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Menu



“I Experienced the Transformation, and it changed my life!”

Click Here >>

To View the Testimonials  
\*Results Can Vary For Everyone

Before



01.  
COMPARE WITH  
TOP PROGRAMS

# 02.

## LISTEN TO THE TESTIMONIALS

# 03.

## SIGN UP FOR A FAT LOSS EVENT

## THE NUTRIMOST ULTIMATE FAT LOSS SYSTEM

Lose 20 to 40 pounds or more in just 40 days? I'm guessing you're intrigued... but probably a bit skeptical too. It sounds too good to be true, but it's real. NutriMost is an amazing, revolutionary weight-loss program that is sweeping America, and it can completely change your life!

With NutriMost, you'll transform your body, inside and out. And, as you watch the pounds melt away, you'll also be correcting hormone levels and restoring balance to your body.

The NutriMost Ultimate Fat Loss System is safe, fast, and effective. It's completely different from any diet program you've tried before. You'll clear out harmful toxins and balance your hormones as you lose fat at an unbelievable pace. And the best part? The results are permanent. Following your 40 days of fat loss, NutriMost will reset your metabolism and weight set point, so you can keep the weight off for good!

Imagine yourself being 20 to 40 pounds lighter in just 40 days. It would take you months and months to lose that much weight with other programs, but this safe, doctor-supervised system works in just 6 weeks, guaranteed.

# THE NUTRIMOST DIFFERENCE

Other weight loss programs mistakenly focus almost entirely on the diet. We focus on the breakthrough technology that enables us to Turn OFF fat storage and Turn ON fat burning. It's not your fault that it has been difficult to lose weight. Powerful chemicals in your food scramble and disrupt your hormones and neurotransmitters, making your body resistant to weight loss and exercise. Utilizing NRF Technology, and the NutriMost Ultimate Fat Loss scan, we now have the technology to assess nearly every factor of fat burning, fat storage and fat metabolism. The assessment includes organs, hormones, neurotransmitters, vitamins, minerals, toxins, heavy metals, parasites bacteria, viruses, mycoplasma, candida and biotoxins.

With this scan, we are able to create a personalized and customized plan that will address your body's top organ stressors as well as find the best products to balance those biological stressors. All weight gain involves a hormonal component. To have lasting and permanent weight loss, we must balance and correct the body's hormones.

The NutriMost Ultimate Fat Loss Scan has been programmed to help give your body the nutritional tools that it needs to overcome your specific imbalances and to bring your body into a very narrow hormonal range for optimum fat burning. This scan and the customized support program is the core of our exclusive 5 component Ultimate Fat Loss System and is what makes this system so unique and so effective.

By following this program, we expect to not only bring your body into the optimum fat burning zone but also balance and correct both the organ and hormonal stressors, allowing us to go beyond just weight loss to help you actively create a lifetime of health.

[READ MORE >](#)





### NutriMost Pittsburgh

6 Convenient Locations  
to Serve You...

- Churchill / Penn Hills
- Greensburg
- Green Tree / Crafton
- Murrysville / Monroeville
- Ross Park Mall Area
- Upper St. Clair

Call **844-KILL-FAT**

#### DISCLAIMER

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Sign up for a Fat Loss Consultation

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**YOU'RE  
AN**

## **INDIVIDUAL**

### Your Weight Loss Program Should Be Too

The media bombards everyone with the image of health and fitness they think is ideal. Weight loss programs are abundant. The problem is that these programs try to squeeze you into a box and mold you to the one-size-fits-all image of health. We are each unique and so is our expression of life and health. Let's look at the main focus of the top weight loss programs and then discuss how breakthrough NRF Technology allows a customized plan to be created just for you.

Most weight loss programs will tell you that you have to count calories to lose weight. They have this principle at their core. If you lower caloric intake and increase your activity level, you will lose weight. Is this true? Absolutely! The common solution is to either plan a diet with certain foods to restrict your daily calories or provide pre-packaged food from a box. Here is the problem, regardless which path you take to get there: You will gain your lost weight right back. As you lower your caloric intake, your metabolism begins to slow. It has less work to do. Your body needs calories to fuel it so it will burn fat, muscle, etc. The problem appears after

the weight is lost. Eventually you will go back to eating a normal, sustainable amount of food each day. Since your metabolism has nearly bottomed out, however, it can't process all the food you are eating. Those calories get stored right back into your body as fat.

Calories are not the key to losing weight. The most effective way to lose fat is balancing hormones and neurotransmitters, detoxifying the body and balancing vitamins and minerals in a way that gets you into an incredible fat burning zone. Because of groundbreaking NRF Technology, we now have a way to lose weight faster, easier, better, and healthier than ever before. The NutriMost system finds your body's specific weaknesses, balances the imbalances, and strengthens your body to reach optimal health. No other weight loss program can compare.

Contact our team at NutriMost today and let us help you reach your goals.



## COMPARE

Today's  
**Most Popular** 3  
Weight Loss Programs

-vs-

**NUTRI**MOST

**X**

Fat Burning



**X**

Resets Your  
Metabolism



**30-40**

**40**

<b>Weeks</b>	<b>Avg. Time To Lose 30 Pounds</b>	<b>Days</b>
<b>\$\$\$</b>	<b>Cost per Pound Lost</b>	<b>\$</b>

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# VIDEO TESTIMONIALS

## National Testimonials



*Brenda is down 6 sizes and feeling wonderful!*



*Melody loves how simple the Nutrimost Fat Loss System is!*



*Justin's Life Changing Transformation*



*Adrian is maintaining his weight loss months later*



*Ryan lost 50lbs in 40 days and wasn't hungry!*



*Joie Lost Weight On NutriMost and Keeping it off*

**View More National Testimonials** ▼

*\*Results Can Vary For Everyone*

Although you will hear many testimonies of patients talking about how they were able to overcome a variety of health challenges and get off medications... *we do not diagnose or treat symptoms or disease.*



## COMPARE

Today's  
**Most Popular 3**  
Weight Loss Programs

-vs-

**NUTRIMOST**

**X**

Fat Burning



**X**

Resets Your  
Metabolism



**30-40  
Weeks**

Avg. Time To Lose 30 Pounds

**40  
Days**

**\$\$\$**

Cost per Pound Lost

**\$**

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## ABOUT NUTRIMOST PITTSBURGH

*"The doctor of the future will give no medicine, but will interest his or her patients in the care of the human frame, in a proper diet, and in the cause and prevention of disease." - Thomas Edison*

We desire to see families at higher levels of health and well-being in every way. The dramatic increase in the number of hospitals, medical facilities, and drug stores in recent years illustrates a degeneration of health in our community, and an utter lack of true *health* care. Our team at NutriMost Pittsburgh is committed to caring for your health, instead of simply doing what everyone else is doing: ignoring the underlying cause of disease and covering up the symptoms and pain with drugs.

Our desire, and commitment, is to empower each of our patients with life-saving knowledge. We will not water down the chiropractic message of life and health, nor will we simply give patients what they want while ignoring what they *need* in order to live healthier, happier lives. We understand the devastating effects of inflammation and interference on the nervous system: nerve interference can cause everything from chronic headaches to heart attacks. Because of this, our mission is urgent: it is literally one of life and death.

We strive daily to realize a healthier, happier, full-of-life community with less sickness, less dis-ease, and fewer preventable deaths; where children are healthier, families are happier, and marriages and relationships are enriched.

### Dr. Ray Wisniewski, D.C.

Dr. Ray Wisniewski is the creator and founder of the NutriMost Ultimate Fat Loss System, NutriMost 4 Life and the many NutriMost scans to help your body reach it's Most Optimal state of health.

Whether you are from around the corner or from around the world, through the creation of NRF Technology, Dr. Ray has been



transforming lives. With the use of NutriMost Resonant Frequency Technology we can now ask the body precisely what it needs and then determine the specific and exact plan for simple and effective action

steps so that you may declare victory over your weight loss and / or health challenges.

Dr. Ray, a Proud Pittsburgh native, began his journey in natural health at the University of Pittsburgh and Palmer Chiropractic University, where upon graduating Magna Cum Laude he returned to his hometown of Pittsburgh... And on one of the most fateful and favored days of his life he opened his practice on January 22, 1983 and that same evening met Lori, to whom he has been very happily married to since 1985.

More than anything, Dr. Ray is passionate about helping people live healthier, better quality lives, in his community and across the world. NutriMost is allowing him to do just that - and in a big way! People all over the country are losing dramatic amounts of weight, getting off medications, learning principles of good health, and having their lives restored and transformed because of this technology.

All of this is just the beginning, for Dr. Ray is constantly hard at work developing new scans, educating doctors, and finding ways to help people live better, healthier lives. Although Dr. Ray has been traditionally trained as a Doctor of Chiropractic, he presents and offers NutriMost services as member only services under his Pastoral Medicine License # L29076049. Dr. Ray is a Christian who believes that God created this body with an amazing healing power and that there is nothing outside the body, that is as powerful as the power that God put inside the body. Pastoral Medicine is the Professional Blend of Scriptural Health Wisdom and Understanding along with Leading Edge Science. The NutriMost services are pastoral health services and should not be confused with state regulated services.

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## COMPARE

Today's  
**Most Popular**  
Weight Loss Programs **3**

-vs-

**NUTRIMOST**

<b>X</b>	Fat Burning	<input checked="" type="checkbox"/>
<b>X</b>	Resets Your Metabolism	<input checked="" type="checkbox"/>
<b>30-40 Weeks</b>	Avg. Time To Lose 30 Pounds	<b>40 Days</b>
<b>\$\$\$</b>	Cost per Pound Lost	<b>\$</b>

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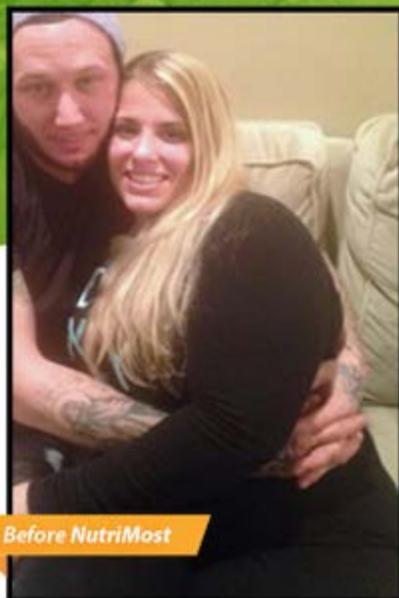
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## Experience the Transformation for Yourself



Before NutriMost



After NutriMost

### Renee R.

When I say it gave me back my life, it gave me back my life. It was the end of my rope, I didn't want to live. I don't know how to portray the way I feel inside to somebody else. Take the risk, it's worth it, you're worth it. If you don't feel good, if you want to look better, if you want to feel better - do it. Do it because it works.

# NUTRIMOST™

Wellness & Weight Loss

**TOTAL**  
**85 lbs lost**



Testimonials seen on this site are from real customers who were not paid for the testimonial they provided. Testimonials seen are based on the experiences of a few people and you may not have similar results.



## COMPARE

Today's  
**Most Popular**  
Weight Loss Programs **3**

-vs-

**NUTRIMOST**

<b>X</b>	Fat Burning	✓
<b>X</b>	Resets Your Metabolism	✓
<b>30-40 Weeks</b>	Avg. Time To Lose 30 Pounds	<b>40 Days</b>
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## NUTRIMOST PITTSBURGH HEALTH BLOG



### NutriMost Success Story - Renee Rosati

Posted By on 01/01/2016

## NUTRIMOST SUCCESS STORY - RENEE ROSATI



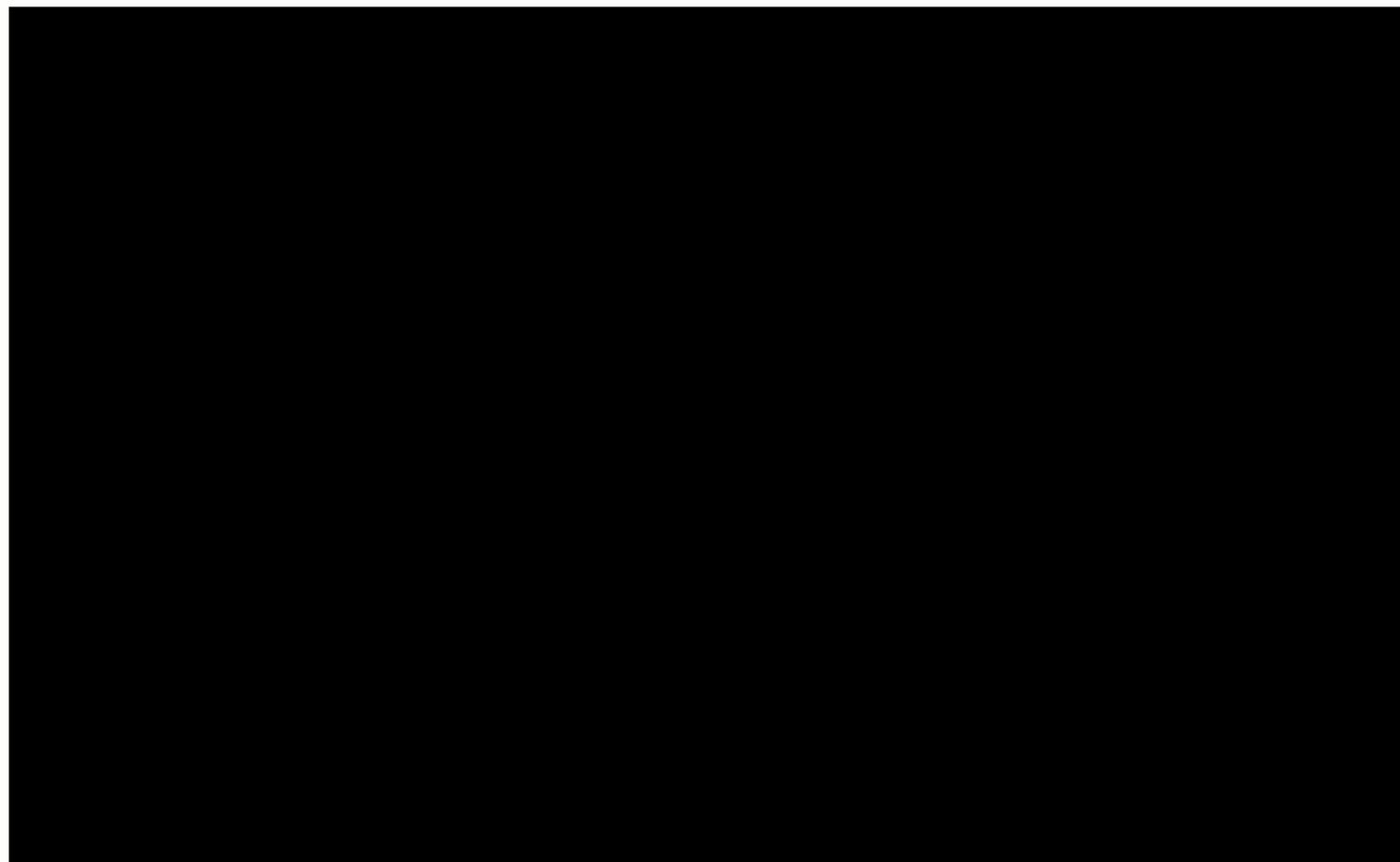
## "BACK BEFORE I FOUND NUTRIMOST, I WAS IN A REALLY BAD PLACE."

It was getting to the point where I didn't want to live anymore. So I was begging the doctors to help me and all they were doing was putting me on medication after medication. My legs were going numb, I would sit on the floor and I couldn't get up, saying to myself I just wish that I could just wake up and be thin. I wish that I could wake up and feel good.

I was an emotional eater, so for me to sustain any kind of program - it was unimaginable. Basically, when I found the article I ripped it out and I was skeptical, I was just another program. It was too good to be true, so I figured I had tried everything else under the sun, something's gotta be done. This is my last chance, and this is it.

### **If I didn't do something I didn't want to live anymore.**

For me, it was that deep. So within 7 days I was down 7 pounds. I just felt like the light switch turned on. I felt like the energy was surreal. I felt like, oh my God, where has this come from. I actually had to turn around and look - is this really me? I want to do a "to-do list," I want to get in the shower, I want to get dressed, I want to do my hair.



Forty days was like nothing. Before I knew it I was down 38 pounds in the 40 days, and I felt like I was down 70. I went home and put on a bathing suit, and I still had like 50 pounds to lose, but I felt like I was beautiful. I made it work.

My kids said, "Mom, can you be lazy again for just two minutes? - you're on the go all the time." I not only have me back, but I gave my kids back their mom. NutriMost didn't only change me. I didn't do this to look like

a model, I didn't do this just to get into a smaller size. I know how to cope with stress, I know how to cope with my son's issues now. This is the most fantastic program on Earth, it's the easiest program on Earth. Just follow it to the "tee" and it works.

When I say it gave me back my life, it gave me back my life. It was the end of my rope, I didn't want to live. I don't know how to portray the way I feel inside to somebody else. Take the risk, it's worth it, you're worth it. If you don't feel good, if you want to look better, if you want to feel better - do it. Do it because it works.

### **I'm Renee and I lost 85 pounds with NurtiMost.**

Join Renee, and other people just like her that have made a change in their lives with NutriMost. Find your because - the reason you want to make a change - and call NutriMost at **855-NUTRIMOST** to get started.

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### **The Purpose of Insulin**

🕒 Posted By **Dr. Ray Wisniewski** on 09/30/2014

## **THE PURPOSE OF INSULIN**

Type 2 Diabetes has been an endemic as it has grown over 100% in the past 15 years in many states. It's obvious that what we are doing isn't working and once a person develops diabetes.. it doesn't improve it just keeps getting worse.. with more complications and more medications.

In fact the research community looks at the purpose of insulin with a completely different mindset than the medical profession does. And just as bad they have essentially brain washed the community at large in looking at insulin the same way..

Most people think or believe the purpose of insulin is to lower blood sugar levels.. but that's not the purpose.. that's a side benefit of it's true purpose..

It's TRUE PURPOSE is to take the extra glucose (sugar) and store it as the bodies best fuel source for future use... That preferred fuel source is FAT (it stores fat after a very small amount is first stored as glycogen)...

That's why it is eating sugar that makes you fat... But here's the kicker... As long as your body continues to turn sugar into fat you won't become diabetic.. It's only after the body can't create any more fat to dump the excess sugar does the person become diabetic.

This is the reason why weight loss is nearly impossible for diabetics and why insulin is one of the top 3 fat storing hormones.

The GREAT NEWS... is that NRF Technology accesses nearly every factor involved in balancing Blood Glucose, Insulin, Leptin, Glucose Metabolism, Blood Glucose Sensitivity, Glucose Utilization, as well as Fat Burning, Fat Storage and Fat Metabolism and can quickly and efficiently help the body change all of this around.

With NutriMost Resonant Frequency (NRF) Technology we don't treat the diabetes.. instead we help to determine the body's needs after assessing all of the factors concerning how your body can overcome and correct diabetes. This is why we say that NRF Technology is "The MOST Powerful Technology for a BETTER Life".

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## Using NRF Technology with Psoriasis

🕒 Posted By **Dr. Ray Wisniewski** on 09/02/2014

# USING NRF TECHNOLOGY WITH PSORIASIS

NRF Technology gives the body a tremendous opportunity to overcome many seemingly recalcitrant conditions that have been difficult to respond to in the past. This blog will often times take the opportunity to explain how NRF Technology can help the body overcome many of these health challenges. Psoriasis is one of those types of conditions.

Psoriasis is a skin condition in which scaly red patches of skin form on the extensor surfaces of the body. It may have many different names, most of which describe either the shape of the lesions or the location of the lesions. Essentially, it is a hypergrowth of the outer layer of the skin in which there is apparent abnormal cell division. Most traditional treatments include everything from steroids, topical tars, ultraviolet light, and even many toxic drugs and chemicals such as methotrexate, which is a folic acid inhibitor (folic acid is necessary for cellular reproduction).

What medicine seems to constantly do, is to treat the site of the condition. In this case, most treatment includes various types of creams and medications for the skin and with a last-ditch effort using methotrexate, a very very toxic drug, which attempts to prevent the replication of cells in the body.

Well first, let me tell you a little bit about what the research tells us about this condition, and then I'll explain it in English and tell you what you can do to correct this condition. For, when we look to the cause of this condition, we note that it is associated with elevated levels of cholesterol and triglycerides, along with abnormal platelet behavior, as well as cellular inflammation due to an abnormality within the arachidonic acid metabolism and a decrease in the cyclic AMP/cyclic GMP ratio in the epidermis.

What this tells us, and has been shown by the Dutch researchers, is that this condition is due to a defect at the liver, at the citric acid cycle in the synthesis of Fumaric Acid.

Okay, let's translate this into English. Essentially what this tells us is that for quite some time, the body has not been digesting food properly and this decaying, rotting food has expressed a defect in the high energy cycle of the citric acid cycle. Therefore, there are a number of things which need to be addressed.

1. We need to get the food digesting properly. This will decrease the load on the liver.. when the food is not being digested properly.. the incomplete digestion of the food causes this as the food is not being digested properly. This practice should be maintained continuously, particularly when eating cooked foods.
2. Do not eat any foods containing trans fats, hydrogenated oils or partially hydrogenated oil.
3. We also need to increase cell energy.
4. We need to upregulate phase 1 and phase 2 liver detoxification.
5. We need to identify all of the out of range biomarkers and factors involved in liver metabolism, detoxification, enzymatic activity, genetic expression and liver function.
6. We need to correct the proper flow of bile and toxins from the liver and gallbladder through the common bile duct.

7. Assess both upstream and downstream as far as what may be interfering with proper liver function. The Kidney must be functioning properly.
8. There are a number of supplements which may assist the patient with overcoming Psoriasis.. The advantage of NRF Technology is that we don't have to guess any longer.. We can essentially ask the body what it needs and get the answer of what would be the best course of action.
9. Research has shown that at the top of the hierarchy of healing is energy. And in this case, it is the energy to the liver. If the energy to the liver is sedated or imbalanced either from a loss of cellular energy or nerve energy and is not functioning properly, then all the nutrition in the world will not be able to rescue this organ. Therefore it is absolutely essential that a thorough nerve scan be performed with a structural x-ray, to determine if there is a sedated nerve caused by subluxation, which can only be assessed by a chiropractor specifically trained in structural corrective care.

We can essentially do ALL of the above with our Fat Loss Psoriasis scan utilizing NRF Technology. Utilizing the fat loss Psoriasis scan has the added advantage of being able to utilize a very unique opportunity in which when we simultaneously utilize the fat loss scan and get the body in a very high rate of fat burning which also activates a state of Autophagy and Xenophagy... When the body is in a state of autophagy and xenophagy it makes all the difference.

Autophagy is when macrophages intelligently take out the bad cells and replace them with good healthy cells, while xenophagy is when the body rids itself of bad unhealthy microbes.. this happens at a dramatically increased pace which creates a unique opportunity for the body to overcome a very difficult health challenge.

For those patients with psoriasis, it has the potential to be one of the most horrific conditions, with a wide range of variations and symptoms including deterioration of the joints in the bone resulting in psoriatic arthritis. Psoriasis in the past has even been confused with leprosy. Those suffering with this condition often become emotionally scarred.

It is my hope that those suffering from this condition will find answers using the Fat Loss - psoriasis scan utilizing NRF Technology and will help their body overcome this condition and be able to live a normal healthy life.

**Have an Amazingly SPECTACULAR Day!**



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Fat Burning



**X**

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