

FEDERAL TRADE COMMISSION

HEALTH CARE AND COMPETITION LAW

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FEDERAL TRADE COMMISSION

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CHAIRMAN MURIS: I wanted to welcome everyone to our new conference center. This is our inaugural event, the first event in this facility, and we're quite excited to be here. When we held a health care workshop with the Antitrust Division last fall, we actually had to have two overflow rooms. And the snow has obviously kept things down a little bit today, but it's certainly nice to have a facility where we can hold conferences, workshops, roundtables.

We do a lot of this at the FTC and we moved our staff into this building toward the end of last year, and as I said, this is the inaugural event. So, I wanted to welcome you to this event, to these hearings on Health Care and Competition Law and Policy, which we're jointly hosting with the Department of Justice.

Over the next seven months, we'll devote 30 days of hearings to a variety of subjects in the health care financing and delivering markets. Consistent with the broad mandate of the Federal Trade Commission, we'll examine these issues through the lens of competition law and policy, encompassing antitrust, consumer protection and competition advocacy.

Today, we're releasing a detailed agenda for

1 the next month of hearings and an outline for the balance
2 of the hearings. In brief, March will be devoted to
3 hospitals; April to insurers -- I don't know if there's
4 any connection with tax month -- May to quality and
5 consumer information; and June, to physicians and non-
6 price competition. July and September will cover a range
7 of subjects, including pharmaceuticals, long-term care,
8 Medicare, remedies for anti-competitive conduct, and
9 international perspectives on competition law and policy.
10 Each month, we'll hold three to five days of hearings.

11 In keeping with the basic medical insight that
12 diagnosis must precede treatment, we'll gather the
13 information necessary to understand how the markets for
14 the financing and delivery of health care currently work.
15 We will identify and characterize particular examples of
16 market and regulatory failure and evaluate the costs and
17 benefits of various responses.

18 Around the FTC, we refer to all these
19 activities as policy research and development. Our goals
20 are information gathering, dialogue and consensus
21 building. When the hearings are over, we will use the
22 information to prepare a comprehensive report. In the
23 interim, we'll post the testimony and documentation on
24 our website within a few weeks of each hearing.

25 The hearings will provide the most up-to-date

1 and in-depth information available on the performance of
2 various sectors of health care. The hearings should also
3 help us make our decisions regarding enforcement and non-
4 enforcement more transparent, which will be of
5 considerable benefit to the health care bar.

6 These hearings are not the first foray of the
7 Federal Trade Commission into health care. In the mid-
8 1970s, when I was an Assistant to the Director of the
9 Planning Office, my first job at the FTC, we established
10 a task force to investigate occupational regulation in
11 several industries, including health care. In the
12 intervening three decades, the antitrust and consumer
13 protection authorities; for antitrust, the FTC and DOJ;
14 and for consumer protection, the FTC, have been a
15 constant presence in the health care marketplace,
16 bringing enforcement actions against hospitals,
17 physicians, trade associations, pharmaceutical companies,
18 promoters of fraudulent cures, and a wide range of other
19 individuals and entities.

20 These are also not our first meetings about
21 health care and competition law and policy. Last
22 September, we held a two-day workshop on health care in
23 which we examined numerous issues. These hearings are
24 certainly our most ambitious foray on the subject.
25 Indeed, whether one judges by the number of days, the

1 scope of the subjects covered or the commitment of
2 resources, these hearings are one of the most ambitious
3 policy R&D initiatives in the Commission's history.

4 I'm particularly pleased that a full seven days
5 will be devoted to consumer information issues in health
6 care. In the past, the focus of our consumer protection
7 initiatives in health care has been fraud and deception,
8 including the deceptive advertising of diet supplements
9 and miracle cancer cures. Yet, consumer information
10 problems in health care are obviously not limited to
11 fraud and deception. Informational asymmetries in health
12 care are pervasive, particularly regarding quality. The
13 hearings will accordingly address the availability of
14 information regarding the quality of care provided by
15 hospitals, physicians, nursing homes and other providers
16 of professional services.

17 Measuring and disseminating information about
18 health care quality raises complex issues that we will
19 explore at length. One of these issues is the historical
20 opposition of professional organizations to the
21 advertising of cost and quality information regarding
22 professional services. The Commission has long advocated
23 using competition to deliver truthful and accurate
24 information to consumers, and has consistently supported
25 the voluntary disclosure of truthful, non-deceptive

1 information by market participants.

2 Our position is the same as that of Nobel
3 Laureate George Stigler, who once observed that
4 advertising is an immensely powerful instrument for the
5 elimination of ignorance.

6 These hearings also will help provide a factual
7 foundation to respond to the Supreme Court's challenge in
8 California Dental. Our enforcement efforts involving
9 advertising in the professions must be based on actual
10 empirical evidence, not on assumptions and presumptions.

11 Quality is a crucial part of the competitive
12 mix when purchasing health care. Competition law does
13 not hinder the delivery of high quality care. We will
14 always consider arguments that a particular transaction
15 or certain conduct will improve quality. Competition law
16 also does not prevent efforts to disseminate information
17 about what providers perceive to be barriers to enhanced
18 quality.

19 The favorable advisory opinion earlier this
20 month from the staff of our Bureau of Competition
21 responding to the request of physicians in Dayton to
22 collect and disseminate information regarding fees and
23 quality exemplifies our position in this area.

24 When the Federal Trade Commission began in
25 1915, it encompassed both research and enforcement.

1 These hearings grow from the former, but we hope and
2 expect they will contribute to the latter. In
3 particular, we want to know what we are doing that we
4 should stop and what we are not doing that we should
5 begin. Our goal is to ensure that our enforcement uses
6 the best available economic theory and the best possible
7 understanding of the underlying facts. The hearings
8 present a useful, non-adversarial setting to examine
9 these issues.

10 There's no question that applying competition
11 and consumer protection law and policy to health care is
12 challenging, particularly when the issue is quality of
13 care. Yet, the market is the engine for ensuring that
14 the one-seventh of our GDP spent on health care results
15 in the efficient delivery of the services Americans
16 desire.

17 Aggressive competition promotes lower prices,
18 higher quality, greater innovation and enhanced access.
19 More concretely, in health care, competition results in
20 new and improved drugs, cheaper generic drugs, treatments
21 with less pain and fewer side effects, and treatments
22 offered in a manner and location consumers desire.

23 Antitrust law exists to stop those who would
24 interfere with these outcomes in favor of their own self-
25 interest or their idiosyncratic view of what patients

1 actually need. Theory and practice confirm that such
2 interference with competition is far more likely to hurt
3 consumers than to help them.

4 We do not have a preexisting preference for any
5 particular model for the financing and delivery of health
6 care. Such matters are best left to the marketplace.
7 What the Commission does have is a commitment to vigorous
8 competition along both price and non-price parameters.

9 Let me close by acknowledging that hearings
10 such as these do not take place at all, let alone include
11 the talent we have assembled over the next three days,
12 and are assembling over the next seven months, without an
13 extraordinary degree of hard work and commitment at both
14 the FTC and the Department of Justice.

15 As Chairman, my job is to pick the right people
16 to make sure the work gets done and done well. Here at
17 the FTC, these talented people include Bill Kovacic, our
18 General Counsel; Susan DeSanti, the Deputy General
19 Counsel for Policy Studies; David Hyman, Special Counsel,
20 currently on loan to the Commission from the University
21 of Maryland School of Law and he has the distinction of
22 having both a JD and an MD; Sarah Mathias from the
23 General Counsel's Office; Nicole Gorham, a paralegal in
24 the General Counsel's Office; and Angela Wilson, an
25 administrative assistant from the Policy Studies Group.

1 I especially wish to thank my fellow Commissioners for
2 supporting these hearings.

3 I hope you will find these hearings to be both
4 educational and enjoyable. As Bob Pitofsky, my
5 predecessor, noted in a speech on health care he gave six
6 years ago, in health care, as in no other area, there
7 appears to be a recurring need to return to first
8 principles and to talk about why competition and
9 antitrust enforcement makes sense. These hearings mark
10 our attempt to return to first principles and talk and
11 listen about why competition, antitrust enforcement and
12 consumer protection make sense in health care.

13 Let me now introduce Hew Pate, my counterpart
14 at the Department of Justice, who will make some opening
15 remarks as well. Hew is the Acting Assistant Attorney
16 General of the Antitrust Division. Prior to his current
17 appointment, Hew served as Deputy Assistant Attorney
18 General in the Division. Before joining the Department,
19 Hew had a very successful career at the law firm of
20 Hunton and Williams as a partner in their antitrust
21 group. He litigated cases relating to the competitive
22 process, including antitrust, patent, trademark, trade
23 secrets, false advertising and business torts.

24 Hew has also had the wonderful opportunity of
25 clerking for several outstanding jurists, Supreme Court

1 Justice Kennedy, former Supreme Court Justice Powell, and
2 Judge Harvie Wilkinson of the U.S. Court of Appeals for
3 the Fourth Circuit.

4 I'm delighted to have the opportunity to work
5 with Hew and his colleagues. One of the great pleasures
6 of working in the government is the opportunity to meet
7 and to work with people as outstanding as Hew, and I'm
8 especially pleased that the FTC and the Division are
9 working together to hold these hearings.

10 Please welcome my colleague, Hew Pate.

11 (Applause.)

12 MR. PATE: Thanks very much, Tim. It's a real
13 pleasure to be able to participate in the first day of
14 these joint hearings on the topic of health care and the
15 role of competition law and policy in the health care
16 arena. The great playwright, Menander, is credited with
17 saying that health and intellect are the two blessings of
18 life. Well, if that's right, I guess this is the place
19 to be. And on the intellect front, we certainly are
20 going to be blessed with a number of speakers that have
21 been assembled through the hard work of our staffs at the
22 FTC and the DOJ.

23 We have an impressive list of speakers just
24 today, including Thomas Scully who will be joining us.
25 So, I want to be very brief in covering three points.

1 The first is to underscore the Antitrust Division's past,
2 present and future commitment to vigorous enforcement in
3 the health care arena.

4 The second is to mention, from the DOJ
5 perspective, some of the highlights among the topics that
6 we will examine this spring during the parts of these
7 hearings that will be hosted at the Great Hall over at
8 Main Justice, primarily dealing with the payer side of
9 the field. And third, I think this is a perfect occasion
10 to mention the great public benefits that I think are
11 produced by having collaborative efforts by two separate
12 competition and consumer-oriented agencies working
13 together on projects of this type.

14 Turning first to the Division's activity in
15 this field, I don't want to belabor the statistics that
16 all of you are familiar with demonstrating that health
17 care is an extremely important part of the economy, nor
18 that the figures showing that the rise in health care
19 costs is really a critically important public policy
20 issue in the United States today.

21 Let me simply say together with Tim, that while
22 there are likely to be many factors that have influenced
23 increases in health care costs and likely to be many
24 complexities in terms of dealing with the situation, we
25 share with Tim a faith in open competition in the market

1 as a very critical component to containing health care
2 costs and to providing the best quality of services for
3 consumers.

4 At the Division, for our part, we are trying to
5 back that commitment up through vigorous enforcement of
6 the antitrust laws. Our lawyers, at different times,
7 have done that in different shops. We used to have a
8 Professions and Intellectual Property Section. We have
9 had, at various times, a health care task force. We now
10 have, under the leadership of Mark Botti at our
11 Litigation I shop, a strong group of health care lawyers
12 supported by economists from our economic analysis group,
13 and we're very active in this field, not only in terms of
14 litigation, but in providing guidance jointly with the
15 FTC, as was the case with the policy statements on health
16 care adopted in 1993 and then revised in 1996.

17 In the past decade, the Division has brought
18 nearly 20 cases and we've issued over 55 business review
19 letters in this field. Just in the second half of 2002,
20 I might mention four major health care initiatives that
21 were brought to fruition, our Mountain Health Physicians
22 Decree, which was a case involving a joint fee schedule
23 adopted by a group of physicians in North Carolina,
24 where, in an unusual decree, the Division obtained the
25 dissolution, the disbandment, of a provider organization

1 that was engaged in anti-competitive activity. Recently,
2 we issued a business review letter similar to Tim's in
3 the Dayton case, our Washington State business review
4 letter, trying to outline the situations in which it is
5 legitimate for providers to share information in a way
6 that can provide pro-competitive benefits without running
7 afoul of the antitrust laws.

8 With respect to litigated cases, we completed
9 the trial late last year in our Dentsply case, which was
10 a case involving distribution in the artificial tooth
11 industry, a trial that was headed up by Bill Berlin, who
12 is one of the people here today and is working on these
13 hearings, on our side. And then finally I would mention
14 our Federation of Physicians and Dentists case, also from
15 late last year, where we obtained a stringent decree
16 prohibiting collusive activity, which would have forced
17 health plans to pay increased fees.

18 On the current investigative efforts side,
19 while, of course, I can't go into details of cases that
20 are open, I might just point out the degree to which our
21 efforts are focusing on the conduct of health plans.
22 We're looking right now into two separate matters that
23 focus on the manner in which health plans market and
24 price their products, both to employers and to other
25 groups. One of these focuses on punitive collective

1 action by the plans and another focuses on potentially
2 questionable unilateral conduct. We have an active
3 inquiry into a national joint venture among plans that
4 requires us to consider the potential benefits of
5 coordination among health plans in different markets in
6 contracting for national and regional accounts.

7 We're examining, likewise, the conduct of plans
8 vis-a-vis providers. We have open inquiries into a joint
9 venture among plans and contracting with provider
10 networks, open matters with respect to the imposition of
11 most-favored nation pricing by another plan, and
12 likewise, an allegation that groups of plans have
13 colluded in the setting of provider fees. As to that
14 latter matter, we're currently exploring whether a Grand
15 Jury should be convened in connection with the facts that
16 are uncovered there.

17 The competitive concern in all but one of these
18 matters focuses on whether payer conduct has reduced the
19 quality or raised the price of plans to their customers.
20 The remaining matter focuses on allegations of collective
21 monopsonization which is a topic that the Division is
22 continuing to study in response to allegations by
23 providers, including allegations contained in the
24 recently released study from the American Medical
25 Association.

1 By no means do I aim to suggest that our work
2 is confined to the health plan area. We certainly will
3 be active on any appropriate front where we see the need
4 for enforcement. We continue to examine a number of
5 allegations of physician collective bargaining that have
6 exceeded appropriate bounds. We're also taking a close
7 look at issues of integration and competitive effects in
8 regard to a consummated hospital joint operating
9 agreement, as well as a network of hospitals engaged in
10 joint contracting. We, likewise, have two active matters
11 involving medical equipment and products.

12 So, the point I want to make is simply this,
13 that the Division has a very strong core of attorneys and
14 economists responding to a variety of Congressional,
15 citizen and industry concerns, and that is going to
16 continue to be the case.

17 With respect to previewing the role of the DOJ
18 in these hearings, we are devoting substantial resources
19 to the hearings and it is really a highlight of my work
20 at the Division as Acting AAG to be able to participate
21 with Tim, who has such a long history of leadership in
22 the application of competition law and consumer
23 protection law in the health care field.

24 We're going to be actively involved in all of
25 the antitrust sections of the hearings, while, of course,

1 the FTC will take more of a single role with respect to
2 consumer protection, just as we would take a more
3 exclusive lead on any examination of criminal enforcement
4 issues. But these are truly joint sessions by the two
5 agencies, which you can see right down to the detail of
6 the name tags that all of you have been provided with,
7 the seals of both agencies together.

8 As to what we're going to be doing in our
9 sessions at the Great Hall, unless these hearings reveal
10 something different, we think our activities during the
11 hearings will confirm as our key, or a key enforcement
12 priority, evaluation of health insurer activity.

13 Let me just mention a couple of issues that we
14 intend to highlight. First, health insurance monopoly.
15 We were told at the September workshop that one of the
16 key trends shaping health care markets today is
17 continuing consolidation, including consolidation among
18 health plans. One panelist indicated that more than 350
19 mergers and acquisitions took place over the five-year
20 period between 1995 and 2000. Increasingly,
21 consolidation has been across geographic markets as
22 merging parties have been national firms and regional
23 Blues.

24 These hearings will explore whether
25 consolidation in this sector is likely to give rise to

1 market power. We will encourage our diverse panelists to
2 discuss the various competitive effects theories that
3 might predict higher prices to consumers, or a reduction
4 in quality following a merger, and we expect that
5 discussion to range across issues of unilateral effects,
6 coordinated effects and auction theories, as well as
7 devoting substantial time to whether there is a potential
8 for competitive entry in this area that will constrain
9 potential injury to competition.

10 On the health insurance monopsony side, we're
11 going to be looking to gain further insight regarding the
12 conditions under which plans might obtain and exercise
13 monopsony power against providers. Monopsony, obviously,
14 is the term used to describe market power being exercised
15 by buyers over sellers. And in the health insurance
16 industry, payers are both sellers of insurance to
17 consumers and buyers, for example, of hospital and
18 physician services. And many providers accuse insurance
19 companies of forcing them to accept unreasonably low
20 rates and unattractive contract terms in ways that they
21 say impact quality of care and other issues for
22 consumers.

23 In response, payers cite substantial
24 competition among health insurers seeking strong provider
25 panels and they cite a consumer backlash against managed

1 care. Payers say that providers thus have more leverage
2 because insurance companies must now have networks with
3 large numbers of physicians or specific physicians in
4 order to respond to consumer demands. We expect to have
5 a robust debate on this issue during these hearings, to
6 put it mildly, and we look forward to it.

7 Let me just close with a couple of comments on
8 the value of DOJ/FTC collaboration. This is only the
9 second time that the Antitrust Division and the FTC have
10 jointly hosted and sponsored a series of hearings. Tim
11 Muris deserves great credit for promoting this concept,
12 first in the intellectual property hearings that we
13 concluded last year and on which our staffs are now
14 working toward completion of a joint report, and it's not
15 surprising, given Tim's background in the health care
16 field, that this would be the subject for the next set of
17 joint hearings in the area.

18 Tim and I certainly view the work of the two
19 agencies as complementary and we expect to benefit from
20 the hard work of our staffs in assembling these programs,
21 working together.

22 For my part, let me just thank some of the
23 folks who have been involved on the DOJ side. Debbie
24 Majoras, who's the Principal Deputy here, has been
25 personally involved in trying to drive these hearings

1 forward, which I greatly appreciate, given the wide array
2 of enforcement work that she's got to do right now during
3 the transitional period we are in at the Division.

4 Likewise, Special Counsel Leslie Overton has, along with
5 Bill Berlin, a great deal of day-to-day organizational
6 responsibility. I hope that those of you with an
7 interest in these hearings and their success will make
8 yourselves known to Bill and to Leslie and feel free to
9 pass on to them your input for how we can make the range
10 of sessions more productive.

11 From a broader perspective, I think these
12 hearings really exemplify the benefits of having two
13 separate agencies working on competition related issues.
14 Perhaps the benefits are unintended. There's certainly a
15 lot of folks who point out that nobody would have
16 designed a system with two separate Federal agencies with
17 so much overlapping responsibility. I think maybe this
18 is a little simplistic and it ignores the fact that some
19 of life's most effective arrangements really are the
20 product less of an elegant design than of historic
21 accident and a lot of hard work in the intervening years.
22 That's the case with the Antitrust Division and FTC. And
23 we hope that our overlapping and, hopefully,
24 complementary efforts can provide real benefits to the
25 cause of promoting competition for the benefit of

1 consumers.

2 The agencies differ, of course, in many ways.
3 The Division is charged with criminal enforcement, for
4 example, which is not part of the FTC's authority.
5 Likewise, the FTC has important consumer protection
6 functions that we don't share at DOJ. It might be fairly
7 said that at the Division, not surprisingly since we're a
8 component of the Justice Department, we see ourselves
9 more primarily as law enforcement. Likewise, I think
10 some of my colleagues at the FTC take a great deal of
11 pride in the FTC's policy leadership and ability to do
12 empirical research.

13 None of this is to say that the FTC isn't a
14 great enforcement agency or that we're not interested in
15 policy, but my point is that there are differences of
16 approach at the agencies and I think the public can
17 benefit from this. This happens in our day-to-day
18 operations, whether it be a criminal case referral from
19 the FTC to the Division, or to the benefits that our
20 lawyers derive from relying on the research and policy
21 leadership and empirical work that the FTC is so well
22 suited to and was created to do.

23 It even happens in areas of overlapping
24 interest and through initiatives that are sometimes
25 spurred by a little bit of friendly rivalry, and that's

1 not a bad thing so long as we avoid inefficiency and
2 duplication.

3 Obviously, I think these joint hearings are
4 really an example of FTC/DOJ collaboration at its best,
5 and I'm very happy to have had an opportunity to
6 participate in opening the hearings and look forward to
7 seeing many of you as the hearings go forward over the
8 next months.

9 Thank you very much.

10 (Applause.)

11 CHAIRMAN MURIS: Thank you very much, Hew.

12 It's now with great pleasure that I introduce my friend,
13 Tom Scully, who will deliver our keynote address. Tom
14 has had a very impressive career in both the public and
15 private sectors. Currently, as you know, he's the
16 Administrator of the Centers for Medicare and Medicaid
17 Services at the Department of Health and Human Services.

18 I've only now gotten used to calling it CMS.
19 It's responsible for the management of Medicare,
20 Medicaid, the State Children's Health Insurance Program
21 and other national health care initiatives. Hew was
22 talking about monopsony. Well, Tom may be a monopsonist.

23 (Laughter.)

24 CHAIRMAN MURIS: CMS is directly responsible
25 for one out of every three dollars spent on health care

1 in the United States. CMS insures over 70 million
2 beneficiaries, including the elderly, disabled and some
3 of the lowest income individuals in the country.

4 Before joining CMS, Tom served in numerous
5 positions. He worked at the White House as Deputy
6 Assistant to the President and Counselor to the Director
7 of the Office of Management and Budget, and as the
8 Associate Director of OMB for Human Resources Veterans in
9 Labor or HRVL, as it used to be called, from 1989 through
10 1992. Tom and I are both OMB alums and have often
11 discussed health care issues together. I'd like to say
12 that all the discussions were about lofty issues about
13 patient quality and the direction of health care, but
14 that wouldn't be completely true.

15 One of the first discussions we had was in a
16 meeting when I was out of the government, but I was
17 brought in to chat with Tom about creep and whether there
18 was a distinction between real creep and coding creep.
19 This is in the reimbursement formula for hospitals. We
20 also spent time discussing arcane issues such as the MEI
21 and the new-then Physician Reimbursement System, which
22 continues to this day to be a prominent part of Tom's
23 life.

24 But I have seen, firsthand, his dedication to
25 improving the health care system as well as to mastering

1 these arcane details. In the private sector, he was
2 President and CEO of the Federation of American Hospitals
3 and earlier a Partner in the D.C. firm of Patton Boggs,
4 L.L.P. So, I'm honored that Tom has come today, and
5 please welcome my friend and colleague, Tom Scully.

6 MR. SCULLY: Thank you. I'm honored to be in
7 the same room with Tim, who's probably the smartest guy I
8 know in Washington. So, he's given me a lot of great
9 advice over the years. I don't know Hew as well yet, but
10 hopefully with more interaction between CMS and Justice
11 on antitrust issues, that should make the crowd happy to
12 start.

13 (Laughter.)

14 MR. SCULLY: We'll get to know each other a lot
15 better. But we are OMB alums. There is kind of a little
16 OMB mafia that's left over from all the years of people
17 at OMB, and Tim's been very helpful to me in a lot of
18 ways over the years. But he's a much smarter guy than I
19 am on all these issues. But we've spent a lot of time in
20 the last couple years working on this and I hope to work
21 together a lot more.

22 I was -- I told Tim briefly -- a really bad
23 antitrust lawyer. I have to switch careers every couple
24 years. When you're not very good at anything, you got to
25 -- in fact, my law review article in antitrust 20 years

1 ago, I think my mom read it. I'm not sure anybody else
2 ever read it. It's probably been buried in those law
3 libraries. So, I can't claim to know anywhere near as
4 much as either of these guys, but I do really think as
5 somebody who's a regulator and probably the biggest price
6 fixer left outside of what's left of Eastern Europe, I
7 really have always believed that if you're a market-
8 oriented, conservative economic type person, the most
9 important regulation on the market is antitrust
10 regulation and balancing markets to make sure that no
11 particular piece of the market gets out of hand.

12 I'm a big regulator, we regulate an awful lot
13 of -- and I'll get into that in a few minutes -- we fix a
14 lot of prices for a lot of people. I hate fixing prices,
15 but as long as I am where I am, I try to be the best
16 price fixer I can be. But the nature of the beast makes
17 the market a little strange, which I'll get into. But if
18 you really want to make sure that the economy works and
19 you're a Republican and you're a moderate conservative
20 and you actually believe in balancing the markets and
21 making sure that nobody gets excessive market power is
22 pretty critical, and I think that's why, as important as
23 anything I do in Medicare or Medicaid, having Justice and
24 the FTC make sure that market power doesn't get out of
25 hand for anybody is really critical. And I'll talk about

1 that primarily for the next few minutes.

2 Before I circle back to antitrust, let me talk
3 about health care markets. First of all, I think when
4 you talk about health care markets and health care, it's
5 kind of an oxymoron. The fact is, the health care
6 market, whatever there is in health care, is extremely
7 muted and extremely screwed up and it's largely because
8 of my agency. For those of you who don't follow CMS,
9 which used to be called HCFA, we changed the name because
10 it was so well loved. I always say it's kind of like
11 when Enron comes out of bankruptcy, they'll probably
12 change their name. So, HCFA -- Secretary Thompson and I
13 decided to confuse everybody. We changed the name to CMS
14 for a couple of years so people wouldn't realize we're
15 actually HCFA. So far, it's worked reasonably well.

16 (Laughter.)

17 MR. SCULLY: But there were a lot of reasons.
18 Because we're so big and we are so extensively involved
19 in the health care field, both in Medicare and Medicaid,
20 that you obviously, when you're spending that kind of
21 money and you're -- our budget, if you count both halves
22 of Medicaid this year, is \$570 billion is the projection
23 for 2004 that just came out. \$570 billion. It's \$450
24 billion just directly for us and another \$120 billion
25 that the states will spend through us on Medicaid. So,

1 it's a lot of money and it affects every sector of the
2 health care field.

3 Generally, one of the things I've found -- I've
4 never been really good at making people happy, as Tim
5 knows. That's your training at OMB. You train for years
6 how to make people miserable and we both succeeded in
7 some cases. But when you're fixing rates for hospitals
8 and docs and other things, they're never really quite
9 happy. And when you have large, incredibly complicated
10 formulas, you make mistakes that don't make people happy.

11 But the bottom line is there really isn't much
12 of a health care market and the reason is that when you
13 look at a hospital, for instance, 57 percent -- Mindy is
14 here somewhere. I was reading the AHA's comments
15 yesterday. Fifty-seven percent of the average hospital's
16 revenues come from Medicare and Medicaid. So, if you're
17 sitting there as a hospital administrator and you're
18 looking at 57 percent of your revenues coming from
19 Medicare and Medicaid, probably 6 or 7 percent are
20 indigent care, the market forces you have to deal with in
21 the private sector on insurance are pretty muted. It's
22 not much of a market. Let's kind of kick the ball and
23 drag the government along when you're setting prices for
24 everything else.

25 In the nursing home field, 82 percent of the

1 nursing homes in this country are now filled with either
2 Medicare or Medicaid patients. That doesn't leave a
3 whole lot left for the private sector to change the
4 nursing homes. It depends on the physician, but many
5 physicians and many physician specialties treat -- 70, 80
6 percent of their patients are Medicare patients. So,
7 that doesn't leave a whole lot of flexibility to
8 negotiate with the private sector.

9 So, you inherently have a pretty limited market
10 force in the health care market as it is. And what's the
11 reason for that? I only have 40 million seniors in the
12 Medicare program, but obviously seniors consume the most
13 health care. And even though they're only one out of
14 seven Americans, seniors and with Medicaid together
15 generally consume about half the health care in the
16 United States. So, when the government, either Federal
17 or State, is fixing prices, the rest of the market's
18 flexibility to respond to that is kind of muted.

19 So, while I'm a big advocate of instilling and
20 restoring competition whenever possible in the health
21 care market, by its nature, it's always going to be a
22 little bit limited and it's never going to be
23 particularly responsive, and some people don't believe
24 there's a role for the markets in health care. I don't
25 happen to be one of them, and I, obviously, don't think

1 Tim or, I guess, Hew are either. But you have to look at
2 the fact that when you're talking about health care,
3 you're looking at a market that is not structured like
4 markets for anything else in our society and probably
5 shouldn't be.

6 But there's still a place, I think, for it to
7 work. I think health care, for me -- and for those of
8 you -- I assume a lot of you are health care people. A
9 lot of my friends on the Democratic side think we need
10 single payer health care. Well, we already have single
11 payer health care. If you're over 65 years old, we have
12 a single payer. Medicare is a single payer, national
13 health system and it's a wonderful system. There's
14 nobody over the age of 65 that's uninsured. But it's an
15 unbelievably archaic, crazy, nutty system where we do a
16 lot of -- we essentially fix prices for everything.

17 Just to give you the most recent example, for
18 the doctors -- a formula I was involved in in 1989 -- the
19 Physician Pay Reform. We came up with a better way to
20 fix prices than the old way to fix prices in 1989. I
21 don't like fixing prices, but it was better than the old
22 way. It was broken and we made a mistake. So, last
23 year, every doctor in the country got a negative 5.4
24 percent reduction in their base payment in health care
25 because we screwed up the formula. We made an accident.

1 Congress had to come back and fix it. That's a pretty
2 crazy way to pay physicians.

3 On top of that, this year, until last week when
4 Congress finally fixed it, we were going to give them
5 another negative 4.4 percent reduction in their payments.
6 So, when you're getting these big national price-fixing
7 schemes, not only are they not necessarily working,
8 they're not flexible and they don't reward people for
9 quality, but they also do stupid things like have, you
10 know, cumulative 11 percent payment reductions over two
11 years for docs, which had it not been fixed last week,
12 you would have seen every one of your grandmothers going
13 to a doctor's office in the next few months and them
14 saying, sorry, we don't take Medicare patients anymore,
15 which would not have been a pleasant thing.

16 So, there are wonderful things about Medicare,
17 but I don't know of anybody, Democrat or Republican, that
18 would take \$270 billion, which is the Medicare budget
19 this year, and create what we have. It's a 1965 broken
20 system and we're going to do a lot of things to try to
21 fix it. But it is what it is. It dominates a lot of
22 health care.

23 And even if you're the private insurance
24 market, you find that Medicare rates are frequently
25 piggybacked on even if -- if you don't think Medicare

1 affects everything, I can tell you that I was on the
2 board of Oxford Health Plans, the biggest HMO in New York
3 for eight years, and Oxford's rates for physicians were
4 all piggybacked off Medicare rates. So, even in the
5 private sector, the government price fixing kind of
6 trickles down in everything and has a really negative
7 impact on the market.

8 Under 65, we have an incredibly dynamic health
9 care market. You can buy anything you want. High
10 deductible, low deductibles, PPOs, HMOs, fee for service,
11 anything you want. But we also have a cherry picking
12 market where we have lots of people, 40 million people
13 uninsured. So, we have a wonderful single payer broken
14 model that covers everybody over 65 and an incredibly
15 capitalistic dynamic market that cherry picks everybody
16 and leaves an awful lot of people uninsured under 65.

17 The market under 65 works reasonably well, but
18 it's dragged down a lot by the market over 65 and it's
19 incredibly inequitable and it leaves an awful lot of
20 people uncovered, which is obviously another problem that
21 we hope we're going to work on.

22 But it is really the one size fits all price
23 fixing that really, in my opinion, screws up the system
24 and makes the market in health care so difficult to
25 either monitor, follow or really understand what's

1 happening.

2 So, it's easy to say the system is broken,
3 which I think everybody's been saying in health care for
4 25 years. I guess the question is, then, which Paul may
5 answer -- in fact, I should note here that you have
6 probably two of the only -- health care is not a bastion
7 for market-oriented people. In fact, if you had a health
8 care market conference, the only two guys I know that
9 would probably show up are Paul Ginsburg and Mark Pauly.
10 That's probably unfair. But there aren't a whole lot of
11 -- it's not a place where you see a lot of big market
12 thinkers in health care and you, obviously, have two of
13 the best ones here today.

14 But what do you do to try to fix it? Congress
15 has been struggling with the Medicare reform and we're
16 going to struggle again for years. We've been struggling
17 with Medicaid reform. Fundamentally, we're probably not
18 going to fix the system overnight. I've been working on
19 health care issues since I quit being an antitrust lawyer
20 actually, about 20-some years. And one thing I can say
21 is, very little has changed in health care. We talk
22 about big legislative changes all the time and we're
23 hoping to pass one this year. But the reality is, very
24 little changes.

25 If you look at the fundamental structure of

1 Medicare and Medicaid, they're virtually the same today
2 as they were in 1980. I hope we get some things fixed,
3 but I try to be realistic, and I think the odds are not
4 great that we're going to get overwhelming changes.

5 So, if you're in my position or you're in Tommy
6 Thompson's position, my boss who runs HHS, what do you
7 do? My view is, you try to find ways you can to instill
8 market awareness into the system to make it more reactive
9 and make it work better.

10 And one of the things we've really focused on,
11 I've focused on, is quality. It drives me crazy that
12 somebody flew into Washington, D.C. for this conference
13 today. If you landed at the airport, you can find the
14 best cab company, the best car and driver, the best
15 hotel, and the best hot pizza, but if you had a heart
16 attack, you'd have no clue where to go to get a bypass
17 because nobody would know who has the best heart bypass
18 program in Washington, nobody would know who does the
19 best hip replacements. There's no information out there.

20 So, if you're trying to instill any market
21 awareness, no market works if the consumer has no
22 information. Now, obviously, you would hope that the
23 consumer has some skin in the game and is actually paying
24 something, which in health care frequently we are, and in
25 most cases, seniors don't pay anything. They generally

1 are completely insured with first dollar coverage, once
2 you get through Medicare and Medigap. So, their own
3 market awareness is pretty muted, but at least you want
4 them to know where do you go for the best hospital care,
5 where can you find the best nursing home, where do you
6 get the best home health agency. There's virtually
7 nothing out there.

8 We pay every hospital in Washington, D.C. the
9 exact same amount, varying depending on whether they're a
10 teaching hospital. But if you ignore those details, they
11 all get paid the same amount for a hip replacement and
12 the same amount for a heart bypass, if you're the best
13 hospital or the worst hospital. There's nobody in this
14 room, including the health reporters, that could tell you
15 which the best one is. My father had a heart attack
16 three years ago in Maryland and I had a half an hour to
17 find the hospital. I ran the second-biggest hospital
18 association in the country then and I had a half an hour
19 to tell the guys where to bring him for an emergency
20 bypass. I had to call 10 doctors in Maryland. I had no
21 idea. That's insanity. There's no place else in our
22 society where there's that total lack of information.

23 So, one of the things that Secretary Thompson
24 and I pushed very hard, and it's probably just pushing at
25 the edge of the system, but we think it's pretty

1 important, is to get information out there.

2 Twenty-five years ago or 20 years ago for those
3 of you who do follow health care, Bill Roper is an old
4 friend of mine and was then the HCFA administrator, back
5 when we called it HCFA. He put out mortality data, which
6 he thought was a good idea to start comparing hospitals,
7 and he got creamed. The myth in the health care field
8 since then has been you can't possibly put out quality
9 information, providers will kill you and it can't be
10 done. And when I came into the job, that's what
11 everybody said, you're nuts to try to do that, it can't
12 be done.

13 Well, to be honest with you, I picked on the
14 weakest people on purpose in the health care system to
15 begin with, the nursing homes, because, number one, they
16 had a bad public image, which they understood; they had a
17 miserable relationship with their unions and the consumer
18 groups; they wanted a lot more money from Washington.
19 And so, I got the nursing homes together with Secretary
20 Thompson's help and said, look, if you want more money
21 from Washington, you better start talking about quality
22 and measuring quality because the consumer groups hate
23 you and think you're providing bad quality. You're
24 getting no sympathy in state capitols and none in
25 Washington. So, if you want us to work with you, start

1 measuring quality and put out quality outcomes.

2 We got all the major unions and all the
3 major -- AARP and all the other health care groups that
4 are consumer groups, who generally never talk to each
5 other and didn't talk to the nursing homes, and the
6 nursing homes in a room about a year and a half ago and
7 we started -- people thought we were crazy. We did a
8 six-day demo where we published outcomes -- you know,
9 it's not perfect -- on major nursing home outcomes in
10 major newspapers in those states and everybody said,
11 you're crazy, you're going to get killed, and I did get
12 beat up a little bit.

13 Last October, we published full page ads in
14 every newspaper in the country in every major market
15 comparing every nursing home in the country and I didn't
16 hear a peep. Unbelievably popular. The nursing homes
17 are happy, the consumer groups are happy, the unions are
18 happy, and it's going extremely well, and they're fair,
19 reasonable outcomes data.

20 Does every senior when they open the Washington
21 Post and see that understand it? No, they don't
22 understand it. But the families understand it. The
23 patients understand it a little bit. I can guarantee you
24 the nurses understand it and the boards of the nursing
25 homes read it and they change. It has a big impact when

1 you start putting patient quality information out there
2 because the boards of the nursing homes start asking
3 their employees, how come we have the number one number
4 of bed sores in the community.

5 And my view is, that may seem irrelevant to
6 markets, but I think eventually when people start seeing
7 this and they see we've got 43 nursing homes in
8 Washington, D.C., why are we paying them all the same
9 amount when one's doing a great job and one's doing a
10 terrible job. Nobody ever asks those kind of questions
11 in health care. They certainly ask that kind of question
12 if the government goes out and bought a fleet of cars.
13 They'd certainly figure out which Ford or which GM or
14 which Chrysler cost them more money or performed the
15 best. But they never think about it when they start to
16 talk about health care.

17 So, my own view is once you start putting
18 information out there and comparing quality, people are
19 going to say, why are we paying every hospital in
20 Washington, D.C. the same amount for a heart bypass when
21 one's doing a great job with taxpayer money and one's
22 doing a terrible job, and I believe that's going to
23 inject a little bit of market -- at least a teeny bit, of
24 market pressure into the health care field.

25 We're doing a demonstration in eight states

1 starting next month with home health care. We have
2 22,000 home health agencies around the country. We have
3 extremely thorough data on every home health patient that
4 goes in every home health agency in this country, whether
5 it's Medicare, Medicaid or the private sector. We have
6 it in our computer systems. We've never given it to
7 anybody.

8 In eight states, as of next month, we're going
9 to have full page ads in those eight states talking about
10 relative home health care. So, if your grandmother or
11 your parent gets out of the hospital and is trying to
12 figure out which home health agency to go to, Medicare
13 pays every dollar, no deductibles. I think it would be
14 nice if one of them started wondering which of those
15 places does the best quality and which one is likely to
16 take the best care of them. There's no source of
17 information on that now.

18 As of next month, you'll have it in eight
19 states, and as of next October, you'll have it in 50
20 states -- again, as soon as my budget -- somebody will
21 eventually figure out to cut off my budget so I can't pay
22 for anything probably -- with full-page ads in the
23 newspaper. And eventually, and I know they're nervous
24 about it, we have tons of data on nursing homes and we
25 have tons of data -- in nursing homes we have something

1 we can use the MDS System, which we have extensive data
2 on every nursing home patient and we have exactly the
3 same thing in home health. We don't have that in
4 hospitals. And, obviously, the biggest institutional
5 provider that's the most sensitive is hospitals. In all
6 fairness to the hospitals, we don't have a standardized
7 measuring system for hospitals. The VHA and the
8 Federation which I used to run and the teaching hospitals
9 have all been very good about working with us because we
10 have to build a base to get that information out there.

11 But eventually, the real final thing that
12 consumers are going to want that's going to drive change
13 is hospital data, and then eventually, which is even
14 tougher because it's such a balkanized field, is
15 physician data. But we really believe that the thing
16 that we can do as regulators to change the system is to
17 start putting information out there and having people
18 start asking the same questions about the health care
19 system that they ask about everything else in their
20 lives.

21 You know, we're 13 percent of the economy.
22 Medicare is the only part that is 100 percent government-
23 driven, has no competition, no information, and that's
24 bad for everybody. So, I think our view is for consumers
25 to really look at changing the system, we have to start

1 questioning government price fixing. Obviously, as you
2 can tell, philosophically, this administration doesn't --
3 you know, we love Medicare, it's a wonderful system, it's
4 great for seniors and they love it. We don't think
5 setting prices for every hospital and every doctor is a
6 good idea. Hypothetically, we'd like to give seniors
7 what every Federal employee has, which is the choice of a
8 fully-funded, extremely thorough, well-crafted Federal
9 employee health benefits type program where they can pick
10 PPOs and private fee for service.

11 We're going to keep around Medicare fee for
12 service forever. It's a great program. Seniors are
13 comfortable with it. The last thing we want to do is
14 scare anybody. But most of the people in this room have
15 grown up with PPOs, have grown up buying Blue Cross
16 plans, have gotten used to working with CIGNA, want
17 choices. Maybe you want to be in the old government
18 programs.

19 But you want the choices to go out and get
20 flexible benefits, and this kind of one size fits all
21 government price fixing is -- it's a wonderful program.
22 It's worked extremely well for 30 years, but nobody in
23 their right mind, even the most liberal Democrat I know,
24 would ever recreate what we've got, because it's crazy
25 and it doesn't make any sense. That price fixing doesn't

1 make any sense and lack of consumer information doesn't
2 make any sense.

3 So, let me just jump into one other thing we've
4 been trying to do to put a little bit of market incentive
5 and then I'll circle back. They may not actually tie
6 together, but what the hell.

7 (Laughter.)

8 MR. SCULLY: To antitrust, why I think it's
9 important is when I came into this job, I also thought it
10 was astounding that the hospitals and the nursing homes
11 would all come running to my office and say, we need more
12 money. I used to do the same thing. I was a hospital
13 lobbyist for seven years, and it's like Pavlov's Bell,
14 whether you need it or not, you come in and say, we need
15 more money.

16 Well, there's absolutely no substantive data
17 from the government to figure out, outside occasionally
18 from Paul and MedPAC, what people really -- what their
19 margins really are. And I know for one, I used to
20 represent the for-profit hospitals and I would run up to
21 the Hill and say, we're doing terrible, I need a lot more
22 money. And then I'd hop on a shuttle and go to New York
23 and say, we're doing great, buy our bonds and securities,
24 and nobody ever tied those two together.

25 (Laughter.)

1 MR. SCULLY: So, now that I'm a regulator, I
2 think it's insane. I think if you want to -- and the SEC
3 is starting to catch on to this, too. If you want to go
4 up to the Hill and tell people you're doing terrible, you
5 shouldn't be able to go to Wall Street and tell them
6 something different. And I think the flow of information
7 between Wall Street and Washington is getting better, but
8 it's still a little bit muted.

9 So, when I came in, I hired two Wall Street
10 analysts, which was a little bit unusual, and I don't
11 know if anybody reads this, but people in New York
12 actually read it, and the goal was to educate people that
13 when the hospitals come in and need money -- and I think
14 they got creamed in 1997 and I lobbied for more money for
15 them in '98 and '99 because they deserved it. But when
16 the hospitals and nursing homes come in and say we need
17 more money, I'd like somebody to look at the bond ratings
18 and their stock prices and the returns on equity and what
19 -- to actually have a measure of do they need more money
20 or not. Are they just, you know, crying wolf or do they
21 actually need money?

22 The first result of that last year, the first
23 report we put out was one on nursing homes, and we
24 massively overpay nursing homes in Medicare, huge
25 margins, 25, 30 percent, which MedPAC just came out and

1 reported. But that's only about 12 percent of their
2 business is Medicare. But overall, we massively underpay
3 them. Not us. The states set the rate in Medicaid.
4 They chronically underpay them and it's going to get
5 worse in every session.

6 So, when you look at the net Medicaid margins,
7 they're pretty low, and a number -- some of them, they
8 brought themselves and I won't torture you with the
9 reimbursement of nursing homes, but when my analyst went
10 through and wrote their first report, it turned out that
11 nursing home margins were minimal. We weren't drawing
12 much more capital into the market, things weren't going
13 very well. And I can tell you that OMB in the White
14 House last year, we had the option of putting a billion
15 dollars a year, which out of a \$12 billion base for
16 nursing homes is not small, back into the nursing homes
17 or not. And because of that report last year, we put a
18 billion dollars, called RUGS payments, back into the
19 nursing homes without any great debate.

20 It was an administrative change we could make
21 in the Medicare program because we thought the nursing
22 homes needed money. It was done 100 percent on the
23 merits. So, you can imagine, OMB doesn't put a billion
24 dollars in anything unless they think it's a pretty dire
25 system.

1 We just decided, again, to put another billion
2 back in for the next two years for nursing homes because
3 we believe, on the merits, looking at the economic
4 information, that their margins are not great.

5 With the hospitals, which I'm sure many of you
6 don't like to hear, I've been saying that I think
7 hospitals are about where they should be. We shouldn't
8 cut them, we probably shouldn't add much back. Now,
9 there's lot of definitions about leaving them where they
10 are. But I really believe that in Washington too often
11 those kind of decisions aren't made based on economic
12 reality, they're based on who hires the best lobbyist and
13 I don't think that makes a lot of sense. So, I'm a real
14 believer that when you run a big agency like we do that
15 dominates that big a part of the health care sector, then
16 we ought to be looking at bond ratings, equity ratings,
17 returns, you know, what the access to capital is, and
18 that hasn't been done before.

19 I think tying together with the private equity
20 markets and the private debt markets look at with what
21 decision makers make in Washington, because we basically
22 are giant government contractors. CMS is the biggest
23 government contractor in the government. Social Security
24 is slightly bigger than we are, but they pay money to
25 individuals. I pay out \$570 billion a year largely to

1 institutions and that's almost twice what the Pentagon is
2 paying out right now. So, we are a giant government
3 contract. People don't think of us that way, but that's
4 really what we are.

5 So, I really think that when we look at it, we
6 need to think just as regulators, that HHS, CMS, me,
7 needs to be a more reliable, predictable payer, more
8 reliable, predictable government contractor, be much more
9 sensitized to what's going on in the private market, to
10 think about our impact on the private markets, which we
11 rarely do.

12 I'll give you one other example which came up
13 yesterday in a meeting with Mindy at HHS. We pay for
14 exactly the same procedure in ambulatory surgery centers,
15 in hospital outpatient clinics, and at a doctor's office.
16 But yet when I sit down with my staff, we pay totally
17 different amounts for say a colonoscopy. You can get a
18 colonoscopy in any one of the three settings. You
19 probably don't want one, but you can get one.

20 (Laughter.)

21 MR. SCULLY: So, if you want to get a
22 colonoscopy in any of those three settings, you'd get
23 paid a totally different amount. And they're all set by
24 -- I've got a third of my staff in hospitals, a third in
25 the outpatient side and some guy setting ASC rates and

1 they never talk to each other. And when you find out
2 that you set those different rates, you get enormous
3 changes in behavior. If the ASC rate is off, all of a
4 sudden you start seeing ASCs pop up all over the place to
5 do colonoscopies or to do outpatient surgery. If the
6 doctors get paid a little less, they're more likely to
7 move their practice into their doctor's offices. If the
8 hospitals get paid a little more, they're going to have
9 more outpatient centers.

10 But people in the government don't look at it
11 that way, and it's not because they're not trying to
12 think well-intentioned, but I can tell you when I drive
13 around the country and see where ASCs are popping up, I
14 can tell who we're overpaying. You go back and check the
15 rates and, hmm, there you go. That's why we've got more
16 ambulatory surgery centers for orthopedics.

17 But we need to start thinking more about the
18 impact we have on the market because we're such a big
19 player. So, hopefully, we'll make HHS a little more
20 responsible to the market and a little more of a better
21 player. I also think that if you look back at health
22 care in the last 20 years, people buy health care stocks
23 and health care bonds because they expect health care to
24 be a boring government contract. In the last 20 years,
25 it's been anything but. The nursing home industry has

1 been a big roller coaster. Some of it's self-imposed,
2 but usually driven by stupid government policies, where
3 they've had huge margins and then the government whacks
4 them and they have huge cuts. Big margins, big cuts.

5 Same thing with the home health business. The
6 home health business, just to tell you how bad it is, in
7 home health, the Medicare program in 1992 spent \$3
8 billion; in 1997, it spent \$18 billion; and in 2000, it
9 spent \$10 billion. There's nothing like that in the
10 history of the government, where you went from \$3 billion
11 to \$18 billion and back to \$10 billion. You can imagine
12 if you're in the home health business, it's like being on
13 a big yo-yo. There are a lot of big yo-yos that got in
14 the home health business there for a while, but the fact
15 is you're --

16 (Laughter.)

17 MR. SCULLY: We're back to where we probably
18 should have been all along without the big bulge. But
19 the fact is, if you're in the government, I think the
20 goal should be to understand better about what our impact
21 is and to become a more predictable, better partner in
22 the market because if the market is going to work better,
23 the government shouldn't be distorting the outcomes as
24 much as we are.

25 We'd obviously like to get more market based,

1 non-price fixed payment into that market, and I think in
2 a good market, the government will have a lot lesser
3 role. But in the long run, that might change. But in
4 the short run, we're still going to be, by far, the
5 biggest player in the market, and to the extent that
6 we're screwing up the dynamics of the market, that makes
7 everybody's life more difficult.

8 Now, trying to tie this back into the FTC and
9 Justice and what happens with antitrust, I've always
10 believed that the most important player in the market is
11 the FTC and Justice in balancing out antitrust because
12 health care is a local business. You can look at big
13 chains, you can look across the country. What you have
14 across the country is a market power that's making a
15 difference. What you have in Washington, D.C. or
16 Baltimore or Richmond or Paducah, Kentucky or -- what was
17 the other one -- Poplar Bluffs, Missouri, that's what
18 counts, is how much market power you have in those
19 places.

20 And I've always believed, and I've been in the
21 health care business for a long time, if you go to a town
22 that has a healthy health care market, the doctors hate
23 the hospitals, the hospitals hate the health plans and
24 the health plans hate the doctors. That's a happy little
25 triangle. Those are the three big players and that's the

1 way it should be. The hospitals should be a little bit
2 unhappy, the health plans should be a little unhappy, the
3 doctors should be a little unhappy, and if you have that
4 kind of tension and balance, you usually have a
5 reasonably efficient, well-run health care system. Over
6 the last 10 years, that's just a fact.

7 I mean, I wouldn't pick Washington, D.C., but I
8 was in Milwaukee last week and I can tell you Milwaukee
9 has probably eight or nine relatively functional health
10 care centers. They probably have too many hospitals, but
11 they're broken up into four big chains that have
12 consolidated, but they haven't consolidated too much.
13 And they have a pretty active, reasonably well organized
14 physician community. It's been a little out-of-whack in
15 the last 10 years, but right now, it's kind of in
16 balance, and you can look at almost any community in the
17 country and see where that balance is between the big
18 players and tell whether you've got a problem on your
19 hands or not.

20 And I think in the last 10 years, with all due
21 respect, and Tim and I have talked about this a lot, the
22 lack of the government's focus on keeping those tensions
23 in balance has been a big problem. I think it's one of
24 the reasons we've had health care prices going up.
25 Because when the government -- you know, I'm not a big

1 regulator, I don't believe in over-regulating. But I
2 believe if you're conservative, the right regulation is
3 keeping the market in balance, not diving into the market
4 and micro-managing, and I would much rather have these
5 guys manage the market and oversee it to make sure it's
6 in balance from 30,000 feet than to have my people get in
7 and micro-manage every little detail with every hospital
8 and every nursing home. And I think in the long run
9 that's the best thing for the health care system.

10 So, what I think are the problems here, I'll
11 give you a couple of examples which will probably
12 irritate a whole bunch of people in a couple of cities,
13 but that's my specialty. So, I'll go for that.

14 I think that when you look at, for example, and
15 I'll pick out some examples because I think that's the
16 only way it works. I'm from Philadelphia. Everybody in
17 Philadelphia, it's a fact of life and they don't like
18 me saying this, Philadelphia's market right now is
19 totally -- and Mark's from Philadelphia, Wharton -- I
20 would guess if you walked down the street and asked
21 anybody that knows anything about health care, they'd
22 tell you that Independence Blue Cross is the dominant
23 player in Philadelphia. They have too much market power.

24 Now, is that their fault? Aetna has weakened
25 in Philadelphia in the last 10 years; other people have;

1 and Independence Blue Cross is extremely strong. It's a
2 good, smart, well-run insurance company. Is that good
3 for the system there? To some degree it is. They
4 probably have too many hospitals bed and maybe they're
5 effective at squeezing that out, but the fact is,
6 Philadelphia has had a lot of problems in their health
7 care system because they have one totally dominant
8 insurer. I'm not sure that's great.

9 Pittsburgh, on the other side of the state,
10 also has a totally dominant insurance, Highmark Blue
11 Cross, which is Blue Cross of Western Pennsylvania, which
12 has way too much market power, and they're even an odder
13 duck because they're also in a hospital in a city that's
14 dominated by one big hospital system, UPMC. There were
15 two, one went bankrupt a few years back. So, in that
16 city, which I don't know if it's good or bad, but you
17 have a very dominant insurer and a very dominant hospital
18 system. I'm not sure either one of those is great, but
19 arguably, both of them have way too much market
20 consolidation and I think it's healthy for somebody in
21 the government to say that occasionally, even if it's
22 just me. Hopefully, it will be you guys, too.

23 But these are the kind of things that I think,
24 as I live in these markets every day and see what's
25 happening, where I could be helpful and, hopefully have

1 been helpful a little bit to Tim. I've given him a few
2 suggestions of where to look. We, as regulators of the
3 health care system, should be working with Justice and
4 the FTC to say maybe there's a problem, maybe there's
5 not. You are the ones that understand HHIs and all that
6 kind of stuff and you're the ones that should be looking
7 at these things, not my agency. But I've got to see the
8 impacts on the health care system every day.

9 You know, if you go to Alabama, there's one
10 insurance in Alabama, Blue Cross of Alabama. I can tell
11 you, there aren't too many hospitals in Alabama, but it's
12 not necessarily good that Blue Cross of Alabama has way
13 too much market share. That's something that, I think,
14 regulators should look at. Maybe it's fine, maybe it's
15 not. But it's the kind of flag that should go up and we
16 should look at it and tell people, Blue Cross of Alabama
17 has too much market power. Maybe we should make damn
18 sure they don't start buying up the few smaller
19 competitors that are left.

20 I can tell you from personal experience -- and
21 they won't like this one either -- but I was on the Board
22 of Oxford Health Plans for eight years, and if you go out
23 in Long Island, it's not quite so bad in New York, there
24 are two health care systems in Long Island. There's
25 probably 30 hospitals. Two health care systems. It's

1 about as close to a group boycott as you'll ever see.
2 They have driven all the Medicare managed care plans out
3 of Long Island. They have way too much market power and
4 they throw it around like a ton of bricks. I would not
5 say -- I've had to beg Empire Blue Cross, for instance,
6 to stay on Long Island the last couple of years because
7 they're getting squeezed out by the two hospital systems
8 in New York. That's not healthy. That's a bad thing.

9 Now, does it meet your indices, I don't know,
10 but I sure as hell hope somebody looks at it because they
11 need to be looked at.

12 You know, I know they already lost the Inova
13 case across the river in Northern Virginia. I like the
14 guys that run it, they're very nice, but I've lived in
15 Northern Virginia for 25 years and you've got to drive a
16 hell of a long way to get to a hospital that's not owned
17 by Inova of Northern Virginia. That's probably not a
18 good thing.

19 I know that the lawsuit that they lost defined
20 that as the Washington, D.C. market. I can tell you, if
21 you live near Mount Vernon, that's not the Washington,
22 D.C. market. Now, that may be a different thing in that,
23 you know, I know the history and probably the track
24 record of picking cases, which you guys weren't here for
25 the last 10 years, I was involved in Poplar Bluff, that

1 was probably the wrong case to pick. The hospital
2 history is not great. But the fact that whether you win
3 cases or not, the fact that Justice and FTC look at this
4 and at least keep people honest on the margins to make
5 sure nobody gets too strong in a region is critical.
6 Because I can tell you market by market where I see
7 either hospitals or health plans, or Tim's been very
8 active in some of the group practices on the physician's
9 side, when any one of those three legs gets too strong,
10 it distorts the market and prices go up and consumers
11 lose, and I think that's a big, big, big problem.

12 So, I don't mean to pick on particular spots
13 here today, but there are ones that I'm aware of, and I
14 don't get to be the regulator, you guys do, but I do
15 think -- I have tried with Tim especially with my agency,
16 to get -- we'll supply all the data you want and we will
17 continue to keep saying when we see little problems
18 competitively, we see prices going or we see competitive
19 problems in the market, we're going to be very aggressive
20 by telling the FTC places to look. If there's not a
21 problem, you're the ones that get to decide that.

22 But my view is it's our job to try to do the
23 best we can to make Medicare better, more reliable, less
24 aberrant players in the market. It's your job,
25 hopefully, to make sure the market has the right balance.

1 We'll try to distort it as little as we possibly can, but
2 I think in the last 10 years, one of the real missing
3 links in making the health care system work efficiently
4 has been antitrust and I think it's very nice to see two
5 players back on the field. We'll provide as much as we
6 can to help you out, and I'd like to see it be a very
7 happy, healthy partnership, even if there's a little bit
8 of a competitive tension between the two agencies. We'll
9 help both of you.

10 And I say that as, I hope, a friend of the
11 health care industry because I think healthy hospitals --
12 hospitals don't have great margins, doctors aren't real
13 happy these days, and health plans, at least in Medicare,
14 have been dropping out and I would say the health plans,
15 it's been a tough few years in the health system. But no
16 matter how that happens, we're still getting 11 percent a
17 year inflation, and for the government to keep those
18 competitive tensions as tight as they can between, I
19 think, the three big players in health care is pretty
20 critical.

21 So, I will tell you, just to wrap up, the other
22 day, Bob Novak came by to have lunch with the Secretary
23 and I joined them and his opening question to me was,
24 Scully, did you take that picture of Stalin off the wall
25 of HCFA? And I'm trying to do the best I can to change

1 the image of my old Eastern European agency, and we'll do
2 the best we can to try to help you do your part to get
3 health care back to some sense of the market equilibrium.
4 So, thank you very much.

5 (Applause.)

6 CHAIRMAN MURIS: We will now take a short
7 break, and, David, what is short? Ten minutes?

8 MR. HYMAN: Yes.

9 CHAIRMAN MURIS: We'll take a 10-minute break
10 and then we'll reconvene. Thank you.

11 **(Whereupon, a brief recess was taken.)**

12 MR. HYMAN: I neglected to introduce myself.
13 I'm David Hyman, Special Counsel, and the sorcerer's
14 apprentice for this exercise.

15 The weather is obviously a matter of some
16 concern. The principal issue is we're concerned about
17 the Friday sessions because we have people coming from
18 out of town. We have not yet made a decision as to what
19 we're going to do on Friday. We will make one, I expect,
20 by 5:00 and post it on the web sites and make an
21 announcement about it tomorrow. Currently, we're
22 planning to go forward with the entire set of sessions,
23 but subject to the possibility of rescheduling the Friday
24 session. So, I just wanted you to be aware of the status
25 of that.

1 I'd like to now turn this over to Leslie
2 Overton, Special Counsel as well, but at the Department
3 of Justice.

4 MS. OVERTON: Good afternoon. Thank you all
5 for being with us today. I'm, again, Leslie Overton from
6 the Department of Justice. We're very fortunate to have
7 three esteemed experts with us this afternoon who will
8 present framing presentations. Biographies are available
9 in your materials, but let me just give you a little bit
10 of information.

11 First, we will have Dr. Paul Ginsburg, who is
12 President of the Center for Studying Health System
13 Change. That organization was founded in 1995 and it
14 conducts research to inform policy makers about changes
15 in organization and financing and delivery of care and
16 their effects on people.

17 Next, we will have Dr. Mark Pauly, who is one
18 of the nation's leading health economists. He currently
19 holds the position of Bendheim Professor and Chair of the
20 Department of Health Care Systems. He's also a Professor
21 of Health Care Systems, Insurance and Risk Management in
22 Business and Public Policy at the Wharton School at the
23 University of Pennsylvania, and a Professor of Economics
24 in Penn's School of Arts and Sciences.

25 Finally, we will hear from Dr. Martin Gaynor,

1 who holds the E.J. Barone Chair in Health Systems
2 Management and is Professor of Economics and Public
3 Policy in the H. John Heinz, III School of Public Policy
4 and Management, the Department of Economics, and the
5 Graduate School of Industrial Administration at Carnegie
6 Mellon.

7 Please join me in warmly welcoming our esteemed
8 experts.

9 (Applause.)

10 DR. GINSBURG: Well, thank you. I'm really
11 pleased to be here, to come and present some of the
12 findings that we've obtained over the years, but
13 particularly in recent years from our visits to a
14 representative selection of 12 health care markets in the
15 country. I call it the State of Competition in Local
16 Health Care Markets and I'm going to make these three key
17 points.

18 One is that the rise and fall of managed care
19 throughout the 1990s has had a significant effect on
20 competition today. So, history matters in health care
21 markets.

22 The second point is that there are forces that
23 are outside of the purview of antitrust enforcement that
24 have influenced competition and many of these other
25 factors have limited competition.

1 And the final point is that many markets have
2 only limited prospects for effective competition and we
3 need to think about that and adjust to that.

4 Just a brief word on the Center. Leslie
5 Overton said what we do. I want to mention that we're
6 funded by the Robert Wood Johnson Foundation and our
7 emphasis in our research is on health care markets, and
8 you'll find a copy of this presentation and a lot of
9 other things on our website, hschange.org.

10 A few things about our site visits, we do them
11 to get some insights into changing market trends and I
12 mentioned the 12 markets. We go to the same markets
13 every two years so that we can track them. We chose them
14 through a random process, the sampling frame was
15 metropolitan areas with 200,000 population or greater.
16 When we go to a particularly large, a consolidated
17 metropolitan statistical area, we choose one of the
18 primary metropolitan statistical areas as our site.

19 This slide is out of date, saying what our most
20 recent visits were. We're in the middle of a round that
21 began in September of 2002 and will be completed in late
22 April of this year. When we go to a site, we conduct a
23 large number of interviews with a broad section of local
24 health system leaders and we triangulate the results,
25 meaning that we don't take anyone's word for what they

1 say. So, when the hospitals are telling us about their
2 relationships with health plans, we'll also hear it from
3 the health plans' perspective, and we always do this
4 before we can gain confidence in saying something about
5 what's happening in that market.

6 Here are the sites, briefly. They reflect
7 where the population is. And just briefly, what I'm
8 going to do is after talking a little bit about this
9 history, the experience of the 1990s, then I'm going to
10 talk about hospitals, about physicians, about insurers
11 and then about provider-insurer relations, say a few
12 things about purchasers or employers who buy health
13 insurance for their workforces because they play an
14 important role in the nature of competition in local
15 health markets, and then talk about the overall potential
16 for competition.

17 I'll talk about the 1990s briefly. I think the
18 key -- there really are two parts of the 1990s. There
19 was the ascendancy of managed care, which brought with it
20 narrow provider networks, risk taking by providers,
21 authorizations for services, and they became core
22 components of health care financing. National and
23 regional managed care plans were formed and they expanded
24 vigorously during this time. Hospitals formed systems
25 and they consolidated. Managed care and Medicare cuts

1 both put very significant pressure on hospitals to
2 contain costs and probably the mid-1990s was the height
3 of that pressure. And physicians, basically, you know,
4 they seem to be the losers. They chafed at the loss of
5 autonomy and the loss of income as a result of the growth
6 of managed care.

7 Then came the retreat of managed care, spurred
8 by the combination of a backlash against managed care by
9 consumers and by physicians and this happened to come at
10 the same time as our economic boom. The very tight labor
11 markets, high profitability, I believe, let employers be
12 particularly responsive to this backlash. This has led
13 to changes such as broader provider choice, fewer
14 requirements for authorizations and reduced use of
15 provider risk contracting.

16 Providers responded in very important ways to
17 managed care or to the retreat of managed care. For one
18 thing, many of the structures that were developed, some
19 of the integration -- we used to have the term
20 "integrated delivery systems" that were formed to prepare
21 for restrictive managed care with risk contracting, all
22 of a sudden didn't have a purpose in the market and they
23 have started to unravel. One thing we've noted in
24 another study is that the various hospital mergers that
25 were particularly frequent in the mid-1990s, tended not

1 to follow through when it came to clinical integration
2 and ultimately providers have regained the leverage with
3 health plans that they had lost.

4 Now, I'm going to turn to some of the most
5 recent observations. For one thing, we see a real
6 slowing of the trend of hospital consolidation and
7 there's national data that show a sharp decline in
8 mergers and acquisitions in recent years.

9 Some of the reasons for it: Well, for one
10 thing there are fewer players left, fewer potential
11 mergers. There are many communities where there are only
12 two hospital systems and it's apparent to those two
13 hospital systems, no, we won't be allowed to merge. So,
14 no more mergers in those communities.

15 Managed care is less threatening and I believe
16 that a real stimulus to hospital mergers in the mid-1990s
17 was the fear of not having leverage in dealing with
18 managed care plans, and particularly now that managed
19 care plans are pressed to have broad provider networks,
20 particularly for hospitals that, in a sense, this is not
21 that much of a force for mergers anymore.

22 A third consideration is that there's less
23 excess capacity in the hospital system now, both because
24 some capacity have been taken out of the system. As
25 hospitals were pressed to cut their costs, they had

1 motivation to take excess capacity out of the system, and
2 more recently, hospitals have experienced increasing
3 demand, increasing rates of use and they're filling up.
4 Often they're limited by the number of nurses they can
5 recruit rather than their physical capacity. So, in a
6 sense, where mergers were sometimes a useful mechanism to
7 get some excess capacity out of a hospital system, they
8 don't need to do that today.

9 Hospitals today are focusing a lot of
10 competition on what I call perceived quality, in a sense,
11 not what Tom Scully was talking about of measured
12 clinical quality, but really various perceptions of
13 quality. There's vigorous competition in some
14 consolidated markets, but much of it is on non-price
15 dimensions.

16 In the 1970s, economists and others talked
17 about a medical arms race and people are talking about
18 that today again. What we've seen in our sights is very
19 aggressive activity on the part of hospitals to expand in
20 order to provide a full range of services in all of the
21 geographic sub-units in the metropolitan area. They want
22 to be able to serve everyone. We've also seen a focus
23 towards the services that are most profitable.

24 One thing that I've been struck by ever since
25 1995 when I started going and interviewing leaders in the

1 health system is the same story, that what's profitable?
2 Cardiovascular services. After that comes orthopedic
3 services. And hospitals are going where the money is now
4 as far as this is where they've emphasized their
5 expansions. We're also seeing a sharp increase in
6 promotional activity, a lot of advertising, both that our
7 hospital is better than the other hospitals and also, I
8 think more recently, advertising, I think you need this,
9 you might want to come in and take our special heart
10 screening for only \$49.

11 So, all of these activities, as far as a
12 consolidated market where the hospital systems are
13 competing, it seems, quite vigorously, on the dimension
14 of perceived quality or non-price dimensions is
15 Cleveland, where we've really seen all the ones that I've
16 mentioned on this slide.

17 Now, hospitals which traditionally are
18 considered not to have much of a threat of entry by
19 competitors, many of them perceive that they're facing a
20 very significant threat today by the entry of specialty
21 facilities, and I'm talking about heart hospitals,
22 orthopedic hospitals and ambulatory facilities that also
23 specialize in one or both of those services.

24 This focus on the profitable services that I
25 mentioned before, I believe a part of it is flawed

1 signals that the payers are sending into the market. The
2 payers have never intended that cardiovascular services
3 be more profitable than other services, but I think for
4 various technical reasons, that seems to have happened.

5 I ask people about it periodically and one of
6 the things most convincing to me, but I don't know for
7 sure, is that, well, you know, we set the rates -- see,
8 this is Medicare, then Medicare sets the DRG rates and
9 that, you know, after the -- but their productivity gains
10 are much faster in cardiovascular services so that, in a
11 sense, the rates become obsolete fairly quickly and these
12 pricing distortions probably didn't matter that much a
13 number of years ago. So what if the hospital was paid
14 too much for cardiovascular services and too little for,
15 say, medical admissions. But now with specialty
16 facilities, it is more important and these pricing
17 distortions may be a significant driving force towards
18 that.

19 What we've seen as far as specialty facilities
20 is, for one thing, hospitals have used it as a tool to
21 invade other hospitals' geographic turf. One of the
22 markets we've studied, Indianapolis, on the surface looks
23 competitive in the hospital market. There are four
24 significant hospital systems. But when you go there, you
25 learn that each of them kind of has a geographic area

1 that they are the dominant hospital in. Well, there's
2 been a lot of activity of building specialty facilities
3 in the other hospitals' backyards. So, in a sense, the
4 industry is being entered.

5 Of course, what really bothers the hospitals is
6 a threat from physician-owned facilities and that bothers
7 them because of the potential of physicians to be
8 selective and admit the most profitable patients, the
9 privately-insured patients, or in the case of
10 orthopedics, auto accident injury patients, to the
11 specialty facility that they are a part owner of and
12 admit their Medicaid patients to the general hospital.

13 Certainly, this threat for specialized services
14 does have the potential to erode some of the traditional
15 cross subsidies that the health system is run on. So, in
16 a sense, hospitals today are counting on extra revenue
17 from, say, cardiovascular services to fund their
18 emergency room or to fund uncompensated care for
19 uninsured individuals.

20 In some areas, the plans have been resistant to
21 contracting with the specialized facilities usually
22 because of concern of, well, you know, more facilities
23 are going to lead to more volume and, well, maybe the
24 quality won't be there. I know in Lansing, this was
25 about four years ago, Michigan Blue Cross-Blue Shield

1 refused to contract with some ambulatory surgical
2 facilities and, in a sense, it was pushed to do this by
3 the major employers and the United Auto Workers Union who
4 thought this was going to be a negative thing for health
5 care in the Lansing market.

6 Turning to physicians, now, we've seen a recent
7 trend of physician consolidation into single specialty
8 groups. I think probably the most key motivation has
9 been to achieve the scale necessary to purchase
10 profitable equipment, that as technology is changing, you
11 know, there is increasing numbers of tests or procedures
12 that can be done on an outpatient basis, and one of the
13 reasons for forming such groups is in order to be able to
14 provide those services within the physician practice, and
15 in a sense, the facility fees for these services may be
16 much -- have much more of an impact on the bottom line
17 than the professional fees that the physicians are
18 earning for their services. Also, increasing leverage
19 with health plans, I'm sure, is a consideration.

20 We have not seen a growth of multi-specialty
21 groups, and this may be part and parcel of the retreat
22 from restrictive managed care that the potential of
23 multi-specialty groups is to truly integrate delivery,
24 but people are not valuing that in the marketplace now.

25 Also, and this is no surprise, we see a sharp

1 decline in physician hospital organizations. There
2 really isn't anything left for them to do because risk
3 contracting that screens plans and providers has declined
4 so much, probably more at the initiative of the providers
5 than of the plans, but sometimes the plans as well have
6 given up on that.

7 Talking about insurers, I think much of the
8 consolidation that we've seen has been across markets and
9 that there just haven't been that many opportunities for
10 significant consolidation within markets. There have
11 been some opportunities for national plans to enter
12 markets through purchase of hospital-owned plans. In
13 some communities, you know, back in the early 1990s,
14 hospitals started health plans, they started it because
15 they saw health plans being very profitable. Why can't
16 we get those profits? I don't think any hospitals are
17 trying to do this today, but some of them actually had
18 reasonably successful health plans and this is the way
19 that national insurers enter a market.

20 But in our markets, particularly the smaller
21 ones, we've seen many examples where national plans
22 entered the markets and they didn't succeed, or at least
23 they weren't able to build the market share they had
24 hoped for and they have since exited. You know, it's
25 hard to -- examples actually we've seen are both Little

1 Rock and Greenville where national plans have tried to
2 enter the market, these are markets with dominant Blue
3 Cross-Blue Shield plans, and they haven't succeeded.
4 It's possible that the insurance underwriting cycle
5 played a role in that, in a sense they entered the market
6 when insurers were expanding into new markets and they
7 left when insurers had a different attitude on that
8 expansion, that they weren't that active in pursuing
9 things that weren't profitable that might be profitable
10 in the future.

11 Most of the plan mergers have been across
12 markets and I think they're oriented towards scale
13 economies and information technology, care management
14 technology, economies in marketing, but I think that
15 these scale economies are difficult to achieve, and
16 frankly, I'm struck at the rate of mergers across
17 markets, given that it's so much easier to achieve these
18 economies within a market than across markets.

19 Health plan competition today, given our
20 attitudes about managed care, a lot of it focused on
21 product innovation. Plans are customizing their products
22 for diverse employers. They've always done this for
23 self-insured employers. They're increasingly offering
24 fully insured products with more and more variety.

25 Plans basically are competing with other

1 vendors. You know, they'd like to do disease management,
2 but some employers instead will decide they're going to
3 hire their own disease management vendor rather than use
4 the health plan's vendor. And, actually, there probably
5 are some of the specialized services that plans provide
6 that are more open to market entry than to the basic
7 service of assuming risk.

8 A lot of emphasis today is going into case
9 management of identifying with modeling often. Those
10 enrolled individuals most likely to have serious illness
11 and to be very expensive and to intervene early with some
12 of the preventive services appropriate for their
13 condition, and certainly with consumer-driven plans and
14 other trends to more cost-sharing plans are working very
15 rapidly to develop benefit structures that are novel, new
16 types of patient financial incentives and also tiered
17 networks.

18 Customer service is a very important dimension.
19 It kind of reminds me of what hospitals are doing with
20 perceived quality. But plans cannot afford to have poor
21 customer service.

22 There's a Wall Street term called "pricing
23 discipline" which I think we seem to be seeing now, and
24 by that, the Wall Street analysts mean that plans are not
25 attempting to buy market share by lowering their price

1 the way they were in the mid-1990s.

2 Blue Cross-Blue Shield, we see they've
3 solidified their dominance in some markets. Now, they
4 have a history of large market shares in many markets and
5 they have benefitted recently from a shift in consumer
6 preferences towards broad networks and they traditionally
7 have emphasized broad networks and preference for PPOs
8 versus HMOs. Blue Cross-Blue Shield plans never really
9 put that much emphasis on HMOs. So, in a sense, the
10 market is coming back to where they're traditionally
11 strong.

12 Consolidation in the Blue Cross-Blue Shield
13 world is intertwined with conversion. One thing we're
14 seeing now is that the states have become less resistant
15 to efforts by Blue Cross-Blue Shield plans to convert to
16 for-profit status, and I think a factor in this is the
17 potential to gain state revenue in the process. In the
18 early days, in a sense, the value of these non-profit
19 enterprises went to foundations. I think, today, it's
20 much more likely to go into state treasuries and I don't
21 see that as being unreasonable because they've had tax
22 advantages from the states for a long time.

23 I don't know what I meant by greater attention
24 to price. Oh, yes. There's been a lot more attention to
25 the prices paid and the prices paid out in these

1 conversions and right here in Maryland and D.C., we can
2 read about that in the newspaper. There's certainly a
3 split within the Blue Cross world about the virtues of
4 conversion. Some of the plans in our markets seem to be
5 very committed to maintaining their non-profit status
6 long term, while others, of course, have converted to the
7 for-profit status.

8 Talking about relations between insurers and
9 providers, hospitals are gaining leverage over plans. A
10 key thing is the must-have status of leading hospitals
11 that, today, with the demand for broad networks, if a
12 network does not have a prominent hospital, it is not
13 that viable in the market and hospitals have recognized
14 the power.

15 The fact that hospital capacity is constrained
16 is also relevant to greater leverage and, in fact, we
17 have seen instances in our sites where hospitals have
18 resisted tiered networks, such as in California,
19 basically by threatening not to contract with the plan if
20 they're placed in the lower, less attractive tier.

21 There is evidence of moderately higher price
22 trends for hospitals using the producer price index,
23 hospital component for non-Medicare and Medicaid
24 services. Hospital prices were going up at about 2
25 percent a year, around 1998, 1999. In 2002, the first

1 nine months, they were up 4.7 percent in that year.

2 This is not that sharp an increase in price
3 when you consider hospital wage trends, that as a result
4 of shortages of nurses and others, hospitals have, in
5 fact, been paying much higher wages.

6 Basically, there are three possibilities of why
7 the trend seems so moderate. Well, for one, maybe the
8 numbers aren't that accurate. These numbers are not easy
9 to do accurately. Number two, it's possible that
10 ordinary hospitals aren't doing as well as prominent
11 hospitals and we certainly have a lot of anecdotes about
12 prominent hospitals having price increases a lot higher
13 than 4.7 percent. And the other thing is that maybe
14 prices are heading a lot higher and we just haven't seen
15 it yet. We'll have to look at that.

16 Now, physician leverage vis-a-vis health plans
17 has grown less than hospital leverage. I believe the
18 reason is that the brand name status carries less clout
19 for physicians in dealing with insurers. You know, if
20 there are three hospitals systems in a community, it's a
21 lot more noticeable not to have one of those three than
22 to not have 20, 30 percent of the physicians in a market,
23 including prominent individuals.

24 A key exception for this is in some single
25 specialty groups where they have sufficient market share

1 or reputation that they do have a lot of leverage with
2 insurers. For the most part, in negotiations, most
3 physicians continue to be price takers. The plan says,
4 here's my price schedule, will you sign up or not. And
5 you don't have the negotiations that you have with
6 hospitals.

7 Again, if you look at the producer price index
8 for physician services for non-Medicare, Medicaid, that
9 suggests that the price trend for physicians has remained
10 very low. You just don't see an increase like you do for
11 hospitals.

12 There is a trend towards physicians leaving
13 networks and managed care plans, and in some areas,
14 establishing boutique medicine practices. There are a
15 lot of anecdotes, although I don't have a good sense
16 about how important a trend this is. We heard about it
17 most in Seattle and in Boston.

18 Purchasers, employers that buy health
19 insurance, have influenced the nature of plan and
20 provider competition. I believe their demand for broad
21 networks is a very significant thing. We've seen in our
22 sites, employers taking sides in some of the well-
23 publicized showdowns between hospitals and health plans.
24 And in one in Boston, I guess a couple of years ago, the
25 employers clearly took the side of the hospital and they

1 told the health plans, you better have Partners in your
2 system or we're leaving you.

3 More recently, we've seen some examples in
4 Lansing, Michigan and in Seattle where the employers have
5 supported the health plans in this sense and egged the
6 health plans on about don't meet that hospital's demands.
7 We're going to stick with you.

8 The shape of the benefit package is very
9 important as more financial incentives work into the
10 benefit package, this is going to set the stage for a
11 possibility of more competition on the basis of price.
12 And a final thing is employer willingness to pay for care
13 that is of higher quality when it can be measured. And
14 traditionally, employers haven't been willing to do that,
15 but there are some very well-publicized demonstrations in
16 some states where specific large employers have gotten
17 together with their insurer and told the hospitals, if
18 you meet these requirements, we will pay you more per day
19 or per case than we would otherwise.

20 Purchaser behavior is changing. There never
21 was the amount of collective activity in communities of
22 large employers that people thought there were, but it's
23 definitely declined since we started watching it. Some
24 of the things that have led to it have been national
25 mergers among employers, because it seemed as though the

1 only time you had significant collective activity by
2 employers was when there were headquarters of a number of
3 large corporations.

4 HR departments have been slashed and, perhaps,
5 the lack of success at some of the coalition activities
6 that employers have pursued has influenced the decline
7 today.

8 I believe that purchaser behavior does follow
9 economic cycles. It depends on the profitability of
10 employers in the economy and the tightness of labor
11 markets, and now we're probably in somewhat of a middle
12 range. Certainly, there's more concern about costs than
13 there was three years ago among employers, but not as
14 much concern as there was in the early 1990s when the
15 very large shift towards managed care began.

16 We don't see much competition based on clinical
17 quality, and I think as Tom Scully was pointing out to
18 you, the lack of information is a real barrier.
19 Experience with hospital report cards, when we've seen
20 them, has been that the hospitals pay a lot of attention
21 to them and they actually have a beneficial effect from
22 hospitals seeing where they're weak and looking into why
23 they're weak and trying to do something about it. We
24 often don't see much use of report cards by employers or
25 consumers and hospitals have been resistant to them and

1 have closed down some efforts.

2 We're seeing a private regulation approach of
3 the Leapfrog Group in a sense saying hospitals should
4 have these processes which we believe lead to higher
5 quality and employers are pushing hospitals to meet
6 Leapfrog standards in some communities and not others.

7 I think it's clear to me that as far as
8 providing information, the government may need to act as
9 a catalyst. In New York State, they've done some very
10 valuable work with open heart surgery as far as providing
11 quality information, and I believe that CMS is going to
12 be the key player and their leadership in doing this has
13 the potential of being very important.

14 Many markets, it seems to me, have limited
15 potential for price competition. There are a number of
16 markets where there are small numbers of hospital
17 systems, small numbers of health plans. Entry seems to
18 be difficult, meaningful entry in both cases.

19 There certainly are some limits on the degree
20 to which you can use consumer price incentives. You can
21 only push cost sharing so far. We've got this limitation
22 as far as useful information and also leaders in
23 communities are concerned about the cross subsidies and
24 protecting them.

25 How can we deal with the absence of competition

1 in some markets where it's not an antitrust enforcement
2 issue? Well, for one thing, I can envision, at the
3 community level, some informal public utility type
4 pressures and these perhaps can prevent some of the more
5 egregious behavior. You know, many hospitals are non-
6 profit and they've got employers and other community
7 leaders on their board, but I think this is unlikely to
8 meet some of our other goals for competition.

9 The Medicare payment policy which Tom Scully
10 called his price control -- he didn't use those words,
11 but anyway, this is something that even if there's not
12 much competition in the marketplace, Medicare and
13 Medicaid are a large enough share of many hospitals'
14 revenues that those systems do provide incentives to cut
15 costs even if the incentives aren't strong from the
16 private insurers, and there are alternative options. I
17 don't know how realistic they are of a 1970s type
18 regulation of resources or rates or a significant
19 increase in patient financial responsibility.

20 Thank you.

21 (Applause.)

22 DR. PAULY: Thank you. Well, I'm the
23 aforementioned Mark Pauly from Philadelphia and
24 Philadelphia has changed a lot. A lot of people have
25 outdated ideas about Philadelphia. For example, you may

1 think that the slogan for Philadelphia is the City of
2 Brotherly Love. It actually isn't. Some relative of
3 some alderman got a contract about 10 years ago to come
4 up with a new slogan for the city. This is the honest
5 truth. The slogan is, Philadelphia, the City that Loves
6 You Back. However, recently, people have been pointing
7 out that when tourists come to town, especially in their
8 cars, and if they happen to, by mistake, cut off local
9 drivers on the freeway, they may not perceive
10 Philadelphia as the city that loves you back. And so,
11 there's a competition for a new slogan, honest slogans
12 about Philadelphia.

13 So, my proposal is to put on the signs coming
14 into town, Philadelphia, the Home of the Health Insurance
15 Duopoly. At least that would be truthful. And that sets
16 the stage for some of the things that I want to talk
17 about today, which does have to do with the general idea
18 of, as the title says, Competition As An All-Purpose
19 Remedy For Medical Care and Health Insurance. And I'm
20 trying to respond to the questions that were asked via
21 David and via the Commission and the Department to offer
22 some general observations on things that are different
23 about medical care and whether or not those differences
24 preclude the application of standard competitive ideas.

25 I guess my punch line actually is, medical care

1 is different, but it's not that different. Having said
2 that, though, on the other hand, there are some
3 considerations that need to be taken into account in
4 applying kind of our standard theory of the desirability
5 of competition to the medical care sector.

6 About 20 years ago, I wrote a paper called, Is
7 Health Care Different, and I think I haven't changed my
8 mind on some -- I still agree with myself. And one of
9 the things I said there was that by my back-of-the-
10 envelope reckoning, about 20 to 25 percent of medical
11 care actually looks pretty much like ordinary markets,
12 kind of like apples and oranges and haircuts and things
13 like that. There are a lot of medical services that you
14 don't have to be an epidemiologist or a physician to
15 evaluate that people buy fairly routinely and that at
16 least they pay enough of the price that they would pay
17 attention. So routine pediatric care, private nursing
18 home care would be such examples.

19 But that leaves a large share of the market
20 which is not like that, and probably because of the
21 spread of health insurance, the fraction of the market
22 which is like an ordinary market, has changed. So, it's
23 worth thinking about how different it is.

24 The perspective I'm going to take here is, I
25 guess, at the other end of the spectrum from what Paul

1 was talking about. He was talking about what's actually
2 happening out there, and basically, I'm going to be
3 talking about, sure, it happens in practice, but can it
4 happen in theory. Or to talk more generally about the
5 applicability of kind of standard economic ideas to the
6 health care sector. In general, it's my perception that
7 when it comes to a competition policy, either about
8 mergers as enforced by the Justice Department or about
9 competitive behavior as enforced by the Federal Trade
10 Commission, economic theory and the law, or at least the
11 law enforcement agencies, pretty much march arm in arm.

12 The economic idea of maximization of a welfare-
13 weighted sum of consumer well-beings actually seems to
14 pretty well coincide with the intent of the law to break
15 up a monopoly and prevent monopolization. But it doesn't
16 always work that way. So, I'm going to spend my time
17 talking about the hard cases, the ones where when it
18 comes to health care, and to some extent, when it comes
19 to economics itself, as illustrated in health care, some
20 of those simple ideas would not necessarily carry over.

21 So, the general premise here is competition is
22 good when it comes to apples and oranges and a fair
23 amount of health care is actually like apples and
24 oranges. But some of it isn't, and so, that's what I
25 want to worry about. And what I'll argue, though,

1 nevertheless, so you don't get too depressed, is that in
2 those circumstances in which competition can't be shown,
3 at least on a theoretical basis or with empirical
4 evidence to be the correct answer, there's something you
5 could call Competition Plus, which probably is. And
6 another way to say that, that's sort of the good news
7 version of it.

8 The bad news version of it is competition is
9 necessary but not sufficient for maximization of consumer
10 welfare in a lot of circumstances in health care. We can
11 identify what the other things are. That's sort of the
12 good news. The bad news is, the other things that need
13 to be done to accompany competition may not be under the
14 jurisdiction of the Justice Department or the Federal
15 Trade Commission. They may, for example, be under the
16 jurisdiction of the Treasury Department or some other
17 part of government. So, no single agency -- any single
18 agency trying to improve welfare on their own is going to
19 have to either be restricted or get some cooperation.

20 So, that's the basic question. Competition
21 improves welfare in the Econ 101 model and the question
22 is, will it work as well in medical services and health
23 insurance markets? Basically, what I want to do is
24 identify the exceptions and talk about them and talk
25 about how far you can get? How much of a plus do you

1 need? What do you need to change?

2 In general, I'm going to give competition the
3 benefit of the doubt. So, I'm not going to -- at least I
4 haven't given myself the charge, because I know I
5 couldn't do it, of proving beyond a shadow of a doubt
6 that competition will make us as happy as we can possibly
7 be. You can never prove that, and if your alternative
8 model is one of, as Paul was mentioning, either a public
9 utility type regulation or some other kind of arrangement
10 administered by angels, it will always do better than the
11 market, which is bound to still have a few glitches. But
12 I'm going to at least assume the absence of angels for
13 purposes of discussion this afternoon and, as I said, try
14 to get things to be reasonably competitive and then call
15 that good enough for government work.

16 So, which markets -- there's actually two
17 markets to talk about and they are, obviously, the market
18 for medical services and goods and mostly I'm going to be
19 talking about medical services. The most important
20 medical good, of course, is prescription drugs. It's
21 protected largely by patents and has actually been a
22 major source of the recent increase in health care
23 spending, but at least for purposes of today's
24 discussion, I'm not going to try to think about
25 competition policy in the pharmaceuticals market.

1 Then the other is the market for health
2 insurance and with about 86 percent of health
3 expenditures paid by third parties, I had to say this,
4 the two are inextricably intertwined. It's so much fun
5 to say inextricably intertwined, but as a matter of fact,
6 they are, and that's one of the issues, one of the
7 circumstances in which a straightforward application of
8 the idea that more sellers and more entry is good doesn't
9 necessarily follow.

10 In fact, I might as well say at this point -- I
11 think I didn't put it on the overhead -- for Econ majors
12 who went beyond Econ 101, the name of the problem here is
13 the generalized theory of the second best and the
14 proposition in economics is, well, there's this beautiful
15 model of perfectly competitive equilibrium and a certain
16 set of conditions that have to hold for it to apply, free
17 entry and well-informed consumers and no taxes or
18 subsidies or distortions, and then you get the beautiful
19 result that if that happens, as if by an invisible hand,
20 everybody's welfare is maximized.

21 But the problem is, if one of those conditions
22 is absent, you don't necessarily improve things by doing
23 more of the other condition. In fact, sometimes you can
24 get a situation where, in a sense, two wrongs make a
25 right. Having less competition, if there's some other

1 glitch, might actually be better than having more
2 competition if you can't get rid of the glitch.

3 As I've already said, though, my version of
4 Competition Plus, which I'm trying to get a trademark on
5 that name, Competition Plus, envisions that you would do
6 something about the other thing and then do competition.

7 So, these are the things that I want to talk
8 about that potentially represent deviations from the Econ
9 101 apples, oranges, widget type model. Variable
10 quality, widgets were widgets, apples were apples.
11 Actually, today apples are not apples at all anymore.
12 They're just red blobs. But in my day, apples were
13 apples. But in health care, as everybody knows -- well,
14 actually, people kind of ignored this for many years, but
15 as we're now talking about in great detail, product
16 quality is variable. A doctor is not necessarily a
17 doctor, a hospital is not the same as any other hospital,
18 even though they're all licensed by the state and
19 reimbursed by Medicare.

20 Second, consumers are imperfectly and
21 asymmetrically informed. Actually, the asymmetry works
22 both ways, if you think about it. About the process of
23 care, of course, my doctor knows more than I do about
24 what I want to get out of care. I know more than my
25 doctor knows about that, and we have to kind of tell each

1 other.

2 Then insurers set prices or administer prices.
3 I'll fuss a bit about whether we really ought to call
4 them that, but there's some economic models of
5 administered prices that I want to use, so I'll stick
6 with it.

7 Some suppliers are not-for-profit. That must
8 make a difference, mustn't it? I mean, the last time I
9 worked for a for-profit firm was when I worked my way
10 through college selling shoes. So, I probably am
11 guaranteed not to be too nasty to non-profit firms here,
12 but I do want to say some things that are not completely
13 complimentary about them. And then we may, and often are
14 in a situation -- this is the Philadelphia situation,
15 perhaps, where insurers with market power faced providers
16 with market power. So, that's what I want to talk about.

17 So, a few definitions and postulates to clear
18 away the underbrush. Competition can obviously mean a
19 lot of things, and I mean here the general idea of free
20 entry by many firms subject to a break-even constraint.
21 Whether or not that actually reproduces the perfectly
22 competitive equilibrium of the textbook, of course, is
23 what the discussion is all about. But at least the
24 medicine is free entry, lots of firms subject to a break-
25 even constraint.

1 This is actually a somewhat argumentative
2 proposition from the viewpoint, at least, of some of what
3 I heard today from Tim Muris and from some of what I saw
4 in some of the publicity material for this session, and
5 it's an example of where the economists and antitrust
6 lawyers maybe aren't quite marching arm in arm.

7 So, here's what economists think is great. We
8 think the best possible thing is whether arrangements
9 maximize the sum. That should be S-U-M. I have to
10 revise these. These were dictated rather than -- or
11 maybe the spellcheck made up its own mind here. But the
12 sum, the arithmetic combination of consumer and producer
13 surpluses is what we want to maximize. Net welfare. And
14 why that has an edge to it is that sometimes, the
15 arrangement that does that doesn't necessarily maximize
16 consumer surplus alone.

17 So, maximizing consumer welfare is not really
18 what economic efficiency is necessarily all about and
19 that, particularly in the case of monopsony, I'll get to,
20 raises some issues that I think need, at least, to be
21 recognized and thought through. And then I've talked
22 about the theory of second best. I've already said
23 something about that.

24 What competition alone can never do, it can't
25 get all or even most of the uninsured insured. I

1 personally think that's the biggest problem in the U.S.
2 health care system at the moment. Compared to that, I
3 don't lay awake at nights worrying about the absence of
4 competition nearly as much, although every other Thursday
5 I do try to do that. But the problem of the uninsured, I
6 think, for the most part, is actually not cherry picking.
7 It's the fact that there are a lot of -- it's because of
8 two facts. One fact is there are a lot of low-income
9 people who have a lot better things to do with their
10 money than spend it on health insurance, and the other is
11 -- it's sort of the opposite of cherry picking -- there
12 are a lot of people who don't value insurance as much as
13 it costs. So, they don't buy it for various reasons.

14 Competition, alone, can never stop the real
15 growth in medical care spending. The primary reason for
16 that is from the beginning of time up to the present and
17 even now, we know that the primary driver of growth and
18 medical care spending is the development of beneficial
19 but costly new technology.

20 Now, if the biomedical engineers would just
21 stop, we could get control over health care spending, but
22 I personally wouldn't want that. If we could make the
23 market more competitive than it is now, assuming it's not
24 perfectly competitive, the best thing that that would do
25 would be to produce a one-time cut in health care

1 spending. But if technology continued to progress in the
2 same way, presumably the rate of growth would be about
3 the same. There may be some more complicated story about
4 the relationship of competition to the rate of adoption
5 of new technology, but that's not something I'm going to
6 get into here.

7 This is why I left out pharmaceuticals.
8 Competition alone cannot lead to optimal rates of product
9 innovation. That's why we have patent laws and I'd
10 certainly be willing to argue about patent protection and
11 whether it's optimal, but that's another argument for
12 another day.

13 Here again, the second to last one is also a
14 point that, I think, is kind of my anti-PR protective
15 shield line of thinking. What competition will do in a
16 perfectly competitive equilibrium is give consumers the
17 optimal level of quality, which means the level of
18 quality essentially where the marginal benefit for
19 improving quality more, which can almost always be done,
20 isn't efficient to do because its marginal cost would be
21 greater than the marginal benefit.

22 And so, it's perfectly possible, and I will
23 offer some examples which I think have actually occurred
24 in health care, to have quality that's too high rather
25 than too low. I don't believe that is a problem for the

1 uninsured. But I do believe it is potentially a problem
2 for those of us who are well-insured, well-off and well-
3 subsidized.

4 And, finally, this was an attempt to say
5 something positive with a whole bunch of negatives, but I
6 don't think there are substantial economies of scale, the
7 traditional justification for a natural monopoly in
8 health care. There are a few exceptions, as Paul
9 mentioned, the only orthopedic group in town or something
10 like that. In some towns, of course, everything is a
11 monopoly and there's not much you can do about it other
12 than tell people if you want to live in Smallville,
13 that's the deal. But most Americans, at the moment,
14 don't live there, although maybe they should go home.

15 So, this is kind of what I said. Competitive
16 markets, at best, minimize -- they do do good things.
17 They minimize price for a given quality, so that's a good
18 thing to do. So, you're not overpaying for whatever
19 quality you get in an idealized competitive market. And,
20 generally, we think they choose the optimal quality.
21 Just in case there were some other economists here, I had
22 to say this is not even absolutely guaranteed. In a
23 world of a finite number of products, we're not
24 absolutely guaranteed that competitive equilibrium will
25 involve exactly the right products. But if you can have

1 a pretty big variety, you get pretty close to the ideal.

2 And this was the second point I made, but I'll
3 make it again here. Compared to its absence, the
4 introduction of competition will reduce price or improve
5 quality, but not necessarily both. And as a little bit
6 of a preview, in some circumstances where the market
7 might have been dominated by a non-profit monopolist that
8 attached very high weight to quality, you could, by
9 having more competition occur, actually reduce quality.
10 That would be good, but it wouldn't necessarily look good
11 to the institute of medicine. But they're not mostly
12 economists. And the last line is the reason.

13 So, what about competition under administered
14 pricing? This is the model. Suppose some large buyer --
15 I won't mention the name of anybody who was up at this
16 podium a few minutes ago, but you know who I mean -- sets
17 the price for a product of variable quality and says this
18 is what we're going to pay for this, flat dollars period,
19 and then forbids or deters balance billing. So, nobody
20 is allowed to pay anything extra. It's absolutely
21 illegal for you to exercise your constitutional right to
22 overpay.

23 Well, then what does economics predict will
24 happen? We actually have a model for this which has been
25 around for a long time. It's sort of got polyester pants

1 and long sideburns. It's the regulated airline industry
2 competition model where the argument was, back in the
3 days when airline fares were regulated, because airlines
4 couldn't cut their price, they engaged in competition in
5 non-price ways, and the poster child for a way to engage
6 in competition that didn't sound like it was a very
7 efficient thing to do was the pub lounge. I think that
8 was Continental where they did some other even less
9 politically correct things from today's standards to try
10 to boost ridership on their airline.

11 But one of the things they had in a couple of
12 places in the plane was a pub lounge where you could --
13 it's hard to believe thinking back -- you could unbuckle
14 your seatbelt and go up and drink yourself into pleasure.
15 And that was why you should fly their airline.

16 The comments that were made about that model at
17 the time were, that doesn't seem very efficient because
18 that actually led to too high a level of quality. I
19 mean, actually, the main competitive device then was
20 schedule frequency. There were too many planes leaving
21 on a given day from State College, Pennsylvania. That
22 doesn't happen anymore now that we've deregulated, thank
23 goodness. But that was the idea.

24 But it still can happen and probably does
25 happen in health care where you do have this administered

1 price arrangement and it is fair to say, I think, that
2 Medicare is probably the primary source of administered
3 pricing these days.

4 Personally, actually, as I was thinking about
5 it, I think we want to wait until Tom Scully moves on,
6 but I don't see any problem with, say, breaking big
7 Medicare, traditional Medicare into four parts, say, you
8 know, just randomly assign beneficiaries to four
9 different firms, clone the CMS administrator -- we don't
10 want to clone Tom because that's impossible, but clone
11 some CMS administrator and have them compete with each
12 other. That's kind of what the Germans did. I don't
13 know if it's been too successful, but you can actually do
14 it and then have competition.

15 But in any case, when you do have administered
16 price, the general idea is that competitors do things and
17 spend money on things that would be called quality, at
18 least as perceived by people making the choice of what
19 firm to patronize, that attract business that bids away
20 profits. Is it efficient or not? Well, it kind of
21 depends on whether you assume that you're stuck with the
22 regulated price being where it is or whether you think
23 the regulated price would change. If the regulated price
24 is too high, you'll get excessive socially inefficient
25 quality. If the regulated price is too low, you'll get

1 socially deficient quality, but at least you'll do as
2 good as you can, and if Tom can just figure out how to do
3 this and get the price exactly right, it can actually be
4 just as good as the competitive market. But that's
5 asking a lot of even a very unusual and accomplished
6 person to figure out exactly what the right price is.

7 We do see some evidence that this actually
8 happens in Medicare. There's some research that I did
9 some years ago, but I think it probably would still hold,
10 indicating that where the prices for outpatient
11 hemodialysis were set unusually high relative to costs,
12 although in the short run, some dialysis firms made
13 money. In the longer run, and in the equilibrium that we
14 were looking at, they actually competed those profits
15 away by doing things that attracted dialysis patients.
16 The main thing they did there was actually very similar
17 to the airline. They scheduled dialysis at more
18 convenient times, like at nights and on weekends.

19 Medicare HMOs attracted -- were able to make
20 money by running ads, of course, showing elderly people
21 square dancing, which attracted lower-risk Medicare
22 beneficiaries, but the evidence we have suggested that
23 they competed away much of those profits in additional
24 benefits that they provided to those beneficiaries in the
25 form of zero premium, prescription drug coverage and so

1 forth. And now that we've cut down on that cherry
2 picking by those Centrum Silver Medicare HMOs, a lot of
3 people are upset that they don't any longer have the same
4 benefits they did before.

5 Paul already mentioned this. We used to think
6 it also happened to hospitals in the old arms race world.
7 We had a reason for thinking there. Because selective
8 contracting was forbidden, hospitals couldn't compete on
9 the basis of lowering their price and expect to get a big
10 bump in business for that. So, they might as well
11 compete by adding the latest machine.

12 Nowadays, it's not supposed to work that way,
13 although I don't know how you feel, Paul, but I think we
14 probably are going to pull out of it in the face of
15 double-digit health care premium increases. But I think
16 we went through a period there where consumers, in a way,
17 didn't care so much about the price of health care. They
18 cared a lot more about being able to go to any doctor and
19 hospital in town and they kind of returned us to the arms
20 race world that if we get miserable enough in terms of
21 rising premiums, I think that will go away of its own
22 accord, but we shall see.

23 Competition is always better for consumers, but
24 the best thing is to get the price right or either get
25 rid of administered pricing if you can have an actual

1 competitive market of the real sort or set optimal
2 prices.

3 Imperfect consumer information can lead to
4 monopolistic competition even with free entry. So, it's
5 never going to be exactly perfect. But what are you
6 going to do? I mean, doctors are different, and so, it
7 does mean that any given doctor with any given bedside
8 manner or technical skill probably won't lose all
9 business by raising price a dollar above the going level
10 in town. But the best solution, which I think we've
11 already talked about here, is the best information and
12 competition.

13 It is true, in a second best sense, if
14 consumers were uninformed in a particularly biased way,
15 meaning they over-demanded rather than under-demanded and
16 they paid something out of pocket, monopoly may actually
17 improve efficiency, but a far better solution to first
18 stimulate consumer demand to a situation in which
19 consumers' demand is first over-stimulated by incorrect
20 information about medical care being more valuable than
21 it is, and then trying to dampen that demand by
22 overcharging them. It's pretty obvious it would be
23 better to get rid of both of those things. So, that
24 would be the idea there.

25 The most recent manifestation of imperfect

1 consumer information is, of course, the medical errors
2 controversy stirred up by the Institute of Medicine. I
3 think I'm probably just going to be saying here what a
4 number of the other speakers have said. I don't
5 understand if there are all these medical errors around
6 why they exist. Other industries don't seem to have this
7 problem. What's the problem in medical care that allows
8 firms that continue to offer care that can kill you to
9 continue to exist, at least if that's known and knowable?

10 Where is the health care system that advertises
11 not we care, but we don't screw up? It seems it's
12 possible. And I think the debate that we are in the
13 midst of having, and probably will continue to have,
14 though, is what to do about it. And the alternative, of
15 course, to informed competition is what I call a
16 compassionate conspiracy of right thinking providers.
17 Let all the leaders in medicine get together and agree on
18 a set of rules and regulations and looking over each
19 other's shoulders at self-regulation as a solution.
20 Ultimately, you have to answer that empirically.

21 I personally wouldn't bet on self-regulation,
22 but it's worthwhile to think seriously about how to deal
23 with the question of what would be the best solution to
24 this problem, and at least show the flag for informed
25 competition and markets as a device for improving

1 quality, as opposed to rules and regulations guided by
2 former editors of medical journals and other saintly
3 persons.

4 Insurance in a world of provider monopoly.
5 This is actually one that both Marty and I have fussed
6 about a good bit. The general proposition which actually
7 I wrote about when I still wore short pants is the idea
8 that insurance, the kind we usually have, can cause over-
9 consumption because of moral hazard. And a potential
10 solution to that problem, if you think about it -- and
11 this actually only holds if coverage is less than 100
12 percent and it takes the form of a percentage co-
13 insurance, but if it does take that form, having a
14 monopolist get in there and raise the price can actually
15 cause consumers to stop the over-consumption.

16 If consumers could choose their insurance
17 without any interference and without any imperfections,
18 Marty's actually shown that the situation in which
19 monopoly can be good for you will never arise. But in a
20 situation in which insurance is excessive, either because
21 the government decided that you would have that amount of
22 insurance, as in the case of Medicare or because somebody
23 decided we'd devote \$140 billion of the Treasury's money
24 to subsidizing health insurance for upper middle income
25 people, then in theory, you could get a second best

1 solution. A little bit of monopoly might be a good
2 thing. But, again, you can see my real plan here is to
3 argue against the other defect. If two wrongs make a
4 right, let's get rid of both wrongs. In this case, the
5 tax subsidy and monopoly. It's more efficient and more
6 just.

7 Suppose providers have market power. A
8 question which actually was discussed today and which is
9 of great interest to me is, does it help if insurers get
10 countervailing power in the form of monopsony? I think
11 Marty will say a little bit about this, too. Without
12 solving for kind of equilibrium strategies, I think you
13 can see that if you started off with providers having
14 some monopoly power, if you had an insurer with market
15 power that had either the wisdom or the luck to set its
16 administered price at the competitive level and say,
17 that's what it's going to be, boys, that would actually
18 be better than being at the monopoly level. Quantity
19 would expand. Quantity demand would expand because price
20 would be lower and things would work out fine.

21 Monopsony, I want to make a point here, is not
22 necessarily implied just because there are a small number
23 of sellers of insurance. The other thing you need to
24 have it happen is that the supply curve of care be upward
25 sloping and it isn't necessarily, if you think about it,

1 for all kinds of care, like home health care. It uses a
2 relatively small fraction of nursing personnel. There's
3 a price that covers their cost. If you don't pay it, you
4 can't be a monopsonist and get the price below that.
5 People will just stop rendering it. What the supply
6 curve of hospitals looks like, it would probably be
7 interesting to explore.

8 Monopsony, though, doesn't necessarily --
9 removing monopsony -- monopsony is inefficient because it
10 helps buyers less than it hurts sellers. Now, of course,
11 if the buyer, as in health insurance, also has a monopoly
12 in their product -- so the monopoly health insurance, the
13 two duopolists in the Philadelphia are not only
14 duopsonists, that's even more fun to say than
15 monopsonist, but they're also duopolists if they're
16 profit maximizers, you can show that's actually worse
17 than not having monopsony at all. But at least it's
18 possible to think about. And, occasionally, our Blue
19 Plan argues it's like this. To think of it as not a
20 profit-maximizing entity but a consumers' cartel, in
21 which case, it could force down prices which could
22 increase consumers' welfare, but, of course, would worsen
23 producers' welfare, and on balance, we'd be worse off.

24 So, consumers' cartel as a consumer, that's
25 fine for me, I guess. But as somebody who teaches MBAs

1 who will work in the health care industry, I'm not sure I
2 want those provider surpluses totally diminished.

3 How about non-profit firms? I'll try to move
4 quickly through these. In competitive markets, of
5 course, all firms are non-profit effectively. Among
6 hospitals, the evidence that I've reviewed suggests that
7 there isn't really much difference. For other services,
8 like nursing home care, it looks like for-profits may be
9 better, at least in terms of quality and efficiency. At
10 least in terms of quality, at least there's something
11 good to be said about -- I'm sorry. Non-profits may be
12 better in things like nursing home care, dialysis units
13 and so forth, at least in terms of quality. I don't know
14 about efficiency. It seems like non-profit ownership and
15 insurance -- Paul did some of this work years ago -- it
16 doesn't seem to have any socially redeeming value.

17 I think I've already said this -- oh, no, I
18 haven't said the first one. Monopoly is bad if the not-
19 for-profit is a for-profit in disguise or a doctor's
20 workshop. So, just because a hospital is nominally not
21 for-profit, at least we've speculated, and nobody has
22 proved to the contrary, that it might not actually be
23 setting the price a monopolist would set and then, in
24 effect, using the money either to enrich doctor's --
25 there's a complicated story of how that can be done -- or

1 even if it's run in the interest of the Little Sisters of
2 the Poor, so you're setting monopoly price in order to
3 maximize charitable contributions, that's still bad for
4 consumer welfare and there's a way to improve efficiency.
5 That's what the second point says.

6 So, my conclusion is that Medical services and
7 health insurance are not so different. After all, for
8 one thing, people are people, and for another thing, they
9 respond to incentives. So, most of the time, it's just a
10 matter of getting the incentives right as usual. The
11 whole world looks like that to economists.

12 Secondly, though, while there are some
13 differences, more competition is usually the best
14 medicine and I guess this is the primary take-home
15 message. When competition isn't the best medicine taken
16 alone, which is sometimes the case, it usually is best if
17 combined with something else.

18 Thank you.

19 (Applause.)

20 DR. GAYNOR: Great. Well, that sounds two
21 cheers, maybe two-and-a-half cheers for competition on
22 Mark's part. I'm from the other monopsonized,
23 monopolized market at the other end of the state of
24 Pennsylvania, Pittsburgh, in which we have one dominant
25 health insurer and one dominant hospital. I don't know

1 if that's why we were chosen to constitute two-thirds of
2 the panel here today, but it does make for some intrigue.

3 Thanks, I'm very glad to be here. I think the
4 Federal Trade Commission and the Department of Justice
5 are to be commended for reemphasizing health care as an
6 area of enforcement and for holding hearings in this very
7 important area.

8 Before starting my presentation, I thought I'd
9 start off by reading you my horoscope from today. It so
10 happens, I got here early and I happened to glance at it
11 in the Washington Post. I read the most important part
12 of the Post first, the sports, and then I moved on to the
13 funny pages. It just so happens, the horoscope caught my
14 eye and it seemed fitting for today's activities. Now,
15 this is a horoscope by Sydney Omarr for Gemini for
16 February 26th, 2003. The day features an aura of mystery
17 and intrigue. You have a right to know where money and
18 other valuables came from and where they ended up.

19 So, what does that have to do with these
20 hearings? Well, I think it has something to do with
21 them. To some, how health care markets work is a
22 mystery. I think Mark's done something to clear that up
23 and I hope to do a little bit of that today. Intrigue,
24 well, any time we're talking about antitrust enforcement
25 or perhaps activities along the Potomac, we're certainly

1 talking intrigue to some degree. Now, I suppose today's
2 and the next couple of days' activities are unlikely to
3 make it into the Spy Museum elsewhere in town, but
4 there's certainly some element of intrigue. And you have
5 a right to know where money and other valuables came from
6 and where they ended up. Well, this is what economists
7 do. Where did the money come from and where did it go?
8 Other valuables, well, quality is certainly one of the
9 most important areas that we're going to be talking about
10 today, and so, I thought this was particularly fitting.

11 Let me start giving you an outline. Microsoft,
12 being the evil empire, did something to change the little
13 logos here in my Power Point slides. I don't know what
14 these happy faces are, but I can assure you, I did not
15 put them there. But that's a monopoly of a different
16 stripe and that's not my topic today.

17 So, let me lay out what I'm going to cover in
18 my talk. I'm going to talk about some general issues
19 surrounding competition and health care markets, and Paul
20 has laid out a lot of facts for you and Mark has very
21 ably covered the waterfront as well. So, I'm not going
22 to attempt to cover all the issues. I'll focus on the
23 issue of whether antitrust enforcement makes sense for
24 health care markets. I will then move on to discussing
25 quality and competition in health care markets, which is

1 the labeled focus of these hearings. In particular, I'll
2 cover what I think we know and what we don't know about
3 this issue, and then ultimately what this means for
4 antitrust policy in the large and in the small.

5 So, general issues on health care markets, is
6 health care different? Well, yes and no, on the one hand
7 and the other hand. I haven't found a one-handed
8 economist as of yet. Health care is not like a perfectly
9 competitive textbook market. So, that's a yes, but on
10 the other hand, almost nothing is. This sort of
11 comparison, in some sense, is trivial. Almost all
12 markets are different from a textbook perfectly
13 competitive market.

14 The markets for computer operating systems and
15 cement are very different, right? We can think of lots
16 of ways in which they're different and I don't need to
17 explore those for you. That implies different economic
18 analysis if we want to understand how those markets work
19 and, of course, different antitrust analysis and
20 treatment.

21 Now, on the yes side, health care has some
22 specific characteristics we must take account of in
23 economics and in antitrust. Now, at one level, this is
24 certainly consistent with a standard antitrust view of
25 case specific analysis, right? Each case is unique, the

1 facts are critical and while I say there's no single
2 aspect of health care as a product or market that is
3 unique in and of itself, there are other markets with
4 asymmetric information. There are other markets with
5 insurance. There are other markets with variable
6 quality.

7 Health care is unique in having a particular
8 constellation of these characteristics and in their
9 importance. Quality, in particular, is prominent in
10 health care. Not in all kinds of health care as Mark
11 said very ably. There's actually a large chunk of
12 services bought and sold that look pretty much like any
13 other kinds of service. But there's certainly services
14 for which quality variation is large and that variation
15 is particularly significant.

16 Can markets give us what we want in health
17 care? We're asking the question, is health care
18 different, can health care do the job? We're very
19 comfortable with markets doing the job for us with things
20 like pencils, food. What about health care? This is
21 100,000 foot policy question, if you will. Well, let me
22 back up. There is a 100,000 foot policy question about
23 whether we want a market system or not for health care in
24 the U.S. Let me suggest that this is not on the table at
25 present and won't be for the foreseeable future, which in

1 Washington, of course, means the next election.

2 So, at present, we rely on a market system for
3 health care. The presumption of antitrust is that
4 competition is good and, in particular, unregulated
5 monopoly is bad, and I'm going to come back to thinking
6 about a monopoly as an alternative throughout my talk.
7 So, the question is, is this true for health care because
8 that is presumption of antitrust?

9 Well, let's think about two alternatives. I'm
10 not going to suggest these necessarily exhaust all of the
11 alternatives, but two alternatives. One extreme is no
12 regulation at all, period. Completely unregulated
13 markets. So, there's a possibility of an unchecked
14 monopoly. I think that this is something that most
15 reasonable people can agree that completely unchecked
16 monopoly, unregulated monopoly, is bad. Regardless of
17 how well you like markets or not, you probably don't like
18 the idea of monopoly with no checks on it whatsoever.

19 So, another alternative is self-regulation.
20 So, we can let the market participants regulate
21 themselves, again, without any interference by government
22 authorities, enforcement agencies in particular. In
23 other words, let physicians and hospitals police
24 themselves. There are various proposals that amount to
25 this, at least in some form. There's been legislation

1 proposed to exempt physician practices from the antitrust
2 laws, the Campbell Bill of a Congress or two ago, Barr-
3 Conyers, another version of that. The quality
4 improvement movement presumes that it's all done by the
5 profession and ignores markets.

6 Now, this presumes that physicians, say, care
7 about patient well-being and will enforce behavior among
8 themselves that maximizes social welfare. It certainly
9 takes care of patients' welfare. Another way of thinking
10 about this, well, could we put Marcus Welby in charge?
11 Well, how likely is this to give us what we want? I
12 think there are some very serious flaws with this.

13 Doctors certainly do care deeply about their
14 patients, but I don't think it's a bad thing to say that
15 other things matter to them as well. There's nothing
16 wrong with that, but then that's going to make reliance
17 on self-policing problematic. There are going to be
18 temptations to do things, for example, that increase
19 income at the expense of patient welfare, even if that
20 doesn't mean, and particularly, if it doesn't mean
21 compromising the health of patients. So, even Marcus
22 Welby might do the right thing by his lights, but end up
23 doing the wrong thing for society.

24 Further, inclination among physicians is to
25 focus on medicine, not money, which again makes an awful

1 lot of sense. But patients care about money as well as
2 medicine. Self-regulating doctors, like any other self-
3 regulating profession industry, may not do a very good
4 job of balancing these things.

5 We probably want physicians concentrating on
6 medicine. At least, I think, when I see my doctor, I
7 think that's what I want him concentrating on. Last, I
8 think professionals have a hard time regulating
9 themselves. Of necessity, there is a great deal of
10 individual situation-specific judgment that's called for,
11 and this implies a lot of individual independence.
12 Again, I think that's the nature of the beast and want a
13 lot of that. But that means a couple things. It's going
14 to be hard to detect problems, it's going to be hard for
15 colleagues to discipline one of their own.

16 So, where firms' goals -- and firms you can
17 think here are physician practices, hospitals, insurers,
18 any of the market participants -- conflict with those of
19 society, which will win? And I'm not suggesting that we
20 absolutely know the answer to that, but I think if we
21 think about it then, it becomes obvious that there's some
22 potentially serious problems with that.

23 The experience that we have in medicine is not
24 particularly reassuring. Mark mentioned medical errors
25 that were described in the Institute of Medicine report a

1 couple years ago and have been the focus of a great deal
2 of attention. That's certainly not very reassuring in
3 terms of not so much necessarily quality issues but more
4 price issues. There's a long history of antitrust
5 violations going back to the 1930s on the parts of
6 organized medicine. That, again, certainly gives one
7 pause in this area. There have been numerous attempts to
8 limit entry into profession, taken from restricting
9 establishment of new medical schools, trying to restrict
10 the entry of foreign-trained medical graduates and so on,
11 that, again, perhaps are not extremely reassuring. Not
12 to criticize physicians individually or even as a whole,
13 but there certainly are these activities that have taken
14 place.

15 So, let me then suggest that self-regulation
16 won't do the job alone. We're going to need market
17 incentives that markets will complement self-regulation.
18 If we look at any industry, there are always standards
19 boards, there are regulatory bodies internal to the
20 industry and they work in concert with markets, but will
21 not work particularly well on their own.

22 So, my conclusion is that antitrust enforcement
23 is a critical element of health policy. It preserves the
24 functioning of markets on which we base our system and
25 perhaps I don't need to say this, but I will, it's

1 relevant for all payers, not just for private payers, but
2 for public payers as well, Medicare and Medicaid. In
3 particular, if some of the ideas that Tom Scully was
4 talking about earlier take place, I will think that will
5 only increase the reliance of the Medicare system on
6 markets.

7 Now, let me switch gears at this point and
8 start talking about quality and competition and be a
9 little more focused in this area and we should first ask
10 why is this important? I always tell my Ph.D. students,
11 when they're thinking about a problem, to ask at least
12 two questions. Well, certainly, the first two questions.
13 One is so what and the second one is who cares. And if
14 you can't answer those in some affirmative positive way,
15 then let's move on and find another problem.

16 So, so what? Quality can matter a lot. I
17 don't think I need to elaborate on that for this
18 audience. There's a lot of variation. In some
19 situations, the consequences of the variation can matter
20 a great deal. In some cases, it's life and death. But
21 even if it's not life and death, there can be important
22 functioning and quality of life that are at stake.

23 Who cares? Again, I think the answer to that
24 is obvious. All of us care because all of us are
25 potential patients or we have family and friends who are

1 potentially patients and, again, more broadly speaking,
2 we're all members of this society. So, I think these are
3 easy questions to answer.

4 What do we know? I want to divide my
5 presentation about what we do know into two pieces. What
6 do we know from economic theory and then what do we know
7 in terms of empirical evidence on the impact of
8 competition on quality and health care markets up to this
9 point.

10 I'll first focus on the theory because, as Mark
11 says, it may work in practice, but we want to know first
12 if it works in theory. And then I want to focus on
13 empirical evidence. And in both theory and evidence, I'm
14 going to divide the world into two pieces where prices
15 are fixed, what Mark called administered prices, and
16 where prices are free or variable or firms set their
17 prices.

18 So, let me turn to what we know from theory
19 generally. First, a comment. We should ask the
20 question, whether competition has to result in both lower
21 prices and higher quality to be a good thing. I'm just
22 reinforcing what Mark Pauly said a moment ago, and the
23 answer is no. Some people may be willing to accept lower
24 quality if the price is low enough and some people may be
25 willing to pay more if the quality is high enough. So,

1 high prices and low quality are probably bad. Low prices
2 and high quality are probably good. Other combinations
3 can be good or bad. So, let's take that as a general
4 point.

5 Let me now talk about what we know from
6 economic theory when prices are fixed. In this kind of
7 situation, and this is like the regulated airline world,
8 which some of you may remember. Unbelievably, one of
9 those models had competition not over pub lounges but
10 over meals per flight, which takes some of you way back.
11 Competition over non-price aspects of the product, which
12 I'll call quality, but quality here could be a technical
13 quality or clinical quality or some kind of amenities.
14 Competition is going to lead to more quality in that kind
15 of a world.

16 The level of quality will vary with the price.
17 It could be too high, too low or just right, and the
18 price will determine whether that's the case. So, again,
19 here, what we're really talking about for the most part
20 in health care is Medicare.

21 One other result from economic theory is that
22 even if competition doesn't lead us to the right amount
23 of quality, if it's too high or too low, monopoly is
24 worse. It always results in insufficient quality. So,
25 even if competition leads us to too low a level of

1 quality, monopoly will provide even less. So, monopoly
2 is never a good thing in a world with fixed prices or
3 administered prices. Theory is very clear on that.

4 Where prices are variable, where firms can
5 choose both price and quality, theory is very unclear.
6 The response of the economic theory here is definitely
7 maybe and that's final. Anything can happen. A monopoly
8 can under-produce quality, it can overproduce quality and
9 similarly for competition.

10 Now, in specific models under specific
11 conditions, you can get definite predictions about
12 whether monopoly or competition is better and, indeed,
13 with careful thinking, one could take some of those
14 competitions to a real world situation and try and
15 examine whether they hold. That may not be quite so
16 easy, but in principle, it is feasible to do that if
17 there are some models which give you results that intense
18 competition does result in lower prices and higher
19 quality and consumers are better off. But those are only
20 general models. There are no general results that point
21 in that direction.

22 So, economic theory here is not a general
23 guide. What this then implies is this is an empirical
24 question and, in particular, what happens could vary
25 across markets because conditions could vary across

1 markets, and that's important to keep in mind. One of
2 the longstanding empirical observations in health care is
3 there are very wide variations in amount and types of
4 care and expenditures on care across geographic markets.
5 In some sense, that's not particularly surprising because
6 we do see conditions varying across markets and all of
7 those could be good, all of those could be bad. More
8 careful thinking is required on this.

9 Let me say one last thing about theory and then
10 I want to move on to empirical evidence. I want to talk
11 about monopsony here or buyer market power. What do we
12 know from theory? There's no question that buyer market
13 power, monopsony, is bad. If the other side of the
14 market is competitive, introducing market power on the
15 buyer's side is bad. It definitely reduces social
16 welfare just like monopoly.

17 Now, those results are when price is the only
18 factor. The quality is not variable, it's not free. We
19 don't actually know from economic theory what would
20 happen in markets where there's monopsony power and both
21 price and quality or product diversity are choices of
22 firms. We do not have results on that. But certainly
23 it's true for price, that there's no question monopsony
24 is bad.

25 What about countervailing power? Say if

1 there's monopsony on one side of the markets, suppose
2 that an insurer had market power as a buyer, increasing
3 the market power of sellers, like physicians -- and these
4 are proposals behind the Campbell Bill and Barr-Conyers,
5 for example -- that is very unlikely to improve matters.
6 The most likely outcome is it makes things worse and
7 you're just going to reduce consumer welfare further. It
8 may improve the well-being of sellers, but it will reduce
9 the well-being of society as a whole, under most
10 circumstances.

11 As I already said, we don't actually know
12 anything from theory about impacts on quality. We might
13 expect monopsony to make things worse, but so far as I
14 know, there are no results.

15 Let me now talk about empirical evidence.
16 There is a clear prediction from theory about what should
17 happen when prices are fixed, when they're not variable.
18 Theory does not have clean predictions about what will
19 happen when prices are variable and quality is variable
20 as well.

21 Let me first talk about evidence from studies
22 that look at Medicare, where prices are fixed, and then
23 I'll move on to studies that look at other insurers as
24 well, or services for other insurers.

25 Let me say a couple things about where the

1 evidence comes from. These are econometric, statistical
2 studies using secondary data. There's not a lot of
3 evidence at this point. It's not like there are only two
4 or three studies. There are a number of studies, but
5 there's not a large amount of evidence. The evidence
6 that I'm aware of to this point entirely has to do with
7 markets for hospital services. So, let me move on.

8 Evidence on fixed prices, the first study I'll
9 mention is a study of Medicare enrollees with AMI and
10 this, in my opinion, is the best, the most careful, the
11 most rigorous study out there at this point in time.
12 This study is the gold standard. There are a number of
13 other studies, and I'll tell you about some of the
14 results. But I think this is the best study that we have
15 at this point in time.

16 The authors looked at all Medicare
17 beneficiaries who did not live in rural areas, the AMI
18 for four selected years, 1985 to 1994. They found that
19 risk adjusted one year mortality, not just inpatient, but
20 one year mortality was significantly higher in more
21 concentrated markets. So, markets with fewer sellers or
22 if the market share was concentrated in the hands of one
23 or a small number of hospitals had worse outcomes in
24 terms of risk adjusted one year mortality. And the
25 numbers are actually pretty eye opening. Comparing

1 patients who were in the most concentrated markets to
2 those in the least concentrated markets, those in the
3 most concentrated markets faced expected mortalities of
4 1.46 percentage points higher than those in the least
5 concentrated markets. That was an over 4 percent
6 difference. They also found that Medicare costs were
7 lower in more concentrated markets before '91, higher
8 after 1991. So, before '91, they say, well, in less
9 concentrated markets, you have higher quality and lower
10 costs, so that's unambiguously welfare improving. That's
11 their claim. After '91, it's not completely clear, it's
12 somewhat more ambiguous. But the results on AMI
13 mortality are very clear.

14 Now, of course, this doesn't tell us about all
15 conditions. But in order to be precise, the study does
16 have to be focused.

17 Let me tell you about some other results.
18 There's a recent study that looked at Medicare enrollees
19 with AMI and pneumonia. Actually, this study also looked
20 at HMO enrollees, but I'll give you those results a
21 little bit later. They only looked at Los Angeles
22 County. They found that risk adjusted mortality was
23 significantly lower in more concentrated parts of Los
24 Angeles County. So, the opposite, that mortality is
25 worse in less concentrated areas and better in more

1 concentrated areas.

2 Now, this is only Los Angeles County, so it's a
3 little hard to know exactly what that means. It's not
4 clear that there's really sort of significant variation
5 in competition within Los Angeles County or not. But
6 these are the results and they do run in the opposite
7 direction from the study that I just told you.

8 Mark and Phil Held, a number of years ago,
9 looked at dialysis facilities. One of the results which
10 he didn't mention is they found fewer dialysis machines
11 per patient provided in more concentrated markets. In
12 other words, less concentrated markets, presumably more
13 competitive, there were more dialysis machines per
14 patient which means that's easier to get in and get
15 scheduled, more convenient and presumably better service.

16 Literature on the medical arms race, which
17 looked at data prior to the mid-1980s, found things like
18 hospital costs, hospital inpatient length of stay,
19 service offerings, excess capacity were higher in less
20 concentrated markets. Again, presumably in those
21 markets, more competitive. The notion there was some
22 kind of an arms race going on between hospitals, that may
23 be the case. I think that most analysts concluded that
24 that was over by the early '90s, though as Paul
25 mentioned, there may be some regeneration of those kind

1 of strategies at present.

2 Let me move to the evidence on variable prices,
3 where prices are not fixed, and there are a few different
4 studies here. One study looked at the effect of a number
5 of hospitals in a market on hospital profits and on the
6 quantity of hospital care consumed in the market. They
7 looked at isolated markets in the United States in 1990.

8 So, some large, but usually 100,000 is the
9 largest market because of the criteria of being isolated.
10 And the finding is that quantity increases with the
11 number of hospitals in the market; profits decrease. Why
12 might that happen? This study didn't directly measure
13 quality or price, but attempted to infer what might be
14 occurring, and the notion is that, well, if you found
15 that competition increased and consumption increased at
16 the same time, then there must be more value for money.
17 Either prices went down or quality went up, but there was
18 something that happened that made people want to consume
19 more, not less. So, that is evidence that competition
20 leads to a welfare improvement.

21 There's a study that looked at hospital mergers
22 in California in the early '90s. There were about 130
23 mergers they were able to examine. About half of those
24 were mergers of independent hospitals. Half were
25 hospitals that were members of systems and got absorbed.

1 They did not find any detectable impact on inpatient
2 mortality for heart attacks or stroke patients that was
3 inpatient mortality only. They did find some mergers
4 increased readmission rates for heart attack patients,
5 which is an acknowledged bad outcome, and early discharge
6 of newborns.

7 Another study looked at New York State over
8 most of the 1990s, looking at patients receiving
9 angioplasty, PTCA and CABG bypass surgery. This study
10 found the following, that risk adjusted mortality was
11 lower as a result of a specific kind of hospital
12 acquisition, an acquisition where the acquiring hospital
13 already provided angioplasty or bypass and the target,
14 the acquiree, did not. There were 28 such acquisitions.

15 In addition, I classified this under variable
16 prices, but rate regulation in New York State went off
17 the books in 1996. So, prior to the period here, prices
18 are fixed; part of the period, prices are variable.
19 The author of the study did not explicitly account for
20 that.

21 Another study looked at all heart attack
22 patients, AMI patients, and compared New Jersey against
23 New York, looking at the period 1990 to 1996. Now,
24 what's interesting about this study is that New Jersey
25 got rid of rate regulation in 1992 and New York did not.

1 So, they contrast the change before '92 and after '92 and
2 New Jersey did the change before and after '92 in New
3 York. Rate regulation went off the books in New Jersey.
4 After '92, it stayed on the books in New York. They
5 found that for these AMI patients, that risk adjusted
6 inpatient mortality increased in New Jersey after the end
7 of rate regulation.

8 Another study, this is the Los Angeles study,
9 looked at not just the Medicare beneficiaries, but also
10 HMO enrollees, also with AMI and pneumonia. For HMO
11 enrollees, they found that risk adjusted mortality was
12 significantly lower -- less concentrated -- that slide
13 reads wrong -- less concentrated parts of Los Angeles
14 County. So, the reverse of what they found for Medicare
15 beneficiaries. For Medicare beneficiaries, they found
16 that concentration was good for them in the sense of
17 lower risk adjusted mortality. Here, concentration is
18 bad for HMO enrollees. It's a little bit hard to square
19 these two results together, but that's what we have at
20 this point.

21 One more study here looked at angioplasty
22 patients using a sub-sample of California hospitals.
23 There were about 400 California hospitals in 1995, a
24 little less. They found that excess mortality was lower
25 for angioplasty patients in less concentrated markets.

1 So, again, if we think that competition is more intense
2 in less concentrated markets, this has a positive effect
3 on health and lower mortality.

4 Let me say a little something about volume
5 outcome. I haven't talked about this explicitly up to
6 this point, but one thing with regard to hospitals that
7 one might want to think about in the context specifically
8 of, say, a merger is the following: There's a
9 longstanding observation that there's been a positive
10 relationship between volume and outcome for treatments of
11 a number of different kinds. So, heart surgery is one
12 example of that. And that's not too terribly surprising.
13 That accords with a lot of popular wisdom.

14 If we think that there is such a positive
15 relationship and it's real, then we might think that a
16 merger could provide some benefits potentially, because
17 if we have a merger and volume goes up in the post-
18 merger, in the merged entity, then outcomes could improve
19 and that would be a good thing.

20 Now, there have been many, many studies of
21 this. These studies have not been able to establish a
22 causal relationship. It's not hard to imagine why. You
23 think about volume outcome, you think of chicken/egg. Is
24 it that high volume is causing good outcomes or good
25 outcomes are causing high volume? And the answer is

1 probably a little bit of both. Trying to think of some
2 third factor that affects, say, volume but not outcome,
3 is not so easy to come by.

4 There is a recent study that looked at
5 angioplasty in California, and this is not a perfect
6 study, but it is a study that, I think, does shed some
7 light on this. This study measured outcomes in hospital
8 mortality and also by whether the angioplasty patient
9 required an emergency bypass. That's a bad outcome if
10 that happens.

11 So, the finding was that all hospitals achieved
12 substantial improvements in outcomes over time. That
13 over time, hospitals learned. But that volume didn't
14 have all that much to do with it. So, annual volume of
15 hospitals did have an impact, but it was relatively
16 small, and cumulative volume at a hospital had no
17 detectable impact on outcomes.

18 So, I don't know if this is the final word, but
19 this study does cast some doubt on the notion that
20 there's this strong relationship between volume and
21 outcome, and in terms of thinking about, say, a merger,
22 one might want to rethink this.

23 So, let me summarize, what do we know? The
24 evidence that I told you about, the empirical evidence is
25 only for hospital markets. The empirical evidence is

1 mixed. The strongest evidence I think that we have thus
2 far is that quality is higher in less concentrated
3 markets, which is consistent with the notion that
4 competition does improve quality. But I do want to
5 emphasize that there are conflicting results across
6 these studies. The gold standard study that I did
7 state that is the best study, I think, that's been done
8 so far, does have that result. There are studies that go
9 other ways. I don't think those studies are as good if
10 you did something like counted up the studies and said
11 which had a result that outcomes are better in less
12 concentrated markets, there would be more of those than
13 studies that said it goes the other way, although I'm not
14 suggesting that's a scientific method for evaluating
15 evidence.

16 What don't we know? Well, not too
17 surprisingly, there's a bunch of stuff that we don't
18 know. We don't know how competition effects both quality
19 and price. There have not been studies that have taken
20 account of both of those simultaneously and I'm not
21 faulting anyone because it's hard to do. There's not
22 much that we know about non-mortality aspects of quality.
23 We don't know much about other important markets here.
24 The triumvirate of markets for hospital services,
25 physician services and insurer services, there's

1 virtually no evidence on the relationship between
2 competition -- empirical evidence -- relationship between
3 competition and quality and physician service markets or
4 insurance markets.

5 In conclusion, quality is an important aspect
6 of performance in health care markets. It certainly
7 should be considered in economic and antitrust analyses
8 of competition. The antitrust presumption is that
9 monopoly is bad and competition is good. The scientific
10 evidence that we have at this point is not sufficient to
11 reverse that presumption with regard to quality. As I
12 said, if anything, my take on it is that the
13 preponderance of evidence is that more competition
14 promotes quality rather than the other way around.

15 But, certainly, there's not sufficient evidence
16 to overturn that presumption. There is no question,
17 however, that quality should be considered in assessing
18 competitive impacts and I think that will be an important
19 part of antitrust to come.

20 Thank you.

21 (Applause.)

22 MR. HYMAN: Just a couple of brief wrap-up
23 comments. Please note for the record we started 10
24 minutes late and we're finishing five minutes late. So,
25 we picked up five minutes that you can use when you go

1 home.

2 Second, all of the slides that got shown today
3 will be up on the FTC web site early next week. I'm not
4 sure about the Department -- no, Leslie's telling me not
5 on the Department of Justice website.

6 Professor Pauly referred to a compassionate
7 conspiracy of right thinking providers. The
8 compassionate conspiracy of right thinking enforcers,
9 that's Leslie and myself, have decided that we're going
10 to cancel Friday afternoon, the Little Rock session, and
11 that is primarily because there are ice storms in Little
12 Rock and we don't think anyone will be able to get here.
13 The weather forecasts for Boston are more promising, so
14 we're planning to continue Friday with Boston.

15 However, we are intending to schedule Little
16 Rock at a later date. So, we won't have them juxtaposed
17 morning and afternoon, but we will get the benefit of
18 both.

19 Finally, I'd like to thank you all for coming
20 and thank all the speakers for the wonderful
21 presentations they gave and I think all the speakers
22 should get a round of applause at this point.

23 (Applause.)

24 MR. HYMAN: And we will continue tomorrow
25 morning at 9:30 in this room. Thank you again.

1 (Whereupon, at 4:35 p.m., the meeting was
2 adjourned.)
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