1	FEDERAL TRADE COMMISSION
2	
3	HEALTH CARE AND COMPETITION LAW AND POLICY
4	
5	
6	
7	
8	
9	
10	
11	Wednesday, April 24, 2003
12	9:15 a.m.
13	
14	
15	
16	Federal Trade Commission
17	601 New Jersey Avenue, N.W.
18	Washington, D.C.
19	
20	
21	
22	
23	
24	
25	

1		FEDERAL TRADE COMMISSION
2		<u>i n d e x</u>
3		
4	Mr. Eliasberg	Page 3
5	Ms. Senkewicz	Page 7
6	Ms. Given	Page 17
7	Mr. Angoff	Page 37
8	Mr. Wu	Page 52
9	Mr. Foreman	Page 68
10	Mr. Lerner	Page 73
11	Ms. Mathias	Page 86
12	Mr. Danger	Page 124
13	Mr. Miles	Page 126
14	Mr. Blair	Page 135
15	Mr. Frech	Page 141
16	Mr. McCarthy	Page 152
17	Mr. Bye	Page 186
18		
19		
20		
21		
22		
23		
24		
25		

1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	
13	PROCEEDINGS
14	
15	MR. ELIASBERG: Good morning. Welcome to the
16	joint Justice Department/Federal Trade Commission health
17	care law and policy session on entry and efficiencies in
18	the health care insurance industry. My name is Ed
19	Eliasberg, I'm an attorney with the Antitrust Division of
20	the Justice Department and I am one of the moderators for
21	today's session.
22	To my immediate left is Sarah Mathias, who is an
23	attorney in the Federal Trade Commission's Office of the
24	General Counsel and is the other moderator for today's
25	session.

1 This session will examine the question of entry, expansion and product repositioning in the health 2 insurance health plan industry. The presence or absence 3 of entry barriers is so important because, as the Merger 4 5 Guidelines point out, a merger is not likely to create or enhance market power or facilitate its exercise if entry 6 7 into the market is so easy that market participants after the merger can't profitably maintain a price increase 8 9 above the premerger level.

10 Or as it was put by one of the panelists at the afternoon session yesterday, for those of you who were 11 12 here, and it was Lawrence Wu who is going to be joining 13 us again today, "Leave off the key, Lee, because entry is the key." Somehow or another it sounded better when 14 15 Lawrence said it yesterday than when I did just now. In 16 any event, that is one of the topics that we will be exploring this morning. 17

18 We also hope in this morning's session to be getting insights regarding what sorts of efficiencies can 19 20 and are likely to arise out of health plan or health insurance mergers. The presence or absence of 21 efficiencies are important because the Agencies that use 22 23 the language of the Merger Guidelines will not challenge 24 a merger if coqnizable efficiencies are of a character of 25 magnitude such that the merger is not likely to be

anticompetitive in any relevant market.

1

The format this morning is going to be slightly 2 different than what you saw yesterday and in the last few 3 sessions. We are going to start out the session by 4 5 hearing presentations from the four panelists. Each will give a presentation of about 20 minutes or less. 6 We will then take a short break, and after the break, the four 7 panelists are going to be joined by two other individuals 8 9 who are also quite knowledgeable and conversant on these 10 topics for a moderated panel discussion.

I'll introduce those folks after the break. 11 We 12 will end the session by no later than 12:15. Let me 13 stress that we are extremely grateful to the four presenters for taking the time from their busy schedules 14 to be here today. Each of them is extremely accomplished 15 16 and have achievements far too exemplary for me to get all the way through, so I am only going to give each one of 17 18 them a short introduction and ask you in the audience to take a look at the hand-outs for their complete 19 20 biographies.

At my extreme far right is Mary Beth Senkewicz. She is senior counsel for health policy at the National Association of Insurance Commissioners. She supervises all NAIC staff support work for the NAIC's health insurance and managed care committees and the committee's

> For The Record, Inc. Waldorf, Maryland (301)870-8025

task force and numerous working groups. She tells us that her presentation is going to be health insurance 101, and we are very much looking forward to hearing it, Mary Beth.

5 To Mary Beth's immediate left is Ruth Given. Ruth is Health Care Director for Deloitte Research, the 6 7 applied research arm of Deloitte & Touche, where her work has explored numerous issues in various segments of the 8 9 health care industry. She has been an expert witness on 10 a number of HMO and insurance industry merger cases and has written several articles about the economics of HMO 11 12 mergers.

13 To Sarah's left is Jay Angoff, he is of counsel to Roger Brown & Associates in Jefferson City, Missouri. 14 15 Jay served as the Missouri Insurance Commissioner between 16 1993 and 1998 where he approved, disapproved or 17 conditionally approved more than 10 insurance industry 18 mergers, including the United Care Metro Health merger, Principal/Coventry and the Traveler's/Citicorp merger. 19 20 He has been an antitrust lawyer with the Federal Trade Commission and has taught and written about insurance and 21 antitrust law in popular and legal publications. 22

To Jay's left is Lawrence Wu. He is an economist with NERA, the National Economic Research Associates in their antitrust and health care practice. He was good

> For The Record, Inc. Waldorf, Maryland (301)870-8025

1 enough to be one of our panelists on yesterday's sessions about competitive effects in the health insurance 2 industry, and as became clear then, he has analyzed 3 mergers and competitive issues in a wide range of health 4 5 care markets, including, most importantly, the health care health insurance sector, and indeed was heavily 6 7 involved in the Aetna/Prudential case. Prior to joining NERA, he was a staff economist in the Federal Trade 8 9 Commission's Bureau of Economics.

10 With that, I would like to ask Mary Beth to start We will then proceed in the order in which folks 11 off. 12 were introduced. Once everyone has had an opportunity to 13 make their presentation, we will take a quick break and then move to the moderated roundtable. At that time, 14 again, let me repeat, I will introduce the other two 15 16 individuals who are going to be participating in the roundtable. 17

Let me finally just ask all the speakers and panelists to try to speak into the microphone, because this is being both recorded and we have folks listening in by telephone.

So, Mary Beth?

22

23 MS. SENKEWICZ: Thank you, Ed. Thank you for 24 inviting me and the National Association of Insurance 25 Commissioners to participate in this hearing.

> For The Record, Inc. Waldorf, Maryland (301)870-8025

As an introduction, I do want to note, in preparation for today's hearing, I was reading through various literature, looking at your web site, and I must admit that while insurance has a language all of its own, I must say antitrust truly has a language all of its own. And in fact, we probably are not speaking particularly the same language today.

I'm here to talk a little bit about how state 8 9 insurance regulators operate and how it happens that a 10 health plan can come to be and what types of requirements the states will put on health plans to operate in their 11 12 state. And I know that you guys, the antitrust lingo is, 13 you're talking about barriers and all sorts of things like that and I was trying to think, what kind of 14 barriers exist. 15

I think that first of all, I would like to say as 16 state regulators, we don't consider any of our 17 18 requirements barriers, but rather good, sound regulation of a market and of an industry that when you think about 19 20 it, for one reason it's regulated is because it's not, generally speaking, you're not in an arms-length 21 transaction when you're dealing with an insurance 22 23 transaction, as you are in many other contractual types 24 of situations. So, I think there's really good public 25 policy reasons for the insurance industry to be so

> For The Record, Inc. Waldorf, Maryland (301)870-8025

1 heavily regulated.

Let me briefly just kind of give you an overview 2 of how regulation works. As we all know, states are 3 generally the regulators of insurance products, although 4 5 since they're in health, there are three main, I don't know if you call them exceptions or incursions by the 6 7 federal government into the regulation of health insurance, beginning with ERISA back in 1974, and then 8 with OBRA90, began the kind of the dual state federal 9 10 regulatory authority over Medicare supplement insurance, and then in 1996, HIPAA, the Health Insurance Portability 11 and Accountability Act put certain requirements on both 12 13 group and -- both the group and the individual market.

But first things first, how does a health plan or 14 15 how does an insurance company get to operate in a state? 16 The first thing you have to do is obtain a certificate of authority to do business in a particular state. 17 And 18 let's say it's a new company, someone that doesn't exist. If you don't have a certificate of authority to do 19 20 business in Missouri, Jay's old state. Well, they would have to fill out a very complicated, long license 21 application, certificate of authority application, giving 22 23 a tremendous amount of detail about their finances, their 24 background, who these people are that are putting it 25 together, a business plan, plan of operation, what types

of lines of insurance are they going to sell. 1 It's obviously a very -- to some extent, arduous process, but 2 also a necessary one to make sure that these people are 3 4 legitimate, that they have the finances. Remember, the 5 essential promise when someone is selling an insurance contract to you is that they will pay and they will have 6 7 the ability to pay claims when the claims become due. And it is that promise that insurance regulators want to 8 9 ensure that the insurance company can deliver on at the 10 appropriate time.

11 So, one of the principal areas of regulation is 12 over the solvency of an insurance company. So, you have 13 to go through an application process, you have to obtain 14 a certificate of authority to do business in a particular 15 state. So, assume that that's all done and you get your 16 certificate of authority to do business. Then, what's 17 next?

Well, you can begin to sell, but before you sell, the products themselves have to be approved by the state insurance commissioner. And there are a variety of ways that is done. There are as we know, 51 jurisdictions, and 51 perhaps different ways of doing it, but generally speaking, they have to file a product approval form.

Now, what has to be in that product or what has to be in the product in order for it to get approved?

1 That's going to depend on the line of business, for example, but let's just say it's a major medical policy, 2 a group major medical policy. Some of the things that 3 would have to be in the products in order for it to be 4 5 approved are the things that are required by law, both state and federal. Because of HIPAA, and I would just 6 7 note that most states had already done what HIPAA did in 1996, so it was kind of the Feds were doing a little bit 8 9 of catch-up there.

For example, all policies have to be guaranteed renewable; the insurance companies have to renew the policy, with certain exceptions. The classic exceptions in the insurance context are fraud, misrepresentation, nonpayment of premium, or if the insurance company is leaving a market, things like that. They have to be guaranteed renewable.

They have to have a certain amount of consumer 17 18 protections within the product form, within the policy, to protect the consumer that a state might require. 19 And, 20 for example, most states require that each health insurance contract have a grievance process, if the 21 consumer has a complaint, there has to be a set of 22 23 internal appeals processes available to a complainant to 24 make sure a complaint is known and for it to be heard by 25 the insurance company.

> For The Record, Inc. Waldorf, Maryland (301)870-8025

1 That can get and even involve two different levels of appeal within the insurance company. They have 2 to have, if there are any type of managed care 3 arrangements or utilization review requirements; i.e., 4 5 you have to get permission before you get certain procedures done, there have to be processes in place by 6 7 the insurance company, by the health plan, to ensure that that utilization review is done on an objective basis, 8 9 and that due process is given to the insured.

10 If there are still disputes, many states, it's up 11 to 41 now, require what's called an external review of a 12 claim that's been denied in the case of medical 13 necessity. So, the complainant, the insured, gets to go 14 to an outside, outside the insurance company, that is, 15 objective panel to have its -- his or her claim heard.

16 There are things that a managed care plan must have in place, such as network adequacy requirements. 17 Ιf 18 you are selling a product that is restricted in the payment it will make based on the service provider; i.e., 19 20 you know, our classic, you know, you get 80 percent if you go in network, you only get 60 percent if you go out 21 The states will require that the health plan 22 of network. 23 have a network that is adequate to service its policyholders. I mean, if they're being restricted, 24 25 there have to be enough doctors, providers, all types of

> For The Record, Inc. Waldorf, Maryland (301)870-8025

1

2

service providers to allow the insureds to have instant or reasonable access to the services that are provided.

This is just a little bit of the types of things 3 4 that you will see in managed care plans in particular, 5 quality assessment and improvement, again, because of kind of the perverse, I call not perverse, reversal, some 6 7 would say perverse, reverse incentive in managed care; i.e., the doctors are only getting paid X amount per 8 9 month, versus old fee for service, the money kept flowing 10 in, so they kind of have a reverse incentive, perhaps, not to treat, there is -- there are requirements about 11 12 quality assessment, that they continuously assess the 13 quality of their services and quality improvement. So, there are requirements that are in place in those regards 14 15 that are set by the states.

So, the policy form would have to be approved bythe state before it can be sold.

18 The other continuing aspect of state regulation that is crucial is the continual solvency monitoring by 19 20 the state insurance commissioners. All licensed insurers, and that includes HMOs, et cetera, will file on 21 a quarterly and annual basis their annual statements with 22 23 the state insurance commissioners. Anyone who has looked 24 at insurance company annual statements know that there's 25 a lot of information in there. The states, the 51

1

2

jurisdictions have in place infrastructure to do this, and have been doing this for many, many years.

So, they will file on a quarterly and annual 3 basis, and then the insurance department of kind of the 4 5 state or domicile of the insurance company will actually physically go to the insurance company and examine its 6 7 books and records once at least every three to five years, depending on the state. So, that is a full 8 9 fledged audit examination that a insurance department 10 undertakes.

Literally in some cases, the insurance examiners are moving into the basement of the insurance company for months, and believe me, the insurance companies don't particularly like that, but that's what we do. And we monitor their solvency to ensure that everything that's in their annual statements is actually there, and reflected in their books and records.

18 The other type of examination that will occur for a health plan and insurers in general is what's called a 19 "market conduct examination," and that is when these 20 market conduct examiners go in and examine not 21 necessarily the financial books and records, but the 22 23 practices, the books and records of the practices of the 24 insurance company. In fact, because of HIPAA, are they 25 renewing all of their policies, do they have too many

> For The Record, Inc. Waldorf, Maryland (301)870-8025

complaints about people not being able to see their physicians, or their doctors, or the specialists? Are they, in fact, providing the network adequacy? Are they, in fact, paying the claims as they come in? Are they, in fact, paying the claims on a timely basis?

6 So, those types of examinations occur as well. 7 We state regulators don't believe that these requirements 8 are a barrier or onerous, but obviously believe that they 9 are prudent and provide protection to the consumer to 10 ensure that the product and that the contract that they 11 have bought will be fulfilled.

12 Having said that, we do have a state, a 13 51-jurisdiction system of regulation of health plans, plus, as I said, kind of the federal overlay with ERISA, 14 which we won't get into today, that's a different 15 16 subject. But, there are having no -- recognizing that the world is changing and the marketplace is changing, 17 18 the state regulators through the NAIC have embarked on some initiatives to try to enhance regulatory uniformity. 19

20 We do understand, state insurance commissioners 21 also walk a line between protecting the consumer, but 22 also ensuring that the market is working in their state 23 and that, in fact, there are good business practices and 24 there are choices in health plans out there for people to 25 choose from. So, but we do kind of walk that line. And

1 we do understand that perhaps a little less in the health context, but because of Gramm-Leach-Bliley, and the 2 barriers that have been broken down between insurance and 3 banking and securities, right now the focus there is 4 5 perhaps on the life industry, but are they able to trickle down to health eventually? Are there things that 6 7 states could do with more uniformity to make it a little easier for insurance companies to compete globally? 8

9 And so, through the NAIC, the state regulators 10 are embarking on several initiatives that will enhance regulatory uniformity, including right now we do have a 11 12 system that was initially set up through the NAIC, but 13 it's a separate entity now called Surf, the system for electronic rate and form filing. Essentially that acts 14 as a central clearinghouse for the filing of these forms 15 16 that I was telling you about, these product approval Rather than necessarily filing them in 50 states, 17 forms. 18 the insurance company will only have to file them with Surf and from Surf they will be disseminated 19 20 electronically to the states that the insurance company wants those forms approved in. 21

We have -- there is a uniform certificate of authority application, the UCAA that all states are using now, so again, at least that certificate of authority application is somewhat standardized rather than having,

> For The Record, Inc. Waldorf, Maryland (301)870-8025

again, to file in 51 states when a new company is
 starting up.

We have an interstate compact initiative which 3 will eventually, we're starting with life and annuities 4 5 products and long-term care, will, when the states sign on, essentially there will be a uniform set of standards, 6 and if you meet the uniform set of standards for those 7 states that are participating in this compact, those 8 9 products will be approved, once they're approved by this 10 compact commission. That's a fairly new initiative that's just getting underway. The state legislatures, I 11 12 believe Iowa is our first state that the legislature will 13 sign onto that.

But, in a nutshell, the states do have regulatory authority over these health plans. They exercise it diligently to ensure that consumers get what they are entitled to when they purchase a health plan. And I'll leave it at that, Ed, and we'll move along.

19 MR. ELIASBERG: Thank you.

20 (Applause.)

21

MR. ELIASBERG: Ruth?

MS. GIVEN: Well, let me first just say that I am really gratified to be here. The last time I tried to present information to the Federal Trade Commission on this topic, I was politely ignored. Let me just tell you

> For The Record, Inc. Waldorf, Maryland (301)870-8025

1 the context of that, that's sort of negative . This was January 1997, it was very cold. I was in town with my 2 boss, who was the executive vice president of the 3 California Medical Association, who at that time was on 4 5 the short list to be surgeon general. He wasn't obviously picked, but we were here, and I thought, well, 6 7 I'll drop by the Federal Trade Commission and raise some issues I have with the pending merger that we have in 8 9 California. And that, of course, was the PacifiCare/FHP 10 merger. And I had some current concerns about the competition in the Medicare risk market in California for 11 12 that merger, because it was going to allow two of the 13 largest Medicare risk plans in the country to combine.

And the people at the FTC, I think, thought I was 14 15 a little bit crazy, because there were a lot of 16 competitors at that time in the market, probably all 20-plus HMOs in Southern California which was a major 17 18 area that the merger was going to affect, had Medicare risk products. And I tried to explain to them, well, do 19 20 you understand about the APCC and how it's very, very high now in Southern California relative to what people 21 can get for, you know, commercial products, and that very 22 23 soon, probably HCFA is going to reduce the rate of 24 increase in the APCC across the country, and I don't 25 think they took that very seriously.

And I think we all sort of know what happened after that. HCFA did, you know, reduce the rate of increasing APCC. We had massive, you know, kind of collapse of the Medicare plus choice market. Now in California there are two competitors, essentially, PacifiCare and Kaiser, now PacifiCare, which bought FHP.

So, that said, I'm really gratified to be here
and I'm glad people would like to hear what I have to
say. Hopefully, they will listen to me this time.

But what I would like to do, for one thing, I think it's really appropriate to talk about efficiencies and to talk about barriers to entry in the same conversation, because I think with this industry, they're very, very related, and I hope my presentation will make that clear.

16 What I would like to do in the time I have 17 allotted, which is not very much, is just to really sort 18 of lay out the evidence I think exists for both the 19 existent size and the antitrust significance of, you 20 know, barriers to entry and efficiencies in the HMO 21 industry. And I have a couple of sources of evidence to 22 support what I have to say.

One is academic, of which there is a certain amount available, and I'll try to, you know, cover that pretty quickly. And the other two types of evidence, I

think, are more important, and they are, I would say, less definitely robust than an economic analysis, but I think important and actually very important, because it's just about all we have to go on.

And the two types of nonacademic evidence that I 5 am going to be presenting are really two types, 6 qualitative, which is based on my discussions, really 7 over the last month or so, since I was asked to do this 8 9 presentation, by people I know in the industry. These 10 are people at HMOs, they are academics, they are purchasers, Wall Street analysts, who I think are very 11 12 important, even though there's a certain credibility 13 issue there in some cases, and potential entrants who I have actually talked to about their problems of getting 14 15 access to markets.

16 And then in terms of the quantitative evidence, I really just some descriptive statistics, partly what you 17 18 can see here, I think these, as I mentioned, are not as sophisticated as econometric analyses, and they are 19 20 subject to a variety of interpretations, but like I said, really it's a good starting point, and they're probably 21 more useful than people realize in trying to draw some 22 23 conclusions about barriers to entry.

A couple of things I would just like to say about this slide is that what it does is just represent, you

know, what's been going on at kind of a large level, a 1 macro level in the industry, since 1997. And what we see 2 is consolidation, pretty considerable consolidation since 3 I don't know if you can tell by the graph, but the 1997. 4 5 number of HMOs in the country has dropped by 25 percent. Of course that was a peak after a large influx. 6 So, 25 7 percent, and by the other graph, you can see that the average size of an HMO has increased by about 60 percent 8 9 over that same time period. And I think understanding 10 what's going on here gives you some insights into efficiencies and barriers to entry. 11

So, here's some of the quantitative evidence for 12 13 barriers to entry. I'll start with barriers to entry. This is a graph. You probably saw some of the statistics 14 yesterday if you were here, John Gable and I shared. 15 Ι 16 don't think we really colluded, but we shared a little bit of the information that we got. We have somewhat 17 18 different spins on how to interpret it, however. And what this is is this is just essentially a graph of HMO 19 20 entry over the last 20 years and I think you can see a couple of interesting things with it. 21

There are two peaks, one in the mid-80s, and one in the mid-90s. What I have done is I have adjusted the one in the mid-90s down to take out what I say are Medicaid-only HMOs. These are typically plans that are

> For The Record, Inc. Waldorf, Maryland (301)870-8025

operated by the states, and I just don't think that they're relevant competitors. And what we're left with is the green line, which is what I would say are total new commercial HMO competitors.

And so, this just gives you background about, you know, is there entry, there has been in the past, there doesn't seem to be very much right now, as you can see up to the year, that goes to January of 2002. And, I guess the questions that we should have are: why is this happening; and what should we make of it; and what should we expect the next 10 years to look like?

I mean, as someone suggested the other day, if we have seen insurance cycles, maybe we'll just keeping seeing these ups and downs over time and it shouldn't be a problem. So, let me just go to the next slide.

16 And what I've done here with this slide, I've just taken that green line from the previous slide, which 17 is the number of total new commercial plans, and I've 18 superimposed it on some information about -- relative 19 20 information about profitability. And what you have plotted there on the red and blue lines are the 21 percentage change in premiums and the percentage change 22 23 in costs. And John didn't quite present this yesterday, 24 he presented something similar.

25

And what you can see for the period of time where

percentage of changes in premiums is higher than
percentage of changes in cost, after a bit of a lag, you
see a huge entry of HMOs in the mid-90s. And then that
drops off considerably after there's a period where, you
know, premiums are increasing less quickly than costs
are.

7 And I present this to sort of -- this is pretty logical, which is what you would sort of expect. Plans 8 9 are, you know, entering when the market looks good and 10 they're exiting or they're not entering essentially when things look bad. And I quess the major question I had 11 12 about this graph is what's going to happen in the future? 13 Notice that this is per SolomonSmithBarney's projections about what they think premium and cost growths are going 14 to be in the future, and then by extension, what's going 15 16 to happen to margins.

17 It doesn't look like the years ahead of us, 2002 18 to 2004, look so great. I mean, it's getting pretty 19 close, and it doesn't look like there's going to be a 20 great opportunity to attract as many plans in the market. 21 Which is okay, I mean, that probably means it's a 22 competitive market and maybe we don't need entry.

But I would also say that there are probably other things going on in this picture that we don't really pick up. One of the reasons that there was a huge

> For The Record, Inc. Waldorf, Maryland (301)870-8025

influx of HMOs in the mid-90s is there was a huge market that still had not enrolled in managed care. I think that's pretty much taken up now, it's pretty well penetrated, maybe not HMOs, but PPOs, so I don't think there's a huge market growth opportunity that there was in the mid-90s.

7 Also, and I hope we get to talk about this a little bit more later, I don't want to go into it a lot 8 9 now, is I think the HMO industry is changing 10 substantially. I think, at least based on analyst reports and the analysts that I talked to, I don't think 11 12 the HMOs are going to want to go in and compete as 13 heavily in the general commercial market as they have in the past. They're differentiating themselves, and not 14 15 just in the ways that we heard yesterday, and not just in 16 different types of insurance products. They're differentiating themselves in providing services, again, 17 18 at United Health Care, talking about WellPoint, very different things that they're going into. So, I just 19 20 don't think we're going to see that kind of competition in the future for a variety of reasons. But, you know, I 21 think it remains to be seen. And that's, you know, like 22 23 I said, this is about as far as we have.

Just one more graph I have here, just in case people are wondering if we're actually profitable now.

> For The Record, Inc. Waldorf, Maryland (301)870-8025

1 This is just sort of showing kind of maybe not that the 2 numbers are so correct but the trend that this has been 3 going up. We sort of came out of the trough when the 4 industry was in trouble.

So, that's the quantitative information that I 5 In terms of the academic information on barriers 6 have. 7 to entry, I just want to say that as far as I can tell, I haven't found anything that specifically looks at it, and 8 9 maybe Lawrence will be able to come up with stuff. There 10 were a few studies that were done looking at competitiveness of HMO markets. There's one that Mark 11 12 Pauly and his colleagues at Wharton did a few years ago 13 that was published in Health Affairs that sort of looked at whether markets retained their high margins over time, 14 which could provide evidence that there weren't barriers 15 16 to entry. It also could mean that as he even admitted in the article, there could be monopolistic conditions 17 18 dealing with some cost tracks. So, I think there's really no academic evidence out there. 19

20 What I would really like to focus on most, 21 though, is the qualitative evidence that I got talking to 22 the various individuals in the industry over the last 23 couple of weeks. And the story that I was really told by 24 most people, the consensus was, really in the past, entry 25 was easy for indemnity plans, because all you really

> For The Record, Inc. Waldorf, Maryland (301)870-8025

needed was a state license or fulfill the State
 requirements, as Mary Beth mentioned, and all you really
 needed to do was collect premiums and pay claims.

And what I've heard is that really managed care has changed that in a couple of ways. In the early 80s, the name of the game was selective contracting, so you actually had to have a lot tighter relationship with the people in your community to select plans, to select a lead contract with. And that's the way that managed care saved money.

Interestingly, in the years of the managed care 11 12 backlash, that really changed, and even though things got 13 more open and you didn't read as much about selective contracting, and employers and employees were demanding 14 broader networks, that actually made things worse because 15 16 you really needed a bigger critical mass to get your competitive rates. Before, you could channel it all to 17 18 your little selective provider partner, but as the market got big, that was even more important to be large. 19 And I 20 don't want to read the quote, because it will take too long, but I think what the person testified from 21 PacifiCare said yesterday, totally fixed that, and he was 22 23 talking about PacifiCare's problem in dealing with a 24 large hospital system in northern California, who I think 25 we can probably say is probably the Sutter system, and

> For The Record, Inc. Waldorf, Maryland (301)870-8025

saying, even, you know, with a 400,000 member health plan
 in that area, they had a hard time getting rates.

So, I think this is actually pretty well 3 4 documented. So, I guess the reasoning about barriers to 5 entry is, I think, tightly related to scale, and that, you know, the evolving form of managed care has really 6 created barriers to entry related to scale, and possibly 7 even created what economists would say is a minimum 8 9 viable scale to actually get competitive rates in a 10 market.

Now, there are some counter arguments, and I want 11 12 to recognize these. And one of them is, of course, 13 something that was brought up a lot yesterday. That was: what about self-insurance, you know, at least for the 14 large employers? Can't they get around this issue by 15 16 just going out and self-insuring? I think that that's definitely a possibility. There are questions about, 17 18 well, it depends on who you're going to go to for a third party administrator. There's been some information in 19 20 the industry that I read in the analyst report saying that there's a switch away from the smaller TPAs who 21 represent only about 35 percent of the market to the 22 23 bigger TPAs and the bigger TPAs are, guess what, they're 24 the health plans.

So, maybe you're doing self-insurance, but you're

25

1 going and dealing with the same people that you would 2 have bought HMO coverage from. I don't see that that's 3 all that competitive. So, it's a good question, more 4 work needs to be done there, I think.

5 Another question is what about consumer directed health plans? You know, these are the, you know, plans 6 7 that were supposed to come in and compete with HMOs about five years, they kind of came up a lot during the Dot Com 8 9 boom, and what happened is, I think you find that none of 10 them are really competing head to head with HMOs. They found to really operate they're going to have to partner 11 12 with HMOs. So, I don't see them as an independent 13 competitor, I really see them as offering a product line for HMOs. 14

15 And I had an interesting discussion with Lee 16 Newcomer who people may know was a former medical director of United Health Care. He now is at Vivius, 17 18 which is one of these, you know, consumer-directed health plans, and I had an interesting discussion about his 19 20 feeling of barriers to entry, why his experience with trying to enter the Kansas City market didn't work. I 21 think his experience was they were going to -- Vivius 22 23 was going to try to enter the Kansas City market by trying to get a fronted carrier to provide the insurance 24 25 coverage, and then they eventually kind of gave up and

> For The Record, Inc. Waldorf, Maryland (301)870-8025

1 decided that they were going to have to partner with Coventry. They since moved into Spokane with Health Net 2 and may be moving into California markets, but provided a 3 lot of information to me about the difficulty he was 4 5 having getting provider contracts at anything less than what he called the retail rate. There was no way someone 6 7 bringing a provider a small number of members that he was bringing could get anywhere close to the discounts that 8 9 the big plans could get. So, I don't think consumer 10 directed health plans really help out that much.

Just a couple of things and I want to move really 11 quickly to efficiencies, which I'll probably say less 12 13 about, is I think that the example of exits from a lot of national plans from markets across the country in the 14 last few years does provide evidence of barriers to 15 16 entry. I would suggest that there may be some research done in that area. Another area that there might be some 17 18 research done in the future about barriers to entry is entry of national plans into markets in the last few 19 20 years.

The Blues, in particular, have been buying up other Blues, but they've also been buying up other plans as well. And one of the ways I think you could quickly get an idea of a low bound on barriers to entry is just to figure out what they're paying per members as they

> For The Record, Inc. Waldorf, Maryland (301)870-8025

1 move into these markets. It's a little tricky looking at Blues buying Blues, because they're kind of restrictive, 2 but for example, WellPoint recently bought Rush Hospital 3 Plan in Chicago, I guess that was a couple of years ago, 4 5 and recently bought, I think, Methodist Plan in Houston or Dallas, and I was just noticing that they were paying 6 7 \$385 per member to buy this little 78,000 member HMO and they've already got, you know, PPO in Unicare in that 8 9 state. So, they figured that it was still worth their while to pay that much. So, I would say that was at 10 least a low bound on barriers to entry, de novo entry, 11 12 because if they could have gone in de novo cheaper, they 13 would have done it. And so I think that presents at least some evidence of the size of barriers to entry. 14

15 And let me quickly move to efficiencies, because 16 I don't know how quickly I'm talking and how much time I have left. Let me just say a couple of things about like 17 18 I said, I think entry is very related to scale in this particular industry and I want to move to efficiencies, 19 20 because it does two things: It provides more motivation for what is actually creating the barriers to entry, you 21 know, and it also provides more evidence for how 22 23 persistent they are likely to be. If the reasons for the 24 economies of scale are things that we expect to see 25 existing long-term in the industry, these are not going

1

2

to go away in a hurry, that these are going to be continual, continuous important barriers to entry.

Well, being efficient here and reusing one of my 3 slides, so this is the same slide, but I think it shows 4 5 something a little bit different. It shows, you know, really the trend, especially to increasing average size, 6 7 really talks about the importance of scale, and, you know, smaller, less efficient plans have been acquired or 8 9 disappeared. And I think that one of the things you can't really tell from this, and this is important for 10 antitrust, is even though scale is increasing, it doesn't 11 12 really tell you if minimum efficient scale is increasing.

13 Minimum efficient scale, of course, is the smallest size a company can be and still be maximum 14 efficient. And it's very important for merger analysis, 15 16 because, you know, plans that are merging, companies that are merging that are way above minimum efficient scale 17 18 are going to have a hard time demonstrating that there are merger-specific efficiencies. So, let me 19 -- so, 20 that's the quantitative evidence.

The academic evidence is actually, there's a little bit more than there was for barriers to entry, where I thought there was just essentially nothing. And that is research done by Wholey, Feldman, Christianson, Engberg and myself. These are two articles on HMO

> For The Record, Inc. Waldorf, Maryland (301)870-8025

economies of scale that were published in 1996. 1 And I have to tell you that these articles that came out at the 2 same time, Roger and I were working on these 3 4 independently, we didn't know each other, they were 5 submitted to the Journal of Health Economics independently. They came up with strikingly similar 6 7 results, and I think part of the reason they got published was John Newhouse, who was the editor, was so 8 shocked that he had two articles written by economists 9 10 that agreed with each other that he simply had to publish them together in the same issue, which is part of how I 11 12 got to know Roger.

13 But what the findings were was we estimated statistical cost functions for the HMO industry, I did it 14 for the state of California, he -- Doug and the other 15 16 people -- did it for the whole country, and what we found out was that HMOs essentially maxed out their 17 18 efficiencies at a level of about 30 to 50,000 commercial enrollees at the local level. Now, my paper says 115, 19 20 but that's for the whole state of California, and it's about 30 to 40,000 when you adjust for how many markets 21 in the state HMOs compete in. 22

I just want to raise a couple of caveats with this research. For one thing, it is based, as I said, on what I call conventional or supply side economies of

scale. These are things based on the costs of the health
 plans. And there are maybe two things that are changing
 that would make these results be somewhat biased low in
 the present situation.

5 Number one, the production function for HMOs may be changing somewhat so that it actually requires a lot 6 7 more fixed cost to compete in a market and provide the type of services that employers want with disease 8 9 management, utilization management, maybe more 10 sophisticated underwriting, and so fixed cost may be higher, therefore minimum efficient scale may be a little 11 12 higher.

13 Another situation that's changed in the last few years that's been talked about a lot is the increase in 14 15 the market power of the providers. To the extent that 16 you think that these efficiencies or these scale economies are related to what we call pecuniary economies 17 18 of scale, and that's really the bargaining power that these plans get with the providers, the plans maybe have 19 20 to be bigger to deal with a greater concentration in the provider market that we're seeing now. So, those are two 21 things that could increase it. I don't know how much 22 23 they could increase it. Roger said that he's actually 24 done some research on more recent data and he doesn't see 25 that it's increased too much, but that's something to

1 look at.

The other thing, the other caveat I have with our 2 research is it doesn't look at what I call demand side 3 4 economies of scale. These are things that are really the benefits of scale to the customer related to size that 5 improves the value. It doesn't have anything to do with 6 7 the cost, but if you have a plan that's bigger and for that reason it's more valuable to the customer, they're 8 9 going to pay a higher price.

10 And kind of the classic example is industries 11 that have network externalities, you know, where the size 12 of the network actually improves the value that the 13 people get from purchasing that product. That's not the 14 case here, but there are some things where scale might be 15 important.

And finally what I would like to talk about is dig a little more into what are the sources of economies to scale in the HMO industry, and what I've done is kind of put together a matrix looking at the two types of economies of scale, as I just mentioned, supply side and demand side, and look a little bit on what's happening for local markets and national markets.

Like I said, the supply side is really conventional scale effects that reduce average cost, and demand side are those that improve the value for the

customer. And I wanted to look at the local and national level, because there's an interesting interrelationship on the demand side between the local and national level that's starting to kind of become shown.

5 What we've pretty much focused on in the past for antitrust is really what's in the red box, in the upper 6 7 left quadrant, which is the supply side effects, and the Technically, these are things in the 8 major things. 9 production function that you can just become more efficient, high fixed costs, spread it over a larger 10 number of enrollees, so local administration, 11 12 utilization, state regulation, reserve requirements, and 13 then as I mentioned, there are the pecuniary things, and these are things that you can actually get lower prices 14 by being more aggressive, bargaining with your local 15 16 competitors.

And then the other ones are, you know, a little 17 18 bit different. But what I would like to do now as I finish and wrap this up is really just try to tie these 19 20 back to barriers to entry. On the supply side, I think, you know, as I mentioned, one of the problems with, you 21 know, small size and de novo entry is getting in and 22 23 getting a large enough critical mass of bodies, of lives, 24 to be able to shift to a provider group to get a 25 reasonable discount. And that's sort of the pecuniary

> For The Record, Inc. Waldorf, Maryland (301)870-8025

1 issue.

So, that's the connection between economies of 2 scale and barriers to entry. What I think is getting to 3 be equally important, though, is the barriers to entry 4 5 related to scale on the demand side, and one of the things that I've been hearing, talking to purchasers over 6 7 the last few weeks is they really want to deal with large I think Helen Darling said a little bit of that 8 HMOs. 9 yesterday, the PacifiCare person mentioned that.

10 One of the things when I was talking to people from PBGH, Pacific Business Group on Health a couple of 11 12 weeks ago is they said, you know, we're not so 13 disappointed that some of these small plans are gone, because frankly, we think the bigger ones provide better 14 15 care and are more stable, they're more professionally 16 managed, and there was some discussion of Health Plan of the Redwoods, and LifeGuard and a couple of other plans 17 18 have gone bankrupt in the state of California recently, which are actually not all that small. 19 They were 20 certainly somewhere between 100,000 and 200,000 enrollees. 21

22 So, that's one thing that they mentioned, and the 23 other thing that's becoming important in this, I didn't 24 talk to CalPERS people, but I've read some stuff about 25 what they're interested in. They purposely asked a

couple of their HMOs a couple of years ago, partly because I didn't get the premium that they wanted, but they specifically said we want large plans so we can do population health. You really can't do this credibly, you know, with smaller plans, we really want plans that are big enough to do so. So, they have explicitly said that. I do think that PBGH feels that way as well.

So, just to kind of wrap up, you know, hopefully 8 9 I've kind of convinced you that there is a connection between scale and barriers to entry, and I think, I just 10 want to, in closing, kind of point out the implications 11 12 for antitrust. On the one hand, for merger, I quess 13 evaluation, one of the things about bigger economies of scale is that that might translate into greater merger 14 15 efficiencies. If I get asked later, I'll explain why 16 that may or may not be the case. You know, that's pretty dependent on a bunch of things. So, they might be able 17 18 to justify a bigger merger, a bigger market scale by saying, we can get greater economies of scale and this is 19 20 beneficial.

21 On the other hand, I think to the extent that 22 barriers to entry are linked to greater economies of 23 scale, that's going to make a potentially anticompetitive 24 merger more difficult to defend to say, we want to get 25 big, but it's going to be hard for anybody to come in and

> For The Record, Inc. Waldorf, Maryland (301)870-8025

1 compete with us if they aren't immediately of this size.

2 So, thank you.

3 (Applause.)

MR. ELIASBERG: Thank you, Ruth.

Jay?

4

5

6 MR. ANGOFF: And I don't have slides, will I be 7 messing anyone else up if I close this?

I'm very pleased to be here because we've all 8 9 been on panels or we've been in the audience, and we've 10 seen other people on panels, particularly for lawyers, where everybody talks about the cases that they've won, 11 12 and all the things that they've done right. And what I 13 would like to do, I'll talk a little bit about that, but I'll also talk a little bit about the cases that I lost 14 15 and the things that we did wrong. And I may also talk a 16 little bit about some things that I think some other 17 people did wrong.

I was the Commissioner of Insurance in Missouri between '93 and '98 when there were a lot of HMO mergers nationally, and a lot of these mergers had significant impacts in the St. Louis market, so I would like to focus on that.

And I would first like to give a little background on the structure of the St. Louis market, or the St. Louis HMO market when I became commissioner, that

1 was in early '93. There were four big HMOs, each with more than 12 percent of the market, General American, 2 which was a local St. Louis company, big health insurance 3 in St. Louis, United Health Care, Blue Cross, and 4 5 Coventry. And then there were a half a dozen or so smaller HMOs, one or two local ones, but mainly the big 6 7 national carriers, which each had just a few points in the market: Met, PRU, Ciqna, the pre-U.S. Health Care, 8 9 and Aetna.

10 And in '93 when I started that, coincidentally, that's when the merger wave, the HMO merger wave started. 11 12 And the first merger we were faced with -- we had was a 13 proposed merger between the first and second biggest companies in the market, Gen Care and United Health Care, 14 15 which together would have a market share of -- depending on how you define the market -- at least in the 16 thirties. And it was a close case, but we ultimately 17 18 decided to approve that merger for a couple of reasons. One of the reasons was that there were plenty of other 19 20 competitors in the market, even though they had relatively small market shares, but these were big 21 companies that obviously, or one would think on their 22 23 face, were strong potential competitors. I mean, there 24 was a good possibility that they would expand. So, we approved that merger and there wasn't a 25

whole lot of discussion about the entry issue, even
 though it did involve the merger of the first and second
 biggest companies in the market.

The second merger we looked at was the acquisition by the second -- what was then the second biggest company in the market, Blue Cross -- of the biggest PPO, a company called Health Link, which also had a small HMO.

9 Now, again, depending on how you define the 10 market, the combined market shares of the two companies could vary significantly. Ultimately, we decided to 11 12 approve it, because if we defined the market as HMOs, as 13 only companies that take risk, Health Link didn't have much of a market share, it only had a small HMO, so we 14 15 approved that merger, too, despite the fact that it 16 created for ASO business really a dominant carrier, because Blue Cross is -- so much of Blue Cross's 17 18 business is ASO business, and so here Blue Cross was acquiring the biggest PPO. It really created a dominant 19 20 ASO carrier, nevertheless we approved that.

The third big merger we were faced with, and we really didn't get to the entry issues. With the third big merger we were faced with, we did reach the entry issue, because this merger was a proposed merger of the combined Gen Care and United Health Care, which we had

> For The Record, Inc. Waldorf, Maryland (301)870-8025

approved in '94, which was by far the biggest carrier in the market, in the St. Louis market, and Metro Health, which was the product of MET and Travelers, which had merged.

And in St. Louis, it only had a couple of 5 percent, but it was still significant, and obviously 6 7 United Health Care was the dominant carrier. And there, as I say, entry did come up, because on its face, no 8 matter how you defined the market, you still had a very, 9 10 very significant market share, it was still above 30 percent, and if you define the market as all HMOs, it was 11 12 well above 40 percent.

13 So, the issue of entry came up, the issue of efficiencies came up. Efficiencies, though, the merger 14 proponents mainly didn't really emphasize, the big issue 15 16 was entry. Okay, what was the case that the merger proponents made for ease of entry? They acknowledged 17 18 that on its face the merger was anticompetitive. The market shares, no matter how you defined the market, was 19 20 a highly concentrated market, and the increase in concentration raised questions about the merger under the 21 22 Merger Guidelines.

But they argued that in this industry, entry is easy. The expert economists in the case strongly argued that in the health insurance market in Missouri, there

were 320 insurers, and that any of these insurers could quickly and easily compete in the managed care sector, and said that we really should -- that because it would be so easy for these companies to enter, we shouldn't have concerns about the high levels of concentration on their face.

7 They particularly emphasized two companies that 8 would be particularly strong competitors, one was Humana, 9 a national HMO, and another one was Great American West, 10 which was a major life health insurer in St. Louis. And 11 said that these companies in particular were very strong 12 potential entrants.

13 And then the final argument that he made was That even though United might have 40 percent of 14 this: the market, and several other carriers might have a 15 16 percent or two of the market, there are 10 carriers in the market, and in this market, because entry is easy, 17 18 and in particular because each HMO has little or no effective capacity constraint, that in doing the 19 20 Herfindahl calculation, what we should do is not square the actual shares of the competitors, but instead, assume 21 that there are 10 companies in the market, assume that 22 23 each company has 10 percent of the market, because each 24 company can very easily lose or gain market share. 25 And so, even though done by traditional

calculation the Herfindahl would be very, very high, and the increase in the Herfindahl index would be very, very high, his calculation assumed each company had 10 percent, therefore each -- therefore the total Herfindahl is only a thousand and the increase in the Herfindahl is only 100.

7 That was in '95, I believe. Eight years later, let's see what has happened in the St. Louis market. 8 9 With the 320 insurers who arguably could enter quickly 10 and easily, how many of these have entered the St. Louis market? Ten percent? Five percent? Maybe one percent? 11 12 Well, the answer is zero. None of these 320 companies 13 that could quickly and easily enter the market have 14 entered.

In particular, what about Humana, the big national company that could particularly easily enter the market? Humana, according to the latest statistics from the Missouri insurance department, has 16 people insured in St. Louis.

20 What about Great American West? Well, really, 21 they have an HMO, but their only market is their own 22 employees. They -- it's really a self-insurance plan, 23 they insure their own employees.

24 What about the calculation of Herfindahl figures 25 based on the argument that each insurer is equally

capable of losing or gaining market share? Well, no.
 The big have stayed big and the small have stayed small.
 Actually, the big have gotten bigger, the smaller, in
 general, have gotten smaller.

5 So, those predictions didn't come true, and one of the things I think we did right was we disapproved 6 7 this merger. We didn't think this economic testimony made sense then, I certainly don't think it makes sense 8 9 So we disapproved that merger, and not only did we now. 10 disapprove it, but we ordered that the company sell off -- that United sell off -- its St. Louis HMO to a 11 12 procompetitive purchaser, and I think that worked out 13 very well. It sold to one of the smaller companies, Principal, so it created a much -- which was fifth or 14 sixth in the market, then it became fourth or fifth, so 15 16 it created a much stronger smaller competitor.

So, I think that was a very, very procompetitive 17 18 outcome in that case, and as I say, that was one of the good decisions I think we made. Unfortunately, though, 19 20 it was followed by a very bad decision, and I would like to take this opportunity to publicly recognize that Ruth 21 Given was right, and I and all of us at the Missouri 22 23 Insurance Department were wrong, because what happened 24 right after -- soon after the United Health Care/Metro 25 Health merger was turned down and Principal bought the

relatively small St. Louis sub, Coventry and Principal
 proposed to merge.

And all of us at the insurance department took 3 the view, and so that was the fourth and fifth 4 5 actually third and fifth biggest or third and sixth, somewhere around there, I believe third and sixth biggest 6 7 HMOs in the market, and all of us at the insurance department took the position that, heck, we approved a 8 9 merger just a few years ago of the first and second 10 biggest companies. There's no way that we should disapprove this of two much smaller companies. 11 But Ruth 12 argued that that was not the case, that the market had 13 changed, and that we should really look into it.

14 Well, we didn't, and the market now because of 15 all these mergers, is a very, very concentrated market 16 with three very big companies, United, still by far the 17 biggest, Blue Cross, and Principal/Coventry.

18 How much new entry has there been since I was at the insurance department? There's been none. 19 There has 20 been no new entry. There has been no entry by start-up HMOs, there's been no entry by big national HMOs that are 21 expanding into Missouri. There have been acquisitions, 22 23 for example, Aetna and U.S. Health Care, obviously, and 24 Aetna/Prudential, but there has been no de novo entry in 25 the St. Louis market.

1 Why is this? I don't know, but let me give you a 2 couple of possibilities. What is the Catch 22 based on 3 which the industry is structured? Based on which the HMO 4 industry is structured? When an HMO goes to employers to 5 try to sell itself, it's got to be able to tell the 6 employers that it's got a big network of providers.

On the other hand, when it goes to providers, and 7 tries to get them to sign up at a discounted rate, it's 8 9 qot to be able to tell those providers that it's got a 10 bunch of business for them. Otherwise, why would they sign up at a discounted rate? They're cutting their own 11 12 throats. I guess that's really what's at the bottom of 13 it, the providers don't -- I mean now, obviously, they're accustomed to it, but providers don't want to 14 15 sign up at discounted rates. The only reason they're 16 going to do it is if you can promise them a lot of business at that rate. If you can't promise them any 17 18 business, they're not going to sign up. So, it's really a catch 22, and I don't know if this is in the economic 19 20 literature, it probably isn't, but I think as a practical matter, that's a big part of it. 21

A second possibility, and again it's just a -this is just a possibility, just speculation, is not only is there a first mover advantage, but there's an early -- there's an early mover advantage in the industry. And

> For The Record, Inc. Waldorf, Maryland (301)870-8025

1 particularly, as the HMO industry becomes more mature, and more and more people are in HMOs, it becomes tougher 2 and tougher to get into the business. And I think, 3 here's why: HMOs make money in two ways, they make money 4 5 either by reducing cost or by selecting out risk. And by selecting out risk, well, one way to select out risk is 6 to attract predominantly good risks by doing things like 7 trying to sign up members in health clubs or doing 8 9 certain types of advertisements that are going to appeal 10 to healthy people. There are various other methods that they become quite expert at, but another part of 11 12 selecting out risk, of maintaining a good risk pool, is 13 disenrolling people in subtle ways. And I mean, obviously, they can't do it too heavy handedly, but by 14 making it difficult for high cost people to get 15 16 treatment. And particularly, with HIPAA, with no pre-existing -- with people not having to worry about 17 18 having to fulfill another pre-existing condition exclusion clause, people now can more easily switch 19 20 between plans.

So, I think it's quite possible that the new HMOs that come along now are going to have a worse risk pool, and that's another thing that makes it tougher for them to get into the business profitably. Again, that's just speculation. It seems to make sense to me. I don't know

> For The Record, Inc. Waldorf, Maryland (301)870-8025

1

whether it's in the economic literature or not.

A third reason why I have seen good evidence of 2 is this: And this comes from we just finished advising 3 the Maryland Insurance Commissioner on the -- as to the 4 5 proposed conversion of CareFirst from nonprofit to for-profit status, and its acquisition, and then its 6 7 proposed acquisition by WellPoint. And in connection with that matter, there was testimony from Blue Cross and 8 9 Blue Cross, CareFirst in Maryland is by far, most of you 10 probably know, is by far the dominant carrier. They've qot about 50 percent of the market. 11

Despite that, Blue Cross told us their prices were high and their service was lousy. This is what Blue Cross said. Blue Cross said, for example, in the small group market, their pricing was 18 percent above their primary competition. And their service was worse than average.

18 So, how could a company with higher than average pricing, worse than average service, maintain a 50 19 20 percent market share and its market share actually grew in the last couple of years. How could it do it? Well, 21 the answer, and Blue Cross told us this, too, is the 22 23 value of the Blue Cross name and mark. The name Blue 24 Cross is more recognized than just about any trademark in 25 the country.

1 And there is a value having nothing to do with quality, there is a value to that name. All other things 2 equal, people will buy Blue Cross because of the Blue 3 Cross name. This is worth something. And Blue Cross, 4 5 every quarter, does a survey of each of its member plans and seeks to calculate the value of that mark. 6 It can't 7 -- nobody has been able to put an absolute number on be it, but the Maryland plan, among all the 40-some plans in 8 9 the country, was the seventh strongest; that is, the mark 10 in Maryland was stronger than any plan except for six others. 11

How much is it worth? I don't know, but the fact that Blue Cross was able to charge its small groups 18 percent more than its primary competition, and still expand its market, certainly indicates that it was worth a great deal.

And the same thing, of course, is true for other big companies. Maybe they're not as well recognized as Blue Cross, but they still are recognized names. So, this explains why no name HMOs haven't been able to enter the market. It doesn't really explain, though, why other well-known national companies like Humana, for example, haven't been able to enter the St. Louis market.

And the only speculation I guess I can give you about that is this: Health insurance is way different

1 from auto insurance in the following ways: And I think when the carriers started up HMOs, they thought it would 2 be more similar to auto insurance for this reason. 3 In another insurance, there are a couple of dominant 4 5 carriers, obviously State Farm, AllState, they've got a huge percentage of the market. Now Progressive and GEICO 6 7 are moving up, but the national agency carriers, carriers like Travelers, Hartford, SafeCo, which are higher cost 8 9 because they use independent agents, not a salaried agent, they are nationwide, they only have a couple of 10 percent in each market, but they do make a profit that 11 They do very well only having a couple of percent 12 way. 13 in each market.

I believe when some of these companies went into 14 15 the HMO business, PRU, MET, Cigna, the pre-U.S. Health 16 Care Aetna, they thought it would work the same way, that they could make money nationally if they just had a 17 18 couple of percent of each market in the HMO business. But that's not how it's worked, there are obviously 19 20 different fundamentals of the HMO business, and so it's much tougher for the national carriers to make a go of it 21 at a 1 or 2 or 3 percent market share in the HMO market 22 23 than it is for them in the auto market.

Let me just say a couple of words about efficiencies. As I said in the St. Louis market, in

> For The Record, Inc. Waldorf, Maryland (301)870-8025

those merger cases, the merger proponents didn't really argue efficiencies too strongly, but one of the things I guess that I would like to emphasize about efficiencies is that it's a question of fact. It's a question for a fact witness, it's not a question for expert testimony.

And on the issue of efficiencies, the language in 6 7 the merger quidelines, I think, is very good. If the agencies are going to buy an efficiencies argument, the 8 9 quidelines say that the agency must be able to verify by 10 reasonable means the likelihood and magnitude of each asserted efficiency. That means that the companies must 11 12 come in and explain exactly what it is that they can't do 13 now that they would be able to do after the merger. That they've got to have fact evidence of those kinds of 14 15 things, and I think if they can come up with those types 16 of things, that an efficiencies defense ought to be allowed, but if they can't, it should not be. 17

We talk a lot about efficiencies, but what we don't talk about are I guess the term, the more fashionable term now is synergies, so we talk a lot about efficiencies or synergies and economies of scale, but we talk very little about inefficiencies or negative synergies or diseconomies of scale.

And I guess I would like to end up with this: For the last 25 years, antitrust has been focused on

> For The Record, Inc. Waldorf, Maryland (301)870-8025

demonstrating that where a merger on its face, based on the market shares involved, would be anticompetitive, let's look hard at entry barriers and efficiencies, and where there are low entry barriers and the merger is going to create efficiencies, we should allow the merger anyway.

7 That may be fair, but let's look at it also from the opposite point of view. What happens if a merger 8 - -9 if the entry barriers are high, and clearly there are no 10 efficiencies created by the merger? Well, I think in the next version of the Merger Guidelines, there should be 11 12 something said about what happens when there are high 13 entry barriers. And what happens when there are no efficiencies? In those cases, maybe there should be a 14 15 presumption that the Agency challenge the merger, and 16 maybe the Agency should even go a step farther and say, even when a merger does not meet the Herfindahl 17 18 thresholds, in a market, where entry is particularly difficult, and efficiencies are clearly not going to be 19 20 created, maybe mergers ought to be challenged even when they don't meet the concentration thresholds. 21

22

(Applause.)

23 MR. ELIASBERG: Thank you. Lawrence? 24 MR. WU: Well, thank you for inviting me to speak 25 on this subject. As I considered the presentations that

> For The Record, Inc. Waldorf, Maryland (301)870-8025

were made yesterday at the hearings on the product market definition and on competitive effects in the health insurance marketplace, it is clear that entry and expansion is a central story line in the analysis of competition.

6 It comes up in the debate on product market 7 definition because the ease of entry and expansion 8 affects how one counts and identifies the participants in 9 a marketplace. And it comes up in the debate about 10 competitive effects, because entry and expansion is one 11 of the most important sources of competitive constraints 12 on existing health plans.

13 So, what I want to do today is evaluate two 14 questions regarding entry that often arise in the context 15 of an antitrust analysis, and I hope that my comments 16 will further the debate on the discussion of analysis 17 more generally.

18 The question, number one, is entry or expansion 19 effective as a source of competition? And question 20 number two, are switching costs a substantial barrier to 21 entry into health insurance markets?

Question number one: I'm going to start by showing the entry and expansion experience in two cities and follow that with a discussion of the reasons why the pictures that I am about to show you are not isolated

events but part of something more systematic. So, let's
 start east and move west.

1994, in the Atlantic City, New Jersey area, the
leading health plan in 1994 was Blue Cross/Blue Shield of
New Jersey, which had a 38 percent share of HMO POS
enrollment in the metropolitan area. And in just four
years, there were eight new entrants, and as you can see,
they did well.

9 In 1998, the entrants, collectively, had a 47 10 percent share of all HMO POS enrollment in the area. 11 What happened to the largest health plan in 1994? That's 12 the pink slice of the pie which belongs to Blue 13 Cross/Blue Shield of New Jersey, and the share of that 14 firm shrunk by 17 percentage points.

Among the new entrants was AmeriHealth, which in three years time became the leading HMO in the city with about a 30 percent share.

18 Let's take a look at Houston. In 1998, about 23 percent of all HMO enrollment in Houston was accounted 19 20 for by 11 entrants, that is 23 percent of the shares in 1998 were accounted for by plans that were not in 21 business in Houston four years prior. And what happened 22 to the largest plan during this period of time? It lost 23 share, and the share of the largest plan, which again is 24 25 in pink, fell 32 percentage points.

1 Now, the obvious question here is whether the experiences in these two cities are merely anecdotes and 2 isolated events or whether they're part of something more 3 systematic. And my conclusion is that the data shown on 4 5 these two slides are not unique events, but rather experiences that reflect the more general phenomena that, 6 7 one, entry or expansion can be relied upon to take share away from the leading firm; and two, entry or expansion 8 is an effective source of competition. 9

To test these experiences, and to test whether 10 these experiences in these cities yield more general 11 12 conclusions, my colleagues and I analyzed four years of 13 information describing the effect of entry or expansion in 46 cities. So, for each metropolitan area, we 14 collected information such as the number of HMOs that 15 16 serve the area, the enrollment and shares of each HMO, the Herfindahl-Hirschman Index, which is a measure of 17 18 concentration, the total share of all the small carriers in the city, and the HMO penetration rate in the service 19 20 area.

21 And again, what we wanted to do was to quantify 22 the extent to which entry or expansion was effective in 23 taking share away from the largest plan in the service 24 area. And what we found was that entry or expansion was 25 effective in, one, reducing the share of the largest

plan; and two, making service areas less concentrated
 over time.

3 So, let's start with some numbers. In 1995, the 4 average share of the leading plan in each metropolitan 5 area was around 37 percent. In 1998, the average was 30 6 percent. So, in three years, the average share of the 7 leading plan dropped by seven percentage points.

8 So, one question is whether this has anything to 9 do with entry or expansion. And when you look at the 10 data across these 46 cities, the answer seems to be yes. 11 With respect to entry, the data show that when the number 12 of new plans increased by one, the share of the leading 13 HMO fell by one or two percentage points in the following 14 year.

And just to give you a visual, we can look at the effective entry on the share of the largest HMO in a particular city, and let's look at, for example, what happened in Texas. So, to give you a visual of this, in every MSA, except one, the HMO that had the largest share in 1994 experienced a reduction in share over the following four years.

The leading carrier's percentage point drop in share was over 20 percent in five metropolitan areas. What about expansion, especially by the small health plans? Is there evidence that small plans took

> For The Record, Inc. Waldorf, Maryland (301)870-8025

business away from the large plans? Well, our analysis
of the data found that they did. And if we define a
small plan, as any health plan with 10,000 lives or less,
we see that in aggregate the small plans did constrain
the leading plans, and when the total share of these
small plans increased, the share of the largest plan
decreased.

8 It isn't one-to-one, of course, because small 9 plans did take business away from the number two plan and 10 other larger plans, but the data show that the leading 11 plans lost disproportionately more.

12 So, not surprisingly, these results explain why 13 service areas have become less concentrated over time, 14 and service areas that became less concentrated because 15 there was entry of new plans, and declines in the share 16 of the largest plan.

What's not so evident, though, is that the drop in HHI was greater in more highly concentrated service areas. And this is important because that says that the process of entry and expansion is an important one. Markets that are more highly concentrated have not stayed that way.

Question number two, are switching costs a
substantial barrier to entry in health insurance markets?
Well, the evidence I just described would indicate that

switching costs are not a significant barrier to entry or to vigorous competition. In other words, employers and employees have turned to and accepted new health plans, which would not have occurred if switching costs were so high that consumers were effectively locked into their current plans.

Now, perhaps the best evidence on a lack of switching costs is that member turnover -- is the member turnover that takes place year after year. And this is turnover that frequently won't be seen in aggregate data on market shares, and in fact a percentage of health care subscribers that change plans in every given year can be as high as 20 to 30 percent.

14 So, put differently, if there are switching 15 costs, they cannot be prohibitive if 20 to 30 percent of 16 a health plan's membership switches to another insurer 17 every year.

18 Now, these data on voluntarily enrollment and disenrollment is the result of switching that takes place 19 20 at two levels. There's switching at the employer level and switching at the employee level. Now, employers have 21 voluntarily terminated their contracts with health plans, 22 23 and employees have switched from one health plan to another. Even when employers continued to offer them the 24 25 same choice of health plans.

> For The Record, Inc. Waldorf, Maryland (301)870-8025

And both types of switching are important, so let me just discuss each of them briefly. Let's start with switching costs for individual consumers.

For individual consumers, there are costs in 4 5 switching health plans. I think one of the ones we hear most frequently is concerns by consumers that changing 6 7 health plans may require them to change physicians. And I think in many cases, and in many cities, this 8 9 disruption is overstated, and one reason is that many 10 competing carriers have broad and overlapping provider networks. Now, this may not be true in all markets. 11 We 12 consider it to be an empirical fact that could vary from 13 market to market.

The second reason why these costs are often 14 15 overstated is that employers can and do take steps to 16 minimize the disruption costs to subscribers. So, to facilitate switching, an employer can offer its employees 17 18 multiple health plans, and in fact, this is the case for the majority of employers in this country. According to 19 20 the 2002 Kaiser HRAT survey on employer-sponsored health benefits, 62 percent of covered workers had more than one 21 health plan option. Moreover, the majority of employees, 22 23 around 61 percent, worked for firms that gave them a choice of more than one HMO. 24

Now, of course, the availability of another

25

health plan does vary by the size of the employer. The percentage of employees in the smallest firms, that is firms with three to 199 employees who had more than one health plan option was 24 percent. And in general, the percentage of employees who have more than one health plan option rises with firm size.

So, in the category of firms with 200 to 999
employees, 61 percent of employees had more than one
health plan choice. The percentage was 75 percent in the
category of firms with a thousand to almost 5,000
employees, and 86 percent in firms with more than 5,000
employees. Now, these are national figures, of course,
the specific figures will vary from city to city.

In addition, health plans can and do take steps 14 to minimize the disruption costs to subscribers. 15 Health 16 plans engage in marketing and advertising, which we see They give discounts on pricing to 17 during open season. 18 get new business, they build broad provider networks to reduce the disruption costs to consumers who might be 19 20 concerned that switching a plan would also require them to switch doctors. And they continually improve their 21 22 products and customer service.

And for a health plan, this is a cost of doing business. This is part of the ordinary course of business, whether the plan is a new entrant or an

> For The Record, Inc. Waldorf, Maryland (301)870-8025

existing plan. And because it is a cost of doing business, whether the plan has a high share or a low share in the market, or whether the plan is an existing firm or a new potential entrant, it is a cost that is incurred by all plans, and so those costs do not rise to the level of being a barrier to entry.

7 So, let's turn to switching costs for employers. The potential disruption to employers is often 8 9 overstated. Although you'll hear benefits managers 10 complain that switching a health plan might tend to lead to long lines outside of their office door. And clearly 11 12 some employers may have reservations in dropping one 13 current health plan for another. But in practice, dropping a health plan is probably not what most 14 employers tend to do if they want to switch health plans. 15

For instance, there's probably -- it's more likely that an employer would keep his current health plan and offer a lower priced alternative plan as an additional option for employees who may be willing to switch. And that's the option that's usually done rather than a complete replacement.

Now, there are some administrative costs, of course, to employers who do this. The ability to form enrollment and other administrative tasks electronically is reducing the administrative burden on employers, where

> For The Record, Inc. Waldorf, Maryland (301)870-8025

they have brokers and consultants who can help them make
 those changes administratively.

So, despite the administrative costs, employers can and do change health plans, and so while the employers choice to drop a health plan may be involuntary disenrollment from the perspective of employees, it is voluntary from the perspective of employers who are attempting to give their employees high quality and cost effective health benefits coverage.

10 My conclusions today are threefold. First, the data show that entry and expansion have been sufficient 11 12 to take share away from the leading firm. Second, entry 13 and expansion have reduced HMO concentration over time. And third, this evidence, along with facts about the 14 15 percentage of employees who are given a choice of more 16 than one plan suggest that while there are switching costs, they do not rise to the level of being a barrier 17 18 to entry.

Now, of course, these are general propositions, and there are undoubtedly differences across cities that may matter, but I offered you these conclusions for your consideration and I hope that they contribute to your thinking in this area. Thank you.

```
(Applause.)
```

24

25

MR. ELIASBERG: Thank you very much, Lawrence.

For The Record, Inc. Waldorf, Maryland (301)870-8025

Why don't we take a 10-minute break and then come
 back for the moderated roundtable discussion. So, why
 don't we reconvene at 10:50. Thank you.

4 (Whereupon, there was a brief recess in the
 5 proceedings.)

Welcome back. Now we're about 6 MR. ELIASBERG: 7 ready to start the moderated roundtable. Let me first introduce the two other participants on the roundtable. 8 9 The first, sitting to Lawrence Wu's left, is Stephen 10 Foreman who is an economist and a lawyer and Director of the Pennsylvania Medical Society Health Services Research 11 12 Institute. He's also, I might add, submitted written 13 comments last September on behalf of the society to the FTC's Health Competition Law and Policy Workshop, 14 15 touching upon some of the topics that we're going to be 16 exploring this morning, and you can access those comments through the FTC's website. 17

And to Steve's left is Art Lerner, who is back with us again. As many of you know, Art is an antitrust lawyer with the Washington, DC, law firm of Crowell & Moring, and he has represented numerous clients in health plans and insurance company mergers, and before going into private practice, he was head of the Federal Trade Commission's Health Care Division.

25

What I am going to first do is just let each of

our four presenters from this morning have an opportunity to make any comments, if they would like, on what they have heard this morning, seeing how it's been a while and there's been a lot of information that has gone around the table since we first started.

6 After we do that, we'll ask our two new 7 participants if they care to make comment on what they've 8 heard this morning and then we're going to open it up to 9 questions among the roundtable participants. We hope all 10 of them will feel free to ask questions of one another, 11 as well as answering questions that Sarah and I may be 12 asking.

As a procedural matter, if a number of people are interested in answering a question, or you wish to speak, we appreciate if you would turn your name tent over so that we will know to call on you and keep things going in an orderly fashion.

18 So, with that, let me turn to Mary Beth, any 19 thoughts or points you would care to add or make?

MS. SENKEWICZ: I probably just want to say thank you, and I probably need to have a conversation with Jay at some point. The one thing that occurs to me, the one thing we do hear within particularly the small group market for health insurance is that we're losing -they're losing competition. And there was kind of a

little thread with Jay's in St. Louis is down to three, and St. Louis perhaps is not the best example, but at some point, though, because of critical mass, and I was interested in Ruth's observation that it's between the HMOs maximize efficiencies at between 30,000 and 50,000 enrollees at the local level.

7 At some point, though, and I happen to also be coming, I came to the NAIC from the smallest state in the 8 9 union and the smallest state insurance department, the 10 Wyoming insurance department, and I was going to ask Lawrence if there were any metropolitan statistical areas 11 12 in Wyoming as part of your data. There are Casper and 13 Cheyenne, and we do hit 50 at those two, and that's one-fourth of the population. Those two cities right 14 15 there.

16 But at some point, aren't there, because of the nature of insurance, and the nature of it being that you 17 18 need to have a sufficient amount of persons in the plan to spread risk, is there at some point a point where 19 20 there are too many insurance companies and they do not have the ability to spread risk efficiently? So, I just 21 -- and I think that's more of an issue in the smaller 22 23 states and the smaller metropolitan areas, and people, 24 because I hear this constantly, you know, we're a small 25 group, we're losing carriers. New Hampshire, you know,

> For The Record, Inc. Waldorf, Maryland (301)870-8025

we're down to 25. Well, how many does New Hampshire
 really need? How many does Wyoming really need?

So, I just think as a risk-spreading issue,
that's just something that I would like to consider.
Thank you.

MR. ELIASBERG: Ruth?

6

7 MS. GIVEN: Yeah, I would just like to make a comment about Lawrence's presentation. 8 I'm verv 9 interested in the first part of it, and maybe we can talk 10 about that a little bit more, the study of the different cities, but I also just wanted to comment that I totally 11 12 agree with the second part. I don't think there are any 13 switching costs and I don't think switching costs create any sort of barriers to entry for the HMO industry. 14 Especially where there are broad markets where everybody 15 16 just uses the same providers. Kaiser sort of being the exception, but in general, I totally agree with him on 17 18 that.

19 MR. ELIASBERG: Okay. Jay?

20 MR. ANGOFF: Yeah, I agree with Lawrence on 21 switching costs, too, but I would like to see the data 22 after 1998 on entry and expansion in the HMO business. 23 MR. ELIASBERG: Lawrence? 24 MR. WU: I would like to see the data, also. 25 (Laughter.)

1 MR. WU: My question, this is really a question, I think, for Mary Beth, which really has to do with the 2 regulations, and I know there are -- putting aside the 3 important issue of solvency, I know health plans compete 4 5 at many levels, they design their benefits packages, they set their prices and so forth. What concerns you the 6 7 most about health plan benefit design, and what I'm wondering is whether you view some of the work of the 8 9 insurance departments as being insuring a minimum 10 standard, or whether you're really shooting for something more than that? 11

12 MS. SENKEWICZ: Well, first I would note, 13 Lawrence, that benefit mandates are set by state legislatures and not by state insurance departments. 14 So, state insurance departments are only enforcing the laws 15 16 that they are given. I think that there is a lot of debate actually going on, both the regulatory community 17 18 and the state legislative community these days about whether, perhaps, the states maybe did go a little 19 20 overboard in some cases on mandated benefits. There really is a serious discussion about that. 21

22 Obviously, with the costs of health care rising, 23 and therefore the costs of health insurance rising, 24 everyone is looking for some solution to alleviate that 25 problem. Depending on what -- and I am not a research

> For The Record, Inc. Waldorf, Maryland (301)870-8025

person, you probably know better than I do, Lawrence, but there are kind of varying studies about the effects of state mandates on the cost of health insurance.

4 You know, in Maryland, the land, or I mean the 5 king of mandated benefits, and probably the state I came 6 from, Wyoming, is the least. Wyoming doesn't believe 7 generally in government, but since we have to have it, 8 they try to do as little as possible.

9 So, I think that state legislatures, though, were 10 concerned about making sure that certain services were available to all. And the thing about benefit design, 11 and then this is what concerns the NAIC the most about 12 13 the present AHP proposal on Capitol Hill, the association health plans, is you can -- companies can use benefit 14 15 design, that's the easiest way to select risk, as Jay was 16 discussing.

So, it's important that the level -- that the playing field be level, to a certain extent, and that individuals get kind of certain basic health care services and that should be available in their insurance contract. Now, where's the happy medium? I don't know. But states are kind of rethinking, I believe, that whole kind of mandated benefit issue.

24 MR. ELIASBERG: What we'll do next is turn to our 25 two additional roundtable participants, and ask each of

them in turn if they have any comments or thoughts they would like to -- or observations they would like to make upon the presentations that were made. So, Steve, why don't you go first.

5 MR. FOREMAN: Thanks. Well, from the perspective 6 of the question, we have the data. It's just sort of a 7 starting standpoint. In 2001 and 2002, we did a study of 8 health insurance markets, there is study data, and in 9 point of fact, the story is a whole lot different now 10 than it was in 1998.

I'll give you an example of Houston, in our 11 12 latest edition, there are only four firms left in 13 Houston, they have 91 percent of the market. The Atlantic City situation I studied for the New Jersey 14 15 Medical Society, and what you caught in 1994 to 1998 was 16 a very large shift in competitors there. AmeriHealth, which is one of the firms that's a subsidiary of 17 18 Independence of Blue Cross, it has a 76 percent market share in Philadelphia, and it was using that to expand 19 20 into New Jersey, which is right down the road. In fact, the Atlantic City market is one of the most concentrated 21 in New Jersey right now. There are only two firms left, 22 23 Blue Cross and AmeriHealth. So, that market is now 24 concentrated.

25

We would like to have St. Louis' problems in

1 Pennsylvania. We've got three regions with one dominant carrier with a market share in excess of 70 percent. 2 And there's been no new entry. In fact, I would like to 3 throw out a challenge here. The insurers in those 4 5 markets have made about a half a billion dollars a year in profits for the last three years. I have my own 6 7 project budget money. Anybody who wants to come into that market, there's a lot of money lying on the table, 8 9 and I will make a side payment to anyone here who wants 10 to come and put an insurance company in.

I say that in the way of a light joke. The fact 11 12 of the matter is that if you look at this thing, if there 13 aren't significant barriers to entry, how can the insurance cycle exist? What you would have is that 14 15 during a down year there would be no entry, but just as 16 soon as there was an uptake in profits, you would have everybody coming into the market taking away the profits 17 18 from the firms who wanted to come in.

19 The second point, I think Ruth made quite 20 strongly is that if there weren't any barriers to entry, 21 why would anybody pay anything to come in and acquire a 22 firm? So, I mean, that should raise some questions right 23 there. And then the last part of it is the market that 24 we've seen in the last three years, why has there been 25 almost zero entry nationwide in large urban markets with

1 firms with high shares and high profits? Why aren't we
2 seeing the entry?

From my own experience, and it's actually getting 3 too long now, I suppose, but over many years in this 4 5 industry, from wearing a lot of hats, I see four key barriers to entry in health insurance market, and some of 6 7 them haven't really been discussed here. Ruth talked about one, she called it pecuniary economies of scale, I 8 9 actually call it monopsony power, Ruth, sorry. You know, 10 if there are not other efficiencies tied to it, I just think that's raw bargaining power, and I wonder whether 11 12 it should exist to begin with.

13 So, that gives you an advantage, and the real 14 advantage from that is, you can guarantee yourself, if 15 you're a downstream seller, as an insurer, of the lowest 16 input costs in a market. And you can use that to exclude 17 entry.

18 The second item here that people haven't discussed a whole lot, is what about the issue of very 19 20 large reserves and high levels of capitalization required for firms to compete effectively in new markets? We have 21 a carrier, for example, that has a \$2.3 billion surplus 22 23 in reserve and they have indicated, I suppose, tied to it 24 is what are they willing to do with it to keep entry up? 25 And we have seen instances where people are willing to

> For The Record, Inc. Waldorf, Maryland (301)870-8025

use those reserves to make sure that they reduce price for any new entrant and, you know, so why would anybody want to come in there and just lose a lot of money? So, that's the second one.

5 Third, fully formed networks are an advantage to 6 existing health insurers. New entrants can come in if 7 they can run a network, but if you have one dominant carrier that's not willing to enter a network, you're 8 9 faced with the task of putting together a new network 10 from scratch. That's going to take you a lot of time, at a minimum, and there may be a number of key providers who 11 12 don't want to actually provide services to you for one 13 reason or another.

Just as a parenthetical, UPMC tried to go into the business dealing with Highmark. It took two years for them to get physicians credentialed, and they already employed about half the physicians they wanted in their network.

19 Next, the broker system matters. In many of 20 these areas, lots of the health insurance is sold through 21 broker systems, firms that haven't had brokerage systems 22 or have had pro-broker systems have found out to their 23 chagrin what the importance of this is, and in some of 24 the major areas in this country, in effect, the large 25 dominant insurers have an exclusive broker network.

> For The Record, Inc. Waldorf, Maryland (301)870-8025

1 So, that's an issue that's worth looking at here. And then last, but probably most important, and it was 2 touched on by the panel, employee credibility matters 3 with new entrants. Employers want to know whether you're 4 5 going to be in this for the long haul, and if you're a 2 or 3 percent entrant in the market, those plans have 6 languished over time and left the market. They are not 7 really an alternative to the employers. 8

9 You know, one of the reasons that the Blues name 10 has such value, is that the Blue Cross plans have been in 11 these markets for going on 70 years. You know, they have 12 staying power. Some of these other plans do not.

13 So, you know, all told, I believe that there are 14 very substantial barriers to entry. I think as Ruth 15 pointed out, those barriers are getting stiffer. I think 16 they're worth study in terms of what the implications are 17 for mergers, and even for existing markets.

18

So, sorry I took so long.

MR. ELIASBERG: That's fine. And we'll come back and explore some of those issues some more, I'm sure. Indeed, I can guarantee it. But first, Art, why don't we turn to you for some thoughts and comments?

23 MR. LERNER: Yeah, I have just some sort of 24 miscellaneous observations on some of the things and some 25 other thoughts. First, I guess I have the litigator's

prerogative that a couple of the mergers that Jay was describing in St. Louis I actually worked on, so I can tell you that Jay's description of what was at stake and what was involved in those was completely accurate. However, I disagree on what he drew from that.

Jay observed that following the mergers that he talked about, there has not been new entry in St. Louis. Contrary to what he described as the predictions of some of the experts that had come in. In fact, what the experts were saying was, in the event that following the merger prices were to go up substantially in an attempted exercise of market power, then there would be new entry.

13 So, when Jay says there wasn't new entry and that sort of disproves what the economists were saying, I 14 15 think it sort of proves nothing either way. If Jay added 16 that since those mergers prices have gone up 20 percent in St. Louis, compared to other otherwise similarly 17 18 situated cities, and if that's true, then I would line up with Jay on it. But I didn't hear that part of the 19 20 story. If it's true, well, then, that would be highly relevant. 21

The second thing was on switching. I guess Ruth has sort of commented on that already. I would just throw out this little anecdote, because lawyers are not economists, so we can argue by anecdote, and that is that

1 I was in a case in Indiana last year where someone tried to argue that the rental PPO network client that I 2 represented had market power in some sort of a rental PPO 3 network market definition, and their expert came in and 4 5 testified that there were substantial barriers to employers switching, especially for smaller employers, 6 7 because for larger employers, blah, blah, blah, but for small employers, which, of course, tended to use PPO 8 9 products and tended to use rental PPO products through TPAs and brokers and insurance carriers who rented 10 networks, the switching costs would be a problem. 11

12 Our data showed, consistent with what Lawrence 13 said, that there's a lot of switching, but I simply asked their expert witness, who he worked for, and his company 14 had about 25 employees, and I asked him how often had 15 16 they switched insurance carriers in the last six years, and the answer was four times. So, they had switched 17 18 HMOs, PPO, back and forth from HMO to PPO, PPO to HMO, four different times in six years. And I just sort of 19 20 -- it was fun to just watch the air seep right out of an expert. Anyway, it happens every once in a while. 21

The second thing, I was going to comment on Lawrence's discussion of Texas, and I noticed that on the chart, the enrollment in market share, I think it was, I don't have it in front of me, there was a substantial

decrease in HMO POS concentration, but there was also a fourfold increase in enrollment. In other words, it looked like there must have been a substantial shift out of indemnity and PPO into some sort of HMO product over that period of time.

And I would agree, that tends to be indicative of what happens when HMOs are in their growth spurt period in particular parts of the country. And so you will see in Texas, which may be a little bit behind St. Louis and Boston and Philadelphia and maybe some other communities, that you will have this period of rapid shifts where a lot of people are jumping in in one sort or another.

13 Subsequent to that, I don't have the data to talk 14 about Atlantic City or data to talk about what's happened 15 in Texas, but certainly in markets that are more mature 16 managed care marketplaces, you're not going to see that 17 kind of new entry, and you're also likely to see some 18 departures from plans who came in and got beaten out.

19 What none of the discussion has today gotten 20 into, though, I think, is obviously the important 21 question, which is even apart from entry barriers and how 22 high they might be, what is the level of concentration, 23 Herfindahl measured otherwise, at which we can expect to 24 get viable, vigorous and strong competition in managed 25 care markets. What are the barriers to collusion or

1 barriers to single firm exercise of market power? How much do we need to worry about a merger of number one and 2 number three in a market with five meaningful players? 3 Ι mean, where should we be on the Herfindahl scale in terms 4 5 of level of concern? I think that's an important 6 question. There is some research that's been done, and 7 not a whole lot, but there's been some literature, I would say, if not a lot of research, that suggests that 8 9 there's not a lot of potential for collusion in managed 10 care markets. If you look at the history of antitrust enforcement, you know, I can't remember finding a case, 11 12 bringing a case or finding a case where you could 13 successfully prove collusion among health insurance companies, in contrast to others. I'm not saying it 14 15 can't happen, I'm just saying I think it's an important 16 topic, because there may be barriers to new entry in a mature market, but that doesn't suggest necessarily that 17 18 there's a competition problem, unless you have concerns about the level of actual performance. 19

Finally, on barriers, I think just from my experience, I think an attempt by existing carriers to rip off the public with high prices is more plausible if they have a way to lock up the provider community than if they don't. That the markets do have a way of fixing themselves if the inputs are readily available to

expanders or new entrants or the smaller fry in the
 marketplace.

And so if the larger plans do not have 3 exclusionary practices going on with the provider 4 5 community, I have less concern about size. I do have some concern about in certain circumstances the use of 6 MFN clauses, the use of exclusive contracts, the use of 7 tactical contracting practices that would obstruct the 8 9 ability of new entrants to get access to a viable 10 network.

I would note that mere size does not necessarily 11 12 seem to be an obstacle to other competitors coming in and 13 getting good prices from providers. For example, if it were true that dominant payers could expect somehow 14 automatically to extract bigger discounts from providers 15 16 than the smaller competitors, why have some of the larger ones been tempted to use MFN clauses in the first place? 17 18 Because if they could simply by their size extract better prices, they wouldn't need to use the allegedly punitive 19 20 MFN clause to try to keep the providers in line.

In fact, from some experience I've seen, the providers in some cases are more desperate to keep prices up to the larger payers because those are the ones they have to cover their fixed costs with. With the smaller new entrants they will sometimes have, I can pick up a

> For The Record, Inc. Waldorf, Maryland (301)870-8025

little bit of incremental business with these people,
 maybe I'll cover some marginal business.

And so that's where the larger payers then want to come in with the MFN clause to try to discourage that.

5 So, I'm not so sure that size alone guarantees 6 you better prices, but I would have an eye out for MFN 7 clauses in the right circumstances, as well as other 8 exclusionary kind of contracting practices.

9 Finally, I just wanted to mention on the 10 monopsony power issue that Stephen referred to, I would just be careful about looking at market share on the 11 12 seller side and assuming that that corresponds to market 13 share as a buyer. I'm not saying that you might not ever have monopsony problems. I, in fact, helped draft a 14 15 complaint in one case alleging that there was, but my 16 only point is that you might have 30 percent of the commercial health insurance market, but you might only 17 18 represent 7 or 8 percent of the sales of hospital services by a hospital, because of the purchases made by 19 20 Medicare, Medicaid and CHAMPUS and all sorts of other So, I think that's just an important thing to 21 sources. keep in mind at least. 22

I also agree, though, that market power in the provider community can conceivably be a barrier to new entry on the managed care side. That's at least

> For The Record, Inc. Waldorf, Maryland (301)870-8025

something to be thought about. And that's another reason why I think the Agencies should be very sensitive to market power aggregations on the provider side, not only because of what they do to the consumers directly, but conceivably also to how they might influence the structure of the payer market as well.

7 MR. ELIASBERG: Thank you. I quess the prerogative of the moderators is that we do get to ask 8 9 the first question. So, with that, I'm actually going to 10 turn to Mary Beth and, Mary Beth, thank you for the Health Care 101 course, as you put it. I'm afraid, 11 though, I need to ask you a bonehead health care course 12 13 guestion here.

At the session yesterday, an example was given of 14 a hypothetical that was given of, well, gee, if an HMO 15 16 -- the example given was in Florida. I don't mean to limit this to Florida, but the example was given that, 17 18 you know, an HMO has license and can offer services in If prices were to go up, if the incumbent 19 Orlando. 20 suppliers in Miami where this particular HMO was not participating would try to raise their prices, the 21 Orlando HMO could simply start offering services in 22 23 Miami, seeing how they had the license by the state. 24 Just how accurate or precise is that 25 characterization in the real world?

> For The Record, Inc. Waldorf, Maryland (301)870-8025

1 MS. SENKEWICZ: Generally speaking, Ed, the HMO just couldn't kind of pick up from Orlando and start the 2 next day in Miami. As part of the license or process for 3 4 HMOs in particular, insurance commissioners typically 5 allow them to operate within certain service areas, they have to have the adequate networks, they have to have 6 7 everything set up. So, I believe, generally speaking, that HMO would have to go back to the insurance 8 9 commissioner, come up with a new business plan, you know, 10 demonstrate that it could adequately serve any, you know, essentially come up with a new business plan for Miami 11 before that would be approved is my general 12 13 understanding.

MR. ELIASBERG: And I guess one thing, just to follow up, and part of that business plan would be that there are -- could you say a little bit more perhaps about what are in the -- you mentioned network access requirements, just in general descriptive terms, what would be involved in those sort of requirements?

MS. SENKEWICZ: Well, network adequacy, just simply put, is that the HMO, the health plan, has sufficient numbers of providers and sufficient areas of services to deliver on its promise to the insureds. I mean, very simply put. So, that means they have to have, you know, X number of specialists, most states keep it

> For The Record, Inc. Waldorf, Maryland (301)870-8025

fairly general like that, rather than get into formulaic type stuff, at least in the laws and regulations. They may, in practice, when reviewing those types of applications, get into that. The NAIC model on this subject, as I said, is pretty general. But, I mean, that's it in a nutshell. Adequate numbers of providers to deliver the services promised in the contract.

Ed, if I could just comment and then 8 MR. LERNER: 9 also mention one point that I forgot to mention. 10 Generally, as a lawyer who has advised plans and gone through that process, in general, that process would not 11 12 seem to require much more in terms of substance in terms 13 of your network than what your customers are going to demand, generally. So, it's not -- I wouldn't view it 14 as adding in normal circumstances. It's more of a 15 16 consumer protection safety thing, but in -- for most employers that you would be approaching, if you didn't 17 18 have that kind of adequate network, you wouldn't get very far to sell. So, it doesn't really impose an extra 19 20 market requirement, other than some additional lead time. And that usually is a couple of months to go through that 21 22 process.

The only other thing I was going to mention since NAIC is here, I was going to just mention this, I've mentioned this before, that the NAIC has its own

insurance holding company act which imposes antitrust
 scrutiny or antitrust type scrutiny to mergers of
 insurers and HMOs, and most states have adopted some form
 of that model holding company act, as Missouri has.

5 And the process that it uses is a very sort of similar to the Hart-Scott-Rodino type practices, but it 6 also creates certain presumptions, and unlike the 7 antitrust laws which talk in broad terms like substantial 8 9 lessening of competition, the insurance holding company 10 actually does that, but then actually has numbers built right into the model law, which many of the states have 11 12 adopted. That actually creates statistical presumptions, 13 that a prima facie case is made out with the following numbers. 14

So that, for example, in a nonconcentrated market, if one carrier has 19 percent of the market, and merges with another carrier with 1 percent or more of the market, it is prima facie illegal. And then there's, you know, if it's 5 -- if one has 5 percent and the other one has 5 percent, it's prima facie illegal.

For those of us that have been operating in the federal antitrust standards for many years, these are remarkably 1960s-like figures. And I think, frankly, it's a disservice to the insurance commissioners because it puts them in an awkward box of operating -- you can

rebut these, it's a presumption that you can rebut them, 1 but it helps them because it gives them leverage, because 2 they have very low numbers to start with, and putting the 3 burden on the merging parties, but it puts them in an 4 5 awkward spot to be administering the statutory framework that doesn't really seem to conform with current 6 7 antitrust jurisprudence, whether one agrees with it or 8 not.

9 And I noticed that, for example, when Jay talked, 10 he talked about reviewing these mergers and how they stacked up against HHI standards. He didn't talk about 11 12 how they stacked up under the statute that supposedly he 13 was charged with enforcing. I don't blame Jay for that, I'm just saying that the statute is sort of frozen in 14 time. And I think that's something that NAIC might want 15 16 to at least look at.

MR. ELIASBERG: Sarah, if you would indulge us, I
think that Art has engendered some other interest, and
Steve, why don't you go first.

20 MR. FOREMAN: Back to the original question, I 21 think there's another concern here that I have from the 22 original question, and that is if the Orlando HMO and the 23 Miami HMO that have dominance in those markets have a 24 side agreement that they won't compete in each other's 25 territories, that creates another barrier to entry that

> For The Record, Inc. Waldorf, Maryland (301)870-8025

1 2 ought to be of concern to us, and I think those kinds of agreements do exist in a number of areas of this country.

Okay. 3 MR. ELIASBERG: Jay? Yeah, Art's right about the state 4 MR. ANGOFF: 5 insurance holding company acts. The way insurance regulation works is the NAIC drafts model laws and the 6 7 states typically adopt those model laws or a version of those model laws. The model insurance holding company 8 9 act has codified the Department of Justice quidelines, 10 but they're not the current Department of Justice guidelines, they're the 1968 Department of Justice 11 12 quidelines.

So, at least the theoretical power of an insurance commissioner is huge. We, if we wanted to take the statute literally, we could go back to Von's Grocery, or ALCOA-Rome. We could prohibit mergers which today, you know, no one gives a second thought to.

18And I would hate -- I mean, I understand what19Art is saying --

20 MR. LERNER: It's not the public policy, Jay. 21 MR. ANGOFF: Well, there's certainly an argument 22 --23 MR. LERNER: Leverage.

24 MR. ANGOFF: It is true that it is not consistent 25 with current antitrust jurisprudence, but I would also

say it's just not consistent with the current fashion in 1 antitrust. And things may go back the other way, and on 2 the one hand it is anomalous, on the other hand, I would 3 hate to see the NAIC now codify the new justice 4 5 quidelines because by the time they did that, and the states adopted it, probably antitrust jurisprudence would 6 have swung back the other way. But Art is absolutely 7 right about what the statute says, in addition to the 8 9 antitrust, the substantial lessening competition 10 standard, there are five other standards, and one is a catch-all, prejudicial to policyholders' standards. 11

12 So, I guess what I'm saying is, if the 13 commissioners really wanted to exercise the authority the 14 statute gives them, they could do a heck of a lot, but in 15 general, that authority has not been exercised.

MS. MATHIAS: I actually wanted to go back to Jay and give him an opportunity, because I think when Steve was making comments, you kind of made a note to yourself about a response to a question that it was either Steve or Art raised that I thought you wanted to respond to relating to the St. Louis market. Was I wrong about that?

23 MR. ANGOFF: Okay, sure. On the issue of the 24 profitability in the St. Louis market, and Art's point is 25 correct, the point that I didn't make was that

1 profitability and pricing in St. Louis is higher than it should be, based on some measure. We don't have data, I 2 don't have data now as to the entire commercial HMO 3 market in St. Louis. We do have data, though, for the 4 5 Missouri consolidated health plan, which is like CalPERS in California, which, when I was commissioner between '93 6 7 and '98, functioned as what I think is the closest model in the country to a pure HPIC. What the state did was to 8 9 standardize the benefit package and require companies and 10 community -- and establish community rating in effect, and require the HMOs to bid on a standardized package and 11 12 to give us one price at which they would assure -- they 13 would insure each state employees, any state employee that elected that plan. 14

And the state paid the entire cost of the low-priced plan. So, there's a tremendous benefit of being the low-priced plan, because you got that insurance for free. If you wanted to elect the prior-priced plan, you had to pay the difference.

And every year I was commissioner, those prices were very, very low. Since I left, the prices went up way, way more beyond any measure -- whatever measure you use, the increases in the Consolidated Plan have been far above that measure.

25

Now, does that prove that concentration or the

1 lack of entry has driven those prices up? Not
2 necessarily, because among other reasons, prices in the
3 Consolidated Plan were artificially low during the five
4 or six year period that I was there. But there is some
5 evidence and we can argue that, but I do agree with Art
6 that in order to close the loop, you need to demonstrate
7 what the existing price level is in St. Louis.

8 And just one more comment and then I'll shut up, 9 but just look at what a great issue entry is for 10 defendants. On the one hand, they can say, well, if a merger is challenged, no matter how big the market shares 11 12 are, we don't have to worry about it, because there's 13 going to be new entry. And if there's no new entry, then they can say, well, because there's no new entry, that 14 15 means prices must not be supra competitive. So, I just 16 think we ought to be a little more skeptical about 17 arguments with respect to entry in general.

MR. WU: I think I'll take that cue. I'll take that cue to respond to a couple of different comments that people have raised, and I've got four.

MR. ELIASBERG: Do you want to respond?

18

I think, and this is taking a step back and looking at the data that we've seen over the past, say, dating back to 1994, and I guess here are the lessons that I think we've learned: One, that entry and exit

> For The Record, Inc. Waldorf, Maryland (301)870-8025

does take place, okay? Now, what does that mean? It means to me that one thing that I think we've all agreed on, which is that switching costs really are not so much of an issue. So that customers do seem willing to -they are willing to switch plans and that includes accepting new plans into the marketplace.

7 The other thing that I think we can learn from 8 the entry and exit is that health plans are responding, 9 or seem to respond to changes in market conditions. And 10 in part that's what the underwriting cycle is about, and 11 in part that's why we see a lot of entry in the late 12 1990s.

13 But it's comforting that the health plans are responding to market conditions, because that's the kind 14 of thing that we do want to think about when we evaluate 15 16 a merger and have to look forward. Do we have any -and it's important because we want to think about what 17 18 evidence we have to believe that new entrants or potential new entrants are likely to respond to what's 19 20 going on in the marketplace.

And I think the experience suggests that entrants are responding to profit opportunities and to changing prices. Again, I think that's what the underwriting cycle does.

25

And I guess the third lesson is that entry does

For The Record, Inc. Waldorf, Maryland (301)870-8025

-- and expansion does take place pretty quickly, and you
 see large shifts in shares within a very short period of
 time.

I think that goes to my second point, which is 4 5 looking at shares, this is something that Stephen mentioned, which is his comment that, well, if I were to 6 7 look at Atlantic City or some other city today, we might also see a very concentrated marketplace. And I think 8 9 you mentioned some figures about AmeriHealth in Atlantic 10 City today, but again, I think the point that I would draw from that is the dynamics is exactly why it's --11 12 why we can't look at concentration at any one point in 13 time, because it may be -- there may be a certain market concentration today, but it's probably true that there 14 was a same level of concentration years prior. 15

16 The key, though, is that the identity of the 17 firms aren't the same. And I think that's the important 18 point, which is, you know, there may be changes -- in 19 some markets there are changes in concentration, in other 20 markets. Even if concentration did not change, I think 21 it's important if there are shifts in identity of who the 22 leading firm was.

And so I think that to me is an important dynamic that we want to be able to consider.

And I guess the third point that I wanted to

25

For The Record, Inc. Waldorf, Maryland (301)870-8025

respond to is this question about why haven't we seen new entry? Now, that's a -- that's a tough question because if you look at the data, and this is basically the beginning of a new underwriting cycle, and after a period of high premiums, which is when people expect to see new entry occurring.

7 Now, one is, I have to say, it's still pretty early, so I'm not sure that we would expect to see the 8 9 new entry so far, but again, this is something we should 10 revisit in a couple of years. But the other thing is, that when we think about new entry today, do we really 11 12 expect to see new entry in HMO plans? And I think this 13 is -- this is more a limitation of the data than it is a limitation of our expertise, and that's really the data 14 that we track are data on HMOs. And that's what we tend 15 16 to know a lot about, in part, I think, because of the regulatory framework. HMOs are required to report a lot 17 18 on their finances and enrollment.

So, we know a lot about HMOs. But if you think about what's been happening over the past four or five years, it's been a period where employers and consumers have been turning away from HMOs and turning to PPOs and other less restrictive managed care products. And those are the plans where I think we're seeing the enrollment growth and the expansion.

I think it was Fred Dodson, with PacifiCare, he said yesterday that, in fact, PacifiCare is not entering new markets with HMO plans, but they are entering new cities with PPO plans. And again, that's the dynamic that we're counting on, but again, that's something that we're not going to see in the data.

7 And I quess that goes to my fourth issue, which is HMO penetration, and your comment that in Texas you 8 9 noticed the enrollment growth in HMOs, and again, that's 10 -- you know, there was the heyday of HMO penetration, that's in part why there was a lot of entry. 11 In today's 12 environment, there's this managed care backlash and 13 consumers are turning away from it. So, again, this is just another way of saying that I'm not sure the entry 14 would be expected with HMO plans, but I think if we 15 16 actually looked at PPO plans after that we would see it.

17 MR. FOREMAN: I think I would like to start out 18 by saying, I take that as a yes, that you are forming a 19 new insurance company in Pennsylvania?

20

(Laughter.)

21 MR. ELIASBERG: Steve, did you want to comment on 22 what Lawrence was saying?

23 MR. FOREMAN: In fact, I would like to point out 24 that from the data that we have, that concentration has 25 been increasing since 1998. The world has changed. I

> For The Record, Inc. Waldorf, Maryland (301)870-8025

guess I would agree that you can't look at a slice in 1 time. There was new entry in some areas in the mid-90s. 2 That's now gone. In fact, what we're seeing is market 3 Markets are becoming more concentrated, and 4 exit. 5 contrary to what you're saying, Lawrence, it's the same firm over time that's a dominant firm, and those dominant 6 7 shares are growing greater.

So, the facts now are quite different than they 8 9 were between 1994 and 1998. Parenthetically, even though 10 we look at HMO data because it's available from studies, but there are actually some decent data available on PPOs 11 12 through Atlantic Information Service, through Health 13 Leaders, even in some states the health insurance filings, those health insurers file numbers on PPOs, and 14 15 the NAIC filings, if you'll look in the footnotes, 16 actually include self-insured numbers. And what we're finding is that the major dominant firm in most markets 17 is becoming almost the sole PPO provider, and almost the 18 sole provider of ASO services. And the reason for that 19 20 is that they can offer very large discounts to employers where new entrants would have to pay charges for 21 hospitals and higher rates for physicians are having 22 23 trouble competing.

24 So, in some ways, the story is now a whole lot 25 different, and it should concern us that the ever-growing

level of concentration that we're seeing doesn't seem to
 be explained by the insurance cycle.

MR. ELIASBERG: Ruth, did you want to comment? 3 4 MS. GIVEN: Yeah, and actually, what I wanted to 5 say really kind of echoes what Steve was saying. It's basically by saying that we're shifting out of HMOs to 6 7 PPO and maybe even to self-insured does not assume that shouldn't imply to we're shifting to different 8 9 companies. Because as Steve pointed out, it's the same 10 company.

As Fred Dodson said the other day, PacifiCare is 11 12 trying to move more into PPOs. One of PacifiCare's big 13 efficiencies at the moment is ASO; they would love to get into self-insured, they would love to do that. And so in 14 reality you're buying a different product, you're not 15 16 buying it from a different bunch of competitors. So, that doesn't seem to really increase entry or, you know, 17 18 intrusive competitiveness.

MR. ELIASBERG: Actually, Ruth, let me sort of follow up on that with a question and if you're not the right person, maybe someone else can jump in. Given what you just said, going back to the example that was given yesterday, and change it just a little bit, in which you have a PPO in Orlando that is not offering services in Miami, and the current providers of PPO services in Miami

decided to raise prices a significant and nontransitory amount, what's to stop the Orlando PPO from simply going in and price disciplining the incumbent firms in Miami?

1

2

3

I'm probably not the best person to 4 MS. GIVEN: 5 ask that of, I don't have any personal experience with it, but I mean, I think it really depends on whether 6 7 they're able to get the relationships with the provider And, you know, I quess the only experience, I 8 networks. 9 mean, with regulatory issues, I can deal with the 10 regulatory issues from an economic point of view, and the only kind of story that I can tell that's at all related 11 12 to that is -- I mean, it depends on if you can bring 13 covered lives quickly, if you can bring bodies to people and get a big discount. But the only experience I can 14 talk about is a conversation I had with Lee Newcomer who, 15 16 as I mentioned, used to be the medical director of United, and is now at Vivius, talking about how his new 17 plan, he is sort of trying to move into new areas of the 18 country, any areas of the country, actually, and 19 20 discussing the problem they had moving into the Spokane area with another health plan, which was HealthNet. 21 And it's interesting, because it also brings up an issue that 22 Art raised about potential barriers to entry problem when 23 there's one dominant plan, I quess in the Spokane area, 24 25 it's Primera Blue, and having a real difficult problem,

> For The Record, Inc. Waldorf, Maryland (301)870-8025

you know, essentially getting access to providers, and 1 there was even some perception that providers felt a 2 little bit threatened if they allowed this new, you know, 3 competitor in, that Primera Blue would treat them 4 5 differently. But also talking about an example where they were trying to move in with their plan, this is in a 6 7 different state, into San Luis Obispo in California with an existing health plan sort of working with them and 8 9 having problems there partly because the market there, 10 the provider market is so concentrated. Probably not as concentrated as the Monterey market in California, which 11 12 is really very notorious, all the HMOs have essentially 13 fled the Monterey area. So, that's not quite your question, but it's sort of being able to move in as a 14 15 small and a fairly flexible type of organization, a PPO 16 or a consumer directed health plan.

MR. ELIASBERG: Art, did you have something youwanted to say on that?

I wanted to follow up on what Ruth 19 MR. LERNER: 20 just said and I also had a question for Ruth and Lawrence on something that Stephen had said. So, on the first one 21 is on your last question, I think there's a question of 22 23 definition. When you say the PPOs in Miami are raising price, can a PPO from Orlando come down? When you say 24 25 HMO, everyone knows what you mean. When you say a PPO,

it could mean a number of different things.

1

25

You could mean, and we talked about this a little bit yesterday morning, it could mean a vertically integrated insurer with its own proprietary provider network, let's say Aetna offers an insured or self-insured product administered by Aetna through a Aetna contracted delivery network.

So, let's say there's Aetna and two or three 8 9 companies like that and they all tried to raise price. 10 But you also often sometimes have a PPO network that is a substantial, for example, the company that Jay had 11 12 referred to in HealthLink prior to its affiliation with 13 Blue Cross, where you have a network organization that rents itself, that may have various -- it may have to 14 undergo utilization management and claims various other 15 16 capabilities, but it doesn't provide the insurance function and it rents itself -- it may have an insurance 17 18 license on the side, but its principal business is to rent itself out to carriers, in which case if the 19 20 carriers selling that product were to raise their premium while maintaining the same price they pay to the provider 21 network, it would be that PPO's incentive to invite into 22 23 town an insurance company from Orlando to come in and 24 happily do business with them.

So, you have to focus on what you're talking

1 about, and therefore Ruth's comment was shorter and correct, that it depends on access to provider network. 2 If you can get access to a good provider network, and 3 you're an insurance company with a brand name, there's 4 5 not a lot of barriers to entry to competing with, you I don't think that really just because 6 know, with Aetna. 7 it's Aetna and you're Humana and you're right down the road and you can get the exact same network at the exact 8 9 same price or a better price, that, to me, seems pretty 10 competitive.

Take a market where I've heard complaints about in Utah, where you have a dominant payer who is also the dominant provider, and you've got problems, okay? So, I'm not saying that they've broken the law, I'm just saying that I have gotten a lot of complaints, because it's a small state, I've gotten a lot of complaints about Utah.

18 Stephen raised a question. There's been a lot of discussion today, a number of speakers have talked about 19 20 the insurance underwriting cycle. I understand that to mean, in practice, that profitability in the managed care 21 industry and the health insurance industry swings, and 22 23 you'll have a trough and then you'll have a higher and 24 then you'll have a trough. That you would normally, as 25 Lawrence was just explaining, that you would expect

> For The Record, Inc. Waldorf, Maryland (301)870-8025

during a period of a downswing across the country,
irrespective of particular local market areas, you
wouldn't expect to see a whole lot of entry, and that you
would expect to see relatively more entry in a period of
up if it looks like the period is going to be wrong. But
it's like market timing, you don't want to jump in too
soon and all that stuff.

8 I guess the thing I found interesting was 9 Stephen's question or comment where he said he thinks the 10 very existence of these underwriting cycles suggests the 11 existence of a competition problem. Or the existence of 12 market power or at least barriers to entry, which 13 suggests a competition problem.

And I've also heard about this insurance 14 15 underwriting cycle on the property and casualty side, 16 with malpractice insurance, with liability insurance, with tornado insurance, all sorts of things. 17 It's 18 everywhere. So, I quess my question to Lawrence and Ruth as economists also are, what are your thoughts on 19 20 Stephen's observation about whether the existence of these underwriting cycles somehow suggests the existence 21 of a barrier to entry? Given being, you can go first. 22 23 MR. WU: I'll just start.

24 MR. ELIASBERG: Lawrence, why don't you go ahead, 25 Jay, we'll catch you in a moment, why don't we go ahead

> For The Record, Inc. Waldorf, Maryland (301)870-8025

1

with Lawrence and then Ruth responding to Art's question?

MR. WU: Yeah, I've interpreted the underwriting 2 cycle much more as evidence plans are responding to 3 profit conditions in the marketplace. So, it's not so 4 5 much a barrier to entry, but just a normal market process And especially if it's something that we see in 6 at work. insurance generally, it seems to me the insurance cycle 7 is, you know, unless we think there are barriers to entry 8 9 in all of insurance generally, then I think it's probably 10 not evidence of the barrier to entry in health insurance.

11 You know, I guess the more -- the question that 12 I think this raises is, what do we make of exit from the 13 marketplace, which is so let me sort of translate what I think Steve is saying, which is there has been exit, and 14 so a question is, is that exit a -- does that exit 15 16 represent the failure of an entrant to get into the marketplace, or is that exit representing a rational 17 18 response to market conditions, for example, prices falling and profits falling? 19

20 And I think it's, you know, given the general 21 phenomenon, I think it's part of the normal market 22 process, because I think if you were to look at barriers 23 to entry, I think that's something we need to look at 24 market by market as opposed to something that's much more 25 general that goes across the industry.

MR. ELIASBERG: Ruth?

1

MS. GIVEN: I think my comments would be first, I think, in general, the policy and we're also seeing the insurance cycle is flattening out, which is interest, it means it's not a persistent thing that goes on forever. So, that may be something to think about.

I don't think it's necessarily a sign of lack of competition; however, I find it kind of peculiar that you don't see it with life insurance, as far as I know, but you would see it more in the property and casualty where you'll get like a big hurricane and something and there will be big losses and you'll have to deal with that. It makes more sense in property and casualty.

MR. LERNER: A plague would help on the lifeinsurance.

MS. GIVEN: Yeah, or major earthquake, I mean, that kills people. But I just, I mean, this is the thing I'm always puzzled about, and this is why I do somewhat agree with Steve, it doesn't seem like it should be there. Why doesn't it exist in life insurance if it's in health insurance, why don't we see it in life insurance, which seems much more like health insurance?

23 So, I have questions about it, I don't think it 24 necessarily seems like healthy market competition, but 25 it's kind of weird that it's there. I just don't

> For The Record, Inc. Waldorf, Maryland (301)870-8025

1 understand.

4

5

2 MR. ELIASBERG: Steve, did you have something on 3 this question?

MR. FOREMAN: Yeah, I'm sorry, Jay.

MR. ANGOFF: That's okay.

MR. FOREMAN: I just listened to the final 6 7 comment about exit, and I've got examples. Why in a year when health insurers nationwide made about six billion 8 9 dollars in profits, are we seeing exit? It's not exit 10 during a competitive time, it's exit during the time when there are very large profits, and I'll give an example, 11 12 HealthNet just left Philadelphia. They had a 2 percent 13 market share forever, and my suspicion is that they concluded that if they can't do well in an upturn cycle, 14 they don't want to be here for the downturn. 15

16 So, again, it brings us back to the question, is 17 this an easy business to get into, and I just don't think 18 so.

MR. ELIASBERG: Jay, I'll let you get a word innow.

21 MR. ANGOFF: If I could just get back to your 22 original question about which is, I guess, ease of entry 23 into the PPO market. I guess I would like to make one 24 point on the opposite side; that is, that entry is easy, 25 or at least there is some hope for some class of

1 potential entrants, and I think that is the class of providers, of hospital networks -- hospitals themselves. 2 Most have been failures, and certainly when doctors try 3 to start up these things, like Ruth in the California 4 5 Medical Association, they've been horrendous failures. But at least there's the potential. 6 The providers hate to see these middle men. I mean, the providers do all 7 the work, they provide all the care, and the executives 8 9 of CareFirst get a 39.4 bonus, 39.4 million for 10 converting to for-profit status. And here are these poor doctors and hospital directors struggling along on a 11 12 couple of hundred thousand a year. They hate that.

13 And so, there have been lots of efforts of doctors -- of providers to start their own HMOs, and 14 most have been failures, and the reason is that in order 15 16 to make a profit as an HMO, you've got to squeeze the providers. And the providers don't like squeezing 17 18 themselves. So, most of these things have been failures, but even in St. Louis, there's one hospital network that 19 20 has grown some, not overwhelming, but it's still in business, and it has grown some. And if they can figure 21 out a way, I think that's the one class of potential 22 23 entrant that really could make a difference, that is the 24 providers themselves.

25

MS. MATHIAS: Earlier today Art was talking about

certain contracting practices that may or may not serve 1 as barriers to entry, and I want to discuss a little bit 2 whether, throwing this open to anyone on the panel who 3 wanted to discuss it, whether the MFN clauses, the 4 5 exclusive contracting, are they -- do they rank as barriers to entry, do they rank as, you know, rank may be 6 7 the wrong word, but fall into more of a contracting practice that troubles some people? I mean, where should 8 9 we go with that and what are the concerns that the 10 various panelists members have? And Steve has turned his tent, so we will turn to him first. 11

MR. FOREMAN: I was thinking about it before whenit came up.

We have four carriers in Pennsylvania with market 14 shares at least over 50 percent -- three I mentioned 15 16 that have 70 percent. They give physicians a fee schedule, it's not negotiated. They give it to you, and 17 you have no choice. And by the way, in some areas, that 18 fee schedule is less than Medicare. They don't need a 19 most favored nations clause. I mean, the physician has 20 the choice of taking that contract or going someplace 21 22 else.

Now, that's not to say that those carriers don't also have things like most favored nations clauses in their contract. In fact, one of them has an indemnity

clause that they say, well, we never use it, that the physician agrees to indemnify the insurance company against the insurance company's own negligence. That's always one of my favorites. But they can also unilaterally change the terms of the contract without any approval.

So, basically, that should at least raise a red flag when you see those kinds of contract terms, and look at it from the flip side. You know, if you were a physician, why would you agree to a contract clause like that, unless somebody had some level of market leverage. So, that's where I start from.

13

MS. MATHIAS: Jay?

MR. ANGOFF: Yeah, I would just like to point out 14 15 that market power of the insurer is not necessarily a bad 16 thing for consumers. For example, I mean, let's go back to the beginning of Blue Cross. Blue Cross, from some of 17 18 its history, was a monopolist. They community rated, they took everyone, and they really were a benevolent 19 20 monopolist, at least in some states, at least for part of their history. 21

And even until relatively recently in Rochester, western New York, even in Pennsylvania, they still, don't they, if they don't community rate, they still have an open enrollment period. I mean, Blue Cross plans, even

1

2

today, in certain states, are more liberal in underwriting than the commercial carriers.

3 So, there is an argument that under certain 4 circumstances, a monopolist as an HMO, although arguably 5 bad for providers, that is, although it gets tougher, 6 would pay providers less than they would get paid in a 7 competitive market, is good for consumers to the extent 8 that those savings are passed on.

9 Now, the worst of all worlds is when there's 10 market power on behalf of the insurer, they squeeze the 11 providers, and they don't community rate, they don't open 12 enroll; in fact, in many states, Blue Cross -- I'm told, 13 Blue Cross is a tighter underwriter than other commercial 14 carriers, then there's no benefit for either the consumer 15 or obviously the provider in that type of situation.

16 MR. LERNER: Yeah, I just wanted to follow up on the MFN point. I think we can't generalize, and I think 17 that's very important. I ran into a situation recently 18 where a client of mine, an HMO, wanted to get approval of 19 20 a contract that included an MFN clause and the state insurance commissioner said, you know, I have heard that 21 these MFN clauses can be anticompetitive, I think they're 22 23 a problem, I'm going to disapprove this one. Whenever these come in, we ask people to take them out. And 24 25 because you have to file your provider contracts with the

1 state, we had a situation where the state insurance department was saying, we think these are problematic. 2 And everyone has always taken them out in the past when 3 we've asked. And we said, well, we don't want to take it 4 5 out. And then the situation was we were an HMO, we were signing a contract with a single vision service provider, 6 7 that's like an HMO signing a contract with, you know, For Eyes, to be our dedicated provider of sort of our 8 9 preferred provider of vision care services to our 10 members.

That MFN clause is basically saying we're forming 11 12 an alliance with you in particular, we're one HMO signing 13 an MFN clause with a provider that represented like 8 percent of the provider community. So, we were by no 14 means depriving other health plans of access to whatever 15 16 prices they could get from anybody or even from equal prices from this provider, but an MFN clause can serve a 17 valuable service, and this goes to Steve's comment about 18 why would you ever sign that if the person didn't have 19 20 leverage?

21 An MFN clause in a nonmarket power situation can 22 be a useful tool to say, I want to sign a contract for 23 three years? I don't want to have to sit here and 24 negotiate some very complicated formula to try to predict 25 out exactly what are your costs and exactly what are my

costs and what should the price be over the next three years. You say we're going to come up with rough justice, we're going to negotiate a price, and if the market moves, and you end up having to lower your prices to other people, well, then, your price is going to move to me as well.

That's the classic MFN clause in a nonmarket 7 power situation, and it serves a very legitimate business 8 9 Where, however, you have two situations that purpose. 10 MFN clause is a problem. If you have a group of providers gets together and forms their own network, I 11 12 get very, very nervous about MFN clauses, because then 13 while it may be a way of trying to avoid free riding on the network to help make the network more viable, which 14 is a positive aspect, it can also be a creation of a 15 16 floor and a disciplinary mechanism to prevent the providers from cutting the cartel price. 17

18 So, you have to be very careful about MFN clauses in a horizontal network situation. The other, and I 19 20 think this is the one that Steve is probably referring to, is one that has been used in some circumstances by a 21 very, very strong, we'll just use the word very, very 22 23 strong payer in circumstances where if you can show that 24 the effect of it is not really to lower the price that 25 they're going to get, but rather to prevent new entrants

1 from trying to chip away at -- or smaller plans from trying to chip away and pick off a few discounts here and 2 there to try to put together a competitive thing. 3 Where that's the case, then I think the Department has 4 5 expressed concern in the past on those things, and I think that's rule of reason, something that ought to be 6 7 looked at. But I would be very wary about adopting some 8 sort of overarching no MFN clause.

9 MR. ELIASBERG: Lawrence, did you want to 10 comment?

MR. WU: Yes, on the most favored nation issue, 11 12 I'll start my comments in theory, theoretically, and 13 practically. The theoretical issue really follows on what Art is saying, which is if one looks at the economic 14 literature, my reading is that the procompetitive 15 benefits of most favored nations clauses is mixed. 16 In some cases, there are obviously procompetitive benefits 17 18 associated with MFN clauses, but it could also raise concerns, too. Among the benefits are the ones that 19 20 aren't mentioned, which is price protection over time, which is important, especially with long-term contracts, 21 and especially if one is concerned about rising costs. 22

And of course, the anticompetitive potential is that a plan that -- say a health plan that has an MFN, may have less incentive to discount in the future if it

knows that it also needs to grant that same discount to
 other providers.

3 So, it is mixed. I would say, you know, this is 4 something that we ought to look at, market by market, as 5 opposed to something more broadly, and I think it also 6 matters who, you know, it matters who wants the most 7 favored nations clause. And, you know, a lot of 8 customers do like it. And if customers like it, and want 9 it, I think it's useful.

10 The practical issue with MFNs really has to do with enforcing an MFN clause, and I think it's difficult 11 12 to do that. You know, an MFN clause that relates to 13 prices is especially difficult, because contracts are very complex with providers, whether it's a hospital or 14 physician, and so it's one thing to see what's in the 15 16 contract, it's another thing to see what the actual payments made were. And I think that's why I think if I 17 18 were to summarize the history here, there was a time when health plans and providers really jumped on the MFN 19 20 bandwaqon, because it was -- everyone thought that it was a very good thing, everyone wanted price protection, 21 and maybe it was just plain the fashionable thing to do, 22 23 because it was the subject at many conferences.

24 But in practice, I think very few firms really 25 enforce it, because it's just very difficult. And so

1 that leads me to the question of, well, what's the 2 effect?

3 MR. ELIASBERG: Ruth, was there something that
4 you wanted to comment on?

5 MS. GIVEN: Yeah, could I change the topic for a 6 little bit, because we're getting to be running out of 7 time.

8 MR. ELIASBERG: Okay.

9 MS. GIVEN: Were you going to talk about MFNs? 10 MR. LERNER: I was going to throw in a 20-second MFN clause comment, and that is that I've seen 11 12 circumstances where a very powerful player wants an MFN 13 with a quaranteed margin. In other words, they say my prices have to be -- your prices to me have to be 10 14 percent lower than your prices to anybody else. 15 Those are very interesting. I'll leave it at that. 16

MR. WU: Well, let me add, I'll fill up the other 18 10 seconds, which is, I think the specifics of the MFN 19 clause matter a lot, and so I think that's why there's no 20 one conclusion.

21 MR. ELIASBERG: Ruth, did you have something 22 else?

23 MS. GIVEN: Yeah, one of the things that I meant 24 to touch on in my presentation but I kind of ran out of 25 time, was talking about how just because you have

economies of scale doesn't mean you have merger-specific efficiencies. I think those are entirely different things and that's what you need to demonstrate. And I just wanted to kind of give some advice about looking at merger-specific efficiencies.

One of the things that I think we've seen in HMO 6 7 mergers in the last few years is firms that have merged, promised major economies of scale, major efficiencies. 8 Ι 9 think we've had a lot of trouble, not necessarily their 10 own fault, and this is in integrating information system. In fact, that's actually one of the things that the Wall 11 12 Street people have been talking about are the major 13 economies of scale in this industry. But meshing these systems together is very complicated, and the more 14 complicated systems get in the future in the industry, 15 16 the more difficult this is going to be.

And I have to say, this is sort of a plug for my 17 18 firm, Deloitte Consulting, this is what we do, we integrate these systems. It's difficult for banks, it's 19 20 difficult for HMOs. A couple of, you know, examples, PacifiCare and FHP had a lot of trouble meshing their 21 systems. Even Harvard/Pilgrim, I don't know if people 22 23 remember, about the time that Harvard/Pilgrim was going 24 bankrupt, they discovered that they had two separate 25 accounting systems that they never merged. Not because

1

20

they didn't want to, I think it's very difficult.

So, if you're looking at a merger, I would like 2 to get some accountability here and say, how are you 3 planning on doing this? And then one other thing I just 4 5 wanted to raise, and this is getting back to the issue of entry in the self-insured market. And this is actually a 6 7 question for Art, because Art, I just found a quote from you recently about this recent Supreme Court decision, 8 9 about any willing provider, and basically anyways, you 10 were saying that this is a major step in the progression of the Supreme Court's decision staking out a new 11 12 approach to ERISA preemption analysis, and then talking 13 about how, you know, there might be an impact of this decision on, you know, what ERISA plans would be able to 14 do in the future. 15

16 So, do you think that that's going to make 17 self-insured?

18 MR. LERNER: Which important Supreme Court case19 was that?

MS. GIVEN: Well, this is the --

MS. SENKEWICZ: AHP case, any willing provider.
The Kentucky Association of Health Plans v. Miller.

23 MR. LERNER: On that one, what I thought was 24 interesting -- well, to help everyone understand, that 25 was a case where the Supreme Court ruled that a state law

1 requiring that HMOs and other health insurers let any provider who is willing and able to meet the terms and 2 conditions of the plan participate in the plan, which all 3 other things being equal, would make it harder for a plan 4 5 to assure a particular selective provider of extra volume So, therefore, it makes it harder to get 6 of business. 7 discounts if you think you're going to have to bring everybody in. And the Supreme Court pretty much 8 9 acknowledged that by saying expressly, this will make it 10 harder for customers to go to an HMO and get a lower price in exchange for more selective networks. 11

12 So, it's clearly inevitably, if it has the effect 13 it's supposed to have, will probably raise prices. But 14 what was -- I think what that quote was referring to was 15 a footnote in the court's opinion.

16

MS. GIVEN: Right, right.

Which seemed to suggest that the 17 MR. LERNER: 18 ERISA preemption would not apply to state regulation of HMO network activity even when the customer was self-19 20 insured. That was a footnote, I don't know if they really meant it, I don't know whether they realized the 21 consequences of it, but as I read through the opinion, 22 23 the rest of it was sort of predictable. It was nine to 24 I thought it was a good intellectual argument, nothing. 25 and if it had been raised 15 years ago, the Court might

have, you know, given it longer thought. But in today's
 ERISA environment, the result was pretty -- I felt was
 pretty predictable, but how they were going to come out
 on this case, not to every line of reasoning.

5 But I was referring specifically to that 6 footnote, which would be a rather radical change.

MS. GIVEN: Right.

7

8 MR. LERNER: To suggest that you could provide 9 these any willing provider laws to an insurance company 10 when it was not selling insurance. That would be a 11 rather big step in ERISA jurisprudence, and a big change 12 in insurance department authority, if the court was 13 really going through.

Now, most state insurance laws are not written to give the insurance commissioners that authority in the first place, even if they weren't preempted, because most laws only regulate the sale of insurance, and not other businesses that the insurance companies do that's not insurance. But anyway, that's what I was talking about.

20 MR. ELIASBERG: Ruth, I did want to ask you one 21 question, and then, Steve, I'll let you get into a 22 question or two. The work that you did suggested that 23 -- the work that you did and I guess Dr. Wholey did 24 suggested that efficiencies were pretty much -- did I 25 get it right, efficiencies are pretty much exhausted

around 35,000 enrolled lives?

1

MS. GIVEN: Thirty to 50, yeah, in a local area. MR. ELIASBERG: Okay. What does that say to you about claims that we might hear that there are substantial efficiencies that can be generated when firms say with already 35,000 lives or more wish to merge with each other?

Well, I quess like I said in my 8 MS. GIVEN: 9 presentation, our results might be a little outdated, but 10 those figures might be higher now, partly because you've got a deal, as Steve said, with the monopsony situations. 11 12 Those providers are getting more power. You've got to 13 deal with that, and that may be legitimate. And then also there may be more fixed cost requirements at the 14 local level. So, the cost function issue may change. 15

16 Also, you know, I think it's legitimate if people can demonstrate that there is value at being bigger to 17 18 the purchasers. And one of the things that was mentioned to me by PBGH is, you know, when they were saying, gee, 19 20 you know, too bad the Health Plan of the Redwoods and LifeGuard are gone, but, you know, they were kind of 21 small, and we really prefer bigger plans. CalPERS, you 22 23 know, actually wants plans where they can do what's 24 called population health. They sort of want a plan that 25 has at least a million members in California.

And that's really, like I said, that's a demand side, that's something where the customer perceives a higher value, but it's not reflected in the cost. And I think that's legitimate, but you need sort of a demonstration that the customers really would prefer a bigger plan than the technically minimum efficient scale and you just have to get that evidence separately.

8 MR. ELIASBERG: Steve, now I will let you ask 9 your question.

MR. FOREMAN: I'm just going to tag onto the efficiencies issue, and something that Ruth has mentioned, having read in a newspaper article an apology by a very major health system CEO that had merged and he was actually apologizing for not deriving the efficiencies they had promised.

You know, we've had about 10 years of lots of merger experience now where people came in and made those claims, I think, and would it be worth some research in going back, look at the projected efficiencies at the time of the merger and seeing if they really happened. We could ask Ruth's firm to do that or we could make Lawrence's firm do it. Just a suggestion.

23 MR. ELIASBERG: Jay, something you had? 24 MR. ANGOFF: I think that's a great idea. Or the 25 Justice Department could do it. I mean, there's already

a very substantial literature on the failure of mergers. 1 On how mergers don't work, not for consumers, and also 2 not for the companies. But I don't think there's been 3 4 anything really systematic where you go back and you look 5 at here's what the companies promised, here's what their expert witness said about all these great efficiencies 6 and all the new entry, and let's look at now what's 7 happened after the merger was allowed. 8

9

10

MS. MATHIAS: Art?

So, I think that's a very worthwhile pursuit.

Yeah, just to comment on your 11 MR. LERNER: 12 question to Ruth. I think that your question was, and 13 Ruth's comment was that those numbers, even if they're somewhat low today, is for the number of members you need 14 at the local level to be competitive. So, the notion 15 16 would be that maybe you need only 40,000 people or 60 or 80, or 100, whatever that number is, as a population base 17 18 in Omaha, you know, to do business.

19 There is a different issue, I think, about the 20 technology that's now required to be competitive with --21 to be competitive with the large employers, and large 22 state government entities that basically want you to, you 23 know, be NCQA accredited and to have, you know, HEDIS 24 measures, and to be measuring this and measuring that and 25 all these things.

1 That's a different kind of thing, and so you need 2 a base enrollment. Maybe not all in the same city, but 3 that creates a different economy of scale level that may 4 not be specific to a particular local community.

5 And the second comment I was going to make was picking up on something Jay just said and it also picks 6 7 up on something he said earlier, which is that maybe we should question mergers that would seem to have 8 9 diseconomies of scale that may be anti-efficient, even if 10 they don't raise a problem under the Herfindahl. Which reminds me of sort of going back, I was -- Jay was 11 12 there, too, we were there at the Commission together when 13 our former Chairman had proposed an antitrust reform with -- is Mindy still here, with her former boss, 14 Senator Metzenbaum, in the background, that perhaps 15 16 conglomerate mergers, or mergers in general, above a particular size, ought to be prohibited or restricted, or 17 if you buy something really big, maybe you should spin 18 off something really big, because just these mergers are 19 20 just bad.

21 And in my heart of hearts, as a citizen, I worry 22 about these things, but it doesn't have a whole lot to do 23 with antitrust. And so it may be that a state insurance 24 department could properly worry, given its broader scope 25 of authority about whether a particular merger will or

will not result in a crappily run insurance company, because it's so big it doesn't know which end is up. I mean, that's the kind of thing an insurance department might want to measure, but it doesn't have a whole lot to do with antitrust.

6 So, to suggest that if a merger doesn't reach 7 threshold levels of concern on the Herfindahls, but 8 nonetheless, it looks like this company will be badly --9 it's like a bad combination, it's not going to work, it's 10 inefficient. That's a very interesting model, and I'm 11 not qualified to answer it, but it doesn't have a whole 12 lot to do with antitrust.

MS. MATHIAS: I think at this point we're pretty close to the end, so why don't we give everyone 30 seconds to give any final comments that you may have, and Mary Beth, we haven't heard from you in a while, so if you have anything else.

MS. SENKEWICZ: No, that's fine, I'm not an 18 antitrust person, you know, that's fine. I've enjoyed 19 20 listening to the discussion. I'm going to go back and take a look at some of the issues that have been raised 21 that I'll take a look, Art, at that insurance holding 22 23 company act, and at least bring your remarks and Jay's 24 remarks to the attention of the appropriate people. 25 Because I honestly don't know the last time that act was

1 looked at.

All I can say is, you know, health really is 2 different. You know, it's not like car insurance. It 3 really is a different animal. And in many, many 4 5 respects, the health is local. You know, all politics is local, but health is really local. And sometimes it 6 7 makes us state regulators a little nervous when the Feds, you know, try to kind of think nationally about these 8 9 things, but there are really some very precise and 10 peculiar issues that arise from place to place with respect to the delivery of health care services. 11 12 MS. GIVEN: Yeah, just a quick comment, and this 13 is something that didn't come up earlier about a potential entrant in the market which has been suggested 14 a while ago, but I think has kind of died down. 15 And 16 that's there was talk a few years ago about financial services companies coming in and sort of cutting out HMOs 17 18 and HMOs had sort of, you know, gotten away from the providers, they were not doing anything provider related 19 20 anyways, and couldn't banking companies, just financial services companies come in and do this? And I think I 21 just want to kind of echo Mary Beth's comments about the 22 23 localness, the need to deal with providers. I think this 24 is probably not a viable option, but like I said, it was 25 discussed a while ago that they could sort of essentially

1 fill this function and do in HMOs.

MR. ELIASBERG: Jay?

MR. ANGOFF: Yeah, insurance regulation and 3 antitrust enforcement are two different worlds, and in 4 5 some ways, they're really almost antithetical. There's a lot of about insurance regulation and the insurance 6 7 business that involves cooperation, some which would violate the antitrust laws, some which wouldn't. But 8 9 there's not an antitrust mentality about either the 10 insurance business or insurance regulation, and in most, insurance regulators are not very familiar with the 11 12 antitrust laws. I think a very good thing would be that 13 the Justice Department and the FTC worked more closely with insurance commissioners and got them a little more 14 15 up to speed on the antitrust laws.

16

2

MR. ELIASBERG: Lawrence?

I think that the data show that entry 17 MR. WU: 18 and expansion is a systematic effect and an important competitive constraint in the marketplace. 19 But again, as 20 everyone else here said, we need to look at each market separately, and each transaction differently, and each 21 practice specifically. And I think that's -- I think 22 23 everyone here's comments really go to that, which is, you 24 know, in the end, there's 30,000-foot thinking, but 25 there's no substitute for just being at the ground level

1

2

and looking at the specifics of the marketplace.

MR. ELIASBERG: Steve?

MR. FOREMAN: I agree with that last point. 3 I am at the ground level looking at the specifics of 4 5 marketplaces. I live in Pennsylvania, I've lived in a lot of places. I am concerned about the way the market 6 7 structures are evolving in this industry. We're talking about the delivery of medical care of physicians and 8 9 hospitals. I'm worried that there's a long run supply 10 impact that may be forced by the market structures that really doesn't have anything to do with good clinical 11 12 medicine and doesn't have anything to do with access and 13 availability of the medical care.

I am very specifically concerned that we're going to have a big reduction in health care providers just at the point in time that the baby-boomers are coming through this system when demand goes up. That's really why I'm in this.

19

25

MR. ELIASBERG: And Art?

20 MR. LERNER: I just want to agree with Jay. I 21 think that the agencies should work with insurance 22 departments much in the way they work with the state AGs. 23 I think that would be a good development. And thanks for 24 having me.

MR. ELIASBERG: Thank you all. Once again, we

greatly appreciate the panelists and the roundtable 1 participants for taking their time and giving us their 2 excellent presentations. This concludes this session. 3 We'll reconvene at 2:00 for the first of the buy side 4 5 sessions. We ask that when you leave, if you could please take your briefcases and things like that with 6 7 you, it helps with the security and all, and also any cups and things of that nature. So, thank you very much. 8 9 (Applause.) 10 (Whereupon, at 12:15 p.m., a lunch recess was taken.) 11 12 13 AFTERNOON SESSION 14 15 (2:00 p.m.) 16 Good afternoon, everyone. MR. DANGER: We're going to start here. Welcome back to the health care 17 18 hearings, and if you've been here before and if you've not, well, welcome. My name is Ken Danger, I'm from the 19 Department of Justice, and with me here is Matthew Bye, 20 he's from the FTC. 21 This is the beginning of the Thursday afternoon 22 23 session on monopsony market definition. In my opinion, 24 this issue, monopsony, is quite hot. Congress has

> For The Record, Inc. Waldorf, Maryland (301)870-8025

recently taken a look at it, and Texas has adopted laws

25

1 that establish mechanisms for alleviating monopsony harm when it's found to exist. I believe that Congress and 2 Texas, when they were looking at those issues, were 3 mostly concerned with monopsony power over doctors or 4 5 physicians; and, however, it seems quite likely that there's a significant portion of folks that are 6 7 interested in monopsony power being exercised against 8 hospitals.

This afternoon we'll talk about issues that are 9 10 encountered in market definition when monopsony is The panelists will undoubtedly talk about 11 concerned. 12 product and geographic issues. No doubt we'll also deal 13 with the issue of bargaining power versus monopsony power, something I think that is not well understood in 14 15 the press. I expect our panelists will also be providing 16 some information on the supply elasticity of physicians, that is, their mobility in response to price changes, and 17 18 also maybe some evidence on hospitals. I think we'll also be dealing with all or nothing contracts and with 19 20 the associated implications for monopsony power, and no doubt other issues will come up, as well. 21

Hopefully when we're done, we'll have a good sense of when monopsony power might be of concern and hopefully our experts will point us to some key indicia that will help us figure that all out. Let's see, in

terms of our panelists, we've got Jeff Miles, he's a principal in the Washington, DC office of Ober, Kaler.
Prior to that he worked in the Virginia Attorney
General's Office. Jeff wrote and updates the health care
antitrust law treatise.

Roger Blair is a Huber Hurst professor of
economics and legal studies at the University of Florida.
And Roger is the recognized expert on the topic of
monopsony.

10 Ted Frech is a professor at the University of 11 California, Santa Barbara; and an adjunct scholar at the 12 American Enterprise Institute in DC. He served as a 13 consultant and expert witness for the government and for 14 private parties, as well.

Tom McCarthy, over here, is a senior vice president at the National Economic Research Associates, and has offered expert advice in numerous proceedings involving health care issues.

And Steve Foreman on the left over here, is the director of the Pennsylvania Medical Society Health Services Research Institute and my understanding is that Steve is here on behalf of the AMA.

I'd like to start off by asking Jeff to kick us
off with an overview of the legal issues on monopsony.
MR. MILES: Thank you. I must admit, first,

1 I'm somewhat intimidated by this panel. All these economists, all of whom I either know personally or by 2 their writings. And I would just say about Professor 3 Blair, he is the one who really piqued my interest in 4 5 monopsony issues through some writings he did in the early and mid-1990s, and I still think those writings are 6 7 certainly some of the best there are on the monopsony 8 issue.

9 I am going to just do an overview. I'm going 10 to leave all the esoteric stuff to the people who know more esoteric stuff than I do. And I was asked to talk a 11 little bit about the law as it relates to market 12 13 definition in monopsony cases, which is pretty easy, because there ain't very much of it really to talk about, 14 and that which there is, really I guess maybe with one 15 16 exception isn't particularly helpful if the issue is strictly a monopsony issue as opposed to a seller market 17 18 power issue or a combination of both.

Monopsony power issues can arise in a number of settings, as I'm sure you're aware, naked price-fixing agreements among buyers, I guess, are the most obvious examples. You can go back to some of the older cases like Saucony Vacuum, and also Mandible Island Farms, which is probably the prototype buyer price fixing case, which, by the way, if you go back and reread, after not

> For The Record, Inc. Waldorf, Maryland (301)870-8025

127

having read it for a number of years, it's a particularly
interesting case, because although market definition was
not an issue in the case, the court just happened to
mention an aspect of the case that goes directly toward
market definition and got it right.

You might remember the case involved a price 6 7 fixing agreement among sugar refiners with regard to the price they'd pay sugar growers. And the Supreme Court 8 9 indicated that, gee, the real problem here is that these 10 refiners are the only alternative these sellers have for their output, and when you cut through all the bull of 11 12 market definition on the buyer side, that's really the 13 quts of the test that you use, although we can put a lot of econometric spins and turns on that basic issue. 14

15 Law v. NCAA is a more recent case, which was a 16 case involving price fixing by NCAA sports programs, as far as what they would pay certain types of assistant 17 18 Issues can also arise -- monopsony issues -- in coaches. group purchasing programs, which I find particularly 19 20 interesting for really another reason, and that is primarily because of the lenient treatment they seem to 21 be given under the antitrust laws, whether there's any 22 23 integration among the purchasers or not.

24 Mergers, a number of the merger cases that have 25 been brought have involved monopoly or monopsony

situations. The rice growers case some years ago by DOJ
 and of course the most outstanding example is the
 Aetna/Prudential case, decided by a consent decree in
 '99.

5 There are some, I suppose you would call them Section 2 monopsonization cases involving predatory 6 7 conduct that excluded other potential purchasers from the market, therefore limiting the seller's alternatives. 8 9 But usually those cases are a little bit screwed up 10 because the courts have typically analyzed them as monopolization or attempted monopolization, instead of a 11 12 monopsonization case.

13 A very interesting case outstanding right now is the case in the Eastern District of Pennsylvania 14 15 brought by Chester County Hospital against the 16 independence Blue Cross plan up there, basically alleging monopsonization by the independence Blue Cross plan and 17 18 alleqing, oh, five or six types of predatory conduct that lead to Independence's monopsony power, including some 19 20 market allocation agreements with competitors, mergers, But the basic claim in most of these cases is 21 et cetera. simply our reimbursement is too low, we don't like it; 22 23 the reason it's too low is because the payer has 24 monopsony power.

25

There are some exclusive dealing issues that

can arise in situations where payers have monopsony power. The issue there is obviously foreclosure. And there are even some reciprocal dealing cases that also raise monopsony power type issues.

5 Most of these alleged violations are conduct or 6 violations that are analyzed under the rule of reason 7 and, so, typically, unless there's some type of direct 8 proof of monopsony power, a relevant market is going to 9 have to be defined, both a relevant geographic market and 10 a relevant product market.

And obviously what that market turns out to be 11 12 depends on the setting or the context of the case, and 13 also the particular type of claim, the particular type of antitrust theory involved in the case. They're not a lot 14 15 of cases that discuss monopsony power itself in any 16 detail, period, whether you're looking at the substantive legal rules or whether you're simply looking at how to 17 18 define a market.

In general, I don't think the courts have done 19 20 a particularly good job in examining monopsony issues, and they've done, I think, probably even a worse job in 21 analyzing the relevant market issues in a monopsony type 22 23 of case. Some courts seem to confuse the seller and the buyer issue. The case -- the issue may be a monopsony 24 25 issue, but the court seems to define the market in terms

1

of the output market instead of the input market.

Sometimes courts just don't recognize that 2 there's any difference between defining a market in a 3 4 buyer power case and a seller power case. And some 5 cases, again, they treat as monopolization cases, where the real underlying issue relates more to monopsony 6 7 power. And then in some cases or in some analyses, you'll see that the courts will simply assume there's no 8 9 difference, particularly with regard to the geographic 10 market, whether you're talking -- whether you're looking into buyer market power or seller market power. 11 There 12 just seems to be a lot of confusion.

13 I think probably the best case I can think of off the top of my head where market definition was 14 15 handled in a -- at least in an analytically sound matter is the Second Circuit's decision in 2001 in Todd v. Exxon 16 Corp. And as you might remember, that was a case where 17 18 it was a class action in which a group of employees in the oil industry alleged that their employers alleged in 19 20 very, very specific wage surveys, and then the employers would get together and talk about the wage surveys. And 21 the result of this was that the employees wages were 22 23 stabilized or at least held lower than they otherwise would have been. 24

25

It looked like the case could have been alleged

as an out-and-out price-fixing case. At least at the Second Circuit level, it was not; it was more of a price exchange case, and therefore the rule of reason applied. And one of the big issues in the case was what's the relevant market. And the court realized, in effect, that the case was a case involving buyer market power and not seller market power.

8 If you go back and look at the District Court 9 opinion, the District Court messed up the issue along one 10 of the lines that I just mentioned. In other words, the 11 District Court, instead of looking at the alternatives 12 that the sellers had, treated it as an output market 13 power case and looked at the alternatives the buyer had. 14 The Second Circuit recognized that mistake and moved on.

The issue -- the market definition issue also 15 16 came up in the Aetna/Prudential merger. There's not a whole lot of discussion in the competitive impact 17 18 statement on the market definition issue, and I think one reason is it was not -- the issue was not difficult in 19 20 that case. It was pretty clear that the product market was the purchase of physician services and maybe a little 21 more questionable, it was relatively clear the geographic 22 23 market was limited to the Dallas and Houston areas. It was not a particularly broad geographic market, primarily 24 25 because the physicians could not go to more distant

> For The Record, Inc. Waldorf, Maryland (301)870-8025

132

1 purchasers to sell their services.

I guess the point -- the main point I would 2 make, and I assume everybody in this room is pretty aware 3 of it -- and that is the analytical framework that you 4 5 use to define a relevant market in a monopsony issue case, analytically, it's the same as it is on the output 6 7 You simply flip the analysis around. side. In a seller market power case, the issues boil down to what 8 9 alternatives do the buyers have and how likely are they to turn to those alternatives and in what numbers. 10 Will there be switching to the extent that the 11 12 seller can't sustain this so called hypothetical price 13 increase that we use in defining markets? In defining markets on the buyer's side, you simply flip the analysis 14 around and you look at the alternatives the sellers have. 15 16 And the question you ask is the typical question upside down, and that is if the seller attempts to decrease the 17 18 price, it pays its input, will it be able to sustain that input or do the sellers have sufficient alternatives that 19 20 they can circumvent the price decrease and in effect force the alleged monopsonist to raise its price back up. 21 They are the basic issues. And, so, my own feeling is 22 23 that the so called hypothetical monopolist or 24 hypothetical monopsonist paradigm that we use in defining 25 relevant markets on the output side also applies flipped

1 over on the input side.

Looking at defining the product market itself, 2 typically the product market depends on the types of 3 purchasers and whether those purchasers are, to use the 4 5 legal phrase, I quess, reasonably interchangeable with one another. On the geographic side, the question is 6 7 whether the purchasers are able and will look to more distant sources of purchase or whether they're pretty 8 9 much limited to a smaller area. If a number of different 10 types of purchasers are reasonable substitutes for the buyers of course and they constrain the ability of the 11 12 buyers to decrease price, you include them in the market, 13 and the analysis is the same on the geographic side, as well. 14

One -- another place the courts seem to have some confusion is the fact that the purchasers don't need -- the purchasers of the input don't need to be competitors in the output market to be included in the relevant market for the purchase of the input. Some courts seem to equate the two.

21 And then from there, I think you can move on 22 and use the normal tools that you use in a market 23 definition analysis. Critical loss analysis ought to 24 apply, for example, just as much in defining a market in 25 a buyer power case as in a seller case. And of course

you need -- one thing you need to consider is whether,
 from the seller's standpoint, there are switching costs,
 if there are alternatives out there, what's the cost of
 switching to those alternatives.

5 And that was a relatively important issue, it looked like, in the Aetna/Prudential case. 6 The feeling 7 was there were switching costs when physicians tried to switch, let's say, from Aetna/Prudential to some other 8 9 Switching costs might include such things as an paver. 10 all-product clause that makes it more difficult to switch and even a most-favored-nations clause. 11

12 So, I quess my bottom line is from an antitrust 13 standpoint, I don't see -- defining relevant markets is never easy from a factual standpoint, but from an 14 15 analytical standpoint, and I'll be interested to hear the 16 economists' remarks on this, I really don't see any analytical difference in defining a relevant market, 17 18 whether you're looking at a buyer power case or a seller 19 power case.

And then I'd like to conclude simply by saying I'm quite happy that the FTC and the Department of Justice are emphasizing the monopsony issue as much as they are in these hearings, because I think to a large extent, number one, there's a lot of misunderstanding about how these issues ought to be viewed; and, number

two, they haven't received a whole lot of attention from either of the agencies, although they have received some; and, number three, the courts still seem to be somewhat confused when the issues are buyer power issues as opposed to seller power issues.

6

(Applause).

7 MR. BLAIR: I think you took some of mine.8 Just kidding.

9 I think that largely I agree with Jeff, that --10 and I think that's not too surprising, that when you look at product market definition issues, whether you look at 11 12 it from the buyer's perspective or the seller's 13 perspective, the answer's got to be the same. Now, just think about that. There's a transaction, something is 14 sold, something's purchased, what's sold is what's 15 16 purchased, and that thing that's sold and purchased is the product. Now, if you look at it from the buyer's 17 18 perspective or the seller's perspective, the answer has 19 got to be the same.

20 Now, I think -- I do think that there's some 21 confusion to the extent that anybody's ever looked at the 22 stuff, besides Jeff, that is, the stuff that Harrison and 23 I wrote, you know, we may have contributed somewhat to 24 the confusion as to this idea of flipping the analysis 25 over and looking at the alternatives that the seller has

in case the seller is being abused by a big buyer.

1

Now, let me -- let's just take a look at an 2 example that we are all familiar with and the reason why 3 this example, trivial though it may be, is useful is 4 5 because we already know the answer, okay? Think about the market for corn flakes. So, we ask the question, 6 7 Kellogg's Corn Flakes are a relevant product market. Well, the answer of course is if Kelloqq's tries to raise 8 9 the price above the competitive level, what will buyers 10 do?

11 Well, some will turn to Wheaties; some will 12 turn to Cheerios; some will turn to Shredded Wheat. And 13 then of course there's always the Cocoa Puffs and Fruit 14 Loops and so on. So, we know from having analyzed this 15 marketplace before that ready-to-eat breakfast cereal is 16 a reasonably decent product market definition.

Now, these things are always somewhat confusing 17 18 in the real world, of course, because we're combining somewhat imperfect substitutes into what we define as the 19 20 relevant product market, and we're excluding other somewhat imperfect substitutes, in this case, things like 21 prepared cereals or hot cereals and of course the things 22 23 that, you know, lots of people eat for breakfast, like, 24 you know, donuts and bagels and, you know, when you're 25 talking to college students, you always have to mention

cold pizza and apple pie and stuff like that. So, we
 keep some things in; we keep some things out. And, so,
 that by itself is a little bit confusing.

But, okay, so let's say we know that already 4 5 that the relevant product market, certainly from the buyer's standpoint, is ready-to-eat breakfast cereal. 6 7 We've done that analysis and we figured that out. Okay, now let's say that all manufacturers of breakfast cereals 8 9 are completely specialized, they have completely unique 10 production facilities and Kelloqq's can't make anything other than corn flakes. Wheaties, that quy can't make 11 12 anything other than Wheaties, and so on, okay?

13 Now, so now let's suppose that we form some buying co-op among us as consumers of breakfast cereals 14 and we decide we're going to pool our purchasing power 15 16 with respect to corn flakes, and we go to the corn flakes quy and we say you've got to give us a lower price 17 18 because we're big; and he said, well, I'm not going to do that; and they say, okay, well, we're going to make you 19 20 give us a lower price. How are you going to do that? We're going to reduce the quantity that we buy, which is 21 basically all that the monopsonist can do. 22 That's going 23 to push you down along your supply curve and the price is 24 going to be lower.

25

All right, now, Kellogg's has no place else to

It has no other product that it can make. It can't 1 qo. sort of, you know, sugar coat this stuff and make 2 something else or add some fruit to it and call it 3 something or other. All it can do is make corn flakes. 4 5 It's got no other options. And, so, what it does, what happens is that the quantity of corn flakes sold goes 6 down, and the price goes down accordingly, because we 7 slide along the supply curve. 8

9 Now, does that make corn flakes a relevant 10 market, because Kellogg's has no place to go? Of course We already know that the relevant product market is 11 not. 12 ready-to-eat breakfast cereal. Now, the fact that this 13 quy can be abused because of the specialized nature of his production facility doesn't make corn flakes the 14 relevant market. What it does is it puts this quy at 15 16 risk for being abused in the event that these purchases are pooled into some buying co-op which is going to 17 18 exercise monopsony power.

Now, the way that I think we can see this is what happens when the co-op reduces the quantity and therefore reduces the price? Now the relative prices are distorted and the corn flakes -- everything else is now relatively more expensive than it was before. Relative to corn flakes. And what that's going to do is that's going to, you know, instead of eating corn flakes once a

week, I'm going to want to eat corn flakes two or three times a week. And, you know, and that -- in effect, I'm going to notify the co-op manager to buy more corn flakes for me, right?

5 And then what happens in these other markets is that, you know, they're going to experience a drop in 6 7 their sales, because now the corn flakes are relatively more expensive. Or alternatively, to the extent that --8 9 or think about it the other way, to the extent that I 10 reduce my consumption of corn flakes in order to extract this lower price, I'm going to now substitute Wheaties. 11 12 If the Wheaties supply function has a positive slope, 13 then that's going to bid up that price, it's going to make Wheaties even that much more expensive, relative to 14 15 the corn flakes. And the dynamics in this marketplace 16 are going to tend to offset that, and you're going to get, you know, substitution on the buying side, which is 17 18 in fact what defines the markets.

Now, I think that if we want to eliminate the confusion, a lot of the confusion has to do with the power, the ability to abuse certain suppliers who do have specialized facilities. You know if you talk about a health care market, think about acute-care hospital services. Acute-care hospital services is a relevant market, if it is, because that's what buyers want, and

they don't have any reasonable alternatives. That's what makes it a relevant market.

Now, the fact that a hospital can be abused by 3 a big buyer doesn't define the relevant market. 4 What 5 that means is that that hospital doesn't have very good alternative uses for its facilities. I mean, you know, 6 7 it can't easily turn them into a hotel, you know, and then they can't make candy there and things like that. 8 9 So there's not a lot you can do with a hospital other than use it as a hospital. 10

Now, that limits the ability of the hospital to 11 12 do anything about it, but that's not what defines the 13 What defines the market is the substitutability market. of that collection of services with other things. 14 And if 15 there aren't other things that are reasonable 16 substitutes, then you have identified the relevant product market. 17

18 My suggestion is if we find things confusing by looking at product market definition issues from the 19 20 seller's perspective, that is, that we put this in a monopsony context, well, the easiest thing to do is to 21 look at it from the buyer's standpoint, because we 22 23 already know how to do it. We have a lot of experience with that. All our intuition works best when we're 24 25 looking at this from the buyer's side, and if we get that

right, then I think that we've defined the relevant
 product market, even when the issue may involve
 monopsony.

Now, I could address the 14 other questions
that Ken raised in his introduction, but I'm going to let
somebody else do that. Thank you.

7

(Applause).

8 MR. FRECH: Okay, well, I'm certainly not going 9 to address 14 questions.

Okay, as we've seen before, particularly in 10 health care, there aren't very many cases, and there's 11 12 also not very much literature. And of the few cases, I 13 worked on one of the early ones, the Kartell case, which is the name of it, Kartell v. Blue Shield of 14 Massachusetts. It's worth sort of following the case 15 16 just because the name is so good, because it was an antitrust case. But this had a strong monopsony element, 17 18 but market definition was seriously contested. It was all health care or all physician care, I should say, and 19 20 qeographically it was the State of Massachusetts, which seriously from the seller's side is vastly too big. 21 And the real focus in that case was old-fashioned unmanaged 22 23 It was really a pre-managed-care type of case. care.

Okay, well, let me give some thoughts on this
market definition. First, I agree with Jeff on the basic

1 idea that you can just flip over the analysis. And, so, if you're looking for a hypothetical monopolist to see if 2 he can exploit buyers, look at -- by raising the price, 3 you look at whether a hypothetical monopsonist can 4 5 exploit sellers by driving the price down, so that if the hypothetical monopsonist could drive the price down, 6 7 that's an indicator of monopsony power and that's an indicator if you have the right hypothetical group that 8 9 you've got a market, an antitrust market.

So, at that level, it's really very 10 straightforward. Particularly in health care, though, 11 12 it's very tricky in practice, to say the least. You're 13 always at risk of confounding two major things, and even thinking about it hypothetically, and the two things are 14 monopsony power of buyers versus reducing the monopoly 15 16 power of sellers. Okay? And it's very hard to know in actual experience and actual data in concrete cases, let 17 18 alone analytically, which one is going on, especially since we know that provider markets start out as very 19 20 imperfect and there's lots of room to improve. And managed care plans, in particular, not old-fashioned 21 indemnity, but managed care plans in particular improve 22 23 competition among providers in a couple of ways. One way 24 is that they perform search, reducing information costs. 25 So, if you see a provider on the list, you know

that's a low-price provider. The second thing they do is improve incentives to actually use the low-priced provider. And these incentives, with managed care, can actually be stronger than they are with no insurance at all. And people find this hard to see, and it's such an important point. I have a couple of overheads to show about this.

8 Imagine a situation where there's two 9 physicians -- oh, okay. Okay, I have to sort of commute 10 to the exhibit here.

Imagine a situation where there's two 11 12 physicians, we're looking at only particular services. 13 The one physician charges \$2,000 to do it; the other one charges \$1,000. Okay, so there's a high price and a low 14 price one. What we want to do is compare four types of 15 16 insurance to no insurance. Okay, traditional indemnity that pays 100 percent; traditional indemnity that pays 80 17 18 percent.

Both of these were common of course, back in the bad old days of pre-managed care -- than a PPO that pays 100 percent of the allowed bill, if you go in the plan, and 80 percent if you go out of plan. And we're going to set the allowance, just to make it as simple as possible. And it's also pretty realistic, set the allowance at the price of the low price guy, \$1,000; so,

if you go see the low-price guy with the PPO, it pays the whole bill. If you go see the high-priced guy you get 80 percent of that allowance towards the bill. A really classic kind of PPO benefit structure. And the and HMO that pays 100 percent in-plan and zero out-of-plan.

Okay, and then the next -- on the fly, while 6 7 Sarah is doing this is great. Okay, we can really summarize the incentives to both search and get 8 9 information and also to choose payers in this whole -- in 10 this simple single table here. What this shows is what the consumer actually pays out of pocket for this one 11 12 procedure, depending on which physician he goes to and 13 which kind of insurance he has.

The first row is no insurance. 14 The consumer 15 pays the whole price either way. The difference, which 16 is really the key to the whole thing, is 1,000 bucks. Okay, those are really strong incentives like you get in 17 18 any typical market. The very worse you get is traditional indemnity insurance that's very complete, 19 20 traditional, classic Blue Cross-type insurance. It pays everything, no matter what, you have no incentive 21 whatsoever to choose or find out who's the low-price 22 23 provider. Very anti-competitive type of insurance to have around. 24

25

If you have traditional indemnity that pays 80

1 percent, you get some slight incentive to find out the low-price quy and use him, you save \$200 if you go to the 2 low-price quy. Now, skip to the HMO, the HMO you get 3 zero coverage out of plan, so you pay the full 2,000, 4 5 because you're going to the high-price guy. You go to the low-price quy, you pay zero, \$2,000 difference, twice 6 7 as big as no insurance. A very high-powered incentive. This is pretty recognized, very pro-competitive, high-8 9 powered incentives.

Even with the PPO, and the PPOs can be set up 10 more aggressively than the one I just described. 11 This 12 kind of standard, vanilla PPO, the difference between 13 going to the high-price and low-price guy exceeds what it is with no insurance. If you go to the high-price guy, 14 you pay the out-of-pocket \$1,200. If you go to the low-15 16 price quy, you pay zero. The difference is \$1,200. 17 Okay.

So, you can get a huge effect in improving incentives and improving competition with managed care, even with PPOs, even with kind of soft -- think of PPOs as kind of soft managed care. You still can get a huge effect.

Okay, now, this is obviously a good thing, a
pro-competitive thing, something that we would -antitrust if you like, and observing this, observing that

some insurance plan comes in and sets up these kinds of 1 incentives and drives prices way down, it's not evidence 2 of monopsony. And it's a good thing. And, indeed, many 3 PPOs and HMOs have gotten big price discounts with zero 4 5 market shares. Okay, the way they do that is they come to town and say we're not in town yet; we haven't even 6 7 started; will you sign a contract with discounts, and lots of people do. 8

9 Well, the effect of PPO and HMO contracting 10 gets confounded with the effects of monopsony power for a 11 couple of reasons. One is just in recent history it 12 happens to be the case that insurer mergers have 13 coincided with the growth of managed care. So, the 14 insurers have merged at the same time they're promoting 15 PPOs and dropping their old-fashioned indemnity.

The second reason is that there are some scale economies to setting up these kind of contracts. So, really small indemnity plans have a hard time really creating even PPO networks, let alone HMO networks. They merge to get a little better -- well, a bigger market share, they can do better.

Okay, this suggests we need some research on to the extent to which managed care provider prices are associated with buyer market shares, sort of basic simple-minded research, but as I know, hasn't been done.

> For The Record, Inc. Waldorf, Maryland (301)870-8025

1 Another problem with applying the traditional hypothetical price analysis just flipped on its head is 2 that the definition of prices is tricky in health care. 3 For one thing, price discrimination is very common. 4 And 5 this is long recognized. In fact, one of the classic early health economics articles, when health economics 6 7 was in its infancy, was on price discrimination in medicine by Ruben Kessell. This, again, makes it tricky 8 9 to interpret actual experience and actual data, because 10 we not only get the possibility of reducing provider market power, we get the possibility of reducing or 11 12 changing price discrimination.

13 Plans typically have to pay higher prices when there's less competition among providers, so if they can 14 only make a weak threat to drop the only hospital in 15 town, that's not very effective. But that's not price 16 discrimination by the plans; that's price discrimination 17 -- or it's not price -- it's variation in market power by 18 the sellers. Price discrimination by the plans is 19 20 different. That would occur where they pay less where they're concentrated, not that they pay less where the 21 providers aren't concentrated. 22

Okay, another complicating issue for particular
health care monopsony is that health plan pricing, when
they purchase from the providers, is typically

For The Record, Inc. Waldorf, Maryland (301)870-8025

1 approximately all or nothing pricing. Now, there's a very nice paper on this by Jill Herndon, one of Roger's 2 colleagues, in the Journal of Health Economics, last 3 year, 2002. Providers don't have much option of a little 4 5 bit reducing their supplies to one particular monopsony It's not like monopsony in grain purchases or 6 seller. 7 something, where the quy growing the wheat can sell it to a different grain elevator down the road, sell some of 8 9 it.

10 The biggest reason is contractual. The physicians typically agree to treat patients of a 11 12 particular plan without discrimination. Okay, and the 13 strength of the contractual language is really striking. And I have a quote from Jill Herndon's article. There's 14 four clauses, that as you'll see they're overlapping, and 15 16 just leave no room for doubt from one contract between an IPA and a physician. And it says members shall provide 17 18 services, so long as such services are customarily provided by member. And then -- that's number one. 19

20 Number two, member agrees not to reject any 21 person as a patient on the basis of the alleged 22 inadequacy of any payments provided for in agreement with 23 payers, which is the contract itself. Number three, 24 member agrees that all services will be provided in the 25 same manner, standards and time availability as offered

> For The Record, Inc. Waldorf, Maryland (301)870-8025

to its other patients. And number four, member agrees
 not to discriminate or differentiate on the basis of
 health status or source of payment. That's just
 contractually just overwhelming.

5 In the cartel case that I worked on 20 years 6 ago, there was similar language in the Blue Shield 7 physician contract in Massachusetts, although not as strong as this and it wasn't four different places. 8 But 9 it's obvious this is a big important issue. One question 10 is would the plans bother with such language, unless they were planning to pay less than other payers? Well, of 11 12 course not, so this language itself implies that they 13 were trying to make a better bargain than the other 14 players.

But is this evidence of monopsony? No, because of the fundamental ambiguity between monopsony and just reducing market power of providers.

18 Okay, another problem with using price, and even in the hypothetical, price is defined in weird ways 19 20 in health care markets. So, it's tough to tell if it really declines. There are too many ways of paying 21 providers -- or paying physicians. I'm going to leave 22 23 out hospital payments because they're even more complex. 24 They have these categories, plus some more. But the two 25 main ways are capitation and discounted fee for service.

1 Capitation almost always has exclusions, so certain services that aren't covered. It usually has 2 outlier payments, so usually if one physician or a 3 physician group gets somebody who is extremely much care, 4 5 they get covered to some extent, and these vary in complex ways. Further, for capitation to know whether 6 7 it's a good price or not, you need to know the risk characteristics of the population. So, that's already a 8 9 mess.

10 Then you've got discounted fee for service, but discounted fee for service often has holdbacks of various 11 12 kinds that are volume related. What this means is 13 they're really partial capitation. So, it's a continuum and even a discounted fee for service typically has 14 15 capitation-like aspects that makes it dependent, whether 16 a particular price is truly high or low, dependant on what the risk characteristics are of the population. 17

18 Now, just briefly switching gears from the price issue to geographic markets, providers have to be 19 20 able to shift from customers of one plan to customers of another to defeat price increases, monopsony price 21 So, they have to be basically in the 22 increases. 23 provider's market. They have to be close enough to be 24 attracted or steered. This shows that even small plans 25 operate in many geographic markets, many relevant

1 geographic markets in the antitrust case -- antitrust 2 sense. So, for example, a plan in LA County might 3 operate in ten or 20 markets. This shows that you could 4 easily have, for example, a big merger in the D.C. area 5 that might create market power in Gaithersburg and 6 nowhere else.

7 Historically, Blue Cross/Blue Shield was the 8 usual culprit in monopsony cases. They had the 9 overwhelming shares. And the issue was complicated by 10 them also having obvious market power sort of on the other side as sellers. Some of that was due to tax and 11 12 regulatory advantages, which have been reduced over time, 13 but they still, on their -- the Blues may still be the biggest problem. 14

Monopsony was definitely simpler to analyze in 15 16 the old days of traditional indemnity insurance and relatively simple fee for service pricing. So, just in 17 18 conclusion, let me say there are really no new economic principles here in market definition for monopsony. 19 I'm 20 exactly agreeing with Jeff on that, but it's tricky in practice, particularly in this industry because we start 21 from a position of market power from the providers. 22

23 So, even if your sure prices decline, which is, 24 as I've shown, hard to be sure of, it's hard to know why. 25 It's hard to know how to interpret it.

> For The Record, Inc. Waldorf, Maryland (301)870-8025

Thank you.

1

(Applause).
MR. MCCARTHY: I'm going to boot this up.
Good afternoon. It's nice to join this
distinguished panel, and I think you've already heard
some interesting insights already on the monopsony issue.
In my 15 minutes, what I want to do is touch on several

8 subjects, sort of in a fairly loose structure, 9 recognizing that the panelists you've already heard have 10 put some of this in context already.

Let me start with sort of a quick list.
Everybody seems to do our inventories. Is it booting up?
Well, a slow load there.

Where do the monopsony issues arise? And as 14 15 you've already heard, there have been some merger issues, 16 and part of what we're talking about today has to do with whether the guidelines are applicable in a flipped sort 17 18 of way to monopsony issues as well as monopoly. The two that come to mind recently are the Kartell and the Aetna 19 20 monopsony merger issue that were in the consensus, as Jeff's already mentioned. 21

As you may or may not know from earlier sessions, we at NERA worked on Aetna, and I'll make just a few comments on the monopsony issues that came up in that investigation. But also there's litigation, and

1 this is mentioned as well. I would categorize these in sort of two kinds of categories. There are the various 2 physician provider tract class actions. These really 3 have a pleading which is essentially an alleged 4 5 conspiracy to monopsonize. In other words, it's not just This is a group of payors that allegedly, 6 one payor. 7 somehow, agree on the mechanism, as I understand it, is basically claims processing, but they agree to do things 8 9 in a particular way that leads to underpayments of 10 physicians.

The other type of suit Jeff mentioned, which 11 12 would be lawsuits by a particular hospital against a 13 particular payor. And I think there's probably more than one of those brewing. That I would characterize as an 14 15 alleged unilateral monopsonization. The words are kind 16 of hard, after we talk monopoly so often. And while it's the same underlying problem, that is, monopsony, buyer 17 18 cartel, whatever, whether it's a cartel or unilateral, it does present different issues. For instance, in the 19 20 first, does a monopsony conspiracy make any sense? Can it hold together? So, there are different issues. 21

22 Why has it become an issue? Well, you've heard 23 a little of this. I would argue that the basic problem 24 here is that the so called health care dollar just 25 doesn't go far enough. That is, somebody always feels

that they're not getting their share of that dollar, and that's the real underlying problem. Some have argued it's due to consolidation in the health insurance industry. That's not an argument that I put too much credence in. It may matter in some areas, but the truth is that in my experience health insurance markets are pretty competitive.

8 I think more it's a long-term trend. In many 9 markets, there have been a significant amount of excess 10 capacity for a sustained period of time. And this is 11 especially true for hospitals and for specialty medical -12 - for specialty physicians.

13 Insurers, both as a cause and an effect of that, have used selective contracting, risk sharing, 14 utilization management, other cost containment sorts of 15 16 tools, to keep premiums low. And the point of that, which has already been mentioned in Ted's example, is to 17 18 keep the competitive pressure on provider reimbursements. That, of course, leads to physician, in particular, if 19 20 you measure it by the collective bargaining sorts of statutes that are being sought and then multi-district 21 litigation in Miami and other sorts of measures, that's 22 23 led to frustration by the provider community.

And, again, I believe that the Aetna and Kartell consents give some legitimacy in the health care

1 world to this issue.

Okay, is it likely to be a future issue -- an issue in the future? I think it will never go away. I think that as long as the health care dollar is too small, someone will complain, but I believe the next round of complaints are going to be by employers who are unhappy about premium increases, which the insurers would say is brought on by provider price increases.

9 So, but, it will be a factor, it just will be 10 less of a factor, and I think for the following reasons. One, the managed care backlash has shifted the bargaining 11 12 strength to providers. Broad networks mean there is much 13 more of this, you've got to have this hospital or this physician group. Secondly, it's fairly settled that a 14 large part of the physician community in particular is 15 16 unwilling or unable to bear a lot of risk, so some of the managed care tools that we've used in the past are 17 18 probably not going to be as strong. That's not to say There are some physician groups who are 19 all of them. 20 really guite adept at it and prefer to do it that way.

21 Provider consolidations, this is actually a 22 future session in this set of series about countervailing 23 power. This argument would be that more market power on 24 the seller side of the input market. And, finally, 25 eventually, the resolution of the provider tract class

actions, I think that will cause some of this issue to
 fade some. Who knows when that will be.

Now, addressing the question of is it the flip 3 side of monopoly. I guess I agree with most of the panel 4 5 that generally there are many similarities and There's a lot to be said about the mirror 6 symmetries. 7 image analysis. And certainly as a way to think through, it's very helpful to think in terms of what we're 8 9 comfortable thinking with monopoly. But I think there 10 are at least two fundamental differences between monopoly and monopsony in the analysis. 11

12 The first is that monopsony underpricing is not 13 sustainable over the long run. But super-competitive 14 monopoly pricing is. What do I mean by that? A 15 monopolist relies -- if they have true market power --16 relies on a barrier to entry. And as a result, can keep 17 prices at monopoly levels, so long as that barrier to 18 entry exists.

Monopsony, on the other hand, can't afford to drive its suppliers out. A buyer can't afford to drive its suppliers out of business by sustained underpayment, especially if capital investments are involved that have to have a return to capital. Or, as has already been mentioned, the inputs are mobile. And to -- for a simple example in the health care world that maybe a lot of you

are familiar with, think of all the exit that's occurred in -- when the so called monopsonist Federal Government cut the reimbursements to Medicare plus choice plans. We had terrific exit, so much so that it caused a lawsuit in California that it was a conspiracy to exit.

The second is sort of a technical asymmetry 6 7 that has potential importance but it may or may not be true, depending on the specific analysis in the case, and 8 9 that is in the analysis of monopoly, by definition. 10 We're talking about downward sloping demand curves, and it logically must be. I suppose that you could find that 11 there is no downward sloping demand curve, but that would 12 13 end up being pure and perfect competition and it's hard to confuse that. 14

In the analysis of monopsony, however, the input market supply curve is really the flip side focus that we're talking about here, and it can be positively sloped, which is the example when we believe monopsony can occur; or it can be flat; or even in a few rare circumstances, negatively sloped.

If the input supply curve is flat, or negatively sloped, then the analysis is, again, not symmetrical. In general, labor markets -- the example here would be physician services are more likely to be positively sloped, but the bricks and mortar kinds of

> For The Record, Inc. Waldorf, Maryland (301)870-8025

1

2

industries, hospitals in particular, are less likely to be positively sloped, in fact, may be pretty elastic.

Having said that, both markets will be fairly elastic or have fairly flat supply curves, if they are characterized by excess capacity. Excess capacity is a big issue here.

Does this mean that the agencies shouldn't care about monopsony? Well, I'd say no, they should care, especially since relatively short-run problems matter in merger analysis I think a little more than they do in, say, a monopsonization or a monopolization case that goes to litigation. Those are long-run concepts.

13 But I quess I would also say that the differences should make us at least cautionary. 14 The 15 conditions for monopsony may not be present, and that's 16 an investigation that needs to be done. And the mobility of resources tends to be self-correcting. 17 I have a 18 brother-in-law who is an electrical engineer, and he tells me that -- if you want to talk about a market that 19 20 adjusts, he works in the software and hardware business that went south with the dot-com bust. The salaries for 21 those kinds of electrical engineers are down to about a 22 23 third of what they were two or three years ago.

Now, that's a market giving a signal that you should take your human capital elsewhere, and what would

end up happening is both an increase presumably in demand and an adjustment in supply that will bring that market back into equilibrium. So, this whole notion of when a market is in equilibrium I think is a very important piece of the analysis.

6 If the conditions are present, however, you 7 know, the agencies may care about the duration during which it takes for those resources to move in or out of 8 9 the business and, therefore, you know, want to intervene. 10 How sustained it has to be before intervention occurs, that's a little like asking on the monopoly side, we have 11 12 a rule, right in the quidelines that pretty much says 13 effective entry that we can't predict to occur within two years, we're going to worry, that there's -- we'll 14 tolerate two years of a market adjusting to bring prices 15 16 down, but then that's about it. I think everybody understands it's arbitrary, but it's just sort of a 17 18 public policy statement. What it matters on the monopsony side, I'm not sure. We can pick the same two 19 20 years, I don't -- that would be a matter of policy.

Now, in health care, not to belabor this, but essentially these caveats apply to health care as well, that is, inputs are somewhat mobile, not all of them, and we'll talk about that. Hospitals can disinvest; hospitals can move to other services that may not be

1

2

subject to the same monopsony pressures; physicians can move. But it's limited, and we'll talk about that.

What I think is more important is that the 3 health care rarely fits the textbook case of monopsony. 4 5 And I'll come to that in some detail. And I think that that conclusion applies to both physicians and hospitals. 6 7 Okay, what is the textbook case? Well, I'm going to talk about four particular factors. There is of course a 8 9 dominant buyer; that that dominant buyer as we've heard 10 faces an upward sloping input supply function. The second factor is the affected sellers can't move out of 11 12 the input markets. Third, if the affected sellers, 13 meaning those that are subject to the monopsony, cannot impact or do not in the textbook model impact quality, I 14 want to come back to that, that's important in the 15 16 medical world. And there is a single-market clearing price in the input market. That's the textbook case. 17

18 At the risk of going overtime, let me give you an example of what I mean by a textbook case of 19 20 monopsony. A typical example would be hiring of sugar cane cutters on an isolated Caribbean island, in other 21 words, very stylized. The monopsony problem is basically 22 23 simple. In any labor market, or most labor markets, the 24 supply curve of labor is upward sloping. That means that 25 every time significantly more labor is hired, the

1 monopsonist not only has to pay the new higher rate for 2 those extra workers, but the monopsonist also bears the 3 brunt of paying the previously hired workers the new 4 higher wage rate.

5 So, let's make up a simple example. Suppose a thousand sugar cane workers would be willing to work for 6 7 If it would take another dollar to get \$10 an hour. 8 another 25 workers into the sugar cane fields, then the 9 rate of \$11 an hour would not only be paid to the new 25 10 workers but everybody, the original thousand workers. That makes the monopsonist realize that essentially it is 11 12 bidding against itself, that as it tries to hire more and 13 more workers on an incremental basis, the true price of hiring those workers is higher and higher and higher. 14

15 That causes, in a monopsony model, that causes 16 the monopsonist to choose less workers and to pay a less-17 than-competitive rate. And that's the essential 18 monopsony problem.

Now, suppose instead that that monopsonist could hire the first 500 workers at \$5 an hour, the next 250 at \$7 an hour and the next 250 at \$10 an hour, in other words, not have to pay the new rate to everybody who was previously hired, then we wouldn't have that kind of incremental effect. We wouldn't have this perception that wage rates are really rising fast.

1 The obvious answer for the workers on this Caribbean island would be to go work for another employer 2 or get off the island. The stylized facts in the 3 textbook monopsony case is that the workers can't leave. 4 5 They're stuck with low wages, under-employment or unemployment. And with respect to quality, think of it 6 7 this way. When the sugar cane that is cut by the monopsonized workers gets processed, it is still just as 8 9 sweet on your dinner table as it is on -- if that sugar 10 were bought from a non-monopsonized plantation. So, the quality is not -- quality of the output is not affected 11 12 by what goes on in the input market.

13 Well, let's look at what all this means for health care. First, rather than one dominant buyer, I 14 15 think it's generally true that there are many different 16 payors, including the government. And let me give you an example in Aetna of how big a difference that can be. 17 18 The finding -- to refresh your memory, the finding was based on HMO and point-of-service products only, and it 19 20 was thought that Dallas -- in Dallas, the combined entity would have 48 percent of that market and in Houston they 21 would have 66. But this commercial, fully funded HMO and 22 23 point-of-service is not, of course, every place a 24 physician can earn money.

When it came to Aetna's share of the

25

reimbursements, we estimated it to be in Dallas that Aetna, all of its products, indemnity, PPO and HMO, were responsible for about 25 percent of the payments, not -that doesn't look like a dominant buyer to me. And 28 percent Houston. So, when you analyze this, you've got to look at all payment sources.

Further, the supply -- this is a point I've 7 already made -- but the supply condition may actually be 8 a flat supply curve, if there's excess capacity. We'll 9 10 come back to that probably tomorrow. Many providers, rather than the sellers not being able to escape, there 11 12 are two points to be made here. In health care, some 13 providers can escape. Doctors do move. Doctors do shift. Some are more mobile; the hospital-based 14 15 physicians, like anesthesiologists, being an example.

16 But I think even more important than the mobility of physicians, which is not always great, is 17 18 that all of them can serve other insurers. This becomes important. We're not dealing with sugar cane cutters who 19 20 are hired by one entity, who have to spend all their labor time with one entity. What we have is a contract. 21 The contract says you will be available to treat the 22 23 members of my insurance company. It doesn't say exclusively. You can sign up with other insurers, and 24 25 then we get into the switching sorts of issues that have

> For The Record, Inc. Waldorf, Maryland (301)870-8025

1

2

25

already been mentioned. And I think that's going to be a subject for tomorrow or for the discussion in a moment.

Finally, and this I think is a critically 3 important difference of health care markets versus the 4 5 textbook case. Provider underpayment to physicians or hospitals can affect quality. As a matter of fact, it 6 7 was the basis of the DOJ complaint on monopsony that the patients would suffer lower quality care. Well, that's a 8 9 little different. That says now the sugar that shows up 10 on your dining room table is not as sweet as the sugar from the non-monopsonized market. So, the consumer would 11 12 then say I'm not going to buy that sugar; I'm going to 13 buy sugar from the non-monopsonized market. Translated, that means rather than buy from Aetna, in this particular 14 case, they might buy from Cigna or Humana or somebody 15 16 else.

So, there's sort of, again, a natural 17 18 correction that goes on, in that the consumer will leave any insurer who is under-pricing so much that it affects 19 20 the quality of care. And it seems sort of a selfdefeating kind of business strategy to have your best 21 docs who are serving the most Aetna, in this case, 22 23 members be the angriest of all of your docs, which was 24 the theory that comes out of that.

Now, was there a single market clearing price?

1 Is there in health care? No. No, generally, I've never seen a market that didn't have a distribution of 2 reimbursement rates, fairly wide distribution of 3 reimbursement rates, and a whole different variety of 4 5 negotiated contract terms. So, it doesn't fit the single That means it's more like you can get those sugar 6 price. cane workers, the first 500 for \$5, the second 250 for 7 \$7, et cetera. You -- what we would say -- move up the 8 9 supply curve, rather than perceive that you've gotten a 10 more rapidly raising wage rate.

Well, let me get to what was supposed to be the 11 12 direct subject and just a few quick comments. The 13 comments on market definition, I think there's been fairly little controversy about all this. It's fairly --14 I think it's fairly straightforward, but we've not gotten 15 16 into one of these very deeply. For the product market issues, for the most part, we're talking, at least in a 17 18 physician case, about specialty-specific analysis. There is a caveat to that. I probably don't know enough 19 20 medicine to give you the best examples, but there is possible supply substitution or cross-specialty 21 competition, things that different kinds of specialties 22 23 can do, both do, a pulmonologist that can also be a 24 primary care physician and shift more of his attention 25 into primary care side, et cetera.

So, you have to be aware of that, but it's basically specialty-specific. Secondly, as I pointed out with those Aetna slides, you really have to pay attention to all the sources of revenue for that specialty, not just the payments from commercials. Physicians or hospitals can earn money from and profit from other payors. Charity care is not one.

Geographic market issues, generally the 8 9 principle would be wherever the affected providers 10 compete. As I mentioned, that could be regional or national, for some specialties, I think particularly 11 12 anesthesia is sort of an interchangeable part across 13 hospitals and anesthesiologists can move around, as can radiologists, pathologists, but even some top surgeons 14 can be recruited and moved. But I think mostly it's 15 16 going to be a local analysis. At least there's going to be some portion that's a local analysis, meaning the 17 18 local delivery system.

19 20

(Applause).

21 MR. FRECH: Good afternoon. I'm just a poor 22 health economist from Pennsylvania. Roger, I bought 23 about four copies of your book. They keep leaving my 24 office.

25 MR. MCCARTHY: Good.

For The Record, Inc. Waldorf, Maryland (301)870-8025

And I will leave it at that for now.

1 MR. FRECH: And I think it was terrific. Ted 2 lifted a paper or two of mine in the past, good to see 3 you again.

4 Where do we begin? I'm here representing the 5 physician members of the American Medical Association. And from sort of an introductory standpoint, what we 6 7 think that's most important here is to, at least from an overview, protect the competitive process. 8 We think that 9 in the long run this is the best thing for patients, 10 certainly for physicians and even for the other institutions involved in the process, like employers and 11 12 health insurers.

13 We are quite concerned that this very process, as we speak, is being threatened and that it has long-14 running implications for all of us. In effect, we think 15 16 that most physicians are price takers, not price makers. What am I saying by that? Well, Medicare pays physicians 17 18 through an RBRVS system, and that's a price schedule that we get told what it is. Medicaid pays by fee schedules, 19 20 and in Pennsylvania, the Medicaid fee schedule is twothirds of the Medicare amount for equivalent procedures. 21 And then finally in very many markets in this country, 22 23 physicians are being told what they're going to be paid, 24 pursuant to a fee schedule that sometimes they're not 25 even given a copy of. And those fee schedules are

1

2

offered on a take-it-or-leave-it basis. We think that has long-running implications in a lot of arenas.

So, I'm going to talk about three things. 3 I'm going to avoid doing Monopsony 101, but maybe I'll get 4 5 into it a little bit. Just to explain some of the key operative facts, the world as we see it and some of the 6 7 things that we're operating under. Second, to talk to the point that monopsonies are really acting in the 8 9 public interest, because they hold down price, which is 10 good for all of us, we don't think that's the case. And then finally, the concept of the buying power index and 11 12 how that plays into issues of market and market share and 13 market definition.

Starting question, you know, what are the best 14 interests of the patient. What we're after here is 15 16 something that we'd like to, at least in buzz words, talk about as access, availability and quality. We think 17 18 these all matter and they're all at least equally If that adds to 300 percent, I'll agree. 19 important. We 20 think that price makers in the industry, as it's evolving, may be dictating access, quality and 21 availability in a way that we may not really like. 22

And, in fact, the underwriting -- or overriding -- question that we have, and we think monopsony is a long-run, not a short-term issue, is will there be

declining supply just at a point in time when the demand
 in this society peaks between 2010 and 2020, as the Baby
 Boomers move through the medical care profession.

To start out with, some factual background. 4 5 What we're facing nationwide, in a very large number of markets, are large, dominant health insurance plans. 6 7 These plans have more than 30 percent of the markets. Α lot of them have more than 40 percent. In Pennsylvania, 8 9 we have three of them that have about 70 percent of the 10 market. What we've been seeing, at least over the last five years, is substantially rising premiums. 11

In fact, in Pennsylvania we've seen doubledigit premium increases every year for 11 years, not just the last four or five. We had no downward trend in the mid '90s. But at the same time, payments to physicians have stagnated. And, in fact, in our state, in real terms, physician payment levels have dropped.

18 We think that this kind of industry organization produces what we call unnatural response or 19 20 economic actors act, we are seeing an expansion in the uninsured roles, we're seeing the development of employer 21 buy-in coalitions. That's something that was alluded to 22 23 before. We've seen a number of hospital reactions. And, yes, we're seeing physician exit. As a parenthetical, we 24 25 don't think that it's an appropriate switch to say to a

> For The Record, Inc. Waldorf, Maryland (301)870-8025

1

physician you can always go practice in Italy.

In the midst of all this, the question is what is the enforcement role of people who are looking at these markets. And we leave that as an open question.

5 Let me take on through the first myth at least, 6 and that is that price-making behavior by large health 7 insurance firms is something that's being done in the 8 public interest. We don't think that this is welfare-9 enhancing in the long run. We don't think that physician 10 fee reductions necessarily provide long-run benefits to 11 patients, consumers and employers.

12 Why? Well, first of all, in a lot of markets, 13 not all, we don't see much evidence that the benefits of 14 the reduction in input price are being passed along to 15 the downstream buyer. Health insurers, when they turn 16 around, don't necessarily reduce prices to employers. 17 Second of all, we don't see that there's any evidence of 18 any economies of scale that ought to be driving this.

And then sort of two other points, one of which isn't on the slide, market power may be misused in downstream markets. The reduction in input prices can be used to perfect techniques to keep out entry in those downstream markets. And, also, there are long-run supply reductions that need to be considered in this equation. What do I mean by that? Well, the long-run

1 quantity effects, if there's persistent monopoly conduct in the downstream market can be substantial in 2 persistence. And, also, we think that distribution 3 matters, obviously at least from our point of view. 4 Even 5 if it's welfare neutral, we think that it may be important to people, as between health insurance firms 6 7 and physicians who we would like to reward. In fact, in some ways, that ought to be at least equal, and maybe I 8 9 could convince you at some point that you might want your 10 doctor to be rewarded even more.

In terms of dealing with the specific session 11 12 questions today, using Roger's book, I think the concept 13 you use of the buying power indexes are a nice organizing It really focuses on the market shares of 14 principle. dominant health insurer buyers, physicians' ability to 15 16 switch becomes an issue, which we've talked a little bit about already, although we have a bit of a different 17 18 And then the final question about the non-dominant view. insurer's ability to respond to imbalances in the market. 19

I'll skip the mathematic slide. So, what are we saying? Well, if the three important elements in the buyer power index are market share, the health insurer buyer, the ability of physicians to switch and the responsiveness of what we call fringe buyers, that means that we really at least need to take a hard look at the

market share of the dominant insurer and how we define
 the market becomes crucial.

Here we think that -- and I agree with the discussion a little earlier about the fact that you can look at this from the buyers' or the sellers' perspective in a way, but we think that market definition is the mirror image of monopoly in some ways and that at least you ought to start from the standpoint or viewpoint of the seller when you look at the market.

We think that the ultimate downstream market 10 can confuse this issue, so we need to be careful. 11 For 12 example, Independence Blue Cross in Pennsylvania operates 13 in about a five-county area. That's not necessarily the cright way to look at the market in terms of physician 14 15 care. There you're going to want to look at it from the 16 physician's perspective at least.

17 Also, something that hasn't been talked about a 18 bit is, you know, how does patients' willingness to 19 travel to and to switch providers, like doctors, where 20 does that play a role here?

21 We think that for physicians, the relevant 22 geographic market is local. In some -- it's a fact-by-23 fact analysis. In some areas, it may be a county. 24 Although even that may be a bit rare. It could be as 25 narrow as specific neighborhoods. The example with, you

> For The Record, Inc. Waldorf, Maryland (301)870-8025

know, market power in Gaithersburg that we heard a little
 bit earlier might actually play here.

And, yes, specialty matters. You know, some specialists may serve a broader geographic area. There's an antitrust case that concludes that the relevant market for open-heart surgery services in the Pittsburgh area is a 16-county area that goes into West Virginia. So, specialty matters with this.

9 And the last piece of it is that for hospital-10 based physicians, we probably need a tag-along in terms 11 of what that hospital's market is, although even there 12 there may not be a specific overlap.

13 Also, with regard to the product market, whether you look at this from the buyer's or the seller's 14 perspective and, I mean, I think we do end up sort of in 15 16 the same place. Once again, it's a case-by-case It's important. It does tie to physician 17 analysis. specialties, but one part of the previous discussion that 18 I think that we would take issue with is that we do not 19 20 think that government payers and commercial payers are actually part of the same product market for product 21 market mix. We think that the marker for sales of 22 23 services to private commercial health insurers is quite a 24 bit different than the market for provision of Medicare 25 services or the market for the provision of Medicaid

services. And it doesn't just tie to the payment levels
 of those -- the government payers or how they fix prices.
 There are some relevant issues that you can get into in
 terms of specifics there.

Another question sort of buried in this is 5 what's the meaning of large market shares. Well, first 6 7 of all, large market shares can give a dominant health insurer what we call the maximum ability to price 8 9 discriminate. In reality, what a rational monopsony 10 buyer would want to do would be to pay each physician at that level that they would minimally take to provide 11 12 services. In some areas -- in some ways, that is sort of 13 the flip side of the monopoly situation in terms of price discrimination. 14

And also it sort of ties to the switching 15 16 question, and we think that in a lot of ways switching may be impossible for a lot of physicians. What do I 17 18 mean by that? Well, first of all, physicians supply highly skilled labor. You might say well, that doesn't 19 20 make them different from a lot of other people, but there is a level of required education and investment there 21 that we all know about. 22

23 Second of all, it's an extremely perishable 24 commodity. So, I think from a lot of standpoints, the 25 ability to switch is limited and we don't think that it's

an answer. I mean, I teased about Italy, but we don't think that at least in the market context that telling a physician that it's okay that they're facing a large dominant payer, but go ahead and move to California or move to North Carolina. I think that's a non-starter in terms of dealing with these markets.

7 Also, something that we haven't considered that probably ought to play into these formulas are the 8 9 concepts of what I'll call opportunity costs and also the 10 lost volume seller issue. In terms of opportunity costs, if you have an insurer that has 30 percent of your 11 12 practice, to say that because they're, you know, they 13 mandatorily reduced price, that it's just okay to sort of drop that insurer and provide that kind of service to 14 somebody else, in point of fact, physicians are small 15 16 businesses. You know, that's a lost volume sale if you want to think about it. I mean, to the point that you're 17 18 running a physician practice, if you could get 30 percent more business from somewhere else, you might want to 19 20 expand your business to take care of that, you know, rather than drop Aetna in order to do that. So, we think 21 that some consideration of the lost volume seller context 22 23 might be important here.

Finally, and it has been alluded to, even if switching is sort of the relevant idea and the question

is whether a physician can move to Aetna, to 1 Independence, Blue Cross in Philadelphia, for example, to 2 some other insurer, those switching costs tend to be 3 quite high. Different payers have all kinds of different 4 5 billing systems, different quality assurance systems, all kinds of various mechanisms, and a lot of physicians 6 7 actually do a whole bunch in the way of practice overhead costs, dealing with each insurer. So, the switching 8 9 costs may not be low to begin with.

And as Mario Schwartz has pointed out, those switching costs may be non-linear. In other words, if you're switching a few hundred patients, that may be one issue; but at the point where you're switching 5,000 or 6,000 patients for an individual physician, the costs can really escalate.

16 Finally, in the buying power index, and just to step back, high levels of market share by a dominant 17 18 health insurer buyer, low ability of the physician to switch to other health insurer buyers, and then the last 19 20 issue in the buying power index is what's the ability of other -- what we'll call fringe buyers or other firms to 21 actually expand their business in a way that they would 22 23 provide more services to employers so that they can hire 24 physicians away from the dominant health insurer buyer. 25 I mean, that's why we're looking at these fringe buyers.

> For The Record, Inc. Waldorf, Maryland (301)870-8025

1 And we think in a lot of markets where there's substantial degrees of dominance that the ability of what 2 we'll call fringe firms to expand their business levels 3 may be quite limited. First of all, the inquiry ought to 4 5 be done on a case-by-case basis. Quite obviously, in some markets, there may be some fair-sized health insurer 6 7 buyers that could expand, but in others, it may not Where those market shares are currently small for 8 occur. 9 the fringe buyers, a number of issues are attached. 10 First of all, their credibility with employers may be quite low. 11

12 I'm using the Philadelphia example a little bit 13 Independence Blue Cross has a 76 percent market here. share. Aetna U.S. has about a 19 percent market share. 14 15 There are a few other firms with a 2 or 3 percent market 16 share, nobody else bigger. And for HealthNet, which just pulled out of the market, by the way, to say we're going 17 18 to expand from 2 percent to 40 percent to deal with Independence Blue Cross conduct probably is not credible 19 20 with Philadelphia-area insurers.

Second of all, input cost structures can be important. Monopsonist demand and can ensure that they get the lowest input prices in the market. They can use that in the downstream market for health insurance services to make sure that they can underprice anybody

> For The Record, Inc. Waldorf, Maryland (301)870-8025

who may want to come in. So, it can constitute an entry
 barrier.

And the last part of it that I think a lot of people don't focus on is that expansion by fringe health insurer buyers does require capital. There are minimum capital requirements in most states, and if you're going to really expand the size of your operation, you may need to be able to access the capital to back that up in terms of reserve risk requirements.

10 So, what are we saying here? Well, first of all, share matters, it matters quite a bit. We think 11 12 that it's difficult for physicians to switch from one 13 health insurer buyer to another. And, in fact, we think that in a lot of areas, in a lot of areas that we've 14 15 studied across the country, not just in a few places, 16 that the other health insurers in the market either may not exist or may not be able to expand rapidly enough to 17 18 counter the market dominance of a large seller.

We think that structure matters. We think that what we're seeing are large, dominant, sophisticated health insurance buyers who are price makers. We think they are making the rules in terms of price and quality, and quality is something that we're not paying close enough attention to here. In contra-distinction, what we see are many small fragmented single physicians or groups

of physicians, you know, that sort of get hit with take it-or-leave-it contract offers and prices.

Finally, we are beginning to see, at least in 3 Pennsylvania, some evidence that physicians are 4 5 responding to this situation and to some practice cost issues by departing the market. And this ties to our 6 7 long-run concern. We have evidence that a thousand physicians have left Pennsylvania, a thousand out of 8 28,000, in the last year and a half. And we're concerned 9 10 with that trend seems to be continuing.

11 So, with that, I thank you for your time, and 12 we'll go to questions and answers, I guess.

13

18

(Applause).

14 MR. DANGER: All right. We are going to take a 15 short break and, hopefully, the capacity of this facility 16 will be sufficient for our needs. We'll be back in, say, 17 15 more minutes.

(Whereupon, a brief recess was taken.)

MR. DANGER: All right. I think we'll start up here. I just want to thank our panelists once again for coming down and telling their side of the story. I have a very general question to start us out that's on monopsony. My take when I read the newspaper, when I look at what lawmakers are doing, is that they think monopsony power is at the top of the heap for where power

is being exercised in health care. And I just want to put to the panel generally, do you think that that is the case, that that's where we at the Department of Justice and the Federal Trade Commission should be focusing our efforts or do you think it's more likely that power's being exercised on the provider side?

7 MR. McCARTHY: Steve, I know you might want to8 answer that.

9

MR. FOREMAN: You could do my answer for me.

First of all, I think probably what I would say is that it would be my opinion that the Department of Justice and the FTC ought to look at the entire industry and not any one segment of it and look at it in totality and look at how it all flows together and inter-reacts.

15 Clearly, we think that there are some 16 monopoly/monopsony issues with the way that buying from 17 physicians occurs and then the downstream effects in the 18 health insurance market. We think there are some issues 19 to look at there.

The concept of provider power is an interesting one. From the physician's side of the ledger, I think probably it would be fine to go there and to take a look at it. We think that the countervailing power concept is something that isn't very well developed but might well be something that we could put some more flesh to. What

I mean by that is that if you look at a bargaining 1 situation, the relative power of the buyer and the seller 2 are actually both important. If you have a 50 percent 3 buyer dealing with a 50 percent seller, that might 4 5 actually do some things that would at least be welfare neutral rather -- you know. The question is compared to 6 7 If we could get the perfect competition, that's what. not as good, but if the 50/50 situation in relationship 8 9 to a single monopolist or monopsonist, a countervailing 10 power setting can actually be improving our neutral.

So, a long-winded answer to your question, for 11 12 which I apologize, but I think relative power makes a 13 difference and I've heard some comments here to the effect that, well, it's okay if insurer buyers have a 14 15 fair amount of power because they need it to deal with 16 the power on the part of the provider. Well, if that's a countervailing power concept, then I think we would 17 18 probably agree with that as a concept. However, if you're going to reject the countervailing power concept, 19 20 then you need to deal with the issue, no matter who has 21 the power.

22Is that responsive?23MR. DANGER: Not, but that's okay.24MR. FOREMAN: Let me know what I've left out.25MR. DANGER: Well, I guess what I was thinking

For The Record, Inc. Waldorf, Maryland (301)870-8025

of was more sort of a geographical across the United
 States sort of point of view and --

MR. FOREMAN: Okay, yeah.
MR. DANGER: And I know that you've got
expertise particular to Pennsylvania, so you may not be
the person to go to, but you might have some opinions on
it.

Well, the AMA has also done a 8 MR. FOREMAN: 9 study of health insurance markets and cold competition 10 across the U.S., and what we found in the course of doing two of those is that there are quite a number of markets, 11 12 depending on how you define the markets. But at the MSA 13 level, for example, there are a number of MSAs where you have health insurers with more than a 30 percent share. 14 15 There are quite a few markets across the country where 16 the share is in excess of 40 percent, some in excess of 50 percent. 17

We think that is not conclusive in terms of these power issues, but we think it ought to raise a red flag, A, in terms of areas where we ought to look at what's going on structurally, and B, those might be areas where you might view mergers with some skepticism.

23 MR. DANGER: That is they're bad -- they're bad 24 in those instances.

MR. FOREMAN: That could be.

25

1

MR. DANGER: Yes, okay.

2 MR. FOREMAN: So, in other words, at least if 3 there is a propensity to let mergers go in these markets, 4 maybe markets that have a high level of concentration 5 already, you might want to give a second look or greater 6 scrutiny to them.

7 MR. DANGER: I do want to give the other 8 panelists a chance to respond, but I do want to point 9 out, when you answered that question you said a 50 10 percent share and I wasn't sure a 50 percent share of 11 what when you say that?

12 MR. FOREMAN: When I talk about 50 percent 13 share, I'm looking at that actually two different ways and I've short-formed it. It gets to be a lot more 14 complicated, but it's easiest to look at it on the 15 16 monopoly side in terms of the data that are available. Even that's not the easiest thing to do, but at least you 17 18 can get there by looking at health insurance enrollment within a given geographic area and it can give you some 19 20 idea of what's going on in that market in terms of enrollment and relative power. 21

When you get to the physician side of the ledger, that information in terms of those markets is not very readily available. So, yeah, I short-formed that much more to that.

1 MR. McCARTHY: Let me take a crack at it, too. I think it's very helpful that the agencies are the cop 2 on the beat and I think that these hearings and certain 3 4 investigations that have already gone on and certainly 5 the normal Hart-Scott-Rodino process is important. Whether there is a problem that is nationwide I think is 6 7 highly doubtful. I think that the markets are pretty fact-specific, the instances are pretty fact-specific. 8

9 I personally think that monopsony -- I'm among 10 the camp of economists who say monopsony is pretty rare. I think that the situation required for a sustained 11 12 monopsony just doesn't exist that often. So, I would not 13 say cast your net wide on that. The only reason I would suggest a study on monopsony is probably to put it to bed 14 when it comes to collective bargaining kinds of arguments 15 16 that organized medicine might make.

Having said that, there are pockets of all 17 18 sorts of potential problems. I would say that right now, given the managed care backlash, I think the bargaining 19 20 strength has shifted to providers. Given the changes going on in the managed care industry, I also think that 21 this is a time when an industry has to kind of flex. 22 23 It's got to -- you're going to get moments of excessive pricing by providers. You might get moments of excessive 24 25 depressed prices to providers, but it's part of this

> For The Record, Inc. Waldorf, Maryland (301)870-8025

1

2

competitive process to figure out where we are next in health care markets, given the managed care backlash.

3 So, I like the fact that the agencies are still 4 looking. I think it's important to keep looking, but I 5 think it's going to be a fact-specific situation that 6 drives what you want to look at.

7 MR. MILES: I'd make one remark that, again, is probably not responsive to your question, but I'll make 8 9 it anyway. Just from a counseling standpoint, one of the 10 hardest tasks in counseling physicians and hospitals is explaining to them that regardless of whether a payor has 11 12 monopsony power, the issue from an antitrust standpoint 13 is how the payor got that power and how the power uses that power. And the fact that if the power was obtained 14 15 legitimately, if the only gripe is that reimbursement is 16 too low, there ain't a thing, that I'm aware of, that the antitrust laws can do about it, even if it's investigated 17 18 to death by the two agencies.

MR. BYE: We heard some differing views on the long and short run implications of monopsony power and I was just wondering if anyone else would care to comment as a general matter and then, more specifically, in the context of health insurance markets.

24 MR. BLAIR: Well, I can just say something 25 about that. I mean, if we think about monopoly,

ordinarily, you believe that demand functions are more elastic in the long run than in the short run, and consequently, whatever monopoly power exists is going to be less in the long run than it is in the short run and I think the same thing is probably true when we talk about monopsony.

7 I mean, one of the points Tom was making is that he doesn't think that monopsony is really 8 9 sustainable in the long run. I'm not sure I would go 10 that far, but certainly, you would expect that in the short run, you may have people that can't respond quickly 11 12 to changes in reimbursement rates, say, but in the longer 13 run, they can. And in the longer run, you're going to have different people. So, you would expect that there's 14 going to be more elasticity in the long run than in the 15 16 short run, and therefore, any kind of monopsony power is going to be less as a result of that. And I think that's 17 18 sort of the way I think about it.

19 MR. DANGER: Ted?

20 MR. FRECH: Yeah, I basically agree with that. 21 But I would say for monopsony, the difference between the 22 long run and the short run, at least in this industry, is 23 greater than normally we think of it on the monopoly 24 side. Because we've got very specific investments by 25 physicians in their specialty training that they're stuck

for their life pretty much. So, they're subject to be
 exploited for a long time.

Hospitals, similarly, have -- their bricks and 3 mortar is probably not as long-lived as a specialist and 4 5 not a single purpose -- not as much single purpose. It can be converted to something else. But, still, they're 6 7 kind of stuck for pretty long times. There's a statement by a famous economist about this, and I can't remember 8 9 who it is, but anyway, the idea was that the two industries that are the most local and the most sort of 10 stuck in their locality were hospitals and universities. 11

12 So, I think there is something to this issue 13 that you can exploit them for a while without getting a lot of -- without having a lot of allocative harm, you 14 15 know, just get a lot of rents. And I think that's a 16 little bit dangerous and it can be a problem occasionally in some areas with private monopsonies, which I think 17 18 still are basically -- the biggest problem are the Blues. That was true 30 years ago and I think that's still true. 19

I think the really big monopsony problem, in terms of public policy, is not really an antitrust problem, it's what would happen if the government were to really flex its muscles as a monopsonist even more aggressively than it has so far particularly in Medicare. It already does it a lot in Medicaid to, I would say,

pretty bad effects and if it were to do it in Medicare big scale or have a national plan and do it aggressively, it would completely transform the U.S. health care system, I think, in a way that not many people would like.

If I can comment a little bit. 6 MR. McCARTHY: 7 If you believe that this isn't a national, as in nationwide, problem, then you're talking about geographic 8 9 markets that might be subject to the kind of monopsony pressures that you worry about. And so, to the extent 10 that the MD is stuck, I believe he or she is stuck only 11 12 in a particular city. There are a couple of adjustment 13 mechanisms that can take place pretty quickly, I think.

14 One of them is normal attrition. It's not an 15 attractive market to go to. Another is that some of the 16 specialists can move and will move and they're going to 17 move to markets that are not monopsonized if you, again, 18 believe it's not nationwide. So, they're really not as 19 stuck as, oh, my goodness, I studied the wrong subject. 20 I think they have a little more flexibility than that.

21 MR. FRECH: I think that's true, especially 22 with seeing a private monopsony like the Blues, the 23 commercial insurers.

24 MR. McCARTHY: Which, by definition, are 25 territorial in terms of the coverage.

1 MR. FRECH: Yeah. I think that's right. And I think for those local ones that hospitals are much more 2 the ones that are stuck there than the physicians are. 3 There is still an issue about what's the right horizon 4 5 for antitrust to be concerned. I mean, if you think position migration maybe fixes large-scale monopsony in 6 7 Massachusetts in a generation or half a generation, is that quick enough that we don't bother with antitrust? 8

9 MR. McCARTHY: I think it has to be determined, 10 yeah.

MR. FRECH: Yeah. I think that's very much a
loose end in antitrust in general.

13 MR. FOREMAN: If I could weigh in on that. Part of what I was trying to say in my remarks is, I 14 15 don't think telling a physician that you can move is the 16 switching that we ought to be saying, you know, works here to reduce sort of the buying power issue. 17 In fact, 18 if you have a number of areas in the country where the Blues are dominant -- I mean, if this were to happen on a 19 20 wider basis, and we can look at some numbers, it gets kind of hard to tell physicians in 25 different urban 21 22 areas, you've all got to move when there's no place to 23 take it up.

24 So, I'm not sure that moving is the answer here 25 when, to use your words, when you're exploiting a group

1 of suppliers.

MR. DANGER: One of the issues that seems 2 important to me to talk about is the issue of bargaining 3 power versus monopsony power. The issue here is that 4 5 when providers depress prices to -- I'm sorry, when insurers depress prices to providers that in the 6 7 bargaining sense or in the supply and demand sense, if providers had already been exercising market power, you 8 9 may see an increase in output and consumers may benefit 10 from that. If that goes too far, then you may see a reduction in output. 11

So, if we look at just price alone, we may be missing something and we may be missing -- that output may actually be going up when prices go down, and if it goes too far, output may be going down. So, looking at output here seems to be critically important.

One of Steve's points is that, at least for the providers in Pennsylvania, it seems unlikely that they have any market power because what happens is they get mailed a price list to their mailbox and it says, here's the prices.

MR. FOREMAN: If they're lucky.
MR. DANGER: If they're lucky.
MR. FOREMAN: Sometimes they're told there's a
new price list and they don't get a copy.

1 MR. DANGER: Yeah. So, from Steve's point of 2 view, in Pennsylvania, at least, physicians don't have 3 any market power, if I'm correct, I guess, in general. 4 Now, there may be some groups that might.

5 MR. FOREMAN: Once again, like all the other 6 things we've been saying, it's a case-by-case factual 7 analysis. It would, however, be rare for a physician 8 group in Pennsylvania to have market power.

9 I quess sort of a side comment on that, one 10 that I've been thinking guite a bit about is, also, what's the relationship between clinical efficacy and the 11 way we deliver medical care and market structure. 12 Ιf 13 we're telling physicians to get into groups, multispecialty groups of a couple thousand in order to have 14 some kind of bargaining power, is that the best way to 15 16 practice medicine or can that have some clinical downsides to it? 17

Put another way, I mean, we don't have any research on what the optimal size of a physician practice is from a clinical efficacy standpoint, and I worry a lot that market structure considerations drive changes in the way that medicine is practiced in a way that's not necessarily good for all of us.

24 MR. McCARTHY: It's not clear you need a group 25 that big, Steve, but -- and there are IPAs and then it

depends on whether we get into the risk sharing and what 1 kind of risk sharing. And I would punt to Jeff who 2 helped form MedSouth and say that there may be other 3 forms of integration that will allow --4 5 MR. MILES: It's looking like it. 6 MR. McCARTHY: -- physicians to come together. 7 Is MedSouth under siege? MR. MILES: No, no, MedSouth's not under siege, 8 9 but I think one thing MedSouth and some of the people I've talked to since MedSouth have convinced me of is 10 that clinical integration is not, let us say, a viable 11 12 route to circumvent the per se rule against price fixing. 13 MR. FOREMAN: Also, I might note that the IPA experience in California is kind of worrisome to 14 15 physicians. That may be another reason you got some 16 reactions. MR. McCARTHY: In what sense? 17 18 MR. FOREMAN: Lots of bankruptcies. MR. McCARTHY: Oh, a different issue, yeah. 19 20 Different issue. I do believe that -- look, a lot of what's been done to date is an experiment. I mean, we're 21 talking about organizational structures that are highly 22 23 complex and we're always trying to build a better 24 mousetrap. And one of those mousetraps that worked for a 25 while was physician groups coming together whether in

IPAs or in California, in many cases, large multi specialty groups of the kind you're talking -- maybe not
 2,000 or whatever you said, but substantially big groups.

4 And the question then became, can they bear and 5 manage risk. And I think that that's a much tougher task than people thought. There are some practices out in 6 7 California who are really quite good at it and don't mind making their money that way. But for the most part, as I 8 9 think I said in my presentation, I think that a lot of 10 physicians are backing away from that kind of risk bearing. 11

MR. FOREMAN: They don't teach it in medicalschool.

14 MR. McCARTHY: No.

25

15 MR. FRECH: I'd just like to comment on the 16 idea that the physicians in Pennsylvania and other places just get their fee list in the mail and they just sign up 17 18 yes or no. I would say it's a mistake to interpret that as meaning they don't have market power. I think it 19 20 means, in the context of what the contract also says, which is, if you sign up, you have to not discriminate 21 and take all of our people, which is, as far as I know, 22 23 just absolutely universal. It means they're getting all 24 or nothing offers. That's what it means.

> For The Record, Inc. Waldorf, Maryland (301)870-8025

That doesn't necessarily mean they don't have

market power and it doesn't necessarily mean the person making the offer has market power. It could be a little HMO sending out these saying, this is our fee list, do you want to sign up, if you sign up, you have to take our people on a non-discriminatory basis. So, it doesn't indicate much of anything.

7 MR. McCARTHY: I think that's right, but I want to take that to say it could be almost anything, meaning 8 9 that -- I don't know the facts in Pennsylvania, 10 obviously. It would be very much surprising to me if there were price lists just sent to everybody. 11 I could 12 see where they're sent to the solo practitioners or the 13 dual practitioners, but there are physicians who -because of transactions cost, just are not worth going 14 out and negotiating a contract with every single 15 16 provider. So, you have to send out a contract and see how many people take it or don't. 17

But there have to be large groups. There haveto be clinics that negotiate their own contracts.

20 MR. FOREMAN: I didn't mean to imply there were 21 none. There are some. But if you look at the 22 Philadelphia phone book, the largest group practice is 23 10.

24 MR. DANGER: Let me follow up on Ted's point of 25 view.

1 MR. FOREMAN: I was going to do that, too, if 2 you don't mind.

3 MR. DANGER: Well, you're the panel, I'm just
4 the moderator.

MR. FOREMAN: Go ahead.

5

6 MR. DANGER: Well, what I was going to say is, 7 let's then compare that price level that was mailed out 8 and then say compared to say a Medicaid price or a 9 Medicare price. Is it relevant at all to compare -- in 10 other words, do you think that -- do the panelists think 11 that, say, Medicare is paying below the competitive level 12 or Medicaid is paying below the competitive level?

And then if we look at HMO prices and we benchmark those to Medicare and Medicaid, that -- do you see what I'm saying?

16UNIDENTIFIED MALE: What's the competitive17level?

18 MR. DANGER: Well, this is a problem that we're19 going to get to in a second.

20 UNIDENTIFIED MALE: Oh, okay.

21 MR. McCARTHY: Well, I'll give you an offer of 22 a benchmark that's very difficult. Good theory maybe, 23 but tough to implement. The competitive level would be 24 that level at which physicians get a normal rate of 25 return on their education. In other words, physicians

will keep coming into the markets, making investments to be trained up to a point where they make whatever the flow of income is that pays back that educational investment.

5 That's obviously a very -- and there are They were much more popular, sort of, in the 6 studies. 7 early '80s, I think, where everybody would try to decide what the rate of return to physician education was. 8 You know, as you might expect, it was a reasonable rate of 9 10 return. It was not stingy, nor was it excessively 11 generous.

But that sort of begs the question of the prices one gets to determine the flow of income to determine whether you should make the investment in the education. So, there's a certain circularity to the discussion, but that would be the measure: How many docs can pay for their education by coming into the practice?

18 MR. FRECH: I think, particularly at the theoretical level, we need to distinguish two types of 19 20 competition or two levels of competition. There's competition to get into the medical profession and that's 21 the one where, in the competitive equilibrium, in that 22 23 competition, given whatever the current rules are and 24 licensure and so on, that you get the normal rate of 25 return. So, that would be competition there.

1 But that's sort of competition to get into the Once you're in the arena, then you could have the 2 arena. physicians all be local monopolists. Think of the bad 3 old days, very complete indemnity insurance, no managed 4 5 care, very poor information, where you'd characterize it as monopolistic competition. Every provider had a fair 6 7 amount of market power, but was competitive to get in. So, you could easily have the reasonable rate of return 8 9 to physician education, although it seems like it was above that empirically. But you could have that and then 10 have very imperfect competition in the market. 11

12 So, if you're thinking of this in kind of a 13 short run or medium run, up to five or ten years analysis, you probably want to focus mostly on the second 14 15 competition, the type of competition you have once you're 16 in the market and just kind of forget about the expenditures on education. And then it's just a textbook 17 18 If both sides are price takers, what's the thing. equilibrium price? No one has any market power. 19

I'm not saying it's easy to find empirically. But in the context of the actual benchmark, I think the Medicaid -- my problem is, Medicaid, increasingly, doesn't just pay with fee schedules. A lot of places have Medicaid managed care and some physicians are in that and then also a fee-for-service Medicaid and it's

> For The Record, Inc. Waldorf, Maryland (301)870-8025

sort of a zoo. But if you think of the simplest old fashioned fee-for-service world, which in some places
 means you're only going back a few years -- California,
 it means you're going back a long way.

In that kind of world, if Medicaid fees were 5 set below other fees, but still, most physicians were 6 7 taking most Medicaid people and there wasn't much evidence that Medicaid people were non-price rationed out 8 9 very much, you could say, well, that could be an estimate 10 of a competitive price, conditional on being in the market, conditional on being a physician in L.A. 30 years 11 12 ago or something like that.

In California, that might have been the case 30 years ago. I know California Medicaid used to be not too bad. Now, it's clearer to me its price is below the competitive level. Access is terrible if you're a feefor-service Medicaid in California, and they're squeezing people out of it anyway, so it's hard to even evaluate.

But in a world where you had a low administered price, but most physicians were taking it and most Medicaid people had reasonable access, you could say, well, that's an approximation. And that's always been below commercial insurance prices.

24 MR. FOREMAN: There are two overlays to that. 25 By the way, Mike Marcy wrote a paper or a book on that

1 that's actually pretty fair.

There's also an ethical overlay to that that a lot of physicians still have. Again, it ties to how much of their practice is involved with this. A lot of physicians will take Medicaid everywhere, will take Medicaid patients knowing they're not going to get paid much, if at all, just because they think they need to as an ethical obligation.

MR. FRECH: Yeah, that's why I said that 9 10 there's evidence that Medicaid patients have reasonably good access because there are states like -- I know this 11 12 used to be true of Delaware. You're closer, you may know 13 if it's still true. They paid very low Medicaid. Really, lots of physicians would take the occasional 14 15 Medicaid person that they thought there was kind of a 16 strong ethical reason to. But, in general, Medicaid utilization there was extremely low. Well, that tells 17 18 you there's lots of non-price rationing. And then you'd say, well, this is not -- this is somewhere between 19 20 charity care and the competitive level. This is not really the competitive level. 21

22 That's where, I think, most Medicaid fee-for-23 service is.

24 MR. FOREMAN: I actually think that's where 25 studying, too, is, is what's happening in the rest of the

market having an influence there and vice versa. At some point, the physician who sees it as charity care says, I just can't do this anymore.

MR. McCARTHY: And that's the measure that I 4 5 think is right. Whether ethically 100 percent of the doctors are going to say, no, I'm not taking Medicaid 6 7 anymore, that's not going to happen. But you could tell by, you know, the movement around whatever the modal 8 9 amount is that they take. And I think the same applies 10 for Medicare, that is, if Medicare really gets stingy on the RBRVS -- and it varies by specialty. I mean, there 11 12 are some specialities that are content to take 90 percent 13 of RBRVS. Most of them would like much more.

I would say the typical contracts, in sort of limited sample size, but typical contracts are sort of 16 115 percent of Medicare.

17

MR. FRECH: That varies hugely.

18 MR. McCARTHY: It does vary hugely, which is one of the first things to look at in these monopsony 19 20 issues, because what I think was true in Dallas at the time of the Aetna deal was that we were doing some 21 hospital mergers at the time and we were told that Dallas 22 23 physicians generally were about 130 percent of Medicare, 24 which is a pretty good payment. And still are, okay. 25 So, I guess the point would be, if you find

everybody leaving, you know, as it starts to be -- as Medicare gets cut back and people are putting on their door, not accepting new Medicare patients, then I think you have a measure of what they're willing to do, you know, what the prices are that they're willing to work for.

7 MR. BYE: I'd be interested in hearing the
8 panel's views on government plans and whether they're
9 part of the market.

10 MR. McCARTHY: Well, since I teed it up, I 11 guess I better answer that one. It seems to me that if 12 you think about any job, physicians just being one, any 13 job you say, where can I be hired, where can I earn my 14 money, and where can I, in the case of physicians, where 15 can I compete for patients.

And I can compete for patients not just with the commercial products, although there's an interesting issue here about, say, pediatricians. There aren't too many Medicaids, other than disableds, who come in to see pediatricians. So, Medicare may not be such a big amount of money for them; Medicaid would be.

But having said that, there's an obligation for any supplier to go out and sell his or her wares wherever they can and you can compete for Medicare patients and Medicaid patients just as you can compete for commercial

> For The Record, Inc. Waldorf, Maryland (301)870-8025

patients, particularly if it's a take it or leave it sort of contract, which I don't think everybody has. So, you're out there trying to drum up business. So, that's why I would include them all in the same market.

5 MR. DANGER: But that might vary by specialty, 6 right?

MR. McCARTHY: It could.

7

8 MR. MILES: I guess I would wonder the extent 9 to which Medicare constrains the ability of commercial 10 payers in decreasing price on the one hand. But on the 11 other hand, I would think to the extent that a 12 governmental program siphons off supply, then by 13 definition, is it going to be a constraint of some kind?

MR. McCARTHY: I don't know that you can argue both that Medicare underpays relative to commercial and then siphons off. If you're a rational physician, you would close to new Medicare patients and treat the higher-paying commercial patients.

MR. MILES: Only if you could fill yourpractice with the higher-paying commercial patients.

21 MR. McCARTHY: Right, right. And then you're 22 into -- well, yeah. Then there's no constraint. Then 23 it's not going to -- Medicare isn't -- it might constrain 24 the income of a physician who has a half-full waiting 25 room and is earning less from Medicare than he or she

wishes, but it wouldn't be a constraint in terms of
 blocking and taking on more commercial patients. That's
 what I thought you meant by constraint.

I already weighed in on this one, 4 MR. FOREMAN: 5 sort of on the other side of it. We don't think they're the same market -- part of the same market for a number 6 7 In addition, I'd sort of like to make the of reasons. point again, we think it's a lost volume sale. 8 So, to 9 the extent that you could take on more Medicare or 10 Medicaid patients, you know, by bringing on more physicians in your practice or hiring assistants and 11 12 things like that, you should be able to do that and to 13 say that, you know, your response to a monopsony reduction in prices to expand your Medicare and Medicaid 14 patient list, I think we'd see that as a non-answer. 15

16 MR. BLAIR: I quess I'm a little confused. It seems to me that what we've got is patients that are in 17 18 need of medical services, and, whether they're represented by a commercial health insurer or a 19 20 government health insurer, seems to me that should be completely irrelevant. I mean, demand is demand. All of 21 these patients contribute to the demand that's placed on 22 23 the physician's time, Jeff says, well, you know, suppose 24 that the Medicare is siphoning-off part of the supply. 25 Well, that's like saying, well, we've got male and female

> For The Record, Inc. Waldorf, Maryland (301)870-8025

patients and, you know, if the male patients are siphoning off a lot of the supply capability, does that mean something?

That whole notion just doesn't resonate with 4 5 It just seems like demand is demand, you know. Some me. people have different kinds of insurance coverage, but, 6 7 you know, I don't see why we should say, well, people 8 with a certain type of insurance coverage don't count in 9 the market because they, of course, do count because 10 they're pressing upon the supply capability.

I think the point I was making, I 11 MR. MILES: 12 think, was the opposite. That is, I was thinking that 13 because these patients are -- I can't think of the right way to phrase it -- are taking up some of the supply of 14 15 the input provider. That means they are part of the 16 relevant market, not that you would exclude them because of that. 17

MR. BLAIR: Okay, so you and I agree.
MR. MILES: Yeah, I think so.
MR. BLAIR: I just misunderstood what you were
saying.

22 MR. MILES: But the other thing I didn't quite 23 understand was the fact that usually you define markets 24 to include those who can constrain the firm in question. 25 And the question in my mind from a practical standpoint

> For The Record, Inc. Waldorf, Maryland (301)870-8025

was, given the fact that Medicare rates are typically significantly below commercial rates, and take that as an assumption, it made me wonder whether Medicare serves as much of a constraint on the input -- on what payers pay their inputs. And if they don't, then should they be included in the market?

7 MR. McCARTHY: To clear that up, does that mean 8 that if Medicare lowers its rates, that your belief is 9 that the commercial payers could then lower their rates 10 and, therefore, Medicare, by not paying a reasonable 11 amount, doesn't become the constraint where a physician 12 then turns around and says, I'd rather have Medicare 13 patients than commercial patients?

MR. MILES: I think so, but I'm not sure that'swhat I mean.

MR. McCARTHY: All right.

16

MR. MILES: I quess the analogy I'll make --17 18 some of the people here will remember, I guess it was the mid-'80s when the antitrust division sued Archer Daniels 19 20 Midland in the high fructose merger case, and if my memory is correct, one of the questions was whether sugar 21 was part of the relevant market. My memory is the court 22 23 said, no, it's not part of the relevant market because its price is so high, it serves as no constraining effect 24 25 on competitors with regard to other products. I was

trying to flip that around and I know the result in that decision is controversial on that issue. But I was trying to flip it around to see if the same type of analogy might apply in the monopsony situation.

5 MR. McCARTHY: I quess I would say we're nowhere near that with Medicare. I quess conceptually we 6 7 Medicaid, you would make a different argument could. state-by-state. But that, again, if you're talking about 8 9 monopsony, we're talking about less being produced and if 10 a physician takes all-comers. If there's enough supply that a physician takes all-comers, then just because the 11 12 price is low for even Medicaid, that does not mean that 13 less in total is going to be produced in the market. So, I still would hold to the position that they're going to 14 go out there and compete for whatever source of income 15 16 they can find.

MR. FOREMAN: One more point on that is, I don't think we have any wholesale evidence that a lot of Medicare and Medicaid patients aren't getting care, although some in California may be. I don't know. I haven't been there for a while. But the reduction of supply, I think, is a concern here on an overall basis and then on a long-term basis.

24 So, if commercial carriers are reducing price, 25 you could see an overall quantity reduction over time,

even though all Medicare and Medicaid patients are
 somehow being cared for. So, I mean, that possibility
 exists out there.

I'd like to almost agree with 4 MR. FRECH: 5 Roger. Really, I think the caveat is where Medicaid is really low, particularly for physicians, and it's a lot 6 7 of states where it's so low it really is basically relying on the ethical idea of the physicians and it's 8 9 almost a tax on being a physician having to treat Medicaid patients in some places, there I think you could 10 make an argument for excluding Medicaid. I don't think, 11 12 at least anywhere near the current situation, you could 13 make a very good argument for excluding any Medicare.

14 So, I would end up saying it would be state-by-15 state, or maybe even finer, and it would mostly be all 16 the payers, but there would be places where you might 17 want to exclude particularly low-paying Medicaids.

18 MR. McCARTHY: And it does beg the whole question of what is a proper income. I haven't done this 19 sort of analysis in a long time, but in the early '90s, 20 during the health reform days, when you looked at the 21 average physician income divided by the average worker 22 23 income in this country and you compare it to other 24 countries, the United States' physician income was 25 dramatically higher than any other country. The next

> For The Record, Inc. Waldorf, Maryland (301)870-8025

highest, I believe, was Germany, and the ratio was -these are not litigation quality numbers here, but it was something like six-to-one in the U.S. and three and a half-to-one in Germany, and that was the next highest salary.

50, again, subject to this paying for the 7 education and return on education, it's not clear that 8 physicians deserve a particular income more or less.

9 MR. FOREMAN: That's why I was going to suggest 10 to stick to the return on investment in education. It's 11 all different all over the world. That's a legitimate 12 question is return investment in education. To just sort 13 of do raw comparisons, you might produce a result that 14 you don't want to produce in the long run.

MR. DANGER: A question on supply elasticities, empirical estimates. I know that that's critical in terms of whether there will be -- monopsony power will be exercised and I'm wondering what evidence we've got on whether the market for physician services, say, let's start with this instance so we can give some apology to this issue.

If you look at rule markets, do we think that monopsony power might be exercised there, say against physicians by some dominant insurer in that area? MR. McCARTHY: It's funny. Rural areas, where

> For The Record, Inc. Waldorf, Maryland (301)870-8025

1 insurers will tell you -- yeah, they'll tell you they have the biggest headaches. In Alaska, most insurers 2 don't even build networks. They just pay -- they just 3 hope that they get 95 percent of the charges and they've 4 5 done their work to go get their discount, because the docs are so spread out and they're must-have docs. 6 So, 7 rural areas are usually the opposite where you actually might have sort of the countervailing market power. 8 Docs 9 just won't sign the contract.

10

11

MR. FOREMAN: If there are docs there.

MR. McCARTHY: If there are docs there.

MR. FOREMAN: We have a lot of areas nationwide that are medically under-served and their primary care sort of shortage areas and I think some of the issues in those markets actually tie in here. That is, those physicians may have some power locally, but it's not enough for them to stay there.

18 MR. McCARTHY: We have rural hospitals that have market power, but they can't exercise it, they're 19 20 empty. They can get a good price, but usually they don't have enough patients to sometimes stay open. 21 I mean, it's a different kind of struggle because of the scale 22 23 economy you need to at least even have a minimally 24 functioning primary care hospital. So, the market power 25 doesn't do you much good.

1 MR. DANGER: So, in other words, if we're 2 thinking about a monopsonist in these markets depressing 3 prices, then physicians are going to leave en masse?

Perhaps are not located there to 4 MR. FOREMAN: 5 begin with. And back to the hospitals, that's probably not a matter of numbers of patients, but the overhead 6 7 I mean, you just can't cover your overhead. situation. So, it might be worth some additional studies of those 8 9 geographic markets to see if there are issues there. 10 There may not be these kinds of issues in those markets.

MR. DANGER: Following up on the supply aspects, it seems since the agency's typically focus on consumer harm at the end of the day, it seems important to think about how -- whether consumers would follow their physicians if they move to -- switch out of, say, an HMO into a PPO or what have you.

17 MR. FOREMAN: I thought you were going to say18 Italy.

MR. MILES: I think it's the other way around.
 UNIDENTIFIED MALE: He's still worried about
 everybody moving to Italy.

22 UNIDENTIFIED MALE: At least it's not France. 23 MR. DANGER: And I'm wondering what evidence 24 we've got on consumers following their doctors or 25 sticking with a particular type of insurance product?

> For The Record, Inc. Waldorf, Maryland (301)870-8025

1 MR. McCARTHY: I don't know. There may be evidence out there, but I don't know of any directly. 2 Ι think it's going to vary. I know there was evidence --3 when California first went to managed care, the doctors 4 5 were absolutely appalled at how quickly their patients would abandon them. Years and years and years and 6 7 suddenly they can save 10 bucks by not having a co-pay and so they shift, even though it required taking another 8 9 doctor. I imagine it varies.

There was some discussion of this in an earlier 10 panel that had to do with the elderly tend to be a little 11 12 more rigid in their buying patterns, but I know when we 13 did the PacifiCare FHP merger, there was a change in Bakersfield that actually flipped the market share over a 14 \$20 insurance premium per month. So, Im' not convinced 15 16 that it really holds universally. That, again, may be one of those fact-specific things. 17

18 MR. DANGER: Do we know anything about this type of story? I mean, this is, I quess, say -- a casual 19 20 observer, again, would tell this kind of story where an insurer with -- a large insurer in a given geographic 21 area depresses prices to physicians, and as a result of 22 23 that depression, you see all the good docs leaving. What 24 you're stuck with at the end of the day is a low-quality 25 network. People still want it because they want, say, an

> For The Record, Inc. Waldorf, Maryland (301)870-8025

HMO product, but you're stuck with low-quality docs. Do we have any evidence or have we seen any evidence of that happening?

I don't think there's a whole lot 4 MR. FOREMAN: 5 of evidence on the quality side from empirical study. But what we do see in a number of areas across the 6 7 country are substantial increases in waiting times to get appointments for certain procedures and some substantial 8 increases in times for call-backs for things that -- the 9 10 most recent example I've gotten, again, out of Pennsylvania, out of the southeast, is a three to four-11 12 week waiting time for a call-back after a mammography 13 when a mass is detected. That's bothering some people. 14 So, access can become an issue.

MR. MILES: From personal experience, I know even in the D.C. area, there are a number of physicians who have been able to fill their practices with noninsured persons and simply don't take most or, in two cases, I can think of, any type of third party payment.

20 MR. McCARTHY: And there are more of those 21 instances and I sort of see the question as, if monopsony 22 drove it down, do we have evidence of what I call the 23 country club docs leaving and I don't think there's been 24 that much monopsony to chase them out. I mean, if they 25 cut their rates, they do exactly what Jeff is saying.

1 They'll go without taking insurance or what will end up happening is the members of that insurance group will 2 say, I'm switching to somebody that my doctor does cover 3 if they're really the high-quality docs. That's exactly 4 5 what I meant by saying that, you know, the sugar isn't as sweet from the monopsonist as plantation than the other, 6 7 that the quality is, in fact, affected and that's what causes a switching. That's what ultimately will cause a 8 9 switching.

MR. FOREMAN: My question is, is that a switchor evidence of a market unwinding?

UNIDENTIFIED MALE: I didn't hear you.

MR. FOREMAN: Is that evidence of a switch oran unwinding of a market?

12

MR. McCARTHY: What's the endpoint of that? MR. McCARTHY: What's the endpoint of that? The endpoint of that is that the allegedly dominant insurer has no members. If all the docs go to a point where they won't accept any insurance, it may be a market unwinding, but it's a monopsony unwinding or an attempted monopsony unwinding.

21 MR. DANGER: I did want to make sure that 22 we get some sort of sense on -- I don't want to say 23 shares -- and if we can, some sort of price point that we 24 think the competitive level is. Again, this is an 25 extremely difficult question to answer, but at what

point, in terms of share, would you think -- what amount of the market would a dominant insurer have to have in order to depress prices below your favorite point, whatever that might be?

5 It's a very difficult question, though, what 6 the competitive level is and what the threshold is. I 7 think here, if --

8 MR. MILES: You have guidelines on this, don't 9 you?

10 MR. McCARTHY: \$1,800. I think -- I don't know if it was Ted or Roger that said -- or maybe it was in 11 12 Roger's paper, but you could have 100 percent share and 13 if you have an elastic input supply curve, no monopsony power, and therefore, even the share won't do you any 14 good, I think the real lesson of writings like Roger's is 15 16 that you have to look at a number of different factors and you can't just look at share. So, to even start 17 18 saying a particular number and share, you're in deep 19 water.

20 MR. DANGER: I want to try to pin you down and 21 say something -- let's say we focus on, say, a large 22 metropolitan area, like say Dallas or Fort Worth or 23 something like that. You might have some information 24 about the supply elasticity and willingness of folks to 25 switch. So, I want to try to get you out of that and

say, okay, there's some elasticity to that supply curve
 in that area and given that there is some -- it is upward
 sloping. At some point, a dominant insurer could
 exercise monopsony power.

5 MR. McCARTHY: I'll let Roger -- I don't want 6 to answer Roger's article, but you can say what the 7 relationships are.

8 MR. BLAIR: I mean, I think that what you said 9 still applies. I mean, it doesn't matter if you're 10 looking at a specific metropolitan area or in the general 11 context in which Tom described it. I mean, I think that 12 you have to know something about those demand and supply 13 elasticities in addition to knowing something about the 14 market share in order to say anything.

MR. McCARTHY: What you can say is the higher that elasticity, the higher the share has to be to create the kinds of problems that you might worry about. But other than -- and that would be an interesting study maybe to see if and how -- if and why they might move together or something. But I think we'd have a hard time offering any real guidance on that.

22 MR. DANGER: I figured that would be the 23 outcome to my question.

24 MR. McCARTHY: I do agree that you have to look 25 at those things and you have to look at the supply

elasticity more than anything else. My belief is that in 1 a lot of areas, there is excess supply. There is excess 2 capacity. And once you have excess capacity, then it 3 4 really says that the buyer can go out and buy more 5 physician services or more hospital services at the same There's plenty of capacity there to tap into, 6 rate. 7 which is the equivalent of saying, it's a flat input 8 supply curve.

9 MR. DANGER: I guess when I was thinking about 10 the excess capacity, not all excess capacity is of equal 11 quality necessarily.

12

MR. McCARTHY: Right.

13 MR. DANGER: And so, what may happen is that 14 consumers aren't able to get their doctor because their 15 doctor switches out of or won't accept an HMO anymore and 16 so, they're left with falling into the excess capacity of 17 the remaining HMO doctors which may be lower quality.

Now, your enjoiner to me would be that -- well,
what is your enjoiner? I'll let you --

20 MR. McCARTHY: This sort of thing does happen. 21 In other words -- I mean, I don't have any measures of it 22 or any metric to tell you what the numbers are, but 23 you've probably all had the problem that you go to find a 24 new doctor and that doctor says -- that primary care 25 doctor says, closed to new patients. I think that's the

sort of domino effect that happens. I, for the first time, switched to a PPO just because all of the doctors in the areas I lived had all dropped their HMO because they're mad at the HMOs and I couldn't find -- my own doctor was trying to get out of HMOs, and so, I had to switch to get the different kind of coverage.

So, I do think that sort of thing happens in a domino effect, but that is part of the way that the markets adjust, that the enrollees who look for a doctor and can only find somebody who just came out of school and is too far away, then they will switch carriers.

12 MR. FOREMAN: I'd sort of like to differ a 13 little bit. We don't have any evidence of excess supply. In fact, if you look at waiting times for certain 14 15 procedures, we have some concerns in some specialties, 16 and also, there are some rural areas that -- not so rural areas anymore, that can't get physicians to tie to that. 17 18 Half of the general surgery residencies didn't fill, half of the primary care residencies didn't fill last year. 19 20 There's a Mayo Clinic study on shortages in anesthesiology. So, I mean, depending on the specialty, 21 we have some intermediate term concerns about supply. 22

23 So, back to the major premise that I think we 24 can agree on, it probably is a factual analysis, a case-25 by-case. And, you know, for some areas, there may be an

over-supply. But I don't think we can say that
 generically by any means.

MR. BYE: Price discrimination was a fairly critical factor in Aetna. Is that unique to that case and does it vary depending on whether we're looking at physician or hospitals?

7 MR. McCARTHY: We're talking about in the input market, right? Yeah. We didn't -- I mean, frankly, in 8 9 Aetna, the monopsony issue was not nearly as analyzed as 10 the monopoly issues and I -- the paper that I have out there, I think there's one good reason for that and that 11 12 is the remedy was the same. I mean, if you've got 13 concentration -- you believe you have seller side concentration and the argument is to divest, since the 14 geographic markets roughly line up, you've cured whatever 15 16 monopsony concern you have, legitimate or not, by the divestiture. 17

18 So, we really did not get into much of that In fact, at the time, I didn't even know the 19 analysis. 20 fact I cited of 130 percent of RBRVS. That came just a little bit after. We didn't even get to the level where 21 we were looking into where they really -- was there ever 22 23 any evidence that Aetna under-priced? I think it's just 24 well known -- it varies from area to area and we always 25 have to have that caveat. But I think it's pretty well-

known that different docs negotiate different rates and
 they're in different group structures or they're in
 different IPAs. So, there are multiplicity of rates out
 there.

5 What I want to say for the textbook case of 6 monopsony is as long as you do that, you don't get this 7 incentive that even with an upward sloping supply curve, 8 you don't get this incentive that supposedly drives the 9 monopsonist to hire too few, in this case, doctors, too 10 few inputs into price too low.

MR. BLAIR: Well, that's only a case of perfect
 discrimination. I mean, it would have to be --

That's the limit, yeah.

14 MR. BLAIR: -- first degree, right? I mean, 15 but in a more normal third degree kind of sense, you 16 would still have some of that.

MR. McCARTHY:

13

MR. McCARTHY: I think you probably still would have a certain "take it or leave it" group. I agree with that. But I think it changes dramatically who you think is affected by the monopsony; in other words, the group that can negotiate their own rate.

22 MR. FRECH: I can never remember what's first 23 degree and what's third degree. So, I just talk about 24 price discrimination across sellers or buyers and then 25 multi-part pricing within each seller or buyer. Here, I

think it's not perfect, of course, but it is all or
 nothing kind of pricing. I think that's Jill Herndon's
 point. It's really worth kind of remembering.

Once someone's signed on, there probably is not 4 5 going to be a volume reduction. They've pretty much contracted that they're not going to nibble away at the 6 7 volume, either by discriminating against patients or under-supplying a given patient. So, since we have some 8 9 price discrimination across physicians, my understanding 10 is, actually from working on a case a few years ago, First Health vs. Up-And-Up, a couple national PPOs, my 11 12 understanding from the First Health people was once they 13 got below the big physician groups, the prices were the same pretty much. It was almost just mailing out an "all 14 or nothing" thing. 15

16 In most places, they were very small, so it's like an insurer that the physicians had never heard of, 17 18 saying, well, we're going to give you this rate and -you know, a third of them said yes and two-thirds said no 19 20 or something like that. So, my quess is there's not -once we get below the big groups, there's not much price 21 discrimination across physicians, but there is this all 22 23 or nothing pricing aspect character to it that's like multi-part pricing. So, it's sort of halfway between. 24 25 But in terms of raw output, crudely measured

output, my guess is that even if you had monopsony power with this type of offer, you're not going to get a big reduction of competitive.

MR. McCARTHY: And then it becomes a 4 5 distributional issue Should physicians take the hit, which was one of your points on one of your slides. The 6 7 economic approach is usually to say, is there an allocative efficiency loss, and if output still stays the 8 9 same, which is why I arque the short run doesn't matter 10 so much because people are in the market, they still in the market, output doesn't change, so there's been no 11 12 mis-allocation of resources. There may be, certainly, 13 distributional consequences.

To agree with the distributional 14 MR. FOREMAN: 15 side, absolutely, although I'm not so sure that that all 16 or nothing context actually is welfare neutral. I mean, I think there's more to be looked at there, and we, at 17 least, would not concede the point that there is an all 18 or nothing supply curve that's different from a normal 19 20 labor supply curve when most labors, in some senses, is all or nothing that way. So, I think there's more to be 21 studied there. 22

23 MR. FRECH: I certainly think there's more to 24 be said here, and it's not perfect. It's not a perfect 25 all or nothing kind of thing. There's going to be some

1 allocative harm from monopsony, for sure.

2 MR. FOREMAN: And the downstream issues that 3 you talked about.

4 MR. FRECH: And the downstream issues, as well. MR. BLAIR: 5 But I think that it's important to 6 understand, though, in that all or none context, if that all or none is perfect, then you don't have an 7 allocative issue because you're going to get the same 8 9 employment level as you would get with competition, 10 right, because -- and then it does become just simply a distributional issue. 11

MR. FRECH: There's still the problem that they -- once they get away from negotiating with the big groups, you've got lots of physicians who are just getting take it or leave its. So, you're going to lose some output from just excluding physicians who should be in the group -- who should be signing up.

MR. BLAIR: No, no, no. I agree with you. 18 I'm just saying, you know, just as a theoretical matter, if 19 20 the all or none were perfect, then there wouldn't be an allocative issue. You know, I agree with you, it's not 21 Therefore, we're going to have something. 22 perfect. But, 23 you know, how big that something is is an empirical 24 issue.

25

MR. DANGER: Although I'm from the Department

1 of Justice and Matthew here is from the Federal Trade Commission, I didn't mean to imply that we would 2 monopolize the questions. So, I did want to allow for 3 competitive questioning of each other if you had any. 4 I've also been advised never to tell any more jokes. 5 MR. McCARTHY: None come to mind. 6 MR. DANGER: Okay, well, let's conclude a bit 7 I do want to mention that tomorrow's session will 8 early. begin at 9:15 and it will end at approximately 1:00, 9 depending upon the length of the roundtable discussion. 10 11 I couldn't have said it better if I was going to say it 12 myself. We will not have a separate afternoon session as 13 the agenda indicates. Thank you all for coming. 14 (Whereupon, at 4:50, the hearing was adjourned.) 15 16 17 18 19 20 21 22 23 24 25

1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		
12		
13		
14	CERTIFICATION OF REPORTER	
15		
16	MATTER NUMBER: <u>P022106</u>	
17	CASE TITLE: HEALTH CARE AND COMPETITION LAW	
18	DATE: APRIL 24, 2003	
19		
20	I HEREBY CERTIFY that the transcript contained	
21	herein is a full and accurate transcript of the notes	
22	taken by me at the hearing on the above cause before th	ıe
23	FEDERAL TRADE COMMISSION to the best of my knowledge an	ıd
24	belief.	
25		

1	DATED: MAY 13, 2003
2	
3	
4	SONIA GONZALEZ
5	
6	CERTIFICATION OF PROOFREADER
7	
8	I HEREBY CERTIFY that I proofread the transcript for
9	accuracy in spelling, hyphenation, punctuation and
10	format.
11	
12	
13	SALLY JO BOWLING