recently I was diagnosed with Shingles. Rather than use pharmaceutical drugs I chose two very well indicated Homeopathic remedies, Antimonium crudum and Rhus tox. The combined remedies stopped the outbreak in only 3 days. I dealt with this issue in a total of one week instead of the usual one to three months of illness of those who seek conventional medical treatment. It was not difficult to find the correct remedies with all the on line websites written by professionals and all the fabulous Homeopathic books in publication. Also, when seeking care from a professional Homeopath their method of practice is much more thorough and I can easily find remedies recommended.

