PREPARED STATEMENT OF THE
FEDERAL TRADE COMMISSION

Before the

SUBCOMMITTEE ON FEDERAL FINANCIAL MANAGEMENT,
GOVERNMENT INFORMATION, AND INTERNATIONAL SECURITY

of the

COMMITTEE ON HOMELAND SECURITY
AND GOVERNMENTAL AFFAIRS

U.S. SENATE

on

NEW ENTRY INTO HOSPITAL COMPETITION

MAY 24, 2005
I. INTRODUCTION

Mr. Chairman, I am John Graubert, Principal Deputy General Counsel of the Federal Trade Commission. I appreciate the opportunity to appear before you today to discuss new entry into hospital competition and related issues.

The Federal Trade Commission has familiarity with these issues through Hearings held together with the Department of Justice, Antitrust Division, and the resulting Report, *Improving Health Care: A Dose of Competition*, issued jointly by the Commission and the Department of Justice, Antitrust Division, in July 2004, as well as through the Commission’s substantial experience in enforcing the antitrust laws in health care markets. The Joint Hearings and Joint Report broadly examined the state of the health care marketplace and the role of competition, antitrust, and consumer protection in satisfying the preferences of Americans for high-quality, cost-effective health care. The Joint Hearings took place over 27 days from February through October 2003, following a Commission-sponsored Workshop on health care issues in September 2002. The Commission, along with the Department of Justice, heard testimony from about 240 panelists, including representatives of various provider groups, insurers, employers, lawyers, patient advocates, and leading scholars on subjects ranging from antitrust and economics to health care quality and informed consent. Together, the Hearings and Workshop elicited 62 written submissions from interested parties. Almost 6,000 pages of transcripts of the Hearings and Workshop and all written submissions are available on the Commission website, www.ftc.gov. In addition, staff of the Federal Trade Commission and the Department of Justice,

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1 This written statement reflects the views of the Federal Trade Commission. My oral statements and responses to any questions you may have represent my own views, and do not necessarily reflect the views of the Commission or any individual Commissioner.
Antitrust Division, undertook independent research for the Report.

Today, the Commission focuses specifically on a few of the issues addressed in the Report that relate to new entry into competition among hospitals and other entities. Three main points require attention. First, vigorous competition can have important benefits in the hospital arena, just as it has in the multitude of markets in the U.S. economy that rely on competition to maximize the welfare of consumers. Competitive pressures can lead hospitals to lower costs, improve quality, and compete more efficiently. Competitive pressure also may spur new types of competition. In hospital markets, some new entrants specialize and provide only a limited portion of the in-patient and out-patient services that general hospitals tend to provide.

Specialty hospitals (e.g., pediatric) are not new. In recent years, however, an increasing number of single-specialty hospitals have entered, or attempted to enter, particular markets to compete with hospitals in providing certain types of hospital services, such as cardiac or orthopedic surgery. Ambulatory surgery centers have emerged to perform surgical procedures on patients who do not require an overnight stay in the hospital, thus providing additional competition to hospitals’ services in this area. Testimony at the Hearings reported that this entry has had a number of beneficial consequences for consumers who receive care from these providers.

Second, when new firms threaten to enter a market, incumbent firms may seek to deter or prevent that new competition. Such conduct is by no means unique to health care markets; it is a typical reaction of incumbents to possible new competitors. In certain circumstances, such conduct may violate the antitrust laws. Antitrust scrutiny, however, sometimes may not reach

certain anticompetitive conduct. The Noerr-Pennington doctrine immunizes from antitrust scrutiny conduct that represents petitioning the government, even when such petitioning is done “to restrain competition or gain advantage over competitors.”3 Moreover, the state action doctrine shields from antitrust scrutiny a state’s activities when acting in its sovereign capacity.4

In the context of hospital competition, the combination of these two doctrines can offer antitrust immunity to hospitals that wish to lobby state officials to deny a potential entrant, such as a single-specialty hospital, the Certificate of Need (CON) it may require to open its doors. State CON programs generally prevent firms from entering certain areas of the health care market unless they can demonstrate to state authorities an unmet need for their services. The FTC and DOJ Report concluded that “[m]arket incumbents can too easily use CON procedures to forestall competitors from entering an incumbent’s market.”5

Not all states have CON requirements. Indeed, almost all of the recent entry by single-specialty hospitals has taken place in states that do not have CON requirements. The Report recommended that “States with Certificate of Need programs should reconsider whether these programs best serve their citizens’ health care needs.”6

Finally, policymakers must consider the extent to which regulatory distortions may affect competition among hospitals and other firms. Although entry by single-specialty hospitals and ambulatory surgery centers has provided consumer benefits, Medicare’s administered pricing

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3 Id., ch.8, at 10, n.70.
4 The state action doctrine also immunizes from antitrust scrutiny the actions of most other entities and individuals if they are acting in furtherance of a clearly articulated state policy and are actively supervised by the state.
5 Improving Health Care, supra note 2, Exec. Summ., at 22.
6 Id.
system has substantially driven the emergence of single-specialty hospitals and ambulatory surgery centers. Medicare’s administered pricing system, albeit inadvertently, can make some services extraordinarily lucrative, and others unprofitable.

Several panelists at the FTC/DOJ Hearings expressed concern that single-specialty hospitals and ambulatory surgery centers would siphon off the most profitable patients and procedures under Medicare reimbursement policies, leaving general hospitals with less money to cross subsidize other socially valuable, but less profitable, care.7 The FTC/DOJ Report pointed out that “[c]ompetitive markets compete away the higher prices and supra-competitive profits necessary to sustain such subsidies,”8 and concluded that “[i]n general, it is more efficient to provide subsidies directly to those who should receive them, rather than to obscure cross subsidies and indirect subsidies in transactions that are not transparent.”9 The FTC/DOJ Report recommended that “[g]overnments should reexamine the role of subsidies in health care markets in light of their inefficiencies and potential to distort competition.”10

In testimony before the House Committee on Energy and Commerce on May 12, 2005, Mark McClellan, Administrator of the Centers for Medicare and Medicaid Services (CMS), reported that CMS, following its own study of specialty hospitals pursuant to congressional direction,11 will analyze and reform its payment rates “to help reduce the possibility that

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7 Id., ch.3, at 21 & n.106, and 27 & n.138.
8 Id., Exec. Summ., at 23.
9 Id.
10 Id.
11 Section 507(b)(2) and (b)(3) of the Medicare Prescription Drug, Improvement, and Modernization Act of 2003 (MMA) requires the Department for Health and Human Services, of which CMS is a part, to study a set of quality and cost issues related to specialty hospitals and to report to Congress on their findings. Pub. L. No. 108-
specialty hospitals may take advantage of imprecise payment rates in the inpatient hospital prospective payment system” and “to diminish the divergences in payment levels [for ambulatory surgical centers] that create artificial incentives for the creation of small orthopedic or surgical hospitals.”12

II. NEW TYPES OF FIRMS TO COMPETE WITH HOSPITALS.

One topic of great interest at the FTC/DOJ hearings involved entry by single-specialty hospitals and ambulatory surgery centers to compete with general hospitals in the provision of certain types of services. Although the types of services offered by such firms differ, they raise similar competitive issues. We discuss each in turn.

A. Single-Specialty Hospitals.

Single-specialty hospitals (SSHs) provide care for a specific specialty (e.g., cardiac, orthopedic, or psychiatric) or type of patient (e.g., children, women),13 tailoring their care and facilities to fit the chosen type of condition, patient, or procedure on which they focus. Specialty hospitals are not new to the hospital industry; pediatric and psychiatric hospitals have existed for decades. Nonetheless, more recently, new cardiac and orthopedic surgery hospitals have opened

173, § 507, 117 Stat. 2066 (2003). Dr. McClellan’s testimony presented the results and recommendations from the CMS report.


13 George Lynn, Remarks at the Federal Trade Commission and Department of Justice Hearings on Health Care and Competition Law and Policy (Mar. 27, 2003) at page 27 (“Historically, they were children’s hospitals or psych. hospitals; now they include heart hospitals, cancer hospitals, ambulatory surgery centers, dialysis clinics, pain centers, imaging centers, mammography centers and a host of other narrowly focused providers generally owned, at least in part, by the physicians who refer patients to them.”) [hereinafter, citations to transcripts of these Hearings state the speaker’s last name, the date of testimony, and relevant page(s).] Transcripts of the Hearings are available at http://www.ftc.gov/ogc/healthcarehearings/index.htm#Materials.
or are under construction. Such SSHs may compete with both inpatient and outpatient general hospital surgery departments, as well as with ambulatory surgery centers.

Panelists at the FTC/DOJ Hearings identified a number of market developments that encouraged the emergence of SSHs, including less tightly managed care; the willingness of providers to invest in an SSH; physicians’ desire to “provide better, more timely patient care”; physicians looking for ways to supplement declining professional fees; and the growth of entrepreneurial firms. Panelists also stated that some providers desire greater control over management decisions that affect their incomes and productivity. Several panelists suggested efficiency was an important consideration for many providers, asserting that specialty hospitals allow “surgeons to start on time, do more cases in a given amount of time, and get back to their office on time.” According to one panelist, physicians view SSHs as an “opportunity to make

15 Id.
16 Alexander 3/27 at 34. See also Nat'l Surgical Hospitals, Single Specialty Hospitals (Mar. 27, 2003) (Public Comment) [hereinafter links to FTC/DOJ Health Care Hearings Public Comments are available at http://www.ftc.gov/os/comments/healthcarecomments2/index.htm].
17 J. Wilson 4/11 at 66 (as doctors make less money from insurance companies, they will “get into surgery centers, .... [W]e’re getting into ancillary activities in order to maintain our standard of income and living.”).
19 See, e.g., D. Kelly 3/27 at 70 (“[I]t's because of the care, the control we have over the care provided for their patients in the in-patient setting;”); Kane 4/11 at 74 (many physicians starting specialty hospitals because they are dissatisfied with general hospitals “because of the inability to manage their day-to-day patient interactions and their inability to provide high-quality medical care”); Dan Caldwell, Health Care Competition Law and Policy Hearings 2 (Public Comment) (listing physicians participation in the governance of a facility and physician efficiency as influencing the development of SSHs).
20 Rex-Waller 3/27 at 51. See also Rex-Waller 3/27 at 50 (specialty hospitals are responding to a “demand born out of frustration with local acute care hospital management that is unresponsive” to surgeon and patient requirements). See also D. Kelly 3/27 at 70 (describing “the productivity enhancement it provides to them because all of them are getting busier and they need to find ways to be more productive”); D. Kelly 3/27 at 81 (noting the savings on expenses: “instead of spending 40 to 60 percent of your total operating expense on labor, which is typical in the United States in a fully integrated health system, we do that at around 30 percent on a fully allocated
improvements” by “redesign[ing] the care delivery process in a way to be more effective and efficient.” Several panelists contended that SSHs achieve better outcomes through increased volume, better disease management, and better clinical standards. They attribute these positive outcomes to their focus on a single specialty. Indeed, numerous empirical studies indicate a relationship between the number of particular procedures performed and the probability of a good outcome.

Overall, testimony at the FTC/DOJ Hearings identified a number of benefits that SSHs may offer to consumers, with no significant controversy about the potential for SSHs to provide those benefits. Rather, as discussed in more detail below, debate about SSHs generally centered on how they may affect the functioning of general hospitals.

B. Ambulatory Surgery Centers

Ambulatory surgery centers (ASCs) perform surgical procedures on patients who do not

21 Lesser 3/27 at 14. See also Alexander 3/27 at 33 (“Specialized facilities are a natural progression and are a recognition that the system needs to be tweaked, perhaps overhauled, to achieve lower costs, higher patient satisfaction, and improved outcomes.”).

22 Lesser 3/27 at 14-15 (noting that specialty hospitals across the country have stated that by “concentrating more cases in a particular facility, specialty hospitals may help to lower per-case costs and boost quality”). See also NEWT GINGRICH ET AL., SAVING LIVES AND SAVING MONEY (2003); REGINA HERZLINGER, MARKET DRIVEN HEALTH CARE: WHO WINS, WHO LOSES IN THE TRANSFORMATION OF AMERICA’S LARGEST SERVICE INDUSTRY (1997).

23 Hal S. Luft et al., Should Operations Be Regionalized? The Empirical Relation Between Surgical Volume and Mortality, 301 N. ENG. J. MED. 1364 (1979); John D. Birkmeyer, Hospital Volume and Surgical Mortality in the United States, 346 N. ENG. J. MED. 1128 (2002); Colin B. Begg, Impact of Hospital Volume on Operative Mortality for Major Cancer Surgery, 280 JAMA 1747 (1998). Some panelists argued, however, that SSHs and ambulatory surgery centers are inherently risky for patients with multiple conditions. They argued that chronic disease management, rather than fragmented specialty services, will serve those patients better. See, e.g., Andrew 3/26 at 12 (Hospitals believe that SSHs do not take the more difficult cases with comorbidities.).

24 Some debate also focused on the fact that many of the physicians who refer patients to an SSH have an ownership interest in that facility. While noting the existence of that issue, the FTC/DOJ Report did not examine it in depth. Improving Health Care, supra note 2, ch.3, at 20 n.98, at 22 nn.109, 113.
require an overnight stay in the hospital. Approximately half of the ASCs are single-specialty.\textsuperscript{25} Single-specialty ASCs generally specialize in either gastroenterology, orthopedics, or ophthalmology.\textsuperscript{26} Most ASCs are small (two to four operating rooms). ASCs’ ownership structures vary: some are completely physician-owned; some joint ventures between physicians and private or publicly traded companies own them; some physician/hospital joint ventures own them; and some hospitals and hospital networks own ASCs.\textsuperscript{27} Innovations in technology have made it possible to offer a broad range of services in ASCs.\textsuperscript{28}

ASCs require less capital than SSHs and are generally less complex to develop, because they do not require the facilities needed to offer care twenty-four hours a day, seven days a week. In addition, ASCs generally do not have emergency rooms. Originally, ASCs were intended to compete with hospital inpatient units, but they now compete more against hospital outpatient surgery units.\textsuperscript{29} Panelists indicated that many of the same factors spurring the growth of specialty hospitals influenced ASC development. One panelist noted that ASCs were “a common-sense, intelligent response to a mature health care delivery system and industry gripped by inefficiencies and to health care spending being out of control.”\textsuperscript{30} Other reasons for ASC

\textsuperscript{25} Beeler 3/26 at 59.


\textsuperscript{27} Beeler 3/26 at 60.

\textsuperscript{28} Rex-Waller 3/27 at 50 (stating that the growth of ASCs “has been driven by technology, technological advances, particularly in endoscopic surgery . . . in surgical techniques, and in advanced anesthetic agents”).

\textsuperscript{29} Casalino et al., \textit{supra} note 26, at 59. \textit{See also} Beeler 3/26 at 63; Sacks 3/26 at 40.

\textsuperscript{30} Alexander 3/27 at 32.
growth listed by panelists included improved technology,\textsuperscript{31} physician demand for efficient surgical facilities,\textsuperscript{32} control and specialized staff, as well as “patient demand for a non-institutional, friendly, convenient setting for their surgical care, and payor demand for cost efficiencies as evidenced by the ambulatory surgery center industry.”\textsuperscript{33} One study also noted that ASCs offer patients more “convenient locations, shorter wait times, and lower coinsurance than a hospital department.”\textsuperscript{34} This testimony suggests that ASCs, like SSHs, can provide significant benefits to consumers.\textsuperscript{35}

III. Certificates of Need: Responses by Incumbent Hospitals to Proposed Entry by Single-Specialty Hospitals.

Some general hospitals have planned for possible competition from SSHs by competing more vigorously – establishing their own single-specialty wing, for example, or partnering with physicians on their medical staff to open an SSH.\textsuperscript{36} Panelists at the FTC/DOJ Hearings also

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\item \textsuperscript{31} Technological changes include the development of flexible fiberoptic scopes used for colon cancer screening and upper GI procedures as well as advancements in microsurgery and ultrasound techniques used in cataract lens replacement. See \textit{MEDICARE PAYMENT ADVISORY COMM’N (MEDPAC), REPORT TO THE CONGRESS: MEDICARE PAYMENT POLICY} § 2F, at 140 (2003), at http://www.medpac.gov/publications/congressional_reports/Mar03_Entire_report.pdf [hereinafter MEDPAC].
\item \textsuperscript{32} See, e.g., \textit{id.}, § 2F, at 140 (noting that the specialized settings may have allowed physicians to perform procedures more efficiently than in an outpatient setting and allowed physicians to reserve surgical time).
\item \textsuperscript{33} Rex-Waller 3/27 at 50. See also Beeler 3/26 at 62 (noting the “development of new technology and techniques for both the surgery itself and anesthesia” have allowed providers to discharge patients more quickly after surgery).
\item \textsuperscript{34} MEDPAC, \textit{supra} note 31, § 2F, at 140 (assessing coinsurance is 20 percent lower in an ASC).
\item \textsuperscript{35} According to the testimony of the Administrator of CMS on May 12, 2005, the CMS congressionally mandated study of specialty hospitals also found that “specialty hospitals provide high patient satisfaction, high quality of care and patient outcomes in some important dimensions, [and] greater predictability in scheduling and services, . . . .” McClellan Testimony, \textit{supra} note 12.
\item \textsuperscript{36} Lesser 3/27 at 12 (describing some hospitals as taking a “kind of preemptive strike strategy where the hospital establishes its own specialty facility in an effort to ward off the establishment of the competing facility in the market”). See, e.g., The Wisconsin Heart Hospital’s partnership with Covenant Healthcare, \textit{at}
alleged, however, that some general hospitals have attempted to deter or prevent entry by single-specialty hospitals through a variety of means, some of which may be anticompetitive. Generally speaking, antitrust law does not limit individual hospitals from unilaterally responding to competition. If there is specific evidence of hospitals colluding against efforts to open an SSH or ASC, however, the Agencies will aggressively pursue those activities.

Among other things, it appears that some general hospitals have used CON laws to encumber specialty hospital entry. As explained above, such conduct may escape antitrust scrutiny under the state action and Noerr Pennington doctrines. Nonetheless, such conduct raises significant competition policy issues.

The Commission believes that CON programs can pose serious competitive concerns that generally outweigh CON programs’ purported economic benefits. Although CON programs originally were intended to control health care costs, considerable evidence reveals that they actually can drive up prices by fostering anticompetitive barriers to entry. Other means of cost


37 Of course, under some circumstances, a unilateral response can still constitute a violation of Section 2 of the Sherman Act, and there are sham and misrepresentation exceptions to the Noerr-Pennington doctrine. See Improving Health Care, supra note 2, ch.8.

38 Id., ch.3, at 27.

39 Rex-Waller 3/27 at 53-54; Alexander 3/27 at 38. A new Florida law that bars licensure of any specialty hospital provides an example of this allegation. The law bans specialty hospitals that treat a single condition, and it eliminates its CON requirement for new adult open-heart surgery and angioplasty programs at general hospitals. The law also exempts from CON the addition of beds to existing structures, but new structures will still be required to file a CON. Fla. Bill SJ 01740 (effective July 1, 2004), amending FLA STAT. ch. 408.036, .0361 (2003). On CON laws, see Improving Health Care, supra note 2, ch.8.

Although one panelist alleged that some general hospitals have used state certificate of need laws to inhibit ASC entry, certificate of need regulations often are not as rigorous for ASCs, if they apply at all. Id., ch.3, at 24, 27. Entry by ASCs appears to have been easier than for SSHs. For example, the number of ASCs has doubled in the past decade, currently totaling 3,371, while the number of SSHs remains around 100. Id. at 17, 24.
control appear to be more effective and pose less significant competitive concerns. We analyze each point in turn.

A. Background on the History and Purpose of State CON Programs.

State CON programs generally prevent firms from entering certain areas of the health care market unless they can demonstrate to state authorities an unmet need for their services. Upon making such a showing, prospective entrants receive from the state a CON allowing them to proceed.40

Many CON programs trace their origin to a repealed federal mandate. The National Health Planning and Resources Development Act of 197441 offered states powerful incentives to enact state laws implementing CON programs.42 By 1980, all states except Louisiana had enacted CON programs.43 Congress repealed the federal law in 1986, but a substantial number of states continue to maintain CON programs,44 “although often in a loosened form compared to


\[\text{42 Miles, supra note 40, \$ 16:1, at 16-2.}\]

\[\text{43 See, e.g., Morrisey 6/10 at 146; On Certificate of Need Regulation: Hearing on H.B. 332 Before the Senate Comm. On Health and Human Services (Ohio 1989) (Statement of Mark D. Kindt, FTC Regional Director) [hereinafter Kindt].}\]

\[\text{44 See Davenport-Ennis 5/29 at 113-14; Morrisey 6/10 at 146 (noting that by 2002, about 36 states and the District of Columbia retained CON programs in some form); Miles, supra note 40, \$ 16:2, at 16-9 (stating that “CON laws remain in many states and the District of Columbia”). Quite recently, Florida exempted from CON new adult open-heart surgery and angioplasty programs at general hospitals and the addition of beds to existing hospital structures. Fla. Bill SJ 01740 (effective July 1, 2004), amending Fla Stat. ch. 408.036, .0361 (2003).}\]
CON programs had the major goal of controlling costs by restricting provider capital expenditures. The forces of competition ordinarily limit excess supply, but, according to a panelist representing the American Health Planning Association, “[c]ompetition in health care is … very different” than in other markets. Congress appears to have shared this view in 1974; the passage of the Health Planning Act reflected a congressional belief that market failure plagued the health care market, resulting in “excess supply and needless duplication of some services.”

The system of cost-based reimbursement may have driven the problem that Congress sought to solve. When many CON programs were established, government or private insurance paid health care expenses “on a retrospective cost reimbursement basis.” This, coupled with the general concern that patients would not be sufficiently price sensitive and


46 See Piper 6/10 at 53; Morrisey 6/10 at 146 (noting that CON programs “were established in the ’70s to help control health care costs”). See also MILES, supra note 40, § 16:1, at 16-4 (“[T]he primary role of the Health Planning Act was to regulate the supply of health care resources, particularly institutional services, by requiring a CON from the state before certain levels of capital expenditures could be made or new services introduced.”); Kindt, supra note 43, at 2-3 (noting that a “key justification” for CON programs has been “the belief that health care providers, particularly hospitals, would undertake excessive investment in unregulated health care markets,” driving up health care costs); PUBLIC HEALTH RESOURCE GROUP, CERTIFICATE OF NEED PROJECT REPORT 17-18 (2001).

47 Piper 6/10 at 53-54 (observing that the main aim of CON programs is to limit “excess supply generating excess demand”). See also PUBLIC HEALTH RESOURCE GROUP, supra note 46, at 18.


49 See id.

50 Keith B. Anderson, Certificate of Need Regulation of Health Care Facilities, FTC Staff Prepared Statement Before North Carolina State Goals and Policy Board 6 (Mar. 6, 1989). See also Davenport-Ennis 5/29 at 114 (noting that at the time, the federal government reimbursed health care expenses on a “cost-plus basis, which did not provide the cost control capability of today’s prospective payment system”).
would demand the perceived highest quality services, led to the fear that health care providers would expand their services to the point of offering unnecessarily duplicative services, because they competed largely on non-price grounds.\footnote{Morrisey 6/10 at 147; see also Davenport-Ennis 5/29 at 114 (noting that government officials intended CON to “retain rising health care costs, to prevent unnecessary duplication of resources and services, and [to] expand consumer access to quality health care services”).}

Cost-based reimbursement is much less common today, but some contend that CON programs still have a role to play. Indeed, one panelist argued that in health care markets, “providers control the supply of services. Medical practitioners direct the flow of patients and therefore the demand for services.”\footnote{Piper 6/10 at 55.} Moreover, consumers lack the information to compare prices, he said.\footnote{Id. at 55 (noting, however, that consumers do “suffer under the ultimate increased costs in premiums and their taxes”). The same panelist also cited empirical studies suggesting that CON programs reduce health care costs, studies that another panelist questioned. Compare Piper 6/10 at 57-61, and Thomas R. Piper, Comments Regarding Hearings on Health Care and Competition Law and Policy 5-13 (Public Comment) (discussing these and other studies) [hereinafter Piper (public cmt)], with Loeffler 6/10 at 127 (questioning those studies), and with Piper 6/10 at 127-28 (responding to such questions).} Such problems can lead to an inefficient allocation of health care resources and higher health care costs, absent CON programs, some state.\footnote{See, e.g., MILES, supra note 40, § 16:1, at 16-4 (describing Congress’ concerns); Piper 6/10 at 62 (asserting that “[a]reas with more hospitals and doctors spend more on health care services per person”); PUBLIC HEALTH RESOURCE GROUP, supra note 46, at 11 (“Adding providers usually mean increases in costs.”); see also Piper 6/10 at 126 (noting that the fact that the public fisc is at stake adds importance to the concern).} Some commentators also suggest that CON programs can enhance health care quality and access.\footnote{PUBLIC HEALTH RESOURCE GROUP, supra note 46, at 5.} One panelist, for example, stated that there are “few mechanisms” other than the CON process that promote “minimum patient volumes” that contribute to better quality care.\footnote{Piper (public cmt), supra note 53, at 12 (noting, for example, that in CON-free states, “the percentage of patients that had surgery in low volume programs was three times higher than in states with CON regulation”).}

\footnote{51 \footnote{52} \footnote{53} \footnote{54} \footnote{55} \footnote{56}}
regulation also can address cherry picking, preventing firms from, for example, converting
“[cancer] medical practices to medical care facilities [that] divert well-insured patients [from]
local hospital cancer programs” and “undermine[] the ability of essential community hospitals to
provide a full array of oncology services to the entire community.”57

However, as one commentator noted, “[t]he regulation of supply through mechanisms
such as CON may have made sense when most reimbursement was cost-based and thus there
was incentive to expand regardless of demand[,] but they make much less sense today when
hospitals are paid a fixed amount for services and managed care forces them to compete both to
participate in managed-care networks and then for the plans’ patients.”58 This policy
justification of CON programs is particularly questionable given the new strategies that have
evolved to control costs.59

Moreover, it appears that CON programs generally fail to control costs.60 One panelist

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57 Id., at 13-14; see also Piper 6/10 at 54 (noting that CON programs aim to overcome “market gaps and
excesses like the avoidance of low-income populations and concentration of services in … affluent areas”); Nichols
et al., supra note 45, at 11 (stating that today “some states are considering reinstituting or reinvigorating [CON
programs] in response to construction of physician-owned specialty facilities, which has posed a competitive threat
to community hospitals”). But see Price 6/10 at 108 (would-be entrant denying allegation of “cherry picking”);
Davenport-Ennis 5/29 at 115-16 (stating that CON programs restrict the supply of cancer treatment services such
that “low-income, seriously ill, and rural patients” who do not live near a hospital or major medical center lose
access to care).

58 MILES, supra note 40, § 16:1, at 16-3.

59 See, e.g., Kindt, supra note 43, at 8-11; Anderson, supra note 50, at 9-13 (same); Davenport-Ennis 5/29
at 121 (citing means other than CON programs “to regulate over-usage and over-referral”). But see PUBLIC HEALTH
RESOURCE GROUP, supra note 46, at 11 (stating that “[m]anaged care companies have not created the competition
and lower cost solutions originally expected of them”).

60 See Hennessy 6/10 at 93-94 (stating that “CON is a failure as a cost containment tool” and that the
premiums in Kansas and Missouri are generally the same, in spite of the fact that one state has a CON program and
the other does not); Anderson, supra note 50, at 2-6 (summarizing empirical evidence and finding that CON fails to
regulate costs); Kindt, supra note 43, at 3-5 (summarizing empirical studies on the economic effects of CON
programs and concluding that “[t]here is near universal agreement among the authors [of studies on the economic
effects of CON programs] and other health economists that CON has been unsuccessful in containing health care
costs”); DANIEL SHERMAN, FEDERAL TRADE COMM’N, THE EFFECT OF STATE CERTIFICATE-OF-NEED LAWS ON
surveyed the empirical literature on the economic effects of CON programs and reported that the
“literature tends to conclude … that CON has been ineffective in controlling hospital costs,” and
that, to the contrary, “[i]t may have raised costs and restricted entry.”61 Commentators stated the
reason that CON has been ineffective in controlling costs is that CON programs do not put a stop
to “supposedly unnecessary expenditures[,]” but “merely redirect[] any such expenditures into
other areas.”62 Thus, a CON rule that restricts capital investment in new beds does nothing to
prevent hospitals from “add[ing] other kinds of fancy equipment” and using that to compete for
consumers.63

B. Competitive Concerns that CON Programs Raise

Many have criticized CON programs for creating barriers to entry in the health care
market.64 As noted previously, CON regimes prevent new health care entrants from competing


62 Kindt, supra note 43, at 5.

63 Id.

64 See Anderson, supra note 50, at 7; Hennessy 6/10 at 95, 99-100 (“CON protects incumbent providers . . .
from competition” and is an “impediment to innovation [and] quality improvement” in health care); Blumstein &
Sloan, supra note 40; Bovbjerg, supra note 40; Havighurst, supra note 40. The Commission has also noted the
impact of CON programs on entry and firm behavior. See In re Hosp. Corp. of Am., 106 F.T.C. 361, 489-501
without a state-issued certificate of need, which is often difficult to obtain. This process has the effect of shielding incumbent health care providers from new entrants. As a result, CON programs actually can increase health care costs, as supply is depressed below competitive levels.65

CON programs also can retard the entry of firms that could provide higher quality services than the incumbents.66 By protecting incumbents, CON programs can “delay[] the introduction and acceptance of innovative alternatives to costly treatment methods.”67 Similarly, CON programs’ “[c]urtailing [of] services or facilities may force some consumers to resort to more expensive or less-desirable substitutes, thus increasing costs for patients or third-party payers. For example, if nursing home beds are not available, the discharge of patients from more expensive hospital beds may be delayed or patients may be forced to use nursing homes far from home.”68

The experience of SSHs is revealing. There are relatively few SSHs. In October 2003, the General Accounting Office identified 100 existing SSHs, with an additional 26 under development. SSHs are located in 28 states, but two-thirds are located in only seven states.69

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65 See Anderson, supra note 50, at 7-8; Kindt, supra note 43, at 6-7.
66 See, e.g., Anderson, supra note 50, at 7-9; Kindt, supra note 43, at 6; Hosp. Corp. of Am., 106 F.T.C. at 495 (opinion of the Commission) (stating that “CON laws pose a very substantial obstacle to both new entry and expansion of bed capacity in the Chattanooga market” and that “the very purpose of the CON laws is to restrict entry”).
The GAO concluded that “the location of specialty hospitals is strongly correlated to whether states allow hospitals to add beds or build new facilities without first obtaining state approval for such health care capacity increases.” Ninety-six percent of the SSHs that opened from 1990 to 2003, and all 26 SSHs under development in 2003 were located in states without CON programs.

C. Conclusion

The Commission believes that CON programs generally are not successful in containing health care costs, and that they can pose anticompetitive risks. As noted above, CON programs risk entrenching oligopolists and eroding consumer welfare. The aim of controlling costs is laudable, but there appear to be other, more effective means of achieving this goal that do not pose anticompetitive risks. Indeed, competition itself is often the most effective method of controlling costs. A similar analysis applies to the use of CON programs to enhance health care quality and access. For these reasons, the FTC/DOJ Report recommended that states with CON programs reconsider whether those programs are best serving their citizens’ health care needs.


California, Texas, Oklahoma, South Dakota, Louisiana, and Kansas. Of those seven states, only three (Texas, Oklahoma and Arizona) require all hospitals to have an emergency room. Id.

70 Id., at 15. See also Improving Health Care, supra note 2, ch.8 (discussing CON programs).

71 GAO, SPECIALTY HOSPITALS, supra note 69, at 15. According to the GAO report, as of 2002, “37 states maintained certificate of need (CON) requirements to varying degrees. Overall, 83 percent of all specialty hospitals (including, among other things, pediatric, cardiac, and psychiatric), 55 percent of general hospitals, and 50 percent of the U.S. population are located in states without CON requirements.” Id. See also Casalino et al., supra note 26, at 58-59.

Medicare’s administered pricing system has substantially driven the emergence of SSHs and ASCs. Medicare’s administered pricing system, generally inadvertently, can make some services extraordinarily lucrative, and others unprofitable. This problem is by no means unique to Medicare; it is virtually impossible for any administered pricing system to specify prices identical to those that a fully competitive marketplace would have produced.

The result of such pricing distortions is that some services are more or less available than they would be based on the demand for the services – which in turn triggers adaptive responses by providers. New entrants formed to profit from distortions in Medicare’s administered pricing can take such profits away from general hospitals. General hospitals, however, report that they have used, and continue to need, those profits to cross subsidize unprofitable services, such as the care they must provide to indigent and other patients.

Cross subsidization and competition are at odds with one another. Competition competes away cross subsidies. Thus, policymakers may wish to replace indirect cross subsidies with direct subsidies for services that are socially desirable.

A. Medicare’s Administered Pricing Program Has Encouraged the Entry of SSHs and ASCs.

Some SSHs have entered in response to government reimbursement for cardiac care that makes cardiac care generally more profitable than many other types of inpatient care. Commentators and panelists suggested that CMS never made a deliberate decision to provide for

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72 See, e.g., Hammer 2/27 at 52 (noting that when CMS “has a misalignment of the regulatory pricing system, . . . it creates competition gaming the regulatory system); Scully 2/26 at 28, 46 (“So, when the government, either Federal or State, is fixing prices, the rest of the market’s flexibility to respond to that is kind of muted . . . I can tell you when I drive around the country and see where ASCs are popping up, I can tell who we’re overpaying.”).
greater profits for such services relative to the amounts paid for other inpatient services, but that the administered pricing schedule does so.73 This pricing distortion creates a direct economic incentive for SSHs to enter the market. Absent the distortions created by the excess profits for cardiac services in Medicare’s administered pricing system, the incentive for SSH entry would be less.

Medicare reimbursement also has had a profound impact on the number of ASCs and the amount of surgery performed in them.74 Congress first approved coverage of ASCs by Medicare in 1980, as part of an effort to control health care spending by providing low-risk surgeries in a less-expensive ambulatory setting.75 Between 1982 and 1988, Medicare paid 100 percent of the reasonable charges for approved ambulatory procedures, and waived the deductible and copayment that would apply if the procedure were provided in an inpatient setting.76 From 1988 to 2003, the fee schedule has been based on an inflation-adjusted 1986 cost survey for ambulatory surgery. The ASC payment schedule has not been adjusted for advances in technology and productivity over the last 16 years; some procedures that were once labor-and-

73 See, e.g., Ginsburg 2/26 at 65 (“Medicare sets the DRG rates, … but their productivity gains are much faster in cardiovascular services so that, in a sense, the rates become obsolete fairly quickly ….”); KELLY DEVERS ET AL., SPECIALTY HOSPITALS: FOCUSED FACTORIES OR CREAM SKIMMERS? (Ctr. for Studying Health Sys. Change, Issue Brief No. 62, 2003), available at http://www.hschange.com/CONTENT/552/ (reporting statements of hospital executives that certain surgical procedures (e.g., cardiovascular and orthopedic) are among the most profitable surgeries, and that it is unlikely that payors intended to create these distortions in payment rates).

74 The anti-kickback statute, described in detail in Improving Health Care, supra note 2, Chapter 1, has also had an effect on the rise of ASCs. The anti-kickback statute generally discourages physicians from investing in facilities to which they refer patients, but a regulatory safe harbor explicitly excludes ASCs from this prohibition. Office of the Inspector General, Programs: Fraud and Abuse: Clarification of the Initial OIG Safe Harbor Provisions and Establishment of Additional Safe Harbor Provisions Under the Anti-Kickback Statute; Final Rule, 64 Fed. Reg. 63,517 (Nov. 19, 1999).


76 Id., at 158-59.
resource intensive are now much less costly for ASCs to perform. In recognition of this, among
the other things, the Medicare Prescription Drug, Improvement, and Modernization Act of 2003\(^\text{77}\) (MMA) freezes Medicare payment rates for ASCs from 2005 through 2009 and directs the
Department of Health and Human Services to implement a new payment system by 2008.\(^\text{78}\)

In addition, although ASCs and hospital outpatient departments perform some of the
same procedures, payment varies depending on where the services are provided. Higher
reimbursement for services performed in a hospital outpatient department may make sense when
a patient has multiple complicating factors, making the surgery more complex. One panelist also
asserted that hospitals should receive higher payments for outpatient services because they have
higher overhead costs.\(^\text{79}\) Yet, payment may be higher, lower, or the same at ASCs and hospital
outpatient departments.\(^\text{80}\) These differences create predictable incentives for providers. As
former CMS administrator Tom Scully noted, when the ASC rate is high, “all of a sudden you
start seeing ASCs pop up all over the place to do colonoscopies or to do outpatient surgery ….
If the hospitals get paid a little more, they’re going to have more outpatient centers.”\(^\text{81}\)

B. SSHs and ASCs Will Tend to Compete Away the Profits that Hospitals Use
to Cross Subsidize Unprofitable Care.

Several panelists were concerned that SSHs would siphon off the most profitable

procedures and patients, leaving general hospitals with less money to cross subsidize other socially valuable, but less profitable, care.82 As one panelist stated, “it is the profitable services they are taking away that jeopardizes a hospital’s capability of providing unprofitable services.”83 Panelists expressed concern that “the community [will] lose[] access to specific services or ultimately to all hospital services as the general hospital deteriorates or closes.”84 One panelist noted that the balance of the population relies for its health care services on an infrastructure built in response to the excesses and inadequacies of Medicare’s administered pricing system.85

Many of the concerns expressed by panelists about SSHs were also expressed about ASCs. Panelists asserted that ASCs are eroding the outpatient market share of hospitals that hospitals depend upon, that ASCs do not care for Medicaid beneficiaries, and that ASCs “skim and cherry-pick on the front end regarding [] the finances of the patient.”86

82 Lesser 3/27 at 14-21; Cara Lesser, Specialty Hospitals: Market Impact and Policy Implications 14-15 (3/27) (slides) (considerable variation in scope of emergency services provided) at http://www.ftc.gov/ogc/healthcarehearings/docs/lesser.pdf; Ginsburg 2/26 at 66 (stating the “threat for specialized services does have the potential to erode some of the traditional cross subsidies that the health system is run on”); Lesser 9/9/02 at 92. See also G. Lynn 3/27 at 31 (arguing that the Agencies must take into account the effect specialty hospitals have on “the medical safety net” of the community hospital).

83 Morehead 3/27 at 42. See also Harrington 4/11 at 76-77 (“We can’t afford to continue to lose a percentage of our volume and thus our revenue, and be able to provide the same quality level of service that we provide … if we continue to be niched away.”); G. Lynn 3/27 at 28 (specialty hospitals “threaten[] community access to basic health services and jeopardizes patient safety and quality of care”); Dan Mulholland, Competition Between Single-Specialty Hospitals and Full-Service Hospitals: Level Playing Field or Unfair Competition? 7 (3/27) (slides) at http://www.ftc.gov/ogc/healthcarehearings/docs/mulholland.pdf (community hospitals may be victims of patient dumping and revenue loss threatens community services).

84 G. Lynn 3/27 at 29.

85 Sage 5/29 at 148 (“Public purchasing distorts prices, overbuilds capacity, and skews the development and dissemination of technology.”).

86 Andrew 3/26 at 12; Sacks 3/26 at 41 (“It is the profitable business, and that continues to be picked away by this type of competition.”).
Hospital panelists see cross subsidies not as a theory, but as a fact of life:

[If we] take away those profitable services and leave the hospital, the community hospital, with just the unprofitable services, one of two things is going to happen. Either services will be diminished to the community in a way that is not transparent, in a way that they cannot see that happening, or costs will be shifted back to other payors, and business and labor and consumers end up absorbing them, once again, not in a transparent way where they can see what’s happening. 87

C. Cross Subsidization and Competition Are At Odds.

Cross subsidizing is the practice of charging supracompetitive prices to some payors for some services and using the surpluses to subsidize other payors or other clinical services.

Cross-subsidies can occur if there are barriers to entry in a market and a non-profit-maximizing firm receives greater profits on some services (e.g., from Medicare for cardiac services) 88 that it uses to underwrite the provision of other services. 89

Reliance on cross-subsidies, instead of direct subsidies, to ensure access to health care makes the availability of such care contingent on the location in which care is provided, the

87 G. Lynn 3/27 at 86. See also Opelka 2/27 at 180 (“Cost shifting was once the remedy to ensure a stable practice, but this [is] no longer a solution for surgeons.”); Mansfield 4/25 at 88-89 (“Acute care hospitals, … [are] very dependent upon being able to cross subsidize the losses we have for patients who have medical DRGs by treating those who are surgically or procedurally oriented.”); Joyce Mann et al., Uncompensated Care: Hospitals’ Responses To Fiscal Pressures, 14 HEALTH AFFAIRS 263, 263 (Spring 1995) (“Hospitals historically have taken it upon themselves to fill some of the gaps in the U.S. health insurance system by treating uninsured patients and then charging more to those who can pay to offset the costs. This practice, known as cost shifting, distinguishes the hospital sector from nearly all other sectors of the economy.”).

88 Cross subsidies may also occur if a non-profit-maximizing firm has market power and exercises that power to obtain supra-competitive profits on certain services, but not on other services.

89 Commentators state that for-profit hospitals are less likely to offer non-remunerative services. See Jill R. Horwitz, Why We Need the Independent Sector: The Behavior, Law, and Ethics of Not-for-Profit Hospitals, 50 UCLA L. REV. 1345, 1367-76 (2003) (finding increased probability of non-remunerative services offered by nonprofit hospitals); Linda B. Miller, The Conversion Game: High Stakes, Few Rules, 16 HEALTH AFFAIRS 112, 116 (Mar./Apr. 1997) (“These services – such as burn units, perinatal intensive care units, transplantations, and other sophisticated medical interventions – exist overwhelmingly in the nonprofit sector and represent an investment in a social good, not potential financial returns.”).
wealth and insurance status of those receiving care at any given hospital, and the uncompetitiveness of the market for hospital services. Several panelists noted that in some communities, hospitals make substantial profits on one group and use those funds to provide charity care to the balance of the community.\textsuperscript{90}

In other locations, this approach is not viable – particularly if those paying the bills identify alternative locations to provide care that choose not to engage in cross subsidization. Cross subsidies distort relative prices, resulting in inefficient decisions by payors and patients. Cross subsidies also complicate attempts to provide consumers with better price information. For governments, it is generally more efficient to subsidize directly, than to pay higher prices elsewhere and for hospitals to use those profits to cross subsidize the socially valuable services that the government desires in transactions that are not transparent.

As noted previously, cross subsidies require a non-profit-maximizing firm to receive supra-competitive profits on some services in a market with barriers to entry. As competition becomes more effective in hospital markets, competition will erode these cross subsidies.\textsuperscript{91}

D. Conclusion.

Competition can help make health care more affordable, but it cannot transfer resources to those who do not have them. SSHs and ASCs may well enhance quality of care, lower prices, and improve access. From the perspective of those receiving care at an SSH or ASC, that is a desirable outcome. From the perspective of the general hospital that relied on specialty care to

\textsuperscript{90} G. Lynn 3/27 at 29.

\textsuperscript{91} Blumstein 2/27 at 30-31 (noting that “substantively, antitrust evaluates conduct on grounds of a competition and efficiency. It encourages competing away excess profits and cross subsidization. This is something that the health system has lived on for many years, but it is hard to do when super-competitive profits are being competed away and that many monopolies are being targeted.”).
cross subsidize unprofitable patients and services, and from the perspective of such patients and perhaps others that the hospital serves, the same outcome is undesirable.92

Competition has a number of effects on hospitals, including the potential to improve quality and lower costs. Competition will also undermine the ability of hospitals to engage in cross-subsidization, however.93 The FTC/DOJ Report recommended that “[g]overnments should reexamine the role of subsidies in health care markets in light of their inefficiencies and potential to distort competition.”94 In testimony before the House Committee on Energy and Commerce on May 12, 2005, Mark McClellan, Administrator of CMS, reported that CMS, following its own study of specialty hospitals pursuant to congressional direction,95 will analyze and reform its payment rates “to help reduce the possibility that specialty hospitals may take advantage of imprecise payment rates in the inpatient hospital prospective payment system” and “to diminish the divergences in payment levels [for ambulatory surgical centers] that create artificial incentives for the creation of small orthopedic or surgical hospitals.”96

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92 See, e.g., Lesser 3/27 at 17-18 (“While specialty facilities may lead to improved access for certain services … there may be a cost from the broader system and societal perspective [] in terms of the ability of general hospitals to maintain the cross-subsidies necessary to fund other less profitable services.”).

93 See COUNCIL OF ECONOMIC ADVISORS, ECONOMIC REPORT OF THE PRESIDENT, at ch.4 (2002) (“Competition need not threaten the quality of care received by those with the least ability to pay; rather, government support and oversight can be better directed to ensure that all Americans are able to participate effectively in a competitive health care system.”).

94 Improving Health Care, supra note 2, Exec. Summ., at 23.

95 Section 507(b)(2) and (b)(3) of the MMA requires the Department for Health and Human Services, of which CMS is a part, to study a set of quality and cost issues related to specialty hospitals and to report to Congress on their findings. Dr. McClellan’s testimony presented the results and recommendations from the CMS report. McClellan Testimony, supra note 12.

96 Id.