

EXHIBIT A

Progesterone Cream

Natural Progesterone Cream

Progesterone Cream

Early Sign of Miscarriage

Breast Cancer

Natural Progesterone Cream is Bioidentical HRT

Estrogen Dominance

Ads by Google

Pictures Of Snakes

Find Answers & Useful Links On Pictures Of Snakes
blurtit.com

Pictures Of King Snakes

Looking for Pictures Of King Snakes Compare providers on our free site
www.genialdeals.com

Snake

Browse a huge selection now. Find exactly what you want today.
www.ebay.com

Snakes

Find Snakes Here. Visit our Snakes Guide.
All-Snake.info

House Specialty

Chicago snake control experts Contact Us Today!
www.housespecialtypest.com

Natural Progesterone Cream



Natural Progesterone Cream Information - Why its needed.

Unlike estrogen, progesterone is not a generic name but is the name of the hormone produced by the corpus luteum after ovulation, and in smaller quantities by the adrenal gland. It is synthesized in humans in a biochemical pathway leading from cholesterol to pregnenolone to progesterone. In turn, progesterone is the precursor of corticosteroids and testosterone. Progesterone is also synthesized, in copious amounts, by the placenta during pregnancy.

Progesterone is a specific molecule made by mammals and has multiple roles in your body. It effects every tissue in your body including the uterus, cervix, and vagina, the endocrine (hormonal) system, brain cells, fat metabolism, thyroid hormone function, water balance, peripheral nerve myelin sheath synthesis, bone cells, energy production and thermogenesis, the immune system, survival and development of the embryo, and growth and development of the fetus. Though referred to as a sex hormone, progesterone conveys no specific secondary sex characteristics and as such cannot be called a male or female hormone.

Natural Progesterone Cream Works

snake repellent

repel snakes with one simple spray
Australian shoosnake 100% natural

Ask Your Reptile Question

Veterinarians, Techs & Other Pet Specialists
Help You Online ASAP!

Ads by Google

Progesterone is highly fat-soluble compound exceedingly well absorbed when applied transdermally or onto the skin. According to hormone researcher David Zava, Ph.D., progesterone is by far the most lipophilic, or fat-loving, of the steroid hormones. It circulates in the blood, carried by fat-soluble substances such as red blood cell membranes. Some 70 to 80 percent of ovary-made progesterone is carried on red blood cells and thus is not measured by serum or plasma blood tests. This progesterone is available to the body for use, and readily filters through the saliva glands into saliva where it can be measured accurately. The remaining 20 to 30 percent of progesterone in the body is protein-bound and is found in the watery blood plasma where it can be measured by serum or plasma blood tests. However, only 1 to 9 percent of this progesterone is available to the body for use. That is why saliva testing is a far more accurate and relevant test than blood tests in measuring bio-available progesterone.



Progesterone Cream

Ads by Google

Keep Snakes Away →

Naphthalene free snake repellent Safe, Effective & 100% Guaranteed
www.liquidfence.com

Snake Repellents & Traps

Buy Snake Control Products that are effective, safe and humane.
www.nixalite.com

The Snake and The Dragon

Long Dan Xie Gan Wan Chinese Herbal Formula at Discount Price
www.ChineseHerbsDirect.com

Pictures Of King Snakes

Seeking for Pictures Of King Snakes Look at Top 5 Results Nationwide
www.genialfinder.com

Snake Away Repellent

Granular Snake Repellent In stock, same day shipping
www.growersupply.com

Using Natural Progesterone Cream Wisely

Natural progesterone cream, when used correctly, seems to help many women through the symptoms of hormonal imbalance with many added benefits. Natural progesterone, has the same molecular structure as the progesterone produced by the body. It is absorbed through the skin and into the bloodstream. It can help your body keep estrogen and progesterone levels in balance, resulting in maintained sense of equilibrium.



As beneficial as natural progesterone cream is, we must be aware that we are dealing with a very delicate system - the endocrine system. According to Dr. Joseph Mercola: "The problem relates to the fact that progesterone is highly fat soluble and once applied to the skin will store itself in a woman's fat tissue. When one first uses the cream, there is no problem here as the fat stores are very low. But as time goes on, the cream accumulates and contributes to disruptions in the adrenal hormones such as DHEA, cortisol, and testosterone. I have learned that although progesterone cream is an enormously useful tool, it needs to be used very cautiously."



Progesterone Levels

Natural Progesterone

Low Progesterone

Progesterone Pregnancy



Estrogen Progesterone



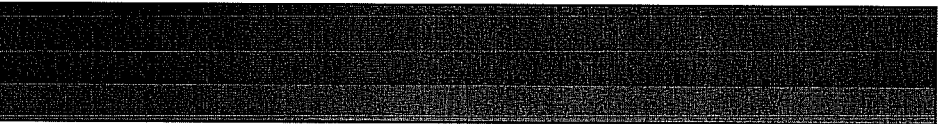
Progesterone Suppository



Progesterone Deficiency



Progesterone Therapy



Progesterone Effects

Where does Natural Progesterone come from and what are its effects?



Today 99.9% of progesterone is made in a laboratory. However, the synthesised version of natural progesterone is identical to naturally occurring progesterone and is referred to as bio-identical progesterone. The term "synthetic progesterone" is often used to refer to products such as Provera®, Cycrin® which are not identical to progesterone. These synthetic versions have additional chemical groups added to the progesterone molecule, for a number of reasons. These reasons include improved absorption (oral dosage forms) and making the molecule patentable. Today, most bio-identical progesterone is made from soy intermediates.



Progesterone Symptoms



Hot Flashes

Hair Loss

Hormone Therapy



Estrogen Metabolism

Bioidentical Estrogen

Hormone Replacement

Natural Progesterone Cream

Hormone Replacement Therapy

Estrogen Replacement Therapy

Bioidentical Progesterone

Bioidentical Progesterone in the News



Don't panic. After reading the whole article about the CBS News feature regarding Bioidentical Progesterone, the following was buried deep for no one to see:

Dr. Senay said there is no direct evidence that bioidenticals are not safe because they have not gone through rigorous clinical trials, which also means that there is no proof that the products are safe. Well, what about the tens of millions of women who had to "go it on their own" and try Natural Progesterone Cream against their doctor's wishes. They have proven Bioidentical Natural Progesterone IS safe and IS effective.

Topical Estrogen

Estrogen Replacement

Progesterone • Sitemap • Submit Your Site • Links

Elation Therapy, Inc. © 2003-2007

***The information provided on this site is intended for your general knowledge only and is not a substitute for professional medical advice or treatment for specific medical conditions. Always seek the advice of your physician or other qualified health care provider with any questions you may have regarding a medical condition. The information on this website is not intended to diagnose, treat, cure or prevent any disease. **Never disregard medical advice or delay in seeking it because of something you have read on this or any site.**

Elation Therapy, Inc. 770-579-3879 Order Line 888-535-7632

Bioidentical Progesterone Cream • Anxiety • Progesterone Effects

[Progesterone Cream](#)

[Natural Progesterone Cream](#)

[Progesterone Cream](#)

[Early Sign of Miscarriage](#)

[Breast Cancer](#)

[Natural Progesterone Cream is Bioidentical HRT](#)

[Estrogen Dominance](#)

Ads by Google

[Pictures Of Snakes](#)

Find Answers & Useful Links On Pictures Of Snakes
blurtit.com

[Pictures Of King Snakes](#)

Looking for Pictures Of King Snakes Compare providers on our free site
www.genialdeals.com

[Snake](#)

Browse a huge selection now. Find exactly what you want today.
www.ebay.com

[Snakes](#)

Find Snakes Here. Visit our Snakes Guide.
All-Snake.info

[Keep Snakes Away](#)

Napthalene free snake repellent Safe, Effective & 100% Guaranteed
www.liquidfence.com

Using Natural Progesterone Cream Wisely

[snake repellent](#)

repel snakes with one simple spray
Australian shoosnake 100% natural

[Snake Eyes Golf Clubs](#)

Very low prices and shipping Great Quality & Lifetime guarantee

Ads by Google



Natural progesterone cream, when used correctly, seems to help many women through the symptoms of hormonal imbalance with many added benefits. Natural progesterone, has the same molecular structure as the progesterone produced by the body. It is absorbed through the skin and into the bloodstream. It can help your body keep estrogen and progesterone levels in balance, resulting in maintained sense of equilibrium.



As beneficial as natural progesterone cream is, we must be aware that we are dealing with a very delicate system - the endocrine system. According to Dr. Joseph Mercola: "The problem relates to the fact that progesterone is highly fat soluble and once applied to the skin will store itself in a woman's fat tissue. When one first uses the cream, there is no problem here as the fat stores are very low. But as time goes on, the cream accumulates and contributes to disruptions in the adrenal hormones such as DHEA, cortisol, and testosterone. I have learned that although progesterone cream is an enormously useful tool, it needs to be used very cautiously."

Balance Progesterone: Test Yearly

It is advised that women test their progesterone levels yearly. Although progesterone over-dose is not something that causes great harm, (initially-sleepiness is a clue) the solution that we are after is balance of all hormones. Anytime there is an over-balance of a hormone, even progesterone, the system will suffer and symptoms will appear.



Along with progesterone, balancing the adrenals is very important, but something that is often over-looked in hormonal balancing. There are many useful herbs that can help accomplish this along with the following: Diet, Stress and Sleep.

Using Natural Progesterone Cream Will Not Overcome a Bad Diet

You think you eat good food. Let's be honest - you don't! A totally balanced diet is imperative. I am convinced that about 85% of all hormonal symptoms can be relieved with a healthy, balanced diet. Along with diet, drinking half your body weight in clean, pure water is also essential.

Ads by Google

ProCo Digital Audio**Snake**

Momentum Digital Snake,
Up to 256 Audio Inputs,
Gigabit Ethernet
www.procomomentum.com

Keep Snakes Away

Napthalene free snake
repellent Safe, Effective &
100% Guaranteed
www.liquidfence.com

Snake Repellents & Traps

Buy Snake Control
Products that are effective,
safe and humane.
www.nixalite.com

Pictures Of King Snakes

Seeking for Pictures Of
King Snakes Look at Top 5
Results Nationwide
www.genialfinder.com

Snake Away Repellent

Granular Snake Repellent
In stock, same day
shipping
www.growersupply.com



Hidden stress can be the underlying cause of why some women do not experience symptom relief of hormonal imbalance. Stress is often a "silent symptom" in that we have usually learned to consider it as being a normal part of life. Some suggestions in dealing with stress include: meditation, prayer, yoga, EFT, exercise (especially walking), deep breathing and learning how to remove yourself from difficult situations. In order to alleviate stress these must be practiced very daily.



It is said that over ¾ of the population is sleep deprived. The importance of being in bed before 10:00 p.m. so that the body's biorhythms are not disturbed has been taught by natural medicine doctors for many years. The body does most of its repair and healing between the hours of 10:00 p.m. and 2:00 a.m. If you are awake during these hours your body definitely loses. There is no such thing as "catching up on your sleep". Once it is lost, it cannot be regained. Weekend "sleep warriors" are actually doing more harm to their Circadian rhythms than they may realize.

Like most things in life, we must always proceed with caution. There is no magic bullet when it comes to getting the body balanced and healthy. Natural progesterone is the most natural and safest way to assist women with the symptoms of hormonal imbalance, but we must remember that our goal is "balance" in every area.

The Benefits of Natural Progesterone Compared to Estrogen

Estrogen Effects: Stimulates breasts cysts; Increases body fat storage; Salt and fluid retention; Depression and headaches; Interferes with thyroid hormone; Increases blood clotting and risk of stroke; Decreases libido (sex drive);

Impairs blood sugar control; Loss of zinc and retention of copper; Reduced oxygen level in all cells; Increased risk of endometrial cancer; Increased risk of breast cancer;

Helps decrease bone loss slightly.

Progesterone Effects: Protects against breast cysts; Helps use fat for energy and keep it off hips; Natural diuretic (water pill); Natural anti-depressant; Facilitates thyroid hormone action; Normalizes blood clotting; Increases libido;

Normalizes blood sugar levels; Normalizes zinc and copper levels; Restores proper cell oxygen levels; Prevents endometrial cancer; Helps prevent breast cancer; Increases bone building.



About The Author Dr. Loretta Lanphier, ND, CN, HHP, CH is a Doctor of Naturopath, Clinical Nutritionist, Holistic Health Practitioner and Clinical Herbalist in the Houston, TX area and Founder / CEO of Oasis Advanced Wellness. A teacher, educator and seminar speaker, she counsels Oasis Advanced Wellness clients on the aspects of getting the body healthy and keeping the body healthy and also develops customized health programs to help clients get healthy. As a cancer survivor, she is able to relate extensively, both as a patient and a practitioner, to clients suffering from disease. She is also involved in researching new alternative disease treatments and products. Dr. Lanphier is Editor and contributor to the worldwide E-newsletter Advanced Health & Wellness. To receive a free subscription go to: www.oasisadvancedwellness.com. Be sure and visit our bio identical hormonal balancing site at www.menopause-pms-progesterone.org and

www.oasisserene.com. We would love to become your "partner in health."
staff@oasisadvancedwellness.com

Natural Progesterone Cream

Progesterone • Sitemap • Submit Your Site • Links

Elation Therapy, Inc. © 2003-2007

***The information provided on this site is intended for your general knowledge only and is not a substitute for professional medical advice or treatment for specific medical conditions. Always seek the advice of your physician or other qualified health care provider with any questions you may have regarding a medical condition. The information on this website is not intended to diagnose, treat, cure or prevent any disease. **Never disregard medical advice or delay in seeking it because of something you have read on this or any site.**

Elation Therapy, Inc. 770-579-3879 Order Line 888-535-7632

Bioidentical Progesterone Cream • Anxiety • Progesterone Effects

If Natural Progesterone cream is so important, why don't doctors prescribe it?

King Snakes

Bargain Prices. Smart Deals.
Shopzilla.com

Natural Progesterone

Fast Relief From Hot Flashes, Mood Swings &
More. Get Free Welcome Kit

Ads by Google



This is the question most frequently asked of Dr. Lee during his more than 30 years of active clinical practice.

Dr. Lee answers by saying, "The medical-industrial complex refers to the close knit association of organized medicine with the pharmaceutical manufacturers and governmental medical regulatory agencies. The system taken together is neither necessarily corrupt nor evil, but, like any human agency, is subject to the frailties and faults of humankind. Medical research is dependent on the billions of dollars of grants from the National Institutes of Health (NIH) and the private pharmaceutical industry.

Any given pharmaceutical company, like any private enterprise, must make a profit to stay alive. Profit comes from the sales of patent medicines. The system is not interested in natural (non-patentable) medicines, regardless of their potential health benefits. Thus the flow of research funding does not extend to products which cannot be patented. (Natural progesterone cream is too cheap when sold over the counter for the pharmaceutical companies.)

Few people know that the definition of malpractice hinges on whether or not the practice is common among one's medical peers and has little (usually nothing) to do with whether the practice is beneficial or not. A doctor willing to study, to learn the ins and outs of an alternative medical therapy, and to put what he has learned into practice in helping patients is potentially exposing himself to serious charges of malpractice. (That's right, is a doctor recommended you use natural progesterone cream, and you did not get the results you were looking for, he/she could be sued.)

Progesterone Cream Natural
Progesterone Cream Progesterone
Cream Early Sign of Miscarriage
Breast Cancer Natural Progesterone
Cream is Bioidentical HRT Estrogen
Dominance

John Lee & Progesterone

Restore hormonal balance naturally. We've
helped thousands of women.

Hormonal Imbalance

Balance your hormones with Natural
Progesterone Cream.

Ads by Google

Ads by Google

Progesterone Cream-

\$5.86

USP Natural Progesterone Cream. Made to Dr. Lee's specifications.

www.onellifeusa.com

ProGest Value Size

\$22.95

Emerita Pro-Gest 4 oz Value Size Only \$22.95.

Fast Shipping.

www.netnutri.com/Pro-Gest-Value

Buy Progesterone

Creams

Progesterone Therapy For Less \$5.49 Ship Discount on Orders \$75+

www.herbalremedies.com/progeste

Progesterone Cream

\$17.95

Heartland Naturals

Progesterone 960 mg per 2 ounce - Jar or Pump

www.nokomisnutrition.com

Progesterone Per Dr. Lee

2200mg USP Natural

Progesterone Superior absorbency \$17.50 per

month.

amazon.com/-Progesterone-Dr-Le

But what does all of this have to do with natural progesterone cream?



The answer is quite simple, really. Ample medical research regarding progesterone was carried on in the 1940's through the 1960's, and amply reported in mainline, recognized medical literature. Since the early 1970's, however, medical research has become much more expensive and the grants subsidizing natural progesterone cream research, (or any unpatentable medicine or treatment technique), have dried up and been blown away by the contemporary trade winds of synthetic drugs, particularly the progestins.

The potential market for patentable progestins is vast -- contraceptive pills, irregular menses, osteoporosis... -- literally every woman through the age of puberty on is a target for a sale. Do you think the prevailing powers wish to see this lucrative market left to an over-the-counter natural product not in the hands of physician writing prescriptions and not controlled by the pharmaceutical industry?

Elation Therapy Natural Progesterone Cream Best



Value

560 mg of Progesterone USP per ounce. As recommended by Dr. John Lee for PMS, Menopause, Osteoporosis PLUS 2000 mg Mexican Wild Yam per ounce. Great Aloe Vera base makes this a great moisturizer.



A superb progesterone cream, like Elation Therapy, can help with symptoms of pms (premenstrual syndrome), menopause, osteoporosis, (bone loss), migraines, loss of libido, anxiety attack, mood swings, postpartum depression, and perimenopause.

Your friends suffer from vaginal dryness, hot flashes, hair loss, night sweats, sleeplessness, miscarriages, difficult pregnancy and more. Their doctor prescribes HRT, hormone replacement therapy, and the symptoms just get worse and he wants to do a hysterectomy. (Or they didn't have symptoms until after they started the Premarin or similar product.)

Then you read a book by Dr. John Lee or Raquel Martin or heard Oprah Winfrey say she uses 2% progesterone cream. Your journey continues here!

Natural Progesterone Cream

***The information provided on this site is intended for your general knowledge only and is not a substitute for professional medical advice or treatment for specific medical conditions. Always seek the advice of your physician or other qualified health care provider with any questions you may have regarding a medical condition. The information on this website is not intended to diagnose, treat, cure or prevent any disease. **Never disregard medical advice or delay in seeking it because of something you have read on this or any site.**

Elation Therapy, Inc. 770-579-3879 Order Line 888-535-7632



SEARCH: Go! NEWSLETTER: Go!

You have 7 item(s).
Total: \$204.55

- PRODUCT CATEGORIES**
- Ephedra Free, Weight Loss, Ephedra Free Weight Loss Products
 - Natural Progesterone Cream
 - Ephedra, Ephedra Product

- TOP SELLER**
- Metabadrine 120 Capsules
 - Ephedra Fiber Duo
 - Two Natural Progesterone Cream 4 oz Tubes

[Sitemap](#) [Ephedra Articles](#)
[Directory](#) [Hoodia](#) [Weight Loss](#)
[Hoodia](#)

Natural Alternatives to Hormone Replacement Therapy



[See Our Shopping Guarantee](#)

PRIVACY POLICY

[Read Our Privacy Policy](#)

INFORMATION

- ▶ [Stacker 2 Diet Pill](#)
- ▶ [Ephedra](#)
- ▶ [Atlanta Health Insurance](#)

Welcome, Guest.
[Click here to login](#)

You are currently **Logged Out.**



The cure for hormonal imbalance and the secret to ending estrogen dominance is a substance called natural progesterone. This substance is a hormone produced by your body's adrenal glands and ovaries. The delicate balance of total body health relies upon the proper functioning of every organ in the body.

Healthy bodies are rich with hormones that help determine mood, desire, and inner peace. Natural progesterone is becoming the alternative treatment choice for thousands of women suffering from the effects of Depression, PMS, Menopause, Osteoporosis, and Hormone Imbalance. These conditions are the result of a hormonal imbalance in the female body.

As you age, your body's ability to produce an adequate level of progesterone decreases dramatically and your body requires assistance to maintain balance and optimum health. Many conditions are the result of a hormonal imbalance in the female body.

Natural Progesterone has been known to:

- Protect against fibrocystic breasts
- Help prevent breast cancer
- Normalizes blood sugars
- Restore sex drive
- Improve lipid profile
- Help use fat for energy
- Clear up acne problems
- Natural diuretic
- Natural anti-depressant
- Prevent endometrial cancer
- Necessary for healthy conception and pregnancy
- Improve sleep patterns
- Stimulate the growth of new bone cells even in women already suffering from osteoporosis

Pictures Of Snakes
Find Answers & Useful Links On Pictures Of Snakes
blurit.com

Pictures Of King Snakes
Looking for Pictures Of King Snakes Compare providers on our
free site
www.genialdeals.com

Snake
Browse a huge selection now. Find exactly what you want today.
www.ebay.com

Snakes
Find Snakes Here. Visit our Snakes Guide.
All-Snake.info

Ads by Google

And Much More !!!!

Natural progesterone supplies what the body cannot produce on its own, without the dangerous side effects of synthetic hormones.

Doctors have historically recommended, and prescribed, synthetic estrogens and progestins to treat the symptoms of menopause and PMS. This is largely because most of the information that the doctors receive about new treatments are from the pharmaceutical companies. And because a product that can be produced naturally can not be patented the pharmaceutical companies have to create a synthetic version with a slightly modified molecule in order to patent the product.

This however has been shown to be extremely unhealthy for your body. A New England Journal of Medicine article in 1995 involving 121,700 women showed that the chance of developing breast cancer went up to 40 percent in women that used estrogens and progestins (synthetic progesterone) for more than five years.

Synthetic estrogens and progestins also increase the probability of developing many conditions including:

- Uterine cancer
- Increased storage of body fat
- Fluid retention
- Depression
- Headaches
- Impaired blood sugar control
- Reduced oxygen in cells
- Gallbladder problems
- Decreased sex drive
- Insomnia
- Bone loss
- Liver dysfunction
- Breast Tenderness
- Acne
- Swelling

Despite all of these negative side effects of synthetic progestins, they are still being used by many physicians.

There is a wealth of information about the positive effects of natural progesterone on your human body. One misconception that many people have is what role certain hormones play in the human body. Most of us are not aware that progesterone is produced by both male and females and is necessary for optimal health.

In fact, Progesterone is considered to be the "Master Hormone" of all of the other hormones. It is necessary for production of estrogen, testosterone, and many other sub-hormones. The articles below give you valuable information about what functions progesterone serves and how they can help you.

All rights reserved. Copyright Gorillavitamins.com 2007
eCommerce Solutions by InstanteStore.com

Natural Progesterone Cream



- [HOME](#)
- [REGISTER](#)
- [LOGIN](#)
- [SHOPPING CART](#)
- [CONTACT US](#)
- [MY ACCOUNT](#)
- [SEARCH](#)
- [AFFILIATES](#)
- [ON](#)

SEARCH: NEWSLETTER:

You have 0 item(s).
Total: \$0.00

Sort By:

- PRODUCT CATEGORIES**
- Ephedra Free, Weight Loss, Ephedra Free Weight Loss Products
 - [Natural Progesterone Cream](#)
 - Ephedra, Ephedra Product

- TOP SELLER**
- Metabadrine 120 Capsules
 - Ephedra Fiber Duo
 - Two Natural Progesterone Cream 4 oz Tubes

[Sitemap](#) [Ephedra Articles](#)
[Directory](#) [Hoodia Weight Loss](#)
[Hoodia](#)

Natural Progesterone Cream

Natural Progesterone Cream

Natural progesterone cream can help with symptoms of pms (premenstrual syndrome), menopause, migraines, loss of libido, anxiety attack, mood swings, postpartum depression, and perimenopause, and much more according to the book, "What Your Doctor May Not Tell You About Menopause". This pivotal book, by the late Dr. John Lee, MD., has been decried by the medical establishment since its publication. But now the National Institute of Health's Women's Health Initiative (WHI), have thoroughly validated his stance on progesterone and conventional hormone replacement therapy. Much of this new research can be found in the revised and updated (2004) edition of *What Your Doctor May Not Tell You About Menopause*.

Natural progesterone cream. as recommended by Dr. John Lee, MD

Directions: Just massage a dime-size dollop of cream (about 1/4 to 1/2 teaspoon) into your skin. Try your wrists, arms, thighs, tummy- whatever you like. Do that twice a day for 21 days, then rest for the next seven, and you're on your way to natural per-menopausal balance. Or if you're looking for help with PMS balance, use 14 days on and 14 off.

Buy Natural Progesterone Cream

Dr. John R. Lee and Natural Progesterone

Dr. John R. Lee was a family doctor in Northern California when, in the early 1970s, he began seeing a lot of menopausal women with health complaints who weren't able to use estrogen because of a high risk of complications. That's when he met Raymond Peat, Ph.D. who claimed that estrogen was the wrong hormone to be giving menopausal women, and that what they really needed was progesterone. Dr. Lee took a list of Dr. Peat's references and thoroughly researched them for himself, validating them in the process. Once he started treating his own patients with a natural progesterone cream, he saw results immediately. It would seem, natural progesterone is much safer than those synthetic alternatives created by pharmaceutical companies. These companies can not produce natural progesterone because a natural molecule cannot be patented. Natural progesterone cream contains the exact progesterone molecule as produced by the body. Since Dr. Lee first wrote his self-published book for doctors back in 1993, hundreds of studies, including the huge and now-famous National Institute of Health's Women's Health Initiative (WHI), have thoroughly validated his stance on progesterone and conventional hormone replacement therapy. Much of this new research can be found in the revised and updated (2004) edition of *What Your Doctor May Not Tell You About Menopause*. According to Dr John R. Lee, natural progesterone USP has a molecular structure identical to the progesterone produced by the human body. Natural progesterone is produced through the fermentation (and other steps) of the Mexican Wild Yam. Dr. Lee points out that if the molecule produced from the extract of the Mexican Wild Yam is molecularly identical then it is indeed the identical hormone. What does this mean to you? Natural replacement of this vital hormone aids to balance the body reducing menopausal symptoms and may even assist fertilization, and premature delivery of infants.

What Your Doctor May Not Tell You About Menopause

In Dr. Lee's book "What Your Doctor May Not Tell You About Menopause", he talks about the roles that hormones fill in your body. It is possible to feel good again, he talks about how a body out of balance can't provide the healing vital to health. Dr. Lee talks about how his patients began to feel relief from night sweats, hot flashes, insomnia,



See Our Shopping Guarantee

PRIVACY POLICY

Read Our Privacy Policy

INFORMATION

- Stacker 2 Diet Pill
- Ephedra
- Atlanta Health Insurance

Welcome, Guest.
Click here to login

You are currently **Logged Out**.



bloating and many other symptoms. It wasn't long before his research began to turn him in another direction...

Products



Two Natural Progesterone Cream 4 oz Tubes

ON SALE
\$29.96

[Click here for more details](#)
[Add To Cart](#)



Elation Therapy Natural Progesterone Cream

ON SALE
\$39.96

[Click here for more details](#)
[Add To Cart](#)



Life Changes Plus Natural Progesterone Cream Buy 1

Get 1 Free!

\$24.95

[Click here for more details](#)
[Add To Cart](#)



Reduce Hot Flash Frequency

ON SALE

\$14.79

[Click here for more details](#)
[Add To Cart](#)

[1]

What Your Doctor May Not Tell You About PRE-Menopause

Dr. Lee began to see a lot of women between the ages of thirty to fifty, who were suffering hormonal imbalance with a long list of symptoms, including:

- Extreme PMS
- Fibroids
- Fibrocystic breasts
- Weight gain
- Fatigue
- Endometriosis
- Irregular or heavy periods
- Infertility
- Miscarriage

Dr. Lee noted that when this group of women tried progesterone cream, it worked wonderfully to alleviate their symptoms. Dr. Lee began collecting feedback from women who had avoided hysterectomy, lost weight, had fibroids shrink, found relief from PMS, and had finally been able to conceive after years of trying.

WARNING: This product contains Progesterone, a chemical known to the State of California to cause cancer. Consult with your physician before using this product. If you have any questions regarding California Proposition 65, please call customer service at 1-888-535-7632.

All rights reserved. Copyright Gorillavitamins.com 2007
eCommerce Solutions by InstanteStore.com



SEARCH: Go! NEWSLETTER: Go!

You have 7 item(s).
Total: \$204.55

PRODUCT CATEGORIES

- Ephedra Free, Weight Loss, Ephedra Free Weight Loss Products
- Natural Progesterone Cream
- Ephedra, Ephedra Product

TOP SELLER

- Metabadrine 120 Capsules
- Ephedra Fiber Duo
- Two Natural Progesterone Cream 4 oz Tubes

Sitemap [Ephedra Articles](#)
[Directory Hoodia Weight Loss Hoodia](#)

Progesterone Cream - The best money can buy.

**Progesterone Cream - The best money can buy.
Elation Therapy Natural Progesterone Cream**

Elation Therapy Natural Progesterone Cream is the industry's premium quality natural progesterone cream.

Women Health Supplements

Help protect bones, heart, and mood before, during, and after menopause
www.Encora.com

Snake Repellents & Traps

Buy snake control products that are effective, safe and humane.
www.nixalite.com

Which Vitamins do I Take?

Find out what the Experts Know Free Survey Makes it Simple
www.YourLifeVitamins.com

Ads by Google



See Our Shopping Guarantee

PRIVACY POLICY

Read Our Privacy Policy

INFORMATION

- ▶ [Stacker 2 Diet Pill](#)
- ▶ [Ephedra](#)
- ▶ [Atlanta Health Insurance](#)

Welcome, Guest.
[Click here to login](#)

You are currently **Logged Out**.



Quality is the key to your satisfaction. Low cost is just a bonus. When the progesterone cream provides you the help you desire, we know we can count on your repeat business for years to come.

We don't have to promote the benefits of natural progesterone creams like Elation Therapy. Dr. John Lee, MD. And author Raquel Martin do that for us. Women throughout the world are becoming better acquainted with the health benefits of natural progesterone. Natural progesterone, according to these authors, reduces the symptoms and discomfort of Menopause, PMS and Perimenopause (sometimes called Pre-menopause) without the side effects often associated with synthetic hormone replacement therapy.

Dr. John Lee's best selling books list the following benefits of natural progesterone:

- Reverses bone loss by stimulating osteoblast
- Restores libido
- Promotes reversal of fibrocystic breasts
- Natural antidepressant .
- Facilitates thyroid hormone action
- Normalizes blood sugar levels
- Normalizes zinc and copper levels
- Helps prevent breast cancer
- Helps use fat for energy
- Improved sleep patterns
- Normalizes blood clotting
- Natural diuretic

- Prevention of Post-partum depression
- Prevents miscarriage

Menopause is normally defined as the end of menstrual cycles. The unpleasant symptoms of menopause that some women suffer such as:

- hot flashes
- vaginal dryness
- mood swings
- accelerated bone loss.

Menopause is often associated with the end of a woman's sexuality and the beginning of old age, arthritis, and osteoporosis.

What does progesterone have to do with menopause?

Progesterone levels typically decline before menopause starts and this is followed by a decline in estrogen. Progesterone production tends to fall to almost zero while estrogen declines to about 40% to 50%. This situation leads to an imbalance between estrogen and progesterone causing an increase in estrogen activity, which is now described as estrogen dominance.

All rights reserved. Copyright Gorillavitamins.com 2007
eCommerce Solutions by InstanteStore.com

[HOME](#)[REGISTER](#)[LOGIN](#)[SHOPPING CART](#)[CONTACT US](#)[MY ACCOUNT](#)[SEARCH](#)[AFFILIATES](#)[ON](#)SEARCH:

Go!

NEWSLETTER:

Go!

You have 0 item(s).
Total: \$0.00

>Natural Progesterone Cream

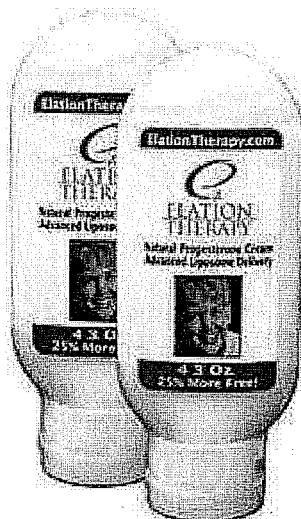
PRODUCT CATEGORIES

- Ephedra Free, Weight Loss, Ephedra Free Weight Loss Products
- [Natural Progesterone Cream](#)
- Ephedra, Ephedra Product

TOP SELLER

- Metabadrine 120 Capsules
- Ephedra Fiber Duo
- [Two Natural Progesterone Cream 4 oz Tubes](#)

[Sitemap](#) [Ephedra Articles](#)
[Directory](#) [Hoodia Weight Loss](#)
[Hoodia](#)

Two Natural Progesterone Cream 4 oz Tubes[click to see larger image](#)

Name: Two Natural Progesterone Cream 4 oz Tubes

Sale Price: \$29.96 ON SALE

Normal Price: ~~\$39.95~~

Serial Number: ETX2

Manufacturer Name: Elation Therapy

Stock Status: In Stock

[VIEW PRINTER FRIENDLY PAGE](#)[Add to Shopping Cart](#)**Free Shipping on Elation Therapy Natural Progesterone Cream Today!**

2 each 4oz Tubes for less than anyone's single 3oz tube. No middleman mark-up.

Add Hot Flash (45% Off) to your Natural Progesterone Cream [Details Here](#)

Natural Progesterone Cream

Natural Progesterone Cream is a topical dietary supplement designed for women of all ages who experience symptoms relating to PMS, Menopause and Osteoporosis. **Natural Progesterone Cream** - Information about pms, menopause, bone loss, osteoporosis, hot flashes, night sweats and how natural progesterone cream can help.

Over 50 million American women are now making major health decisions on the best method to cope with the physical and mental effects of menopause. Over the next ten years, an estimated 40 million more women will have to make the same decision on how to deal with symptoms of estrogen dominance: weight gain, bloating, mood swings, irritability, tender breasts, headaches, fatigue, depression, hypoglycemia, uterine fibroids, endometriosis, fibrocystic breast, hot flashes, and a host of unpleasant symptoms which signal the approach of nature's changing time for women.

WARNING: This product contains Progesterone, a chemical known to the State of California to cause cancer. Consult with your physician before using this product. If you have any questions regarding California Proposition 65, please call customer service at 1-888-535-7632

Directions:

Where do I put it? We get that question a lot. But trust us, there's nothing weird or hard about it. Just massage a dime-size dollop of cream (about 1/4 to 1/2 teaspoon) into your skin. Try your wrists, arms, thighs, tummy- whatever you like. Do that twice a day for 21 days, then rest for the next seven, and you're on your way to natural per-menopausal balance. Or if you're looking for help with PMS balance, use 14 days on and 14 off.

Add To Shopping Cart

Product Reviews

Write an online review and share your thoughts.

All rights reserved. Copyright Gorillavitamins.com 2007
eCommerce Solutions by InstanteStore.com

<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

What Your Doctor May Not Tell You About Menopause

John R. Lee, M.D. - Natural Progesterone Transcript Part 7 of 9

<input type="checkbox"/> Go to Beginning of	<input type="checkbox"/> Go to Previous
---	---

Then I would go try and find a reference to try and explain it, try and understand it. People say, "What kind of doctor are you?" they want me to say Family Practice or Internist or Surgeon or whatever. I say, "I'm the kind of doctor who is a puzzle solver. I can't walk by somebody doing a puzzle without trying to figure out what the puzzle is or adding a piece here and there.

I'm the kind of a doctor who, when he hears three doctors out of four prefer hydroprophin or something else," I always wonder, "What does that fourth guy know that the other three don't?" (Laughter) Don't you have that? But I think I have this compulsion to solve puzzles, especially in natural science type things, and then I get a compulsion to want to tell people what I found. I figured out that's what I'm doing here. I have nothing to sell, I don't have any interest in any of the companies that make these creams.

I wrote a book two years ago. I first wrote a series of about five or six papers but the American journals wouldn't publish them because they said, "Dr. Lee doesn't have a control group." I was showing them that people with osteoporosis get better when you add progesterone. That's never happened before in the history of womankind.

There isn't any other study that shows that, and that estrogen doesn't do it. It's kind of like if somebody says, "All sheep are white." You do not have to do a double blind control, all you have to do is find one black sheep. Right? And you've disproved that.

If you say osteoporosis cannot be reversed and I do it on 100 patients, I don't need a control group, I'm doing something that's reversing osteoporosis and they ought to be looking into it. I wasn't in a position to do the double blind studies because people were coming to me for advice on how to use the progesterone they could buy over the counter.

I've learned all these things that I'm trying to tell, so I wrote the papers and the first one was published in an Australian journal which is recognized around the world, International Journal of...something with nutrition, but it's a real good journal around the world. The next one was in the English journal, Medical Hypothesis. The next one was in a Canadian journal and bit by bit this was getting the news around.

Then there was a letter to Lancet. Lancet had shown these hormones are well absorbed through the skin, so I wrote, "Yes, I know, I've been doing this, and it reverses osteoporosis," and they published it. Then I began to get letters from doctors all around the world, and my wife said, "Why don't you put it all together in a book."

I'd given talks at our local hospitals, Marin General, and Ross Hospital, showing these bones getting better on these people. I mean, I ordered the tests but I had nothing to do with making the tests, and the people were using the progesterone. There was no way I could interfere with the results.

The doctors would say, "Wow, they've never seen anything like this before;" but none of them would do it in their practice. Here it was available, they all had patients with osteoporosis they were still doing the same dumb thing.

But one by one, they would call me and they'd say, "John, my mother-in-law is visiting and she has terrible osteoporosis, how is it you use this cream?" or they'd say, "My wife has PMS, how do we do this?" or, "My wife has fibrocystic breast disease," or, "My wife is having to take thyroid." Progesterone helps the thyroid hormone work. Estrogen interferes with the thyroid hormone.

<input type="checkbox"/> Go to Next Page	<input type="checkbox"/> Go to Reninning of
--	---

<input type="checkbox"/> Elation Therapy Natural Progesterone Cream Banner61
--

Click on Banner to Buy Elation therapy
Click Here for [Progesterone Cream Info](#)

<input type="checkbox"/> disclaimer

[Natural Progesterone Cream] [What Your Doctor May Not Tell You About Menopause]
[What Your Doctor May Not Tell You About Menopause]

<input type="checkbox"/>

Ads by Google

Libido & Natural Progesterone

Progesterone Cream- \$5.86

Made to Dr. Lee's specifications. USP. Satisfaction guaranteed.
www.onelifeusa.com

Libido & Natural Progesterone - A female body manufactures many types of Estrogen but only one Progesterone and Natural Progesterone is the Source of Libido or Sex Drive in Women!

Menopause & Low Libido?

Relieve Hot Flashes, Night Sweats And Increase Your Libido Naturally.
Sensuvive.com

Sources of Natural Progesterone for Libido

All Natural Hormones

Bio-Identical Hormone Replacement Testing/Consult/We Take Insurance
www.profilehealth.com

Bioidentical Hormone MD

Sterling, VA MD specializing in natural bioidentical hormones.
www.BodyLogicMD.com

Buy Progesterone Creams

Progesterone Therapy For Less \$5.49 Ship Discount on Orders \$75+
www.herbalremedies.com/progesterone

Natural Hormones

Natural Bioidentical Hormones Order online- no prescription
all-new-you.com

Natural Progesterone is normally produced by the female ovaries right after ovulation and balances the side effects of otherwise unopposed estrogen.

Under the influences of dietary estrogens, petrochemicals, stress, and menopause, Progesterone production ceases or is suppressed and the effects of Estrogen Dominance, can be observed.

Estrogen Replacement

Estrogen Therapy Patch for Moderate to Severe Menopausal Symptoms.
www.HormonePatch.com

Ads by Google

Progesterone Cream Can Help Loss of Libido

Progensa 20 Progesterone

What Holistic doctors recommend Find out why
www.womenlivingnaturally

Most women experience Loss of Libido, mood swings, irritability, anger, depression, headaches and weight gain from the lack of Progesterone that is required for proper thyroid function.

Natural Transdermal Progesterone Cream, applied topically to the face, neck, arms, chest and fatty tissue areas of the body such as the breasts, the abdominal area, the buttocks, the inner thighs, etc., is stored in these fatty tissues for use as required by the body and has been shown to reverse the effects of Estrogen Dominance listed below:

- Increased Body Fat
- Depression
- Migraine Headaches
- Blood Sugar Irregularities
- Excessive Blood Clotting
- Reduced Vascular Tone
- Endometriosis
- Infertility
- Interference with Thyroid Function

2 for 29

Products of Nature, Inc.

"Natural Woman"
Progesterone Cream In Dr. Lee's books/Buy 3 get 1 Free
www.prodnature.com

- Loss of Libido (Sex Drive)
- Anger, Rage
- Uterine Cramping
- Water Retention
- Loss of Zinc, Retention of Copper
- Increased Risk of Breast Cancer
- Increased Risk of Ovarian Cancer
- Increased Risk of Endometrial Cancer
- Restraint of Osteoclast Function (bone loss)
- Reduced Oxygen in All Cells (Foggy Brain)

Pro-Gest 4 oz \$23.95

by Emerita
Progesterone Cream 4 oz \$14.27
www.NutritionGeeks.com

It is also important that we distinguish Natural Progesterone from its counterparts in the drug industry _ PROGESTINS. Although these drugs are commonly referred to as Progesterone, this is a misnomer.

Try Natural Progesterone Cream by Elation Therapy for PMS, Menopause - 2 each - 4 oz each Just \$29.96.

Estrogen

Fast Relief From Hot Flashes, Mood Swings & More. Get Free Welcome Kit
ChangesForWomen.com

In some ways they mimic the effects of Natural Progesterone in the body, but in other important ways they gravely interfere with Natural Progesterone and can create and exacerbate hormone related health problems, and be a primary contributor to Estrogen Dominance.

Traditional Treatments

Traditional treatments have included tranquilizers, diuretics, dietary changes, thyroid supplements, herbs, vitamins, exercise, acupuncture and psychiatric counseling. While these may provide some easing of symptoms, the underlying causes remain.

Need Real Testosterone?

Licensed Nationwide HRT Clinics Programs starting as low as \$795
www.ModernTherapy.com

Where Can I Find a Quality Natural Progesterone Cream

| [Natural Progesterone Cream](#) || [Progesterone Cream](#) || Progesterone and Libido |

x disclaimer

For more information about [progesterone](#), [natural progesterone](#), [natural progesterone cream](#), visit our other sites. For more [weight loss](#), [ephedra](#), [CortiSlim](#), [Cortisyn](#) info visit [GorillaVitamins.com](#). [Cortisol](#) resources. [Coral Calcium](#) Information. Buy [coral calcium](#) at [GorillaVitamins.com](#)

Ads by Google

Progesterone Cream- \$5.86

USP Natural Progesterone Cream. Made to Dr. Lee's specifications. www.onelifeusa.com

Products of Nature, Inc.

"Natural Woman" Progesterone Cream In Dr. Lee's books/Buy 3 get 1 Free www.prodnature.com

Pro-Gest 4 oz \$23.95

by Emerita Progesterone Cream 4 oz \$14.27 www.NutritionGeeks.com

Progesterone Cream \$17.95

Heartland Naturals Progesterone 960 mg per 2 ounce - Jar or Pump www.nokomisnutrition.com

Questions About Progesterone Cream

by John R. Lee, M.D. and Virginia Hopkins
What is progesterone?

Progesterone is a steroid hormone made by the corpus luteum of the ovary at ovulation, and in smaller amounts by the adrenal glands. Progesterone is manufactured in the body from the steroid hormone pregnenolone, and is a precursor to most of the other steroid hormones, including cortisol, androstenedione, the estrogens and testosterone.

In a normally cycling female, the corpus luteum produces 20 to 30 mg of progesterone daily during the luteal phase of the menstrual cycle.

Q: Why do women need progesterone?

A: Progesterone is needed in hormone replacement therapy for menopausal women for many reasons, but one of its most important roles is to balance or oppose the effects of estrogen. Unopposed estrogen creates a strong risk for breast cancer and reproductive cancers.

Estrogen levels drop only 40-60% at menopause, which is just enough to stop the menstrual cycle. But progesterone levels may drop to near zero in some women. Because progesterone is the precursor to so many other steroid hormones, its use can greatly enhance overall hormone balance after menopause. Progesterone also stimulates bone-building and thus helps protect against osteoporosis.

Ads by Google

- [Organic Progesterone Cream](#)
- [Natural Woman Progesterone](#)
- [Buy Progesterone](#)
- [Progesterone Supplement](#)

Google™

Search

- Web
- www.superb-progesterone-cream.com
- www.elationtherapy.com
- www.gorillavitamins.com

Progensa 20
Progesterone

What Holistic
doctors recommend
Find out why
www.womenlivingnaturally.com

Buy Progesterone
Creams


Progeterone
Therapy For Less
\$5.49 Ship Discount
on Orders \$75+
www.herbalremedies.com

Natural
Progesterone

Fast Relief From
Hot Flashes, Mood
Swings & More. Get
Free Welcome Kit
ChangesForWomen.com

John Lee &
Progesterone

Restore hormonal
balance naturally.
We've helped
thousands of
women.
www.womentowomen.com

 disclaimer

For more information about [progesterone](#), [natural progesterone](#), [natural progesterone cream](#), visit our other sites. For more [weight loss](#), [ephedra](#), [CortiSlim](#), [Cortisyn](#) info visit GorillaVitamins.com. [Cortisol](#) resources. [Coral Calcium](#) Information. Buy [coral calcium](#) at GorillaVitamins.com

Ads by Google

Pictures Of Snakes

Find Answers & Useful Links On Pictures Of Snakes blurtit.com

Pictures Of King Snakes

Seeking for Pictures Of King Snakes Look at Top 5 Results Nationwide www.genialfinder.com

Pictures Of King Snakes

Looking for Pictures Of King Snakes Compare providers on our free site www.genialdeals.com

Snakes

Find Snakes Here. Visit our Snakes Guide. All-Snake.info

Why not just use the progestin Provera as prescribed by most doctors?

Progesterone is preferable to the synthetic progestins such as Provera, because it is natural to the body and has no undesirable side effects when used as directed.

If you have any doubts about how different progesterone is from the progestins, remember that the placenta produces 300-400 mg of progesterone daily during the last few months of pregnancy, so we know that such levels are safe for the developing baby. But progestins, even at fractions of this dose, can cause birth defects. The progestins also cause many other side effects, including partial loss of vision, breast cancer in test dogs, an increased risk of strokes, fluid retention, migraine headaches, asthma, cardiac irregularities and depression.

Q: What is estrogen dominance?

A: Dr. Lee has coined the term "estrogen dominance," to describe what happens when the normal ratio or balance of estrogen to progesterone is changed by excess estrogen or inadequate progesterone. Estrogen is a potent and potentially dangerous hormone when not balanced by adequate progesterone.

Both women who have suffered from PMS and women who have suffered from menopausal symptoms, will recognize the hallmark symptoms of estrogen dominance: weight gain, bloating, mood swings, irritability, tender breasts, headaches, fatigue, depression, hypoglycemia, uterine fibroids, endometriosis, and fibrocystic breasts. Estrogen dominance is known to cause and/or contribute to cancer of the breast, ovary, endometrium (uterus), and prostate.

Ads by Google

- [Coral Snake](#)
- [Snake Eater](#)
- [Solid Snake](#)
- [Poisonous Snakes](#)

Google

- Web
- www.superb-progesterone-cream.com
- www.elationtherapy.com
- www.gorillavitamins.com

Snakes

Find Snakes Here.
Visit our Snakes
Guide.
All-Snake.info

| [Natural Progesterone Cream](#) || [Progesterone Cream](#) || [progestin Provera](#) |

Snake

Browse a huge
selection now. Find
exactly what you
want today.
www.ebay.com

**Keep Snakes
Away** →

Napthalene free
snake repellent
Safe, Effective &
100% Guaranteed
www.liquidfence.com

**Snake Repellents
& Traps**

Buy snake control
products that are
effective, safe and
humane.
www.nixalite.com

disclaimer

For more information about [progesterone](#), [natural progesterone](#), [natural progesterone cream](#),
visit our other sites. For more [weight loss](#), [ephedra](#), [CortiSlim](#), [Cortisyn](#) info visit
GorillaVitamins.com. [Cortisol](#) resources. [Coral Calcium](#) Information. Buy [coral calcium](#) at
GorillaVitamins.com

Progesterone and Osteoporosis

x Elation Therapy Natural Progesterone Cream Banner07

One of the most important factors in osteoporosis is a lack of progesterone, which causes a decrease in new bone formation. Years of clinical experience giving women progesterone showed me that using a natural progesterone cream will actively increase bone mass and density and can reverse osteoporosis. These patients consistently show as much as a 29 percent increase in bone mineral density in three years or less of progesterone therapy. After treating hundreds of patients with osteoporosis over a period of 15 years, I found that those women with the lowest bone densities experienced the greatest relative improvement, and those who had good bone density to begin with, maintained their strong bones.

Postmenopausal women using a transdermal (on the skin) progesterone cream or oil should use the equivalent of 15-20 mg daily for three weeks out of the month, with a week off each month to maintain the sensitivity of the progesterone receptors. You can read my book What Your Doctor May Not Tell You About Menopause for details on how to use progesterone cream.

Exercise for Strong Bones: Use 'Em Or Lose 'Em

Lack of exercise is one of the primary causes of osteoporosis. Using your bones keeps them strong and healthy. Weight-bearing exercise is the only thing besides progesterone found to actually increase bone density in older women. By weight-bearing I mean exercise that uses your bones. Brisk walking counts as weight-bearing exercise, but add some hand-held weights and it's even better. Pushing a vacuum cleaner or lawn mower, gardening, dancing, and aerobic exercise also qualify.

Progesterone Cream- \$5.86

USP Natural Progesterone Cream. Made to Dr. Lee's specifications.
www.onelifeusa.com

Pro-Gest 4 oz \$23.95

by Emerita Progesterone Cream 4 oz \$14.27
www.NutritionGeeks.com

Products of Nature, Inc.

"Natural Woman" Progesterone Cream In Dr. Lee's books/Buy 3 get 1 Free
www.prodnature.com

Progesterone Per Dr. Lee

2200mg USP Natural Progesterone Superior absorbency \$17.50 per mth.
avmazon.com/-Progesterone-Dr-Lee

Ads by Google

Your exercise plan should include a minimum of 20 minutes of weight bearing exercise three to four times a week. An hour is even better. In contrast to women who exercise, those who don't continue to lose bone, regardless of what else they are doing. Studies of elderly people who fall and break a bone show that these people had poor flexibility, poor leg strength, instability when first standing, and difficulty getting up and down in a chair. Exercise can help increase flexibility, strength, and coordination. A weight lifting program of just half an hour three to four times a week can significantly improve bone density. You don't need to go to the gym to do a weight lifting program. You can lift a can of peas or a small carton of milk. Women with advanced osteoporosis should work with a physical therapist to create a safe, effective program to reduce the risk of fracture. The Asian movement exercises such as yoga, tai chi and chi kung can also be excellent for improving strength, flexibility and coordination

Calcium and Osteoporosis

Google™

Search

- Web www.superb-progesterone-cream.com
 www.elationtherapy.com www.gorillavitamins.com

 disclaimer

[\[Natural Progesterone Cream\]](#) [\[Osteoporosis\]](#) [\[Progesterone and Osteoporosis\]](#)

For more information about [progesterone](#), [natural progesterone](#), [natural progesterone cream](#), visit our other sites. For more [weight loss](#), [ephedra](#), [CortiSlim](#), [Cortisyn](#) info visit [GorillaVitamins.com](#). [Cortisol](#) resources. [Coral Calcium](#) Information. Buy [coral calcium](#) at [GorillaVitamins.com](#)

 ReliabilitySeal3

Night Sweats Dr. John Lee

Night sweats won't last forever, especially if you follow the advice of menopause expert **John Lee, MD.**

Night Sweats - Number one Menopause complaint

Night sweats can be one of the most distressing symptoms of "the change" called **menopause**. If you tell your doctor that you've been awakening drenched in perspiration, and you're in the right age range to be in perimenopause (approaching menopause) or menopause, he or she will almost always write you a prescription for estrogen and progesterin (synthetic progesterone). You know this as hormone replacement therapy (HRT).

Progesterone Cream- \$5.86

USP Natural Progesterone Cream. Made to Dr. Lee's specifications.

www.onelifeusa.com

Menopause & Low Libido?

Relieve Hot Flashes, Night Sweats And Increase Your Libido Naturally.

Sensuvive.com

Progenssa 20 Progesterone

What Holistic doctors recommend Find out why

www.womenlivingnaturally.com

Estrogen Replacement

Estrogen Therapy Patch for Moderate to Severe Menopausal Symptoms.

www.HormonePatch.com

Ads by Google

Night sweats caused by lack of estrogen?

Night sweats are caused by a lack of the hormone estrogen according to your doctor, and that using HRT to add estrogen back into your system will take care of the problem.

Article on Night Sweats continued below

Try Natural Progesterone Cream by Elation Therapy for PMS, Menopause - 2 each - 4 oz each Just \$29.96.

 Elation Therapy Natural Progesterone Cream Banner40

Most doctors will encourage you to continue taking HRT indefinitely; after all, lack of estrogen has been pegged as the cause of far more health problems than night sweats.

The doctor will say night sweats is only one symptom you need to be concerned with when you take HRT. Others are:

- Osteoporosis protection
- Heart disease
- Loss of libido

Then, you begin to notice news stories about the potential dangers of HRT (see Stop HRT). Now you're being told that HRT could in fact be increasing your risk of developing breast cancer, and that it really doesn't protect you against heart disease at all. Who should you believe?

Hot flashes and night sweats are caused by true estrogen deficiency. Once the ovaries stop making estrogen (and progesterone), the activity of a hormone called GnRH (gonadotropin-releasing hormone) is not inhibited by raised levels of these hormones as it was before menopause. The

GnRH center in the brain in effect begins to "shout," sending stronger messages to try to get the ovaries to release more eggs. This raised GnRH activity activates another part of the brain that affects the blood vessels, and this in turn leads to hot flashes and perspiration or night sweats.

Estrogen Therapy Patch

Get Menopause Relief. Learn More about an Estrogen Therapy Patch.

www.HormonePatch.com

Buy Progesterone Creams

Progesterone Therapy For Less \$5.49 Ship Discount on Orders \$75+

www.herbalremedies.com/progesterone

Pro-Gest 4 oz \$23.95

by Emerita Progesterone Cream 4 oz \$14.27

www.NutritionGeeks.com

Estrogen

Fast Relief From Hot Flashes, Mood Swings & More. Get Free Welcome Kit

ChangesForWomen.com

Ads by Google

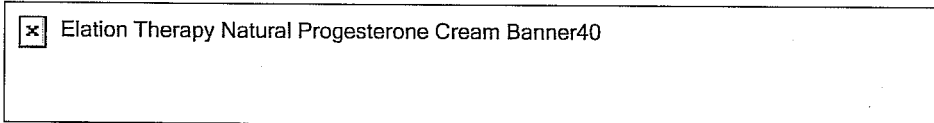
It does make sense to take steps to increase estrogen levels in the body when you have these symptoms. **According to menopause expert John Lee MD, however, most women take much more estrogen than they need to — if they indeed need to take any at all — and most take it for longer than necessary.**

Balance supplemental estrogens with natural progesterone to prevent night sweats and more

Most women also don't know that they need to balance supplemental estrogens with natural progesterone, not the synthetic progestins used in HRT. Maintaining this estrogen-progesterone balance will protect against breast cancer and the many other adverse effects of unopposed

estrogen.

Before you decide to take HRT, Dr. Lee recommends trying the following tactics to balance hormone levels and alleviate night sweats and other symptoms caused by estrogen lack:



Night Sweats Help: Exercise and diet changes

Body fat makes estrogen that triggers night sweats. In many women, simply adding more exercise and shifting to a healthier, whole-foods based diet (mostly vegetables, fruits, and whole grains) tips hormone balance back far enough to ease night sweats.

Night Sweats Help: Natural progesterone cream

Why add progesterone — the hormone that "balances" estrogen's effects in the body — to remedy symptoms of estrogen lack? According to Dr. Lee, the world's foremost expert on the use of natural progesterone, the careful addition of this hormone can activate dormant estrogen receptors, effectively increasing estrogen activity. Progesterone is also a precursor of estrogen; in other words, it's the raw material from which estrogen is made in the body. Giving the body more of this raw material can encourage a slight rise in estrogen production. Read more about how to use natural progesterone cream to promote hormone balance during perimenopause or post menopause on this site.

Bioidentical Hormone MD

Sterling, VA MD specializing in natural bioidentical hormones.
www.BodyLogicMD.com

Keep Snakes Away

Napthalene free snake repellent Safe, Effective & 100%
Guaranteed
www.liquidfence.com

Male Menopause Treatment

Get Male Menopause Treatment Today Top Customer Service.
Secure Site.
AntiAgingGroup.com

Progesterone Cream \$17.95

Heartland Naturals Progesterone 960 mg per 2 ounce - Jar or
Pump
www.nokomisnutrition.com

Ads by Google

Night Sweats Help: Estrogen should be the last choice for Night Sweats

If you do end up needing estrogen replacement for a short time, keep these things in mind: first, that a natural estrogen such as estriol is always preferable, in the form of a cream, patch or pill form; second, that any supplemental estrogen should be balanced with progesterone cream to counteract its tendency to cause cancer. Find the smallest possible estrogen dose needed to relieve night sweats and hot flashes, and try tapering off periodically until you can stop.

disclaimer

Progesterone, Cortidrene

Looking for info on ephedra products? Metabadrine and Metabalite are now available with ephedra. Cortisol blocker Cortisyn is available at wholesale prices from the same manufacturer as Elation Therapy Natural Progesterone Cream.

Ads by Google

Menopause
Hormone Therapy
Sterling, VA MD
specializing in
natural bioidentical
hormones.
www.BodyLogicMD.com

Progesterone
Cream- \$5.86
USP Natural
Progesterone
Cream. Made to Dr.
Lee's specifications.
www.onelifeusa.com

Prepare to be
Shocked
You may be
younger than you
think. Take the
RealAge test and
find out.
www.RealAge.com

Progensia 20
Progesterone
What Holistic
doctors recommend
Find out why
www.womenlivingnaturally

Perimenopause

Perimenopause

Perimenopause - Even Oprah's doing it. Sooner or later all women get there. The most common changes occur in the menstrual cycle — it can become lighter, heavier, shorter, more prolonged or go away for a month or two before it completely stops.

Perimenopause symptoms

Hot flashes, which can range from mild warm flushes to skin-soaking night sweats may occur. Other symptoms (such as moodiness, memory loss and fatigue) can be the result of sleep deprivation caused by nighttime hot flashes. Vaginal dryness or pain during intercourse may be experienced.

Osteoporosis (bone loss) starts after age 40 when normal bone breakdown is accelerated by estrogen loss. Dr. John Lee states this can be prevented and even reversed with natural progesterone cream.

Decreased estrogen levels result in a rise in LDL cholesterol (the 'bad' cholesterol) and a doubling of heart disease risk.

You don't have to suffer through these changes. Your nutrition oriented doctor can help you choose the best course for treating your symptoms. There are many books available now that help you through this time. Look for books by Dr. John Lee, Rachel Martin, and Dr. Christiane Northrup.

2 Elation Therapy Progesterone Cream for 29 200

Try Natural Progesterone Cream by Elation Therapy for PMS, Menopause - 2 each - 4 oz each Just \$29.96.

| [Natural Progesterone Cream](#) | | [Menopause](#) | | [Perimenopause](#) |

Progensa 20
Progesterone

What Holistic
doctors recommend
Find out why
www.womenlivingnaturally

Menopause & Low
Libido?

Relieve Hot
Flashes, Night
Sweats And
Increase Your
Libido Naturally.
Sensuvive.com

Early Menopause
Treatment

Estrogen Therapy
May Help Moderate
to Severe
Menopausal
Symptoms.
www.HormonePatch.com


Menopause
Symptoms

Fast Relief From
Hot Flashes, Mood
Swings & More. Get
Free Welcome Kit
ChangesForWomen.com

disclaimer

For more information about [progesterone](#), [natural progesterone](#), [natural progesterone cream](#), visit our other sites. For more [weight loss](#), [ephedra](#), [CortiSlim](#), [Cortisyn](#) info visit [GorillaVitamins.com](#). [Cortisol](#) resources. [Coral Calcium](#) Information. Buy [coral calcium](#) at [GorillaVitamins.com](#)

PMS Progesterone

 PMS Progesterone

Emotional overload is one way to describe the monthly attack that many women go through when they have premenstrual syndrome, or PMS.

 PMS Progesterone

PMS Progesterone

Prescription medications will sometimes alleviate most premenstrual syndrome symptoms, but they are often accompanied with harsh and often deadly side affects. Millions are turning to natural alternatives like progesterone cream.

 PMS Progesterone

Progesterone Cream- \$5.86

Made to Dr. Lee's specifications. USP. Satisfaction guaranteed.
www.onelifeusa.com

Products of Nature, Inc.

"Natural Woman" Progesterone Cream In Dr. Lee's books/Buy 3 get 1 Free
www.prodnature.com

Pro-Gest 4 oz \$23.95

by Emerita Progesterone Cream 4 oz \$14.27
www.NutritionGeeks.com

Progesterone Cream \$17.95

Heartland Naturals Progesterone 960 mg per 2 ounce - Jar or Pump
www.nokomisnutrition.com

Ads by Google

For a more detailed natural hormone balance program, please read the Dr. John Lee book **What Your Doctor May Not Tell You About Menopause** [Click Here to read transcript of his talk.](#)

Irritable and downright angry

Bioidentical HRT Progesterone on Sale
Free Shipping

Some women get moody, irritable and downright angry. Hormones fluctuate causing moodiness. But there's an easy solution: rub on natural progesterone cream and take at least 1,200 milligrams of calcium. Research has shown that taking calcium and

Click Here
To Shop Our
Secure Site
OPEN 24/7

Thirty day 100 % Satisfaction
Guarantee Extended to

100 DAYS

With this Special Offer Only

Progesterone Supplement Facts
Click Here

2 for 29

progesterone during the last part of the menstrual cycle reduces up to 100 percent of the symptoms of bloating and mood swings.

Low Energy, Fatigue

When you feel worn out, don't rest on the couch or sleep late. Do just the opposite – exercise! You'll break the cycle of fatigue.

"My emotions run rampant; there's nothing I can do about it," Holly G. said. "One minute I'm happy, the next minute I'm in tears, and I won't know why. The weirdest things will just set me off in tears. It's so annoying. If I get moody, (my boyfriend) he'll be like, 'It's just PMS,' and he'll wander off," Holly said. "That's his excuse. One day we'll get married (and) he'll have to deal with it permanently."

Estrogen dominance is the result of too much estrogen and too little progesterone. You must take steps to bring your hormones into balance. Diet, exercise and natural progesterone cream can balance you again.

Today we understand that it's progesterone - that other female hormone (as in Elation Therapy Natural Progesterone) - that is missing, causing all kinds of subtle imbalances by its absence. Supplementing the circulating levels of progesterone will curb a whole range of distressing experiences women had simply come to accept as part of being a woman. - Dr. John Lee, MD.

BEST VALUE! Elation Therapy Natural Progesterone cream contains 2240 mg of progesterone USP per four-ounce tube. You get TWO tubes for less than the price of one from everyone else!

Progesterone Supplement Facts Click Here

Elation Therapy Natural Progesterone cream is manufactured to contain 560 milligrams (mg) of USP Progesterone per ounce (2240 mg per four-ounce tube). Each ¼ tsp contains approximately 20 mg of USP Progesterone. Careful clinical research has shown this to be an effective amount to achieve a natural balance.

"Before you knew it, my hot sweats were gone. I was so happy." Erna P., Oxford, AL

"Elation Therapy makes the absolute BEST progesterone cream I've ever used. It really gets rid of my symptoms and is pleasant to use." Wanda C.

United States Pharmacopoeia (USP) Progesterone is progesterone that exactly duplicates the progesterone naturally produced in the body. It's sometimes referred to as "human-identical" or bioidentical hrt progesterone. The title "USP Progesterone" differentiates natural progesterone from synthetic progestins or progestogens.

We use only the highest quality ingredients. A stringent quality control process is followed for each production run. Quality testing is completed for raw ingredients, packaging and finished goods

Phone Orders
Welcome
888-535-7632
10am-6pm

and guarantees that each batch of Elation Therapy Natural Progesterone is manufactured to exact specifications.

Two 4 oz Tubes Elation Therapy
Natural Progesterone Cream
EXTENDED GUARANTEE

2 four ounce tubes just \$29.96

Internet Special: Don't miss this offer direct from the manufacturer! Two 4 oz tubes for less than their single 3 oz tube.

disclaimer

[Natural Progesterone Cream] [PMS] [PMS Progesterone]

For more information about progesterone, natural progesterone, natural progesterone cream, visit our other sites. For more weight loss, ephedra, CortiSlim, Cortisyn info visit GorillaVitamins.com. Cortisol resources. Coral Calcium Information. Buy coral calcium at GorillaVitamins.com

ReliabilitySeal3

Progesterone Cream

Natural Progesterone Cream

Progesterone Cream

Early Sign of Miscarriage

Breast Cancer

Natural Progesterone Cream is Bioidentical HRT

Estrogen Dominance

Ads by Google

**Progesterone Cream-
\$5.86**

USP Natural Progesterone Cream. Made to Dr. Lee's specifications.

www.onelifeusa.com

Products of Nature, Inc.

"Natural Woman"

Progesterone Cream In Dr. Lee's books/Buy 3 get 1 Free

www.prodnature.com

Progesterone Cream

\$17.95 ~~\$24.95~~

Heartland Naturals

Progesterone 960 mg per 2 ounce - Jar or Pump

www.nokomisnutrition.com

Pro-Gest 4 oz \$23.95

by Emerita Progesterone Cream 4 oz \$14.27

www.NutritionGeeks.com

Progesterone Per Dr. Lee

2200mg USP Natural Progesterone Superior absorbency \$17.50 per mth.

amazon.com/-Progesterone-Dr-Le

Estrogen Dominance

Pro-Gest at Wholesale

\$24.00 for 4oz ProGest. Plus fast inexpensive shipping

Bioidentical Hormone MD

Sterling, VA MD specializing in natural bioidentical hormones.

Ads by Google



What is estrogen dominance?



Estrogen dominance - According to Dr. Lee, it is clear that estrogen when unopposed or unbalanced by progesterone is not something to be desired. Stated differently, many of estrogen's undesirable side effects are effectively prevented by progesterone. Dr. Lee has named this syndrome estrogen dominance. This syndrome occurs mostly in industrialized countries and commonly occurs in the following situations:

⇒ When women are on estrogen replacement therapy

⇒ Premenopause when early follicle depletion results in the lack of ovulation and thus a lack of progesterone well before the onset of menopause

⇒ Exposure to xenoestrogens which is the cause of early follicle depletion. Xenoestrogens are foreign substances found outside the body in the air and food that have an estrogen effect on the body

⇒ Birth control pills with an excessive estrogen component

⇒ Women who have had a hysterectomy leading to dysfunction of the ovaries

⇒ Post menopause, especially in overweight women

The following is a list of symptoms that can be caused or made worse by estrogen

Buy Progesterone Creams

Progesterone Therapy For Less \$5.49 Ship Discount on Orders \$75+

www.herbalremedies.com/progeste

John Lee & Progesterone

Restore hormonal balance naturally. We've helped thousands of women.

www.womentowomen.com

Progensa 20 Progesterone

What Holistic doctors recommend Find out why

www.womenlivingnaturally.com

Pro-Gest at Wholesale

\$24.00 for 4oz ProGest.

Plus fast inexpensive shipping

MyHealthPro.com

Bioidentical Hormone MD

Sterling, VA MD

specializing in natural bioidentical hormones.

www.BodyLogicMD.com

dominance.

Allergies, Fatigue, Fat gain, Memory loss, Uterine cancer, Hypoglycemia, Uterine fibroids, Breast tenderness, Decreased sex drive, Osteoporosis, PMS, Gallbladder disease, Miscarriage, Acceleration of aging, Depression, Fibrocystic breasts, Headaches, Irritability, Infertility, Foggy thinking, Increasing risk of strokes.

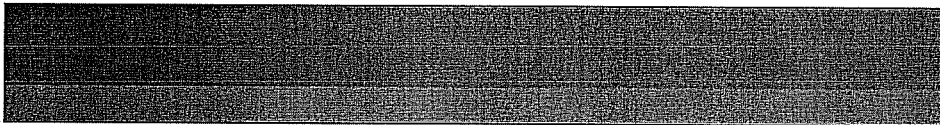


Many women find that by supplementing their hormone production with natural progesterone they will reduce many or most of their menopausal symptoms. The presence of progesterone in the body sensitizes estrogen receptor sites thus enabling estrogen to work more efficiently. Progesterone is a precursor to other hormones in the body including estrogen, testosterone, and especially the corticosteroids.

A woman's ovaries make two hormones, progesterone is one of two main hormones, the other being estrogen, made by the ovaries of menstruating women. Progesterone is also made in smaller amounts by the adrenal glands in both sexes and by the testes in males. When a woman's monthly cycle is functioning correctly, estrogen is the dominant hormone during the first two weeks of the menstrual cycle. In response to ovulation, progesterone assumes dominance for the final two weeks of the month. When the pituitary gland in the brain sends a message to the ovaries to stop production of progesterone, the menstrual cycle begins within 48 hours of this message.

"The signs and symptoms of osteoporosis is cleared in every patient using progesterone cream and incidence of fractures dropped to zero." - John R. Lee, M.D.

Progesterone is essential for survival and its deficiency can cause a wide range of problems. Natural Progesterone cream applied topically is stored in the fatty tissues ready for use as needed by the body to reverse the toxic effects of estrogen dominance.



Natural Progesterone Cream

Progesterone • Sitemap • Submit Your Site • Links

Elation Therapy, Inc. © 2003-2007

*The information provided on this site is intended for your general knowledge only and is not a substitute for professional medical advice or treatment for specific medical conditions. Always seek the advice of your physician or other qualified health care provider with any questions you may have regarding a medical condition. The information on this website is not intended to diagnose, treat, cure or prevent any disease. **Never disregard medical advice or delay in seeking it because of something you have read on this or any site.

Elation Therapy, Inc. 770-579-3879 Order Line 888-535-7632

Progesterone Cream

Natural Progesterone Cream

Progesterone Cream

Early Sign of Miscarriage

Breast Cancer

Natural Progesterone Cream is Bioidentical HRT

Estrogen Dominance

Ads by Google

Progensa 20 Progesterone

What Holistic doctors recommend Find out why www.womenlivingnaturally.com

Menopause

Get Fast Relief For Your Menopause Symptoms, Free Treatment Info Here! HealthSmarts.com

Menopause Symptoms

Fast Relief From Hot Flashes, Mood Swings & More. Get Free Welcome Kit ChangesForWomen.com

Prepare to be Shocked

You may be younger than you think. Take the RealAge test and find out. www.RealAge.com

Early Menopause Symptoms

Early Menopause Symptoms guide Find Early Menopause Symptoms LitMoth.com

Menopause | Progesterone

Menopause & Low Libido?

Relieve Hot Flashes, Night Sweats And Increase Your Libido Naturally.

Progesterone Cream \$17.95

Heartland Naturals Progesterone 960 mg per 2 ounce - Jar or Pump

Ads by Google



Do women going through menopause have lowered levels of progesterone?

Recent research tells us that women do suffer from decreased levels of progesterone and also experience other symptoms such as unexplained weight gain (particularly in the stomach area), depression, fatigue, hair loss, memory loss, mood swings, migraines and loss of libido. A natural cream can balance estrogen without side effects.



Progesterone and estrogen are the two main hormones made by women's ovaries when they are menstruating. Smaller amounts of these hormones are also secreted by the adrenal glands. It's necessary for the survival of the fertilized ovum, its embryo as well as the fetus during gestation.

Progesterone's primary functions include: acting as a precursor to estrogen and testosterone; it maintains uterine lining and aids in gestation; protects against fibrocystic breasts, endometrial and breast cancer; acts as a natural diuretic, helps use fat for energy; can be a natural antidepressant; aids thyroid hormone action; normalizes blood clotting; restores sex drive; normalizes blood sugar, zinc and copper levels; restores proper cell oxygen levels, has a thermogenic effect; builds bone and helps to protect against osteoporosis.

Some doctors feel that menopausal symptoms, osteoporosis and heart disease may not be due to a deficiency of estrogen, but to a relative estrogen excess due to progesterone deficiency.

Synthetic progestins, such as an HRT drug called Provera (a synthetic chemical), do not have the same biological effects as natural progesterone and have been known to cause side effects including: fluid retention, depression, breast tenderness, stroke, jaundice, blood clotting, and cervical erosions.

On the other hand, natural progesterone has no known side effects and has been found to be helpful in alleviating symptoms such as PMS and hot flashes. It has also been credited with helping to prevent osteoporosis.

Many doctors now prescribe for women in menopause the use of a low-dose, natural progesterone cream during the last two weeks of the menstrual cycle. The cream is easily absorbed into thin-skin areas such as the breasts, inner arms, neck or belly by the subcutaneous fat and then released into the bloodstream. You should be careful of the dosage level in these products. Some may have none to very little

Menopause & Low

Libido?

Relieve Hot Flashes, Night Sweats And Increase Your Libido Naturally.

Sensuvive.com

Menopause Symptoms?

Women to Women helps millions of women deal with menopause naturally

www.womentowomen.com

Progenisa 20

Progesterone

What Holistic doctors recommend Find out why

www.womenlivingnaturally.com

Early Menopause

Symptoms

Early Menopause

Symptoms directory Find

Early Menopause

Symptoms

FancyFinder.com

Products of Nature, Inc.

"Natural Woman"

Progesterone Cream In Dr.

Lee's books/Buy 3 get 1

Free

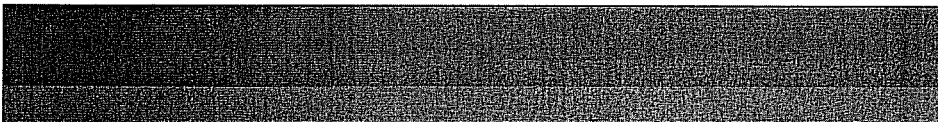
www.prodnature.com

and others provide 20-30 mg in an average application. It's always best to first check with a doctor.



Cathy Taylor is a marketing consultant with over 25 years experience. She specializes in internet marketing, strategy and plan development, as well as management of communications and public relations programs for small business sectors. She can be reached at Creative Communications: creative-com@cox.net or by visiting

<http://www.howtoconquermenopause.com> or <http://www.everythingmenopause.com> or <http://www.internet-marketing-small-business.com>



Progesterone • Sitemap • Submit Your Site • Links

Elation Therapy, Inc. © 2003-2007

*The information provided on this site is intended for your general knowledge only and is not a substitute for professional medical advice or treatment for specific medical conditions. Always seek the advice of your physician or other qualified health care provider with any questions you may have regarding a medical condition. The information on this website is not intended to diagnose, treat, cure or prevent any disease. **Never disregard medical advice or delay in seeking it because of something you have read on this or any site.

Elation Therapy, Inc. 770-579-3879 Order Line 888-535-7632

- [Progesterone Cream](#)
- [Natural Progesterone Cream](#)
- [Progesterone Cream](#)
- [Early Sign of Miscarriage](#)
- [Breast Cancer](#)
- [Natural Progesterone Cream is Bioidentical HRT](#)
- [Estrogen Dominance](#)

Ads by Google

**Progesterone Cream-
\$5.86**

USP Natural Progesterone Cream. Made to Dr. Lee's specifications.
www.onelifeusa.com

Products of Nature, Inc.

"Natural Woman"
Progesterone Cream In Dr. Lee's books/Buy 3 get 1 Free
www.prodnature.com

Pro-Gest 4 oz \$23.95
by Emerita Progesterone Cream 4 oz \$14.27
www.NutritionGeeks.com

Progesterone Cream \$17.95
Heartland Naturals
Progesterone 960 mg per 2 ounce - Jar or Pump
www.nokomisnutrition.com

Progesterone Per Dr. Lee
2200mg USP Natural Progesterone Superior absorbency \$17.50 per mth.
amazon.com/-Progesterone-Dr-Le

Does Progesterone Help Prevent Breast Cancer

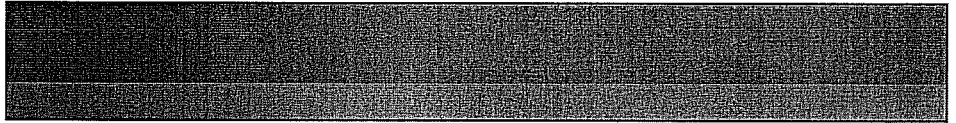
Emerita Pro Gest Cream 

Value size 4 oz. only \$23.95. In stock, same day shipping.

Pro-Gest at Wholesale

\$24.00 for 4oz ProGest. Plus fast inexpensive shipping

Ads by Google

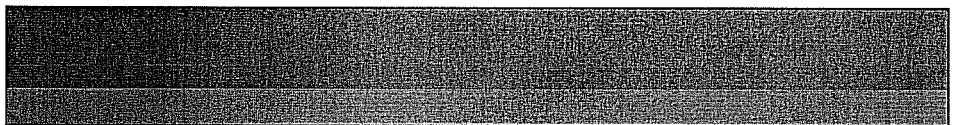


It has been estimated that if women, beginning at the age of 25, routinely used natural progesterone, breast and uterine cancers in women could be reduced by 70%. How much is your health worth? Men, how much is your wife's, mother's, or sister's health worth?

The important thing to keep in mind is that progestins are not progesterone. Progesterone protects against breast cancer. Progestins are synthetic drugs that supposedly mimic real progesterone but in fact do not. Since it is well established that excess estrogen can cause and promote breast cancer, why is the HRT combination worse than estrogen alone? Progestins occupy progesterone receptors more tenaciously than progesterone, and thereby block progesterone from its functions.

Dr. John Lee believes that progesterone is a potent protector against the 80 percent of breast cancer that is hormone-related. Dr. Lee and his colleagues have asked thousands of women the following question: "Of all the women you know who got breast cancer, how many were using natural progesterone cream?" According to Dr. John Lee except for a handful of women who by coincidence (or intuition) started using a natural progesterone cream a few weeks or months before their diagnosis none were found.

WOMEN NEED PROGESTERONE AFTER MENOPAUSE



The fall of progesterone levels at menopause is proportionately much greater than the fall of estrogen levels. While estrogen falls only 40 to 60 percent from baseline on average, progesterone can decline to nearly zero. Furthermore, anovulatory cycles in premenopausal women will cause low progesterone levels on and off throughout the premenopausal years.



Ads by Google

Buy Progesterone Creams

Progeterone Therapy For Less \$5.49 Ship Discount on Orders \$75+
www.herbalremedies.com/progeste

King Snakes

Bargain Prices. Smart Deals.
Shopzilla.com

Progensa 20 Progesterone

What Holistic doctors recommend Find out why
www.womenlivingnaturally.com

Natural Progesterone

Fast Relief From Hot Flashes, Mood Swings & More. Get Free Welcome Kit
ChangesForWomen.com

John Lee & Progesterone

Restore hormonal balance naturally. We've helped thousands of women.
www.womentowomen.com

To read more about Natural Progesterone, please read Dr. Lee's books, What Your Doctor May Not Tell You About Menopause or What Your Doctor May Not Tell You About Premenopause.

Natural Progesterone Cream

Progesterone • Sitemap • Submit Your Site • Links

Elation Therapy, Inc. © 2003-2007

*The information provided on this site is intended for your general knowledge only and is not a substitute for professional medical advice or treatment for specific medical conditions. Always seek the advice of your physician or other qualified health care provider with any questions you may have regarding a medical condition. The information on this website is not intended to diagnose, treat, cure or prevent any disease. **Never disregard medical advice or delay in seeking it because of something you have read on this or any site.

Elation Therapy, Inc. 770-579-3879 Order Line 888-535-7632

Progesterone Cream

Natural Progesterone Cream

Progesterone Cream

Early Sign of Miscarriage

Breast Cancer

Natural Progesterone Cream is Bioidentical HRT

Estrogen Dominance

Ads by Google

米国市場なら アトム
米国株、米国株オプション
取引 安心、日本語サポ
ート

www.atomglobaltrading.com

大前研一の経営大学院

MBA

即戦力となるMBAを大前
学長が指導 仕事を辞めず
遠隔教育でMBAを取得

www.ohmae.ac.jp/

こば鍼灸院

南森町駅のすぐ近くです
まずはお電話・メールだけ
でもOK

nanmori.jp

アメリカ株入門

最新のトレード手法、資金
管理 更にリスク管理を実
践学習します

www.kumaship.com

アメリカでの調査専門です

アメリカにおける企業、経
歴調査、人探し、トラブ
ル解決など。

www.i2brain.org

Early Signs of Osteoporosis

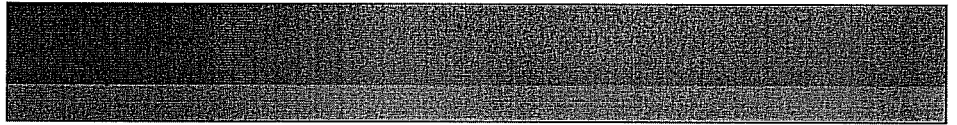
大学・大学院留学なら

語学留学・短期留学情報も満載。専門家によ
る無料留学相談室もあり！

職務経歴書って難しい？

そんな悩みは仕事ナビで解決！簡単5分で職務
経歴書が作成可能。

Ads by Google



Osteoporosis causes bones to lose mass and density.

As the bones become porous and brittle, the chance of fracture is greatly increased.



Often there are no symptoms and a person only discovers that they have osteoporosis when they suffer a fracture.



Some of the early signs or symptoms of Osteoporosis are:

- ⇒ Sudden insomnia and restlessness
- ⇒ Nightly leg and foot cramps
- ⇒ Persistent low back pain
- ⇒ Gum disease, loose teeth
- ⇒ Gradual loss of height

Your Risk of having osteoporosis is higher if you:

- ⇒ Are a woman
- ⇒ Have a family history of osteoporosis
- ⇒ Are white
- ⇒ Are thin
- ⇒ Are short
- ⇒ Went into menopause early
- ⇒ Have a low calcium intake
- ⇒ Don't exercise
- ⇒ Smoke cigarettes
- ⇒ Drink more than two alcohol drinks daily
- ⇒ Are on chronic steroid therapy (e.g. Prednisone)
- ⇒ Are on chronic anticonvulsant therapy
- ⇒ Are taking drugs which can cause dizziness
- ⇒ Are hyperthyroid
- ⇒ Eat too much animal protein intake
- ⇒ Use antacids regularly
- ⇒ Drink more than two cups of coffee daily

アメリカでの調査専門です
アメリカにおける企業、経
歴調査、人探し、トラブ
ル解決など。

www.i2brain.org

米国進出・事業経営支援
経営コンサルティング 米
国法人設立 各種実務 米国
業務代行 事業再生支援

www.dunbartonglobal.jp/

投資・事業用家なら
リクルートが運営する住宅
情報ナビ。投資と事業の
ための不動産情報満載

www.jj-navi.com

Podcastを探すなら
TOEIC対策、経済の勉強に
最適な 日本最大級Podcast
専門ポータル

www.podcastnavi.com

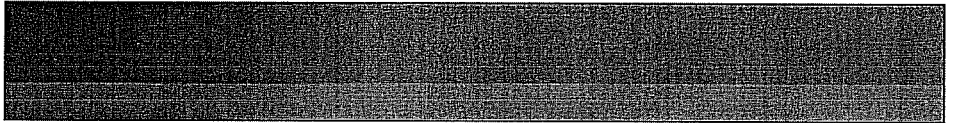
北は悪ですか
米英は鬼畜でしたか? 錯覚
と戦争の原因、善悪中毒!

www.j15.org



However, there are steps you
can do to prevent osteoporosis,
such as:

1. Start using progesterone cream now. Get enough calcium to keep your bones strong. Before menopause, you need about 1,000 mg of calcium per day. After menopause, you need 1,500 mg per day. You skip taking medicine to help preserve bone and slow down bone loss because the side effects are too severe. Get at least 30 minutes of physical activity on most days of the week. Try weight-bearing exercises, like walking, running, or dancing.
2. Eat healthy by including plenty of whole grain products, vegetables, and fruits in your diet. Choose a diet low in total fat, saturated fat, and cholesterol.
3. Maintain a healthy weight. Ask your health care provider what a healthy weight is for you.
4. Control your blood pressure. Ask your health care provider what a healthy number is for you and how often you need it checked.
5. If you have diabetes, control and monitor your blood sugar levels.
6. Lower your cholesterol to the right level. Ask your health care provider what a healthy level is for you.
7. If you smoke, try to quit. Ask your health care provider for help or visit this special section of the NWHIC web site: www.4woman.gov/QuitSmoking
8. If you drink alcohol, limit it to no more than one drink per day.



Natural Progesterone Cream

Progesterone • Sitemap • Submit Your Site • Links

Elation Therapy, Inc. © 2003-2007

*The information provided on this site is intended for your general knowledge only and is not a substitute for professional medical advice or treatment for specific medical conditions. Always seek the advice of your physician or other qualified health care provider with any questions you may have regarding a medical condition. The information on this website is not intended to diagnose, treat, cure or prevent any disease. **Never disregard medical advice or delay in seeking it because of something you have read on this or any site.

Elation Therapy, Inc. 770-579-3879 Order Line 888-535-7632

Progesterone Cream

Natural Progesterone Cream

Progesterone Cream

Early Sign of Miscarriage

Breast Cancer

Natural Progesterone Cream is Bioidentical HRT

Estrogen Dominance

Ads by Google

米国市場なら アトム
米国株、米国株オプション
取引 安心、日本語サポート
ト
www.atomglobaltrading.com

こば鍼灸院
南森町駅のすぐ近くです
まずはお電話・メールだけでもOK
nanmori.jp

アメリカ株入門
最新のトレード手法、資金管理 更にリスク管理を実践学習します
www.kumaship.com

アメリカでの調査専門です
アメリカにおける企業、経歴調査、人探し、トラブル解決など。
www.i2brain.org

米国進出・事業経営支援
経営コンサルティング 米国法人設立 各種実務 米国業務代行 事業再生支援
www.dunbartonglobal.jp/

Estrogen, HRT Breast Cancer

太陽光発電をシミュレート
発電コスト、売買電力の比較等 経済性計算も可能。

海外留学のすべて
大学・大学院留学の情報満載。あなたにピッタリの学校がきっと見つかる！

Ads by Google



Does Estrogen and HRT increase the risk of Breast Cancer

Breast Cancer as well as other cancers are best treated preventatively. It is far easier to prevent them in the first place than to fight them later on. Studies have directly linked estrogen dominance to cancers in women. Estrogen stimulates cell proliferation (uncontrolled and unstructured growth of immature cells). This is not good with cancer cells. Progesterone inhibits the proliferation in favor of cell maturation.

Thus natural progesterone, as found in Natural Progesterone Cream, causes the cancer to stop multiplying and is a natural preventor of cancer. It would seem only wise to supply estrogen dominant women with natural progesterone. This should begin in the 10 to 15 years before menopause when estrogen dominance is so common.



A study that examined more than 46,000 women seems to show that the conventional medical HRT (hormone replacement therapy) regiment of Premarin and Provera confers a higher risk of breast cancer than estrogen alone. As Dr. John Lee states the study received a lot media attention, most of it shamefully misleading.

The study's results showed women on HRT using estrogen and a synthetic progestin (not progesterone) have a breast cancer risk higher than that of women using estrogen alone. Compared to no hormone use, the risk of breast cancer in women who use estrogen alone (ERT) is increased by one percent per year of use, whereas the risk in women using both estrogen and progestin (HRT) is increased by 8 percent per year. This means that a woman on conventional HRT for five years has a 40 percent higher risk of breast cancer than that of a woman not using HRT. This is a huge increase.

Natural Progesterone Cream

米国進出・事業経営支援
経営コンサルティング 米
国法人設立 各種実務 米
国業務代行 事業再生支援
www.dunbartonglobal.jp/

投資・事業用家なら
リクルートが運営する住宅
情報ナビ。投資と事業の
ための不動産情報満載
www.jj-navi.com

ブログも独自ドメインで
ライブドアブログ(blog)付
のサーバー 通常サイト+
ブログ運営 月1,785円
mydomain-blog.com

北は悪ですか
米英は鬼畜でしたか? 錯覚
と戦争の原因、善悪中毒!
www.j15.org

八王子市の脳神経外科
脳神経外科専門医による慢
性頭痛の 治療案内。東京
都八王子市にある。
hachicli-shincyo.com

Progesterone • Sitemap • Submit Your Site • Links

Elation Therapy, Inc. © 2003-2007

*The information provided on this site is intended for your general knowledge only and is not a substitute for professional medical advice or treatment for specific medical conditions. Always seek the advice of your physician or other qualified health care provider with any questions you may have regarding a medical condition. The information on this website is not intended to diagnose, treat, cure or prevent any disease. **Never disregard medical advice or delay in seeking it because of something you have read on this or any site.

Elation Therapy, Inc. 770-579-3879 Order Line 888-535-7632

Progesterone Cream

Natural Progesterone Cream

Progesterone Cream

Early Sign of Miscarriage

Breast Cancer

Natural Progesterone Cream is Bioidentical HRT

Estrogen Dominance

Ads by Google

米国市場なら アトム
米国株、米国株オプション
取引 安心、日本語サポート
www.atomglobaltrading.com

こば鍼灸院
南森町駅のすぐ近くです
まずはお電話・メールだけでもOK
nanmori.jp

アメリカ株入門
最新のトレード手法、資金管理 更にリスク管理を実践学習します
www.kumaship.com

アメリカでの調査専門です
アメリカにおける企業、経歴調査、人探し、トラブル解決など。
www.i2brain.org

米国進出・事業経営支援
経営コンサルティング 米国法人設立 各種実務 米国業務代行 事業再生支援
www.dunbartonglobal.jp/

Breast Cancer Detection

職務経歴書の作成なら
しごとナビで简单会員登録するだけ! 便利なPDF職務経歴書を自動作成。

業務用遊技機販売
8ライン・ポーカー・麻雀等 業者様でも個人様でもお気軽に

Ads by Google



Early Breast Cancer Detection

Do you know the Breast Cancer facts? Each year, 182,000 women are diagnosed with breast cancer and 43,300 die. One woman in eight either has or will develop breast cancer in her lifetime. In addition, 1,600 men will be diagnosed with breast cancer and 400 will die this year.

If detected early, the five-year survival rate exceeds 95%. Mammograms are among the best early detection methods, yet 13 million U.S. women 40 years of age or older have never had a mammogram.

The National Cancer Institute and U.S. Department of Health and Human Services recommend that women in their forties and older have mammograms every one to two years. A complete early detection plan also includes regular clinical breast examinations by a trained medical professional. Monthly breast self-exams are suggested in addition.

Breast Cancer News

Bio-Identical Progesterone is safe, actually decreasing the risk of breast cancer, says author of "From Hormone Hell to Hormone Well."

Jacksonville, FL (PRWEB) December 24, 2006 -- Women are wondering why bio-identical hormones are safe and cancer protective, while synthetic hormones are linked to an increased risk of breast cancer after all of the recent media attention.

"All hormones are not the same," says C.W. Randolph, author of the best selling book "From Hormone Hell to Hormone Well." "Bio-identical progesterone is so safe that in some cases, doctors give it to women who are at risk of losing a baby while if they gave her progestin it would be lethal to the child, and bio-identical progesterone has also shown to protect against breast cancer."



C.W. Randolph, Jr., M.D., R.Ph., both a trained pharmacist and a practicing board certified gynecologist, is one of the nation's leading authorities on bio-identical hormone therapies

"In the study released this month, there is a reported 7.2 percent decline in breast cancer rates of women over 50," said Dr. Randolph. "This is linked to the fact that, since the Women's Health Initiative Study was published in 2002 linking synthetic

米国進出・事業経営支援
経営コンサルティング 米
国法人設立 各種実務 米
国業務代行 事業再生支援
www.dunbartonglobal.jp/

ねつとほんや
海外に住む日本人のための
書店 日本の定価と格安送
料でお届け中
www.nethonya.com

投資・事業用家なら
リクルートが運営する住宅
情報ナビ。投資と事業の
ための不動産情報満載
www.jj-navi.com

ブログも独自ドメインで
ライブドアップログ(blog)付
のサーバー 通常サイト+
ブログ運営 月1,785円
mydomain-blog.com

経営企画の転職ならDODA
1万件の求人と2万件の非
公開求人から 探せる選べ
る。まずはご登録を!
doda.jp

hormones such as Premarin and Prempro to an increase risk of breast cancer, many women decided to go cold turkey and stop filling their prescriptions for synthetic hormone therapies."

According to Dr. Randolph, the drop in the number of women diagnosed with breast cancer is also directly linked to the large number of women who either chose to switch to bio-identical hormone therapies or simply chose bio-identical hormone replacement as their first choice in treatment.

"Over 38 million American women are now entering pre-menopause or menopause and they are seeking alternative solutions to treat the symptoms associated with PMS and menopause," says Dr. Randolph. "Thankfully the Women's Health Initiative study showing that synthetic hormones increase a woman's risk of breast cancer has made women seek alternative methods such as bio-identical hormones. The prescribed synthetic hormones such as Premarin or Prempro, remain a potential poison to women and I'm glad that finally significant changes are being made in women's receptivity to these potential time bombs."

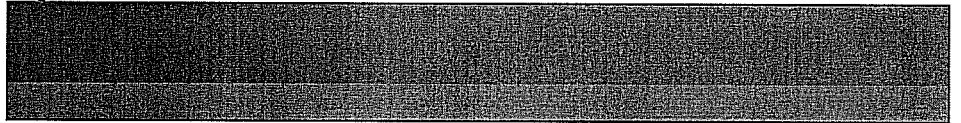


When asked to explain how bio-identical hormones differ from synthetic hormones, Dr. Randolph stated: "Bio-identical hormones are exactly the same molecular structure as the hormone produced within the body. As a result, the body's hormone receptors recognize bio-identical hormones and accept them. Synthetic hormones have a slightly different molecular structure. Even a small difference can trigger side effects at the cellular level. An increased risk of cancer is one of those side effects."

"For example, Progestin, the molecular compound found in Prempro, is a synthetic form of progesterone whose molecular structure has been changed. It can trigger dangerous side effects in the body. Bio-identical progesterone is very different from synthetic progestin. "Bio-identical progesterone is not only safe to use, it can help decrease a woman's risk for developing cancer," says Dr. Randolph. "I currently lecture to physicians around the country sharing clinical studies and medical data that validates the fact that bio-identical progesterone has many cancer-protective benefits. The bio-chemistry of why this is so is actually quite simple: progesterone neutralizes the cancer-promoting properties associated with too much estrogen in the body. While estrogen promotes cell proliferation, or cell growth, progesterone decreases cell growth. Too much cell growth is a precursor for cancer."



"In my gynecology practice, I have prescribed bio-identical progesterone for over a decade and I have never had a patient on my bio-identical hormone regimen develop cancer. I even have patients who are breast cancer survivors who I prescribe bio-identical progesterone because my experience, and the research shows, that the progesterone can play a key role in preventing a recurrence of the original cancer."



"Obviously, more studies are needed to validate the cancer-protective properties of bio-identical progesterone."

Why aren't there more clinical studies investigating the safety and efficacy of bio-identical hormones? According to Dr. Randolph, it really boils down to two things: 1) lack of knowledge within the medical community because physicians have not been educated in medical school about the option of bio-identical hormone replacement and 2) the ability of major pharmaceutical companies to twist and manipulate the idea of hormone replacement to capitalize on a business opportunity.

"Synthetic hormones are produced in a lab and have a genetically modified structure, they can be patented." Dr. Randolph said, "This allows big drug companies to market and sell this product exclusively, thus creating profits. Big pharmaceutical companies would not market, or fund research studies investigating, bio-identical hormones. Why should they? There is no way for them to make a buck

on products that can't be patented."

"The pharmaceutical industry is the top funder of specialty forums and continuing medical education meetings for doctors. They offer physicians some nice 'perks,' such as dinners, fishing trips and sporting event tickets. Credible or questionable, the dollars the pharmaceutical companies spend gets them the ear of the physician."

"Smart, informed and demanding women are finding their voice and they want data that they can believe and trust," concludes Dr. Randolph. "I believe every physician should embody their original role as patient advocate and demand that the safety and effectiveness of bio-identical hormones be a top priority for each medical university's research agenda. The pharmaceutical industry's marketing hype needs to be replaced with solid medical evidence. Bio-identical hormone replacement is a safe and effective option for women and men seeking treatment for hormone imbalances."



To schedule an interview with Dr. Randolph, contact Nanette Noffsinger at 615-776-4230.

Progesterone • Sitemap • Submit Your Site • Links

Elation Therapy, Inc. © 2003-2007

***The information provided on this site is intended for your general knowledge only and is not a substitute for professional medical advice or treatment for specific medical conditions. Always seek the advice of your physician or other qualified health care provider with any questions you may have regarding a medical condition. The information on this website is not intended to diagnose, treat, cure or prevent any disease. **Never disregard medical advice or delay in seeking it because of something you have read on this or any site.**

Elation Therapy, Inc. 770-579-3879 Order Line 888-535-7632