



America's Favorite Nutritionist



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Special! Try all 3 of my fantastic skinny supplements at a very special price. That's my Skinny AM Pill, my Skinny PM Pill and my Skinny Carbs. Buy now, and you'll save \$20 and lose up to 30-pounds in your first 30 days. But hurry. This special offer ends soon.

The Skinny Pill formula is safe. Non-prescription. All natural. Effective. It includes the top 5 skinny supplements that help turn off your body's fat switch and break your food-to-fat cycle starting in just 24 hours.

Here's what the Skinny AM Pill formula contains:

Carnitine 250 mg

Carnitine is a supernutrient. It helps to burn off stored fat, increases your energy levels, suppresses your appetite and reduces cravings.

Chromium 400 mcg

Chromium is an essential trace element. It acts as a thermogenic (fat burning) agent, reducing body fat without dieting or exercise. It has also been shown to be an insulin cofactor, helping this hormone regulate sugar and blood fat more efficiently.



3-Product Skinny Pak

Retail Price: \$149.97

Our Skinny Price: \$79.99

ADD TO CART

BACK

Exhibit B-1

Terms of Use**Citrimax 300 mg**

Decreases fat gain by inhibiting lipogenesis, the metabolic process by which our bodies turn food into fat. It also lowers blood fat levels and is an appetite control center. Studies show it may also stimulate fat loss by boosting body heat (thermogenesis).

Chitosan 250 mg

Chitosan is derived from shellfish and packs a double fat fighting whammy. It's a fat magnet, attracting fat before it gets digested and it's also a fat sponge, absorbing over four times its own weight in dietary fat.

Citrus Aurantium 300 mg

Unlocks fat cells. Speeds up the rate at which fat is released from fat storage (lipolysis). Increases resting metabolism (thermogenesis) accelerating the rate at which your body burns fat. Stimulates the growth of fat burning muscle cells.

Guarana seed extract 250 mg (providing 50 mg caffeine)

Guarana is an herbal tonic with numerous health benefits. You too can tap the energy source of guarana to "rev up" your average day .

Green Tea Leaf Extract 30 mg

As the research on green tea progresses, many studies have attributed the various traditionally acclaimed effects of green tea to its active constituents, the polyphenols. These active components possess potent antioxidant properties and may help maintain healthy cholesterol levels.

The Skinny Pill contains shellfish-derived fiber. Do not take if you are allergic. Do not take if you are pregnant or under 14 years of age. As with any diet or exercise program, you should consult with a physician before you start. Individual results may vary. The Skinny Pill is a unique combination of ingredients, that when used as part of the diet and exercise program can help you get a head start on your own fat reduction campaign.

About Edita's Skinny PM Pill

A nighttime thermogenic formula

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Here is everything you need to know about Edita's Skinny PM

This is a wonderful new formula that can help you with the two most frequent medical problems and frustrations American's suffer from today...fatigue & fat. And now, in a study, reported by USA Today, it appears that the two are linked.

The more fatigue, the more fat!

Makes sense. When you are fatigued, exhausted, stressed, the natural tendency is to give your "wiped out" body some energy. The faster the better. And that energy is usually in the form of fast fat...so, you may actually be fat because you're tired.

So I developed this exciting new formula of supplements that can help you reverse fatigue AND fat, overnight, while you sleep!

Here's how it works. My special blend contains sleepy time herbs and supplements that soothe and quiet your body and your mind so that you can enjoy a restful and refreshing sleep. In the meantime, my special blend also contains skinny supplements that help your own natural fat fighting systems start to empty out those fat cells, overnight.

The result? You should wake up rested, refreshed, and SKINNER!

Here's my blend:

The Skinny Part Vitamin B6

One of the most powerful metabolism boosting vitamins

Chromium

A thermogenic agent and insulin cofactor, helping your body regulate sugar and blood fat more efficiently.

Citrus Aurantium

Researchers believe that citrus aurantium zeros in on special Beta-3 receptors only, turning on their powerful fat fighting signal, without stimulating the receptors that change heart rate or blood pressure, for a safer fat burn.

Citrimax

This is also called garcinia cambogia, which contains HCA, a compound similar to citric acid. Preliminary research shows that HCA decreases fat gain by inhibiting lipogenesis, the metabolic process by which our bodies turn food into fat.

Exhibit B-3

L-Carnitine

Helps burn off stored fat, and increases your energy.

The "Get a good night's sleep" part**Chamomile**

This wonderful natural plant has been used for centuries to soothe away tension and anxiety and to ease pain and discomfort especially of indigestion and other disruptions to a good night's sleep

Kava Kava

A gentle supplement that helps reduce stress and anxiety and promotes restful sleep

Medium Chain Fatty Acids

Help your body absorb the good nutrients and fat fighting supplements more efficiently

Melatonin

Increases your ability to sleep fully and deeply and wake up alert and rested.

Here are the dosages in Skinny PM Pill

Vitamin B6	12 mg
Chromium	200 mcg
Citrus Aurantium	500 mg
Citrimax	200 mg
L-Carnitine	150 mg
Chamomile	50 mg
Kava Kava	50 mg
Medium Chain Fatty Acids	50 mg
Melatonin	2 mg

Skinny Sleep is contained in capsules. You would take 2 capsules about an hour before bedtime.

Skinny Carbs is the miracle that let's you occasionally "cheat" without guilt or added fat pounds. Skinny Carbs begin to work within minutes to help keep you skinny even when you can't eat skinny. When you eat a carb, Skinny Carbs blocks the starch from being broken down into sugar. Our bodies use sugar for energy. That's good. But if there's too much sugar our bodies store it as fat. That's bad. Skinny carbs cuts into that cycle and prevents starch

Exhibit B-4

from turning into sugar and then into fat. Instead, it just passes right through our system. The result? We can enjoy our carbs without having them turn into body fat.

Skinny Carbs contain the following ingredients:

- Chromium: 200 mcg
- Vanadium: 250 mcg
- Phaseolamin: 60 mg
- Glucosol™: 16 mg
- Skinny Blend: 250 mg
- Bitter melon fruit, gymnema sylvestre leaf, lycium berry

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You can do it! Start Today

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Skinny Resources

Losing weight can be easy!

I know that most of you have tried every single weight loss program at least 3 times, I certainly did when I was trying to lose. I'd start with one. Then when that one stopped working for me, I'd switch to the next. And then the next. And then the next. And then back to the first one. Over and over again.

It wasn't until I developed my own Skinny Solution, my own simple way to get skinny, that I finally lost my fat and kept it off. And isn't that the idea?

SO, here's my Skinny Solution. Don't panic. You CAN do this. We'll do it together. It is SO easy, and SO fast...you'll be skinny, and loving it, before you know it! Here's how easy it is. Just remember this.

There are only two skinny food groups: AM & PM

- **AM** foods are high in fiber and block fat
- **PM** foods are high in protein and burn fat

There are only three skinny pills: AM, PM & "OOPS"

- My **AM Skinny PIII** is the original and works all day with a combination of the top five fat fighters .
- My **PM Skinny Sleep** works overnight with a thermic formula to burn fat while you sleep and a sleep formula to make sure you wake up rested, relaxed and skinnier than when you went to bed.
- My **Skinny Carbs** are for those "OOPS" fat emergencies when you just can't avoid fat, sugar or carbs.

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[Terms of Use](#)

That's it. That's my whole skinny solution. that's how easy it is to get
skinny with me! [\(read more\)](#)

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The Skinny answer is here!

Thursday, March 27
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The Skinny Sleep

- **What is Skinny Sleep™?**
- **What does it contain?**
- **How fast does it work?**
- **Who can take it?**
- **Who shouldn't take it?**
- **What are the correct dosages?**
- **Can I take more than the recommended dosage?**
- **Does it work for both men and women?**
- **Does it work by itself?**
- **Can I buy it in any store?**

What is Skinny Sleep™?

Skinny Sleep is an exciting new "skinny" formula based on the latest scientific research into both sleep supplements and thermogenics to help you get a good night's sleep AND burn fat all night long. The result? You'll wake up rested, refreshed, and skinnier than when you went to bed!

What does it contain?

The Fat Busters In Skinny Sleep

Lipotropic Blend: 150 mg

Carnitine helps burn off stored fat and increases your energy.

Chromlum: 200 mcg

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is a thermogenic agent, reducing body fat without traditional dieting or exercise. It is also an insulin cofactor, helping your body regulate sugar and blood fat more efficiently.

Garcinia Cambogia HCA: 200 mg.

Preliminary research indicates that HCA decreases fat gain by inhibiting lipogenesis, the metabolic process by which our bodies turn food into fat.

Citrus Aurantium: 500 mg.

Researchers believe that citrus aurantium zeros in on special Beta-3 receptors only, turning on their powerful fat fighting signal, without stimulating the receptors that change heart rate or blood pressure.

Medium Chain Fatty Acids: 50 mg.

Preliminary research shows that in obese subjects medium chain fatty acids or triglycerides (MCTs) help in reducing fat gain. New research is underway in showing MCTs to be important in enhancing both fat loss and exercise endurance.

The Sleep Enhancers In Skinny Sleep

Kava-Kava: 50 mg.

Induces physical and mental relaxation. It has been found in studies to be helpful in combating insomnia, anxiety, depression and many stress related disorders.

Melatonin: 2 mg.

Helps keep our bodies "in sync" with the rhythms of the day and night and helps regulate sleep. When you wake up after taking melatonin you should feel refreshed and renewed not tired or groggy.

Chamomile: 50 mg.

This miracle of nature is a wonderful sleep aid and a traditional remedy for stress and anxiety.

Vitamin B6: 12 mg.

Vitamin B6, also known as pyridoxine, is involved in more bodily functions than almost any other single nutrient and has been shown to affect both physical and mental health. A deficiency often results in fatigue, depression and hyperirritability.

How fast does it work?

Skinny Sleep is designed to work overnight. Quickly and effectively to help you get a great night's sleep AND wake up skinnier than when you went to bed.

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Who can take it?

Adults can take it. But please always first check with your own health care professional before taking this or any other dietary supplement.

Who shouldn't take it?

Not for use by persons under the age of 18. If pregnant, nursing or taking a prescription drug consult your own health care practitioner prior to use.

What are the correct dosages?

Adults take two (2) capsules daily one hour before bedtime.

Can I take more than the recommended dosage?

Do not exceed the recommended dose. Excessive consumption may impair ability to drive or operate heavy equipment.

Does it work for both men and women?

Yes. Both men and women can enjoy and benefit from Skinny Sleep.

Does it work by itself?

Skinny Sleep is a supplement, and as such is most effective when used as part of Edita's entire program or Skinny Solution.

Can I buy it in any store?

Call us at 1-888-7-SKINNY to find out where you can purchase our products or email us at sellingskinny@skinnny.com if you would like to sell our products in your store or to friends and family.

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Get Skinny And Rich!

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Welcome To Edita's Best Distributor Program!

I would like to invite you to join me in one of the most exciting opportunities--the opportunity to be not only, skinny, but also RICH! That's right. I would like to invite you to become one of Edita's Best! Your FREE application is only a click away! [Click to learn more](#)

Edita's Best Distributor Login

ID:

Password

Sign In

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Skinny Resources

The program is called EDITA'S BEST. Why?

Information Request

Contact Person:

Telephone:

Email:

Contact Me

Fill out the form to get more information

- * Because it is your BEST opportunity to benefit from the 60 billion dollar market devoted to diet, nutrition and health!
- * Because Edita's Skinny products are the BEST! They are safe. Effective. Researched. Tested. Proven.
- * Because the special people invited to participate with Edita in helping America get fit, healthy and SKINNY, while themselves getting RICH, are the BEST!

[Click to learn more](#)

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