Case 7:15-cv-09304 Document 3-4 Filed 11/27/15 Page 1 of 13

## EXHIBIT F

#### "GENERIC" BIOLOGICS \* CAREGIVING 101 \* HEART SMARTS

ADVICE FROM THE EXPERTS YOU TRUST

# **37 TIPS for** your EASIEST HOLIDAYS EVER



### BURN MORE CALORIES WALKING

# *aromas* that heal

SURPRISING BENEFITS of NSAIDs



Award-winning writer CAITLIN KELLY on hip replacement, denial, rebellion and pain

NOVEMBER-DECEMBER 2011

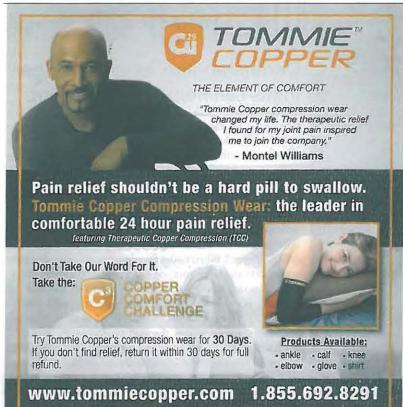
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FREE HEALTH CARE! page 58

FTC-TC-0000001

US \$3.99 CAN

Case 7:15-cv-09304 Document 3-4 Filed 11/27/15 Page 3 of 13



LOVE TO COOK? HATE HARD FLOORING? Comfort is the ultimate kitchen upgrade.



## your Health [MEDWATCH] FREE Health Care (Really!)

If you're on Medicare, take advantage of new free screenings.

Free testing and vaccinations are some of the new perks for people on Medicare, thanks to last year's health care overhaul.

"Medicare has traditionally focused on diagnosis and treatment," not prevention, says Jyme Schafer, MD, director of Medicare's division of medical and surgical services. "What if we could prevent suffering and disability?"

These free preventive measures include annual checkups, plus vaccines such as annual flu shots and a one-time pneumococcal shot. The diabetes screening – key for those with arthritis, as half of people with diabetes also have arthritis – is offered gratis to those with a risk factor such as high blood pressure, abnormal cholesterol levels, obesity or a history of abnormal blood sugar levels.

Medicare covers cardiovascular screenings every five years, a benefit for people with rheumatoid arthritis (RA), which increases heart disease risk. People with RA are also more likely to have bone loss and fractures, which makes the free bone-density tests essential.

Other free services include colon cancer screenings, glaucoma tests and diabetes management.

People with arthritis should take preventive measures to reduce disability and limit arthritis progression, says Joseph Chin, MD, a Medicare medical officer. —OTESA MIDDLETON MILES

16% of Medicare beneficiaries took advantage of the free preventive health measures between January and June 2011. SOURCE: Centers for Medicare & Medicaid Services

58 ARTHRITIS TODAY NOVEMBER I DECEMBER 2011

FTC-TC-0000002

Case 7:15-cv-09304 Document 3-4 Filed 11/27/15 Page 4 of 13

# EXHIBIT G-1

1	(	OFFICIAL TRANSCRIPT PROCEEDING
2.		FEDERAL TRADE COMMISSION
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8	MATTER NO.	1423194
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11	TITLE	COMMIE COPPER
12		
13		
14	DATE	RECORDED: DATE UNKNOWN
15		TRANSCRIBED: FEBRUARY 26, 2015
16		REVISED: MARCH 15, 2015
17		
18	PAGES	1 THROUGH 8
19		
20		
21		
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23		
24		TOMMIE COPPER ADVERTISEMENT
25	INDUSTRIAL	ATHLETE LOUIS RAFFIO GETS HIS LIFE BACK

1	FEDERAL TRADE COMMIS	SSION		
2.	TNDEX			
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4	RECORDING:	PAG	2:	
ხ	Tommie Copper advertisement	4		
6	(Industrial Athlete Louis Raffio Gets	; His Life	Back)	
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#### Case 7:15-cv-09304 Document 3-4 Filed 11/27/15 Page 7 of 13

1	FEDERAL TRAD	E COMMISSION
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4	Tommie Copper	) Matter No. 1423194
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11	The following trans	cript was produced from a
12	digital file provided to For	The Record, Inc. on February
13	25, 2015.	
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1	PROCEEDINGS
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3	INDUSTRIAL ATHLETE LOUIS RAFFIO GETS HIS LIFE BACK
4	LOUIS RAFFIO: My name is Louis Raffio. I was
5	a former Pelham firefighter, which is where we are today,
6	we're at the Pelham Fire Department. This is our gym.
.1	Most of the guys work out up here to stay in shape. I
8	trained my whole life when I was younger, when I was a
9	firefighter. When I got out, I actually felt it was more
10	important.
11	The job that I'm doing now, my home inspection
12	business, it's a very physical job. I am constartly
13	moving things around, climbing roofs, like I said,
14	climbing through crawlspaces. So, I need to be in pretty
15	much top physical shape to do the job that I'm doing.
16	I had torn cartilage in my knee years ago.
17	Back then, what they did is they didn't remove the tear
18	like they do now, they remove the whole cartilage. The
19	only problem with that is it causes the knee to freeze
20	later on in life because it ends up going bone-on-bone.
21	Hence, I had to go in for a knee replacement.
2.2.	The problem with the surgery is you do one knee
23	and then you have a tendency to favor the other knee, and
24	by favoring the other knee, you have a tendency to wear
25	out the other knee. It is a sharp knifey pain. It's

#### Case 7:15-cv-09304 Document 3-4 Filed 11/27/15 Page 9 of 13

1 like somebody's got a knife in there almost, an ice pick 2 in there, and they're jiggling around on it. I was 3 waking up in the middle of the night with excruciating 4 pain in my right knee. I'd have to get up and walk 5 around my house.

6 The doctor told me, bad cartilage, bone spur .1 and arthritis. I was scheduled for surgery September 11, 2012, to have another knee replacement on my right knee. 8 9 I had gone to the gym and I limped in one day, my right 10 knee was bothering me. So, one of the guys saw me in the 11 gym and said, what's the matter with you? I said, wow, my right knee is bothering me, I've probably got another 12 bad knee. And he goes, I'm going to bring you something 13 14 tomorrow, and he threw me a Tommie Copper sleeve. I put 15it on, great.

16 Next day I saw him, I said, listen, you got to 17 do me a favor, you got to get me another one for my 18 replaced knee because it feels that good. I put them on 19 and I have not taken them off since. I have not done 20 surgery and I am not going anywhere near the surgeon's 21 knife. I am fine just the way it is.

22. J wear the sleeves almost 24 hours a day.
23 Definitely in the gyn every single day, and if J'm doing
24 anything physical around my house, like working on my
25 house or going to work, I will wear the sleeves on my

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Exhibit G-1

#### Case 7:15-cv-09304 Document 3-4 Filed 11/27/15 Page 10 of 13

1 knees and on my elbow. At night, as soon as I take my
2 night shower, they immediately go on. I'm watching TV, I
3 have my sleeves on. If I'm cooking, sleeves are on. The
4 sleeves are absolutely comfortable. There's actual times
5 that I have to check to see if I actually have them on
6 because it's just become a natural part of my body.

7 Not long ago, it was a task to walk stairs.
8 Now, I run my stairs if I want. I may run two sets of
9 stairs at a time. I may jump three steps to get up the
10 set of stairs right now. I was unable to do those type
11 of things before.

12 UNIDENTIFIED MAIE: I've known Louis probably 13 20 years. We go way back. We used to play softball 14 together. I remember Louie would get a hit and have to 15 get a runner at first base, he'd have trouble running 16 around the bases.

17 LOUIS RAFFIO: I wish I had film of me playing 18 softball because you had to see the last year of me 19 playing softball. I got up to the plate, it was an 20 automatic out every time. It was the most embarrassing 21 time in my life.

22. UNIDENTIFIED MALE: Now, seeing him up here 23 running on a treadmill, seeing him jump rope, seeing just 24 the way he goes up and down the stairs, it's amazing to 25 believe that this is the same guy that could barely run

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Exhibit G-1

#### Case 7:15-cv-09304 Document 3-4 Filed 11/27/15 Page 11 of 13

1	down the baseline in a softball game.
2.	LOUIS RAFFIO: Thanks to my Tommie Copper
3	sleeves, I'm able to perform my everyday tasks, run my
4	business successfully and get the workouts that I need to
ხ	stay in shape. You have to try this product. It works,
6	no doubt about it.
.1	(The recording was concluded.)
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#### Case 7:15-cv-09304 Document 3-4 Filed 11/27/15 Page 12 of 13

1	CERTIFICATION OF TYPIST
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3	MATTER NJMBER: 1423194
4	CASE TITLE: TOMMIE COPPER
ხ	TAPING DATE: DATE UNKNOWN
6	TRANSCRIPTION DATE: FEBRUARY 26, 2015
.1	REVISION DATE: MARCH 13, 2015
8	I FEREBY CERTIFY that the transcript contained
9	herein is a full and accurate transcript of the tapes
10	transcribed by me on the above cause before the FEDERAL
11	TRADE COMMISSION to the best of my knowledge and belief.
12	
13	DATED: MARCH 15, 2015
14	
15	
16	ELIZABETH M. FARRELL
17	
18	CERTIFICATION OF PROOFREADER
19	
20	I HEREBY CERTIFY that I proofread the transcript for
21	accuracy in spelling, hyphenation, punctuation and
2.2.	format.
23	
24	
25	SARA J. VANCE

## EXHIBIT G-2 (video exhibit submitted separately)