#### Can Information Costs Confuse Consumer Choice? Nutritional Labels in a Supermarket Experiment

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Prepared for FTC/NW Conference November 19, 2009

### **Research Objectives**

- Measure the effects of nutritional information on consumer purchasing decisions using a field experiment
- Store level scanner data
  - Total effect on quantity sold
  - Willingness to pay (WTP) for labels (preliminary)
- Transaction level data (in progress)
  - Purchase history
  - Purchase amount
  - Entry of new consumers into category

#### Motivation

- Consumers devote minimal time and effort to processing grocery product information at the point of purchase
- Does including nutrition information in a "easy-to-process" shelf-label format
  - decrease the search costs associated with obtaining nutritional information and
  - result in healthier product-selection decisions?
- Grocery retailers have an opportunity to assist consumers in making healthier purchase decisions.

#### **Costs Processing Available Information?**

- Display more salient fashion repetition of already available information, e.g. No Trans Fat
- Provide a relative scale among alternatives (new format)



Descriptive statistics : Treatments										
A. Treatments										
1	low ca	lorie la	bel							Ì
2	low fa	t label								
3	low fa	t label a	and FD/	A discla	imer					
4	low ca	lorie ar	nd low f	fat labe	el					
5	low ca	lorie, lo	ow fat,	and lov	w transf	at label				
B. Treatment Characteristics										
		treat	ment s	tores				control stores		
	1	2	3	4	5	1	2	3	4	5
Low Calorie Labels	22	-	-	5	1	21.83 (2.04)	-	-	4.71 (0.59)	1(.031)
Low Fat Labels	-	21	-	4	1	-	21.01 (1.94)	-	3.91 (0.39)	0.971 (.167)
Low Fat/FDA Labels	-	-	15	-	-	-	-	21.01 (1.94)	-	-
No Transfat Labels	-	-	-	-	12	-	-	-	-	15.22 (1.19)
Low Calorie/Low Fat Labels	-	-	-	12	2	-	-	-	17.11 (1.67)	1.86 (0.34)
Low Calorie/No Transfat Labels	-	-	-	-	3	-	-	-	-	2.90 (0.52)
Low Fat/ No Transfat Labels	-	-	-	-	3	-	-	-	-	3.74 (0.52)
Low Calorie/Low Fat//No Transfat Labels	-	-	-	-	16	-	-	-	-	15.24 (1.51)
Total Labels	22	21	15	21	38	21.83 (2.04)	21.01 (1.94)	21.01 (1.94)	24.92 (2.25)	40.99 (3.19)
						. ,				

Note: For the control stores, we report the mean number of products that would have been treated as well as the standard deviation in parenthesis.

- T & C are similar with respect to product assortment & sample of treated products (except T3 smaller store)
- T & C stores serve similar demographics (representative of national averages)
- T larger category sales than average controls' sales but within one std dev

#### Data

Treatments during 4 weeks starting Oct 10, 2007:

- 32 stores (5 treatment and 27 control stores)
- Store level product weekly sales over four years (focus on narrow window around experiment 14 weeks, five weeks prior and post )
- Socio-demographic statistics provided by the United States Census Bureau (by zip code) to "match" Treatment and Control Stores
- Nutritional facts information from products



#### **Empiric**al Strategy – Difference in Difference



Control Store (C)

Treatm Store (T)

Effect

#### **Average Effects**

Average Treatment Effect on Treated (Differences-in-Differences)												
dependent variable: (log) quantity	microwav	e pop	corn (by	week,	by store	)						
independent variables:	1		2		3		4		5		6	
treated stores * treated weeks	-0.030		-0.029		-0.031		-0.030		-0.028		-0.031	
(treatment effect)	0.035		0.034		0.034		0.033		0.032		0.032	
treated stores	0.119	**	0.142	***	0.143	***	0.139	***	-0.329	***	-0.327	***
	0.052		0.045		0.043		0.040		0.121		0.120	
treated weeks	0.042	***	-0.017		-0.016		-0.021		-0.027		-0.026	
	0.015		0.014		0.014		0.014		0.013		0.031	
price	-		-0.248	***	-0.242	***	-0.266	***	-0.286	***	-0.282	***
			0.009		0.009		0.010		0.008		0.008	
organic claim	-		-		-0.160	**	-0.726	***	-0.857	***	-0.863	***
					0.064		0.108		0.061		0.062	
low calorie claim	-		-		-0.038		0.020		0.142	***	0.131	***
					0.037		0.040		0.037		0.037	
low fat claim	-		-		-0.111	***	-0.004		-0.003		-0.016	
					0.031		0.036		0.059		0.059	
no trans fat claim	-		-		0.274	***	0.038		-0.009		-0.009	
					0.046		0.071		0.030		0.030	
whole grain claim	-		-		-0.102	**	-0.091		-0.083	**	-0.088	**
					0.048		0.058		0.038		0.038	
brand fixed effects	no		no		no		yes		yes		yes	
store fixed effects	no		no		no		no		yes		yes	
week fixed effects	no		no		no		no		no		yes	
Number of observations	11997		11997		11997		11997		11997		11997	
R2	0.003		0.184		0.206		0.229		0.332		0.34	

Standard errors clustered at product-store level

#### **Effects by Label Treatment**

dependent variable: (log) quantity	combined									
independent variables:	Low calorie		rie Low-fat l		Low fat	(FDA)	Low ca	l/fat	Low ca	l/fat/trar
treated store <sup>*</sup> treated weeks	0.086		-0.101		-0.284	***	-0.155	*	0.004	
(treatment effect)	0.083		0.085		0.095		0.089		0.068	
treated weeks	0.020	*	0.127	***	-0.010		-0.018		0.060	*
	0.044		0.044		0.043		0.040		0.031	
price	-0.249	***	-0.278	***	-0.283	***	-0.264	***	-0.282	***
	0.010		0.010		0.010		0.009		0.009	
organic claim	0.011		0.002		0.027		0.020		-0.803	***
	0.082		0.077		0.081		0.080		0.064	
low calorie claim	0.135	**	0.114	***	0.108	***	0.197	**	0.111	***
	0.052		0.041		0.041		0.042		0.039	
low fat claim	-0.008		0.198	***	0.215	***	0.062	*	-0.050	
	0.068		0.035		0.036		0.063		0.066	
no trans fat claim	-0.219	***	-0.439	***	-0.231	***	-0.176	8.8	-0.004	**
	0.040		0.067		0.056		0.036		0.032	
whole grain claim	0.035		0.236	***	_		0.053	*	-0.087	***
	0.036		0.067				0.035		0.039	
pink ribbon	_		-		-		0.179	*	0.520	*
1							0.097		0.074	
brand, store, week fixed effects	Ves		ves		ves		ves		Ves	
,,	,		,		,		,		5	
Number of observations	5768		5434		5381		6663		9810	
R2	0.331		0.305		0.335		0.332		0.339	

Standard errors clustered at product-store level

#### dependent variable: (log) quantity microwave popcorn (by week, by store)

-low fat label: average decrease of 27.5%

No trans fat label:
average increase 23%
But not in combination
with other claims

-All claims label: has highest information content but also info costs, has no effect

independent variables:	low cal	l/fat	low cal/fat/trans fat			
interacted treatment effects						
low calorie	-0.168		-			
	0.104					
low fat	-0.275		-			
	0.160					
no trans fat	-		0.230	•		
			0.135			
low cal/fat	-0.126		-0.333			
	0.106		0.328			
low eal/trans fat			-0.319			
	-		0.179			
low fat/trans fat			-0.246			
			0.279			
low col/fat/transfat	_		0.009			
			0.110			
treated weeks	-0.023		0.06%	**		
	0.040		0.031			
prios	0.968	***	0.980	***		
pro	0.200		0.200			
brand, store, week fixed effects	Ves		Ves			
	,		/			
Number of observations	6663		9810			
R2	0.331		0.336			

#### **Effects on Unlabeled**

Average Treatment Effect on Untreated (Differences-in-Differences)												
dependent variable: (log) quantity microwave popcorn (by week, by store)												
independent variables:	pooled l	abels	low cal	orie	low f	iat	low fat (	FDA)	low cal	/fat	low cal/	fat/trans fat
treated stores*treated weeks	0.063		0.066		0.022		0.162		0.048		0.079	
(treatment effect)	0.043		0.070		0.056		0.068		0.060		0.096	
treated weeks	-0.002		0.008		-0.09	***	0.004		0.031		-0.077	
	0.042		0.032		0.034		0.032		0.034		0.050	
price	-0.244	***	-0.262	***	-0.253	***	-0.252		-0.252	***	-0.255	***
•	0.010		0.009		0.009		0.009		0.009		0.011	
organic claim	-		-0.872	***	-0.592		-0.584	***	-0.515		-	
			0.103		0.101		0.101		0.146			
low calorie claim	-		-0.256	***	-0.349	***	-0.358	88.6	-		-	
			0.083		0.044		0.046					
low fat claim	-		0.110		-		-		-		-	
			0.080									
no trans fat claim	-		-0.062		0.229	***	0.220	***	0.285		-	
			0.079		0.079		0.079		0.132			
whole grain claim	-		-0.094		-0.106		-0.106		-0.110		-	
			0.063		0.067		0.067		0.067			
pink ribbon	-		-		-0.201		-		-0.069		-	
-					0.172				0.176			
brand, store, week fixed effects			yes		yes		yes		yes		yes	
Number of observations	6788		$10\bar{7}52$		10968		10744		9632		5447	
R2	0.374		0.352		0.360		0.360		0.347		0.385	

## **Results using Store Level Data**

- Evidence consistent with information costs mattering
  - Increases in quantity sales due to no trans fat labels
  - Decreases in quantity sales due to low fat labels (with FDA claim)
  - Increase in quantity sales due to low calorie labels (significant at aggregate monthly effects rather than weekly)
  - No inference on unlabeled products (except for low fat FDA claim labels)
  - Dissipation of effect when combining claims in single label
- Total category sales decrease 4% due to our labels so labels do not seem to induce consumption
- we will further investigate with hh data if new consumers enter and how "old" consumers are affected
- Our results were robust to
  - Different store and time control structures
  - Estimation of placebo effects

### **Additional Evidence**

- Results and significance may be affected by remaining uncertainty of how well average sales in the 27 control stores serve as a counterfactual
- Synthetic control (SC) method reduces this uncertainty
  - SC store (created as a combination of all controls)
  - Best match to the treatment store in pre period
  - match stores based store characteristics
  - Investigate significance of treatment effects by estimating placebo effects for the 27 stores that were never treated
- One treatment unit in this approach, so for each label treatment
  - we look at aggregate sales by week and store (not by product)

#### **Treatment vs. synthetic control (SC) store**

#### Results confirm DD findings:

- 1. Low fat label less 27.7 units sold/ week
- 2. Drop is larger than distribution of random changes
- 3. No trans fat increase in sales in the T relative to SC
- 4. Low Cal labels increase sales significantly
- 5. Other label analysis confirms results in D in D.



Difference in total units of weekly sales for low fat labeled products

T-SC (red line) random changes (placebos/ grey lines)

## Recap

- Consumer purchases are affected by nutritional labels
- Effects differ depending on nutritional facts
  - some claims have NO effect, some +, some -
- Disclosure of source (FDA aprov) discourages sales even more
- More nutrients on label have smaller impacts on change in sales than a label with just one claim
- Do consumers make inferences about the nutritional content of non-labeled products? Generally No (except one treatment)

#### Implications of Results using Store Level Data

- Consumers do not fully incorporate currently available nutritional information
- Consumers might have taste preferences with respect to certain nutrients
- Consumers do not perceive FDA approved labels as more credible in this context
- Consumers do not make inferences on unlabeled products
- Information costs might prevent welfare improving changes to food choice in context of nutritional labeling

#### Future Work - preliminary

#### Willingness to Pay

- Demand estimates of no trans fat labels WTP 62 c
- Demand estimates of low fat labels WTP of -60 c

#### Transactions by Household Data

- product sales by masked household id over 2 years
- No distinct differences in frequency of purchases post T
- Higher percentage of new consumers respond to T
- Less overall expenditures, larger transaction price savings
- Effects seem to dissipate after treatment period

#### Conclusion

- Treatment Effects imply that
  - Consumers do not fully incorporate currently available nutritional information
  - Consumers might have taste preferences with respect to certain nutrients
  - Dissipation of effect when combining claims in single label
- Evidence consistent with information costs mattering
- Significant Estimates of WTP consistent with reduced form Treatment Effects
- No distinct differences in frequency of purchases before & after
- Higher percentage of new consumers respond to treatment
- Less overall expenditures, larger transaction price savings
- Effects seem to dissipate after treatment period

### Thank you!



Just in case questions slides on work in progress and also for discussant to see what we did

### Demand and Label WTP Estimation Strategy

Indirect latent utility from consumer *i* choosing product j in week *t* 

$$U_{ijt} = +d_j + x_{jt} \beta - \alpha_i p_{jt} + \xi_{jt} + \varepsilon_{ijt}$$

 $d_i$  product constant characteristics

 $x_{it}$  observed product characteristics, such as our added label

 $\xi_{it}$  unobserved product characteristics

 $\varepsilon_{ijt}$  consumer preferences about unobserved product characteristics The probability of buying *j* among the alternatives is the probability that *j* yields maximum U.

#### Demand and Label WTP Estimation Strategy

Given distribution of  $\varepsilon$  noise of consumer preferences that will yield a certain probability of purchases as a function of  $(d, \beta, \alpha)$ 

Demand model is estimated to find parameters that give model predicted probabilities of purchase that are the closest to observed frequencies of purchases of brands in the choice set.

To obtain an estimate for the WTP for an attribute x in dollars, as price is in dollars, divide the estimated marginal U of attribute  $\beta$  by marginal U of price  $\alpha$ .

#### Results using Store Level Data Marginal Utility Estimates for WTP

Constant	$-9.51^{*}$	$-8.99^{*}$
	(0.00)	(0.00)
Price	$-0.32^{*}$	$-0.28^{*}$
	(0.00)	(0.00)
RC Price	$0.12^{*}$	0.04
	(0.04)	(0.84)
Average in Store 1	0.05	. ,
0	(0.39)	
LowCalLowFat label in Store 1	· · /	-0.03
		(0.74)
Low Cal Label in Store 1		-0.12
		(0.24)
Low Fat Label in Store 1		-0.19
		(0.31)
Low Fat Label in Store 2	$-0.12^{*}$	$-0.15^{*}$
	(0.12)	(0.05)
Low Fat FDA Label in Store 3	-0.06	-0.09
	(0.50)	(0.37)
Low Cal Label in Store 4	0.00	-0.01
	(0.99)	(0.84)
Average in Store 5	0.02	· · · /
0	(0.70)	
Low Fat Store 5	· · /	-0.17
		(0.59)
Low Cal Store 5		-0.57*
		(0.02)
No Transfat Store 5		$0.18^{*}$
	10.	(0.03)

**Results:** 

- Prefer not to buy the products we labeled
  - •- Constant negative
- No trans fat WTP= 62 cents
- Low Fat WTP = -60 cents

#### Results using Individual Level Data

- Differences in households that respond to labeling treatment versus households that do not:
  - No distinct differences in frequency of purchases before and after
  - Higher percentage of new consumers respond to treatment
  - Slightly less units purchased when buying labeled products
  - Lower individual transaction and total transaction amount for households responding to treatment
  - Responding households buy more on sale/have more savings
  - Treatment effects seem to dissipate after treatment period

#### Differences in consumer type

	Differences in ho	buseholds that buy	y labeled and unlabeled	products during treatm	ent period
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variable		mean						
		labeled purchases	unlabeled purchases					
transaction net am	ount	85.23	90.24					
total transactions a	mount	1340.79	1385.79					
average transactio	n price promotions	25.35	24.8					
average unit price		2.73	2.82					

- Less overall expenditures
- larger transaction price savings

#### For households that buy in Treatment Period what did they pre-treatment popcorn purchases look like?



# Specific treatment effect: low fat (store 2)

#### Households in treatment store

		number of hholds	%
total households	3	6641	100.00
households w/o	bserved low fat purchases	2105	31.69
households w/o	bserved purchases during treatment	474	7.14
households w/ o	observed low fat purchases during treatment	289	4.35
households w/o	bserved low fat purchases and purchases during treatment	186	2.8
households w/o	bserved low fat purchases and low fat purchases during treatmen	161	2.42

For 25 households w/ observed low fat products that did not buy low fat (labeled) products during treatment, what did they buy? (top seven products):
 POP SECRET MICRO POPCORN HOMESTYLE

POP SECRET MICRO POPCORN HOMEST I LE POP SECRET MICRO POPCORN BUTTER POP SECRET HOMESTYLE MICRO POPCORN POP SECRET MICRO PCRN HOMESTYLE SNACK S ORV RED MICRO POPCORN BUTTER ORV RED MICRO POPCORN MVIE THTR BTR POP SECRET MICRO POPCORN MOVIE THTR BTR

and bought low fat products after the treatment period again