

My opinion regarding the purchase of homeopathic OTC remedies.

The decision of which remedy to purchase comes from my experience as a self-taught classic practitioner of Homeopathy along 30 years.

I don't rely on advertising that doesn't come from reliable sources regarding homeopathic remedies or any other medicine, because advertising has been abused with impunity, I have seen the consequences: side effects, iatrogenic illnesses, and drug addiction. These consequences are not seen in homeopathy.

The products I buy are manufactured by pharmaceutical companies who have the knowledge and the appropriate equipment to do it, although I have sufficient knowledge on how to prepare the remedies, if I do them myself it would be extremely demanding of my time and energy.

The purchase of OTC homeopathic remedies is a common occurrence in my family because Homeopathy is our chosen system of medicine. The remedies are totally inexpensive and their action is gentle; additionally there are no side effects, and no risk of addiction.

My suggestion to the FDC on how to learn more about the principles, methodology, and philosophy of Homeopathy would be to consult the classic homeopathic texts of Samuel Hahnemann, John Henry Clarke, James Tyler Kent, William Boericke, Jan Scholten, Subrata Kumar Banerjea, Rajan Sankaran, etc. (you can even consult Paracelsus and Hypocrates); and to obtain the input of outstanding modern homeopaths, their names and contact information could be obtained from the National Center for Homeopathy (www.homeopathycenter.org).

Ignorance apart from being close minded is unable to judge or criticize, but your willingness to learn about Homeopathy is commendable for the sake of our beautiful country and the solution of the multiple problems found in the lack of diversity in medicine.